

# **Mid-Atlantic AAP FREE Virtual Fall Salon**

## **September 13, 2020**

### **2:00-5:00pm**

Theme: Isolation, Loss, and the Search for Connection

The Mid-Atlantic Chapter of the American Academy of Psychotherapists (AAP) invites you to participate in a FREE Zoom virtual Salon to experience the AAP community. The event will be held on Sunday, September 13, 2020 from 2-5pm, with a scheduled 15-minute break.

AAP is a multidisciplinary community of psychotherapists dedicated to developing the person of the therapist. The mission of the American Academy of Psychotherapists is to invigorate and support the psychotherapist's quest for excellence and growth through authentic interpersonal engagement.

With an emphasis on authentic "I-Thou" engagement, we explore the relationship between the person of the therapist and the process of therapy, in an ongoing effort to develop the art and science of psychotherapy.

As a community, the Academy seeks to provide learning and growth opportunities for both seasoned professionals and new therapists. AAP values relational workshop experiences over lecture formats and encourages authentic interaction over prescribed formality. To this end, our meetings offer process groups, experiential workshops, and therapy demonstrations in addition to more traditional didactic workshops and panels.

The format of the FREE 3-hour virtual Salon will be a Community Meeting, which is a staple of how AAP members process the world around them. The purpose is to provide a shared space in which people can speak when they feel moved to do so - similar to a Quaker meeting.

Please RSVP with your name and email address to: [midatlanticaap@gmail.com](mailto:midatlanticaap@gmail.com). We will send a Zoom link a few days before September 13th.

If you have any questions about the Salon or AAP in general, please email Sharilyn or Brooke at [midatlanticaap@gmail.com](mailto:midatlanticaap@gmail.com) or call Brooke at 202-256-4646.

Brooke Bralove & Sharilyn Wiskup, Mid-Atlantic AAP Co-Chairs