

Borders and Walls: Facing the Other

**The American Academy of Psychotherapists
67th Institute and Conference
October 26-30, 2022**

Borders and Walls: Facing the Other

Welcome to the 67th Annual Institute and Conference (I & C) of the American Academy of Psychotherapists. Our theme, Borders and Walls: Facing the Other, was conceived in 2017 with the plan to host you in the historic, soulful city of Memphis, Tennessee in the fall of 2020, one week after the United States presidential election.

And then the world changed. Like each of you, we had to adapt, persevere, improvise, grieve, feel our anger and despair, and then search for hope and momentum to persist and move forward. For us serving as chairs of the conference and for our larger committee, this roller coaster ride has been dizzying. Yet, we are beyond excited to have arrived at this moment. As you read the brochure and envision this conference, we hope you will share in our excitement, nervousness, and determination—seeking experiences that will enrich and challenge us as therapists, as a community, and as agents in our own lives. In our time together we are charged with identifying all that we know to be true, and with confronting and assimilating that which we couldn't possibly have known or imagined unless seen through the eyes of the other.

There are several aspects of this conference that differ from most I & Cs, most significantly, Large Group substituting for several Community Meetings. (See p. 12 for Large Group.) Additionally, these Large Groups will be complemented by small, multi-session groups in each of the three full days of the conference. (See p. 16 for process groups and workshops.) In keeping with our theme, this format is conducive to all sorts of “othering,” which then can be faced. Each of you has your own unique contribution. Just as each person has a vital part to play in the whole experience, each part is vital to the whole conference. As such, we, along with our presenters, hope you will attend the entire conference.

We convene in Memphis with its layered history and ongoing complex human stories. An apt venue for this conference. Since we are encouraging you to attend all sessions, we hope you will come early or stay late to experience all of what Memphis signifies and has to offer. In addition, we invite you to partake in the evening activities, which include a visit to the National Civil Rights Museum. (See p. 4 for activities.) You will also have the opportunity to join a group dinner at a Memphis restaurant. (See p. 7 for hosted dinners.)

Our dinner banquet on Wednesday evening will be followed by Opening Experience and Community Meeting. Thursday morning, there will be one plenary, “Rupture and Repair: Engaging the Other,” moderated by Ellen Weber Libby with three distinguished speakers, Myrna Lashley, Kathryn Sorrells, and Haim Weinberg, followed by a panel discussion. After lunch, we begin the first of three Large Group sessions, facilitated by Bradley Lake, Victoria Lee, Hallie Lovett, Ayana Watkins-Northern and Bob Schulte. Three days of alternating Large Group and small group sessions follow.

All of this intensity deserves a reward, so we invite you to a Saturday evening of delicious food and wild dancing to the beat and sounds of Party Planet. Sunday morning we conclude with Closing Experience.

On behalf of our dedicated and extremely hard-working committee, we hope to welcome you to Memphis to help us engage in and explore this exciting and significant theme, Borders and Walls: Facing the Other.

Steve Sorrells
Diane Shaffer
Co-chairs

Travel & Lodging Information

Travel Information

Plane

The Memphis International Airport is located at 2491 Winchester Road, Memphis, TN 38116. The airport is approximately 10 miles from the Peabody Hotel.

Ubers and taxis are easily accessible outside the baggage claim area. The usual Uber/Lyft fare to The Peabody Hotel is approximately \$20. Taxi fares average around \$35.

The Peabody Hotel does not offer a shuttle from Memphis International Airport. If you are traveling with companions, "Last Minute Transportation Service" offers transport to the Peabody Hotel for groups of up to six people for \$10 per person. Contact Gwen Kemp at 901-649-6346 for reservations.

Bus

If you are travelling by Greyhound Bus, the Memphis Terminal is located at the airport (MEM).

Train

If travelling by Amtrak, your train will deliver you to the Central Station in Memphis.

The Memphis Area Transit Authority Trolley Shuttle Service has a stop at Central Station. For \$1 one can ride throughout downtown Memphis. A stop is located one block from the hotel. Trolleys operate throughout downtown Memphis from 9 AM to 9 PM on weekdays and later on weekends. You can ride to the waterfront, the National Civil Rights Museum, Beale Street, and other local attractions. City maps, trolley schedules, and other resources can be found at the Peabody Hotel lobby or online at matatransit.com/trolleys.

Car

The Peabody Hotel is located at 149 Union Ave, Memphis, TN 38103.

Parking

The Peabody has ample on-site parking. Valet parking is \$33 plus tax per day. Self-parking is \$24 per day. Parking is located at 118 S. Second Street.

Hotel Registration

With a style and tradition befitting one of Memphis' grandest, most legendary hotels, The Peabody Memphis offers a magnificent bridge between the celebrated past and the cosmopolitan present of the "Blues City." Get ready to enjoy the March of the Ducks each day at 11 AM and 5 PM in the lobby.

Known as the "South's Grand Hotel," The Peabody was built in 1869 and is on the National Register of Historic Places. The recent renovations respectfully capture all of the charm, elegance, gracious hospitality, and rich history. Like all buildings of its time, The Peabody's history is as complex as the story of America itself.

The Peabody boasts several restaurants, including Chez Phillippe, which offers classic French cuisine, an Italian steakhouse, a deli and pastry shop, and two bars. The hotel also has a resort-style spa, Feathers. Free wifi is available throughout the hotel.

Reservations can be made by calling (901) 529-4000 or via [this conference-specific link](#):

[AAP Annual Institute and Conference](#)

In order to obtain the special conference rate of \$215 (plus fees and taxes), make reservations by September 26, 2022.

THE PEABODY MEMPHIS
149 Union Avenue, Memphis TN 38103

Covid-19 Guidelines

Due to the nature of our program, our conference will be a fully in-person event. If circumstances do not permit an in-person gathering, the entire event will move to a virtual conference. Our Covid guidelines will be guided by national and local recommendations. You will be able to access our Covid guidelines in this space. In addition, registrants will receive email instructions prior to arrival. We will keep you apprised of the current status of AAP policy regarding vaccinations, boosters, and masks.

Activities

The National Civil Rights Museum at The Lorraine Motel

To enhance your trip to Memphis, our committee has arranged for evening access to this legendary museum on Thursday at 7 PM. Tickets cost \$20. This includes after-hours admission to the museum and a prepared snack box from our hospitality suite. Please sign up on your registration form.

This is a truly unique opportunity.

<https://www.civilrightsmuseum.org/>

Chucalissa

The Desoto Mounds and nearby Chucalissa Indian Town excavations provide opportunities to explore the geography and culture of the peoples of the Ancient South before America was colonized by Europeans. (Details in your registration folders.)

For Music Lovers

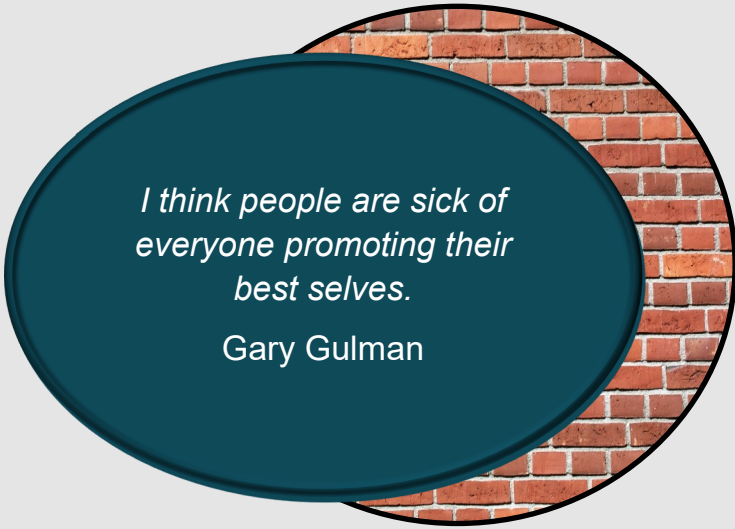
Memphis has Beale Street, Graceland, Sun Studios, the Memphis Rock 'n Soul Museum, The Stax Museum of American Soul Music, and the Blues Hall of Fame. It's hard to choose. Come early or stay after the conference!

Outdoors in Memphis

There are plenty of places to walk, including the riverfront, parks, and hiking trails. We will provide locations and directions in your registration folder.

Food in Memphis

Memphis is known for barbecue and the "best" is a hotly debated topic. There are numerous fantastic restaurants within walking distance of the Peabody. We will have recommendations and directions in your registration folder. In addition to barbecue, there are many restaurants offering farm to table, vegetarian, regional, and international cuisine.



*I think people are sick of
everyone promoting their
best selves.*

Gary Gulman

Committee

Co-Chairs: Steve Sorrells & Diane Shaffer

Program Co-Chairs: Rhona Engels & Tom Burns

Large Group Facilitators: Hallie Lovett & Bradley Lake

Continuing Education: Zoë Worrell

Treasurer: Carla Bauer

Brochure: Lisa Smith Klohn

Brochure Artwork: Jan Willem Van der Vossen

Hospitality Suite: Anthony Hampton & Luke Smith

Room Assignments: Julie Mitchell

Transportation: Judy Lazarus

Volunteers and Activities: Ron Del Moro

Marketing: Jonas Horwitz & Jillian Thomas

Hosted Dinners: Elizabeth Field

Audiovisuals: Noah Meyers

Schedule at a Glance

Wednesday, October 26

12:00 - 5:00 PM	Registration
5:00 - 6:00 PM	Newcomers' Welcome Reception
6:00 - 7:30 PM	Buffet Dinner
7:30 - 9:00 PM	Opening Experience & Community Meeting
9:15 - 10:15 PM	Scholarship Process Groups Peer Groups

Thursday, October 27

7:00 - 8:45 AM	Continental Breakfast
9:00 AM - 12:00 PM	Plenary
12:00 - 1:30 PM	Lunch on your own; Diversity Lunch
1:45 - 3:00 PM	Large Group
3:15 - 6:15 PM	Process Groups; Scholarship Process Groups
6:30 - 8:30 PM	Dinner on your own
6:30 - 8:30 PM	Hosted Dinners Peer Groups

Friday, October 28

7:00 - 8:45 AM	Continental Breakfast
9:00 AM - 12:00 PM	Process Groups; Scholarship Process Groups
12:00 - 1:30 PM	Lunch on your own; Diversity Lunch; 12-Step Meeting
1:45 - 3:00 PM	Large Group
3:15 - 6:15 PM	Process Groups; Workshops; Scholarship Process Groups
6:30 - 8:30 PM	Dinner on your own
6:30 - 8:30 PM	Hosted Dinners Peer Groups

Saturday, October 29

7:00 - 8:45 AM	Continental Breakfast
9:00 AM - 12:00 PM	Process Groups; Workshops
12:00 - 1:30 PM	Lunch on your own
1:30 - 3:00 PM	Large Group
3:15 - 6:15 PM	Process Groups; Workshops; Scholarship Process Groups
6:30 - 7:00 PM	Reception (cash bar)
7:00 PM - 12:00 AM	Dinner/Presidential Address/Dance

Sunday, October 30

7:00 - 8:45 AM	Continental Breakfast
7:45 - 8:45 AM	Scholarship Recipient Breakfast
9:00 - 10:30 AM	Closing Experience



Cover art—Collage, “Hey, You!” was generously created and donated by Jan Willem Van der Vossen.

As a lawyer, Jan Willem Van der Vossen spent 46 years in public service in the Netherlands foreign service, at the Netherlands central bank, and at the International Monetary Fund in Washington, DC. He was a member of Studio Gallery in Washington, DC, with several solo as well as joint shows. He works in acrylics, mixed media, and collage at his home in Maryland, lovingly shared with his sweetheart, AAP member Judy Lazarus.

The American Academy of Psychotherapists

We are a multidisciplinary community of psychotherapists dedicated to the personal and professional development of the therapist. We value the therapist-client relationship as fundamental to the healing process of psychotherapy. As a community, AAP seeks to provide learning and growth opportunities for new therapists and seasoned professionals alike. AAP values relational workshop experiences and encourages interaction over prescribed formality. To this end, our meetings offer interpersonal groups, experiential workshops, and therapy demonstrations in addition to more traditional training workshops.

Target Audience and Instructional Level

Attending our Institute and Conference would be beneficial for psychologists, social workers, counselors, marriage and family therapists, sex therapists, psychiatrists, and mental health practitioners, as well as graduate students in mental health-related disciplines. The instructional level in all workshops and plenary sessions is appropriate for new, intermediate, and advanced practitioners, unless specifically noted.

The Ambassador Program for First-time Attendees

The Ambassador Program pairs seasoned AAP conference attendees with first-time attendees at AAP events. Ambassadors are excited to welcome you personally and to answer your questions about the conference. If you would like to meet with an ambassador, please indicate this on your registration form.

The Relief Trust Fund

The Relief Trust Fund can provide up to \$500 for AAP members seeking financial assistance to defray the cost of registration fees or annual dues. There is no application to submit. Simply contact the AAP President or any member of the Relief Trust Board to apply.

Interested in Becoming a Member?

Information regarding membership requirements and applications can be found on the AAP website (www.aapweb.com). You can also obtain an application from Central Office at (518) 694-5360 or from the membership chair, Nelia Rivers, by contacting her at (404) 261-8461 or neliarivers@gmail.com.

Educational Objectives

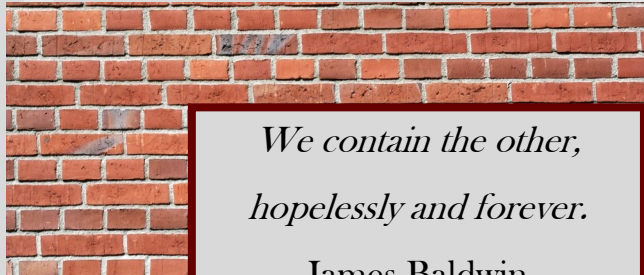
Participants will be able to:

1. Discover barriers to communication that may operate beyond our awareness.
2. Better understand societal, systemic, and subgroup dynamics related to Large Group identities.
3. Identify socio-cultural-political and other contextual factors influencing our clinical practice.
4. Explore the impact of collective trauma on group life through the here-and-now of the Large Group.
5. Think and relate as citizen selves with greater authenticity and mutual regard.
6. Recognize ourselves in the other, and the other within us.

AAP Scholarship Program

The AAP Scholarship Program was established in 2008 for the purpose of introducing psychotherapists to AAP's unique training and collegial community. Each year, 12 early career and 12 mid-career psychotherapists are awarded need-blind, merit-based grants, providing \$1,200 to help with travel, hotel, and registration expenses for AAP's annual Institute and Conference. (See p. 15 for more about Scholarship Program.)

The scholarship application may be found at www.aapweb.com. We invite psychotherapists of all disciplines to submit applications by the July 1, 2022 deadline. Recipients are notified in mid-July.



*We contain the other,
hopelessly and forever.*

James Baldwin

Welcome Reception Honoring Newcomers

Please join us at 5:00 PM on Wednesday to meet and greet first-time attendees, including volunteers, scholarship recipients, and other newcomers to our community. AAP members and officers look forward to this opportunity to mingle and answer questions about AAP. Cash bar available.

*We can break these walls between us,
baby, blow by blow and brick by brick.*

Alicia Keys

Wednesday Buffet and Opening Experience

We convene for our first meal Wednesday evening at 6:00 PM. This buffet is included for all registrants. This meal provides an opportunity to connect, catch the spirit of the I & C, and prepare for the Opening Experience that takes place at 7:30 PM. In the Opening Experience, the committee will introduce the theme. After this, we will hold a Community Meeting. AAP Community Meetings are open to all and are large, open format groups where all are encouraged to voice opinions, express feelings, and discuss concerns with the community as a whole.

Hospitality Suite

If you have an appetite for connection, you're in luck! Please consider this your "All Access, Open Door, VIP Pass" and personal invitation to visit the 2022 I & C Hospitality Suite. The committee is delighted to continue the AAP tradition of offering an onsite gathering space that will allow you to unwind, mingle, and connect with others, all while providing delicious, nourishing, and complimentary food and drinks.

Specific room location and hours of operation will be posted on the information board at AAP registration.

Come one, come all and experience what's cooking in the hospitality suite!

12-Step Meeting

AAP offers a 12-Step Meeting at lunchtime on Friday. Participants from all 12-Step programs are welcome. Information will be on the bulletin board at the registration desk.

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

Hosted Dinners

On Thursday and Friday nights, you have the option to join an AAP member and other attendees at a designated restaurant within a short distance of the hotel. This is a unique opportunity to have dinner with a small group while enjoying one of the many fabulous restaurants of Memphis. There will be a variety of cuisines and price-points to choose from. Each person is responsible for the cost of their own meal. Groups typically gather in the hotel lobby at a specified time and go to the restaurant together. Sign-up sheets and additional information will be available at the registration desk.

Saturday Night Dinner and Dance



The Saturday night dinner and dance is a time-honored AAP tradition. Please join us for dinner and an address from our president, Kristin Staroba. The evening provides a way to cap off a full conference with laughter, food, and great music. Our committee is excited to bring you the outstanding live music of Party Planet, a seven-piece band with a four-piece rhythm section, a saxophonist and two fantastic lead vocalists. Whether you want to get up and dance or sit and enjoy the fabulous music, all are encouraged to join us for this lively final evening.

Sunday Morning

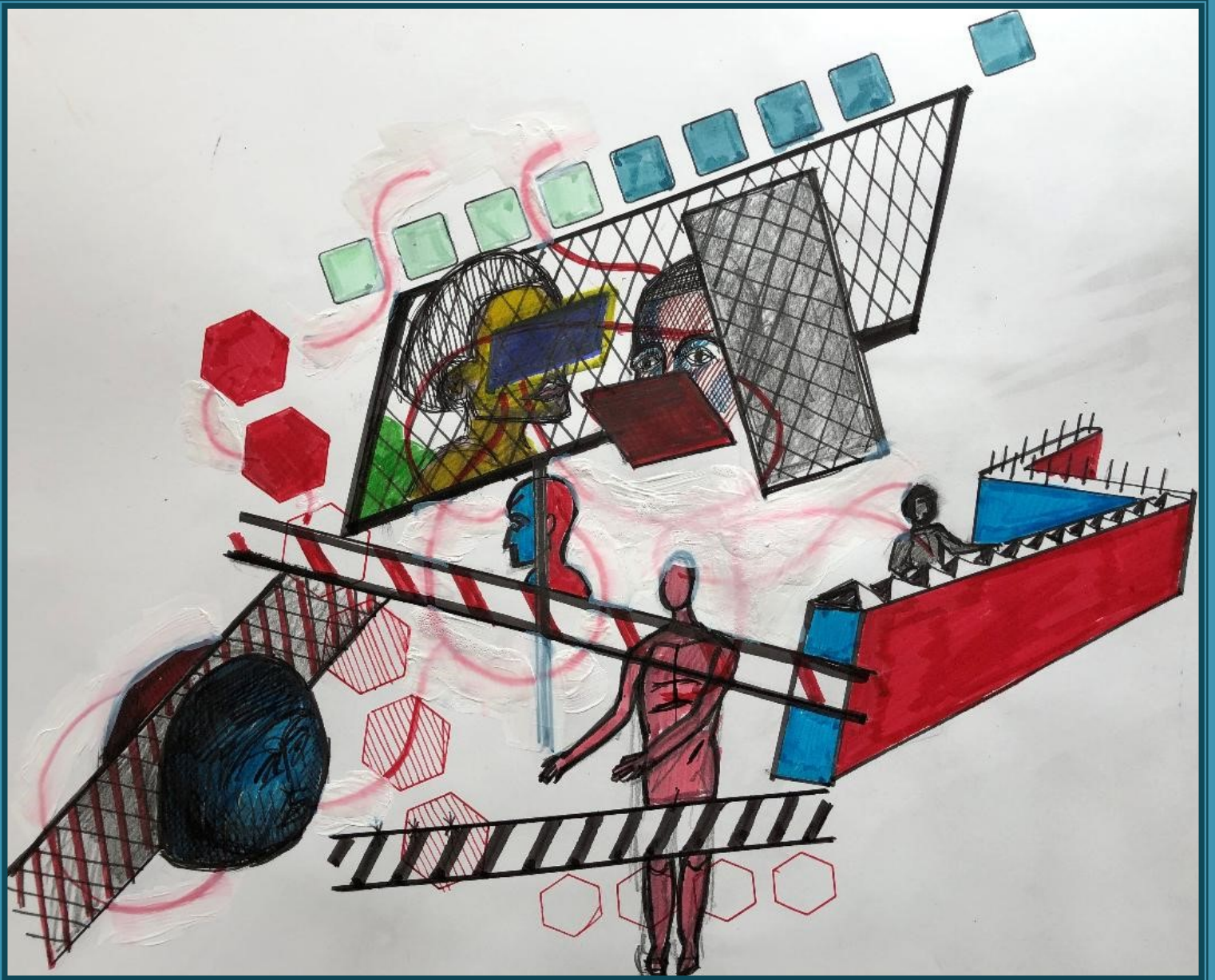
Closing Experience

Closing Experience, our final Community Meeting, is an opportunity to review and integrate the week's experiences. It allows a chance for final connections and facilitates the transition back to family, friends, and work.

More curiosity, less judgment.

Alex Redmountain

The Program



The great challenge of this century...is that of understanding the other.

Charles Taylor



*Nothing that is human...can do without the idea of the alien,
to protect itself.*

Adam Phillips

The Annual Institute and Conference of the American Academy of Psychotherapists with the theme Borders and Walls: Facing the Other was to have taken place November 11–15, 2020, after the presidential election. Our core committee, co-chairs Diane Shaffer and Steve Sorrells, program co-chairs Tom Burns and Rhona Engels, and our dedicated larger committee have persisted, continuing to meet to revise the program and to keep the flame alive. Having been postponed due to the Covid-19 pandemic, this conference convenes—in person—in Memphis, October 26–30, 2022, one week before the midterm elections.

Bookended by these dates are two years of traumatic divisions in America induced not only by the pandemic but also by gun carnage, wildfires, and an attempted coup by a defeated president. Further dividing people here and around the world are an exacerbated fear of immigrants, political divisions based on tribalism, heated protests and counterprotests, the appeal of strongmen, the breakdown of social norms, and the unprovoked invasion of Ukraine. In addition, the pandemic exposed and deepened class and racial inequalities, forced us into isolation, left us bereft of friends and family, and alienated from ourselves.

The resulting despair, though fused with some hope, can be felt in our very bones. Each of us carries the painful impact from Covid-19 and the other calamities. All this has exposed our failure to fully understand and acknowledge the borders and walls between us, so that we might find our common humanity.

For these reasons, we believe that our theme, Borders and Walls: Facing the Other, remains relevant, even prescient. We will address the borders and walls we erect that turn us into strangers, alienating us from others perceived as different, and even from parts of ourselves. We will explore what and whom these boundaries are designed to exclude.

It may be difficult to face some of the feelings that get stirred up, including anger, hatred, feelings of superiority or inferiority, guilt, and shame. Enjoyment, even excitement, will likely

be part of the mix as well. We may confront fear of loss of identity, power, or pride; feel helpless, ignorant, or vulnerable; and be reluctant to grapple with conflicts between our individual needs and concern for the collective. Projections, transferences, sub-grouping, scapegoating, and other forms of “othering” may emerge.

To promote safety and freedom without compromising intensity and depth, we will rely on Opening and Closing experiences, a plenary, workshops and process groups and the Large Group. Supplementing the Large Group with the workshops and process groups will help us contain and process the sometimes disorienting reactions generated in the Large Group. With the help of the Large Group facilitators and the complementary work done in the small groups, we will become more conscious and less reactive, gradually building empathy and acceptance—all elements in the construction of a communal dialogue.

We hope that this format, consistent with AAP’s mission to promote authentic interpersonal encounters, will facilitate experiences that are safe, yet alive and honest. Ultimately, we trust that the hunger of the human animal is to find connection, and through connection, community. We trust, as well, that that exact hunger will be revealed in the experience of this conference. As we examine our cherished borders and walls and begin to imagine what it’s like to be someone else, there is hope for change. Estrangement will be challenged and perhaps replaced by understanding and awareness, leaving open what we choose to do with that knowledge.

Rhona Engels and Tom Burns
Program Co-Chairs

Rupture and Repair: Engaging the Other

We...they. In our diverse roles (the listening audience, the presenting panel, the organizing committee, the convening academy), we can each identify with being inside or outside of some group. We all own "us" and "them." In our various encounters, the possibility of both rupture and repair is present. This plenary will orient us to a program of large- and small-group experiences intended to provoke and inspire, reveal and transform. In the following biographies, our three presenters highlight the perspectives they will share. (3 CEs/Open)



Myrna Lashley, PhD

Myrna Lashley is a psychologist and Associate Professor in the Department of Psychiatry, McGill University, Montréal, a researcher at Lady Davis Institute, Jewish General Hospital, and first Black Associate Dean, John Abbott College. She is a member of the Ordre des psychologues du Québec and an internationally recognized clinical teaching authority in cultural psychology. Myrna is also Scientific Chair of the First-Line Psychosocial Science Committee of the Clinical Ethics Committee of CIUSSS de centre-ouest-de-l'île-de-Montréal as well as the recipient of many awards and accolades. She is Barbados's Honorary Consul to Montreal.

In her address, Myrna will focus on the need to challenge the myths we have learnt about each other, and by so doing move toward the dismantlement of existing structures of systemic racism and the co-construction of new paradigms based on true Equity, Diversity and Inclusion.



Kathryn Sorrells, PhD

Kathryn Sorrells is a professor in the Department of Communication Studies at California State University, Northridge. She teaches undergraduate and graduate courses in intercultural communication, cultural studies, gender and queer studies, and feminist theory. Kathryn has also designed and taught classes on communication and globalization, as well as global peace and justice. She is co-founder of a campus-wide initiative, Civil Discourse & Social Change, dedicated to creating a proactively engaged campus based on humanistic values, inclusivity, and social justice. Kathryn has facilitated change processes for individuals, groups, and institutions in the areas of diversity, gender, and intercultural conflict. She is also an artist and Reiki Master who brings her creative and spiritual interests into the classroom, as well as her scholarly and community work. She is the author of "Intercultural Communication: Globalization and Social Justice," co-editor of "Globalizing Intercultural Communication" and has published a variety of articles related to intercultural communication, gender, and social justice.

In this plenary, Kathryn focuses on the cultural, political, and historical dimensions of "othering" that shape our lives interpersonally and institutionally. She invites participants to examine our relationship to "others," being the "other," and our complicity in practices and processes of "othering," such as racism and white supremacy, sexism and patriarchy, classism and plantation capitalism along with other oppressive systems as we work through ruptures, healing, and accountability.

The world will not be destroyed by those who do evil, but by those who watch them without doing anything.

Albert Einstein



Haim Weinberg, PhD

Haim Weinberg is a licensed psychologist and a Certified Group Psychotherapist. As co-director of the Sacramento Center for Psychotherapy he provides individual, couples, and group psychotherapy as well as training and consultation to other mental health professionals. He is a Fellow of the American Group Psychotherapy Association. He served as the Director of International Programs at the Professional School of Psychology in which he created and coordinates an online doctoral program in group psychotherapy. He co-edits a series of books about the social unconscious, wrote a book on internet groups, and co-authored a book on fairy tales and the social unconscious. His latest co-edited book is "Theory and Practice of Online Therapy."

Haim will focus on the experience of being an immigrant in the USA. Not about being a refugee or an immigrant from a poor country or a country in crisis, but an immigrant from a Western country (Israel) whose norms and values seem similar to the States. Meeting the "other" and feeling as the "other" will be the center of his presentation through small daily encounters based on his personal experience.



Moderator: Ellen Weber Libby, PhD

Ellen Weber Libby is a retired psychologist and author who has worked with a wide array of individuals, groups, and organizations throughout her career in Washington, DC, and Maryland. In 35 years of private practice, Ellen collaborated with clients, individually and in groups, providing psychotherapy, supervision, and consultation. Prior to private practice, she served as Clinical Director of a tri-county mental health center and taught at the University of Maryland. Throughout her career, Ellen was a member of several boards and commissions dedicated to addressing issues of community mental health, crisis care, and children with special needs. In retirement, Ellen offers her expertise in many capacities. She recently facilitated a group for CEOs in the non-profit sector to support their growth while navigating issues related to systemic racism. She also holds a leadership role for a private foundation whose mission is to provide services to underserved women and children. Ellen is the author of "The Favorite Child." Her other published works can be found in Voices, Psychology Today and HuffPost. Known for her insightful commentaries, Ellen has been an invited guest on NPR, CBS, NBC, and PBS.



The Large Group as an Experience for Understanding Contemporary Barriers, Borders and Walls

Thursday 1:45–3:00 PM (1.25 CEs/Open)

Friday 1:45–3:00 PM (1.25 CEs/Open)

Saturday 1:30–3:00 PM (1.5 CEs/Open)

The Large Group is convened as a learning community where members will have opportunities to experience and explore the borders and walls that impede genuine, less-biased connection with one another. This format presents all members with the universal challenges of reconciling our aggressive and competitive strivings with the desire and responsibility to live cooperatively in our increasingly globalized world. It also serves as a social microcosm designed to shine light on our myriad reactions when confronting the differences among us.

The task for every member of the Large Group is to give voice to feelings, associations, and reactions in the service of developing a constructive, communal dialogue. Participation in all three Large Group sessions is strongly encouraged. This will facilitate new opportunities for devising resolution of hostile and damaging conflicts.

Membership in a large group promotes self-esteem, well-being and cooperative living. Its least desirable by-product is shared prejudice against members of another large group.

Vamik Volkan

Large Group Facilitators



Bradley Lake, LCSW-C, LICSW

Bradley Lake has been in private practice for over 33 years providing individual, couples, and group therapy, as well as supervision to clinicians. Bradley has facilitated numerous process groups for AAP, the Mid-Atlantic Group Psychotherapy Society, and other national therapy organizations. Bradley is on the faculty at the Washington School of Psychiatry in their two-year program, National Group Psychotherapy Institute (NGPI), as the small group team leader. Bradley recently founded Elongate, LLC—a company invested in bringing about systemic and justice-based change for greater equity, inclusion, and diversity. He is doing research, education, and implementing programs for Global Sport Institute, which is invested in working with youth athletes, mental health, and the impact of bias. He is thrilled to have the opportunity to work with Hallie Lovett at this conference. He and Hallie hold membership both in AAP and in NGPI, where they serve on the faculty. Bradley lives in Annapolis, MD, with his husband, two children, and three dogs.



Victoria Lee, PhD, CGP

Victoria Lee is a licensed psychologist in Washington, DC, and Maryland. For nearly a decade Victoria worked at the Howard University Counseling Services where she provided clinical services and supervision to students receiving training in the APA-accredited program. Victoria specializes in group therapy and has led process groups at various conferences. Currently, Victoria serves on the Board of Mid-Atlantic Group Psychotherapy Society and is a faculty member of the National Group Psychotherapy Institute at the Washington School of Psychiatry.



Hallie Lovett, PhD, CGP

Hallie Lovett, PhD, CGP, and Fellow of The American Academy of Psychotherapists, has been a practicing group psychotherapist for over 40 years. Her interest in large group was kindled by an undergraduate course in social psychology. She is an emerita faculty member of the Clinical Psychology department of the George Washington University, a sought after supervisor and presenter of workshops, and was a long time member of The Boston Threshold group training program in Belfast, NI. She has been especially nurtured as a faculty member of The National Group Psychotherapy Institute at The Washington School of Psychiatry. She is delighted that AAP has chosen *Borders and Walls: Facing the Other* as its timely focus for this year's Institute and Conference. She and Bradley hold dual citizenship in AAP and NGPI.



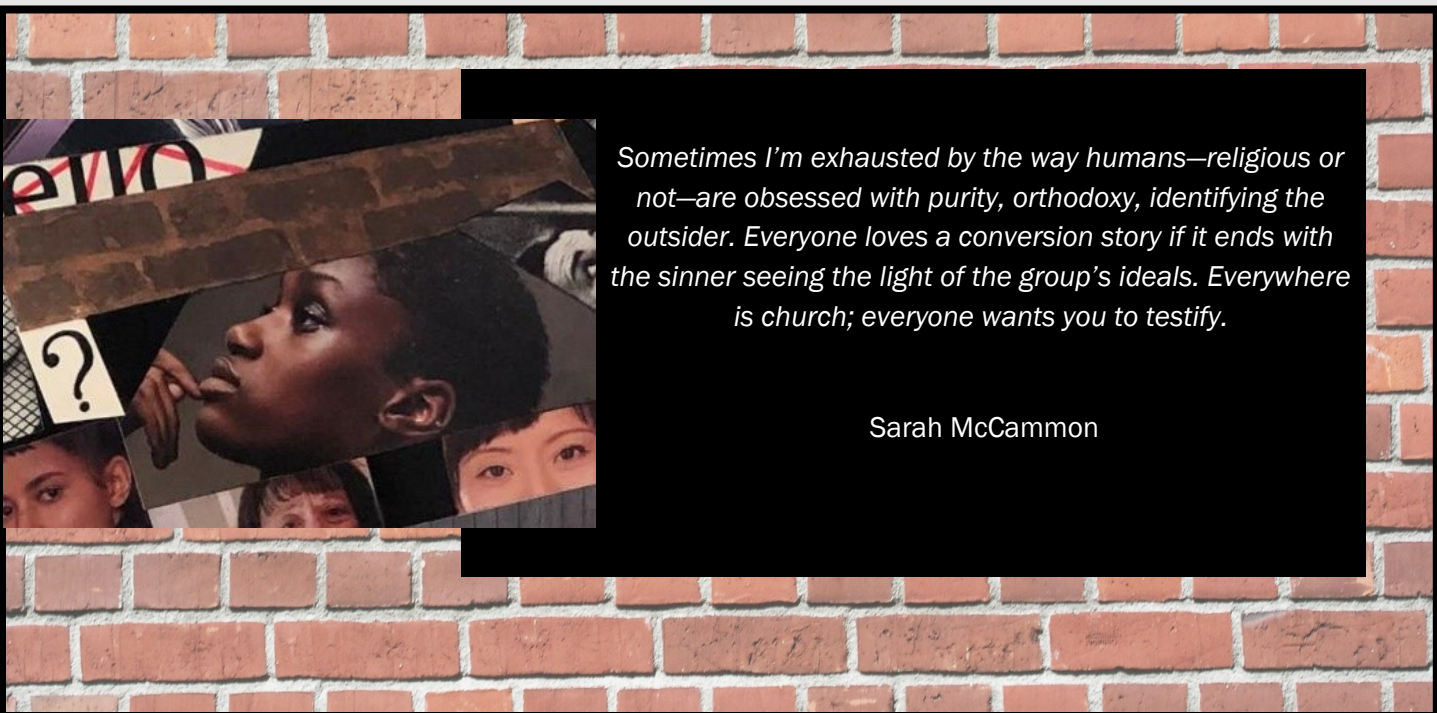
Robert Schulte, MSW, CGP

Robert Schulte is a licensed clinical social worker and psychotherapist with a specialty in group psychotherapy, having earned the Certified Group Psychotherapist credential. He practices in Alexandria, VA. He graduated with a degree in Theatre Fine Arts from Western Illinois University. He is the Founding Director of the Red Well Theater Group of Washington, DC, a troupe of group therapists/thespians that presents dramatic play readings with commentary and discussion to illustrate clinically relevant concepts to conference audiences of psychotherapists. Bob serves on the faculty of the Washington School of Psychiatry's National Group Psychotherapy Institute and is a member of its Large Group Team.



Ayana Watkins-Northern, PhD, CGP

Ayana Watkins-Northern is a licensed psychologist in the District of Columbia. She received her PhD from the American University and has completed three group training programs. She has been a member of the A.K. Rice Institute, participating as a member and as an active consultant. She recently retired as the Executive Director for the Howard University Counseling Services and is a faculty member of the National Group Psychotherapy Institute of the Washington School of Psychiatry. She is also a founding member of the Center for the Study of Race, Ethnicity and Culture at The Washington School of Psychiatry and has a private practice. Her particular passion is in large group work.



Sometimes I'm exhausted by the way humans—religious or not—are obsessed with purity, orthodoxy, identifying the outsider. Everyone loves a conversion story if it ends with the sinner seeing the light of the group's ideals. Everywhere is church; everyone wants you to testify.

Sarah McCammon

Scholarship Program Process Groups (SPG)

We invite psychotherapists of all disciplines to submit applications by the July 1, 2022 deadline. Recipients are notified in mid-July.

In addition to attending other conference offerings, Scholarship Recipients take part in a dedicated Scholarship Process Group (SPG) facilitated by senior AAP group leaders. This 12-hour training (one group for early career and one for mid-career practitioners) addresses issues of ethical self-care, authentic self-expression, the importance of collegial support, and the formation of safe boundaries in the therapeutic relationship. In keeping with the 2022 conference theme, issues of “Facing the Other” and inclusion/exclusion will also be explored.

The scholarship process groups will meet:

Wednesday 9:15–10:15 PM; Thursday 3:15–6:15 PM; Friday 9:00 AM–12:00 PM; 3:15–6:15 PM; Saturday 3:15–6:15 PM

Scholarship Process Group Leaders

Gloria Myers Beller, LICSW, has been in practice in Washington, DC, for over 30 years, providing individual, group, and couples psychotherapy with adults. Her areas of expertise include Employee Assistance and multi-cultural dynamics. She is a singer, a mother of two, and she believes that every encounter is a multicultural phenomenon.

Steven A. Ingram, D.Min., LPCC-S, has a private practice in West Chester, Ohio, treating adults in individual, couples, and group psychotherapy, and offering supervision. During three decades in practice, he has developed special interest in trauma, grief, character development, and spiritually-integrated psychotherapy. A member of AAP since 2004, he recently served as Secretary of the Academy. Steven is a husband, father of two, violinist, and woodworker.

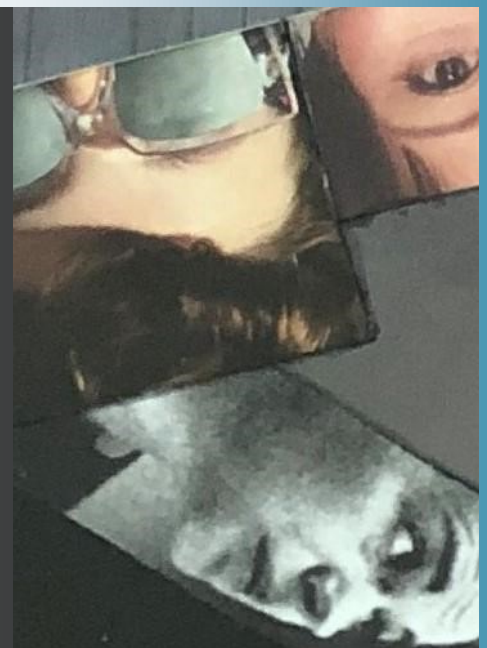
Jennifer Pellegrini, PhD, received her BA from the University of Virginia and her PhD from Vanderbilt University. Since 1986 she has conducted a full-time private practice in Washington, DC, treating individuals and couples and conducting psychotherapy groups. She is a longtime AAP member, conducting workshops and serving on the Scholarship committee. In addition, she is a committed practitioner and teacher of yoga and meditation.

Douglas L Cohen, PhD, has enjoyed leading psychotherapy and process groups for over 40 years. He practices in Washington, DC, where he offers group, individual, and couples therapy as well as supervision for therapists. A past President of AAP, he has led numerous workshops for the Academy. He enjoys scuba diving, photography, poker, and “fighting bad ninjas” with his grandchildren.



*Let the children come
Let the runaways come
Let the tyrants of selfishness come
Let the eternal underdogs come
Let all those come who want to;
one of us will talk; the other will
listen; at least we shall be
together.*

George Konrad



Training Institute

T1 The Neuroscience of Resilience: Hype or Hope?

(3 CEs/16 Max)

Six building blocks will be used to explore the concept of resilience as it relates to the person of the therapist and the brain. Participants will examine not only how resilient they are but how they are resilient.

Kristie Nies, PhD, is a board-certified neuropsychologist, therapist, and registered yoga teacher. She has both a personal and professional interest in resilience and approaches this topic from a variety of perspectives. She is a frequent presenter at AAP events.

Note: *This is the third part of a three-part training session. All participants must have completed parts one and two.*

Wednesday from 2:00–5:00 PM

We are threatened with suffering from three directions: from our own body, which is doomed to decay; from the external world, which may rage against us with overwhelming and merciless forces of destruction; and finally from our relations to other men. The suffering which comes from this last source is perhaps more painful to us than any other.

Sigmund Freud



Process Groups

Three-Day Process Groups

(Five Sessions)

Thursday 3:15–6:15 PM

Friday 9:00 AM–12:00 PM; 3:15–6:15 PM

Saturday 9:00 AM–12:00 PM; 3:15–6:15 PM

These five-session (15 hours) Small Process Groups will work in concert with the Large Group, providing an intimate setting to help metabolize the intense feelings it generates. The task of the Small Process Groups will be to address the feelings that inevitably arise as participants name and experience prejudices and biases, fear of loss of individual identity, and conflict between individual strivings and civic responsibility.

With this collaborative effort—a reliance on Large and Small Group processes that inform each other—it is anticipated that participants will be strengthened, grounded and better able to acknowledge their differences and accept their roles as citizens of the country and the planet. (3 CEs per session; 15 CEs total)

#1 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Doris Jackson, PhD, Clinical Psychologist, received a BA from Wellesley College and PhD from Boston University. For over 30 years she has treated individuals and couples in private practice in Cambridge, Massachusetts, where she also conducts psychotherapy groups. She has published articles on group process and continues to learn about groups every day. A Fellow of AAP, she co-chairs the AAP scholarship program. She is delighted to be working with her cherished collaborator, Don Murphy.

Don Murphy, PhD, is retired from 47 years of clinical practice, university teaching, and directing a college mental health service. A long-term member of AAP, his PhD is from Florida State University in Marriage and Family Therapy, his ThM is from Columbia Theological Seminary in Pastoral Counseling, his MDiv in Theology is from Emory University, and his BA is from LaGrange College in Psychology and Social Science. He was also a certified Group Psychotherapist by the National Board of Certified Group Psychotherapists.

#2 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Bruce Ellman, PsyD, is a clinical psychologist, organizational consultant, and former Wall Street executive. Father of three, Bruce is a graduate of Brown University and holds advanced degrees from Yale (MBA) and Pepperdine Universities (PsyD). In addition to providing psychotherapy to individuals, couples, and groups, Bruce also advises family businesses hindered by complicated family dynamics and offers couples counseling to business partners. His favorite tee-shirt reads "Real Men Marry Rabbis."

Avrum Weiss, PhD, is a licensed psychologist in Georgia and Maine. The author of four books, he has given over 100 professional presentations. He works as a consultant to Jewish Family and Children Services in Atlanta, GA and Islands Community Medical Center in Vinalhaven, ME.

#3 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Judy Lazarus, MSW, received her MSW from Catholic University in 1972 and is a clinical social worker in private practice. Throughout her career she has worked with adolescents and their families, including 11 years at St. John's College, Annapolis, MD. Practices that promote resilience have been a mainstay of her work. Since 1996, she has been a certified teacher of ecstatic body postures, a practice for trance induction in the ancient poses of our common ancestors.

Robert Carrubba, PhD, received his Bachelors from Penn State, Masters from Pitt and Doctorate from Howard University. After having a successful practice in Maryland/DC, he now has a thriving practice in Austin, Texas where he lives with his family and two dogs. In 30 years working with children and adults in clinical, educational and residential settings, he has specialized in evidence-based treatment of anxiety and mood disorders. He believes communication and mindfulness promote a satisfying, healthy life.



Process Groups

#4 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Nicholas Kirsch, PhD, is a Psychologist with 30 years of private practice in Washington, DC, and Bethesda, MD, running process-oriented therapy groups exclusively for psychotherapists. He works eclectically pulling from many theoretical schools and healing traditions with a strong relational emphasis. He is grateful to many master group therapists he has trained with and is a graduate of the National Group Psychotherapy Institute. Presently he trains with Justin Hecht, PhD, and Aaron Black, PhD. "A good process group is one of life's highlights."

Nicole Ruzek, PhD, is a clinical psychologist who received her PhD from the Institute of Transpersonal Psychology in 2004. Nicole has been running small groups for the past 19 years and has pursued training opportunities in group psychotherapy over the course of her career through national and regional organizations. Since 2004, she has worked in college student mental health and currently serves as Director of Counseling at the University of Virginia.

#5 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Hannah Hawkins-Esther, LCSW, has a private psychotherapy practice working with older teens, adults, couples, and families in Atlanta, GA. She is also a certified teacher of Mindful Self-Compassion, an 8-week course that provides practices for participants to cultivate more self-compassion in their lives. AAP has been part of her personal and professional development since grad school (2008). Hannah also co-chairs the AAP Anti-racism, Diversity and Equity Committee. She is looking forward to holding compassionate, centered space for the process at this workshop.

Sean LeSane, LICSW, is a clinical social worker in private practice in Washington, DC. He provides individual, couples, and group psychotherapy to adults. He also provides consultation and supervision to new clinicians. He is licensed in the District of Columbia.

#6 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Martha Gilmore, PhD, (Clinical Psychology, 1986, Univ of AZ) is a licensed psychologist (PSY10451 - CA, 1988) and a Certified Group Psychotherapist. As co-director of the Sacramento Center for Psychotherapy, she provides individual, couples, and group psychotherapy as well as training and consultation to other mental health professionals. She is a Clinical Professor of Psychiatry and Behavioral Sciences at Univ of CA, Davis where she has led training groups for 20 years. She is a Fellow of the American Group Psychotherapy Association.

Haim Weinberg, PhD, is a licensed psychologist and a Certified Group Psychotherapist. As co-director of the Sacramento Center for Psychotherapy, he provides individual, couples, and group psychotherapy, as well as training and consultation to other mental health professionals. He is a Fellow of the American Group Psychotherapy Association. He served as the Director of International Programs at the Professional School of Psychology in which he created and coordinates an online doctoral program in group psychotherapy. His latest co-edited book is "Theory and Practice of Online Therapy."

#7 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Joe Schmidt, PsyD, earned his PsyD in Clinical Psychology at The George Washington University. He earned his Master of Divinity at The Catholic University. He is a member of the Mid-Atlantic Group Psychotherapy Society (MAGPS), where he formerly served on the board as the Co-chair of Membership. He was a member of the Washington-Baltimore Center for the Study of Group Relations, and he has been involved in the Tavistock tradition of group study for over 20 years. In his practice, he sees adults, conducting individual, couples, and group therapy.

Alison Howard, PsyD, is a clinical psychologist in private practice in Washington, DC. She is a certified group psychotherapist and hopes to share her passion for group work at this year's I & C. She brings a social justice and liberation ethos to her clinical work and is dedicated to addressing the ills of racism and inequity in her professional communities.

No man can put a chain about the ankle of his fellow man without at last finding the other end fastened around his own neck.

Frederick Douglass

Process Groups

#8 a,b,c,d,e Borders and Walls: Facing the Other (15 CEs/12 Max)

Neil Makstein, PhD, is a Clinical Psychologist licensed in Virginia and Maryland, with degrees from University of Maryland and University of Michigan. His practice is primarily couples, individual, and group therapy, as well as supervision/consultation to organizations, particularly Juvenile/Domestic Relations Court programs. Neil has loved being a contributing member to AAP for over 15 years, presenting numerous workshops, and serving on EC. His proudest accomplishment, though, is the family he has built with co-presenter, Lisa, over their 45-year relationship.

Lisa Makstein, LCSW-C, LICSW, is a Licensed Certified Clinical Social Worker in full-time private practice for almost 40 years in Maryland and Washington, DC. She works with individual adults, couples, and runs groups. She has done extensive work on her own life history and takes pride in how she has created a more loving, life-affirming path for herself, alongside her partner of 45 years, Neil. She feels truly privileged to be able to join clients in their journeys toward more authenticity and aliveness in their lives and relationships.

Two-Day Process Groups

(Three Sessions)

Thursday 3:15–6:15 PM

Friday 9:00 AM–12:00 PM; 3:15–6:15 PM

These 3-session (9 hours) Small Process Groups will work in concert with the Large Group, providing an intimate setting to help metabolize the intense feelings it generates. The task of the Small Process Groups will be to address the feelings that inevitably arise as participants name and experience prejudices and biases, fear of loss of individual identity, and conflict between individual strivings and civic responsibility.

With this collaborative effort—a reliance on Large and Small Group processes that inform each other—it is anticipated that participants will be strengthened, grounded and better able to acknowledge their differences and accept their roles as citizens of the country and the planet. (3 CEs per session; 9 CEs total)

#9 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Mary Tatum Chappell, PhD, is a licensed clinical psychologist who is also a Black, female survivor of a life-altering brain injury. The adversity she faced prompted by the resulting cortical blindness introduced her to her passion. Her clinical work affords her meaning, purpose, and fulfillment in her daily existence. Though there are perceived walls and barriers to obstruct her social, emotional, and physical connectivity, she has refined and defined her process to permeate the boundaries of those with whom she interacts to optimize healing.

Lauren Madlock, PsyD, is a Black identifying psychotherapist from Memphis. She joined the Memphis VA in 2020 providing individual and group mental and behavioral health services. Dr. Madlock provides psychotherapy within the Collective Healing Space in Memphis. Her professional interests include culturally responsive care, mindfulness, women's issues, and compassion-based psychotherapy. Additionally, she enjoys experiencing the spectrum of culinary experiences in the mid-south, tending to her many plants, practicing yoga (the hotter the better!), and spending time with her friends, family, and (furry) wild child, Luna.

#10 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Murray Scher, PhD, a past president and fellow of AAP, is also a fellow of the American Psychological Association. He received a PhD in Counseling Psychology from the University of Texas at Austin. He practices in Austin and Jonesborough, TN. He is widely published in the area of gender and psychotherapy with special emphasis on men in psychotherapy. He has also written about other issues in psychotherapy. A sought after group leader, he is delighted to have the opportunity once again to work with Susan Jacobson.

Susan Jacobson, LCSW-C, CGP, retired recently after more than 40 years in private practice in Columbia, MD. A graduate of the Johns Hopkins University School of Medicine's Master of Mental Health program, she has been a Certified Group Psychotherapist and a frequent presenter for AAP and other organizations. She has been an Academy member since 1987. Her belief in the health power of groups is unwavering, and she is delighted to work with Murray again.

Process Groups

#11 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Catherine B. Clemmer, LCSW, is a licensed clinical social worker in private practice in Chapel Hill, NC. She is former Clinical Faculty at the University of North Carolina at Chapel Hill. Her 15 years of experience include both community mental health and private practice, working with individuals, groups, and families. She received her MSW from the University of North Carolina at Chapel Hill. She was an AAP Scholarship Recipient in 2013 and joined in 2014.

Samir Patel, MD, is a psychiatrist who sees individuals and couples in his private practice in Providence, RI. He is a psychotherapy supervisor for Brown University's psychiatry residents. He has a keen interest in the intersection of race, immigration, and the self, and he serves as co-chair of the Anti-Racism, Diversity, and Equity Committee of AAP.

#12 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Curt Arey, MA, LPC, practices at Pine River Psychotherapy Associates in Atlanta, GA, working with individuals, couples, and groups. He came to AAP as a graduate student volunteer in 2008 and believes AAP is the best venue for developing the person of the therapist. He is a former Scholar of the Academy (2010), Co-Chair of the 2017 I & C, and member of the Ethics Committee.

Debbara Dingman, PhD, is a psychologist at Pine River Psychotherapy Associates in Atlanta, GA, working with individuals, couples, and groups. She is an adjunct assistant professor in the Department of Psychiatry and Behavioral Sciences at the Emory School of Medicine. She provides supervision and training to psychiatry residents, clinical psychology doctoral students, and post-doctoral psychologists. She has been proud to serve the Academy as the co-chair of a summer workshop committee, member and chair of the training committee, and she is currently on the Ethics Committee.

#13 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Sharyn Faro, PhD, received her PhD from Georgia State University in 1979 in Clinical Psychology and has been in private practice since 1980. She does individual, couples, and group work, along with offering several workshops a year. Sharyn received certification in Holotropic Breathwork from Stan Grof in 1991 and has been leading Holotropic Breathwork workshops since that time. Her practice combines psychotherapy with spirituality.

Carole Light, PhD, has been in private practice for 50 years, 30 in Atlanta and 20 in the mountains of Western NC. She has done individual, couples, and group therapy and is currently working part time. Her orientation is experiential, relationship focused, and informed by her Gestalt and bio-energetics training.

#14 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Renée Burwell, LCSW, MPA, CST, is a skilled psychotherapist and educator with specializations in sex therapy and trauma. Her practice, Pandora's Awakening, offers services and educational outreach that help destigmatize mental and sexual health services. She is a skilled facilitator offering trainings in mental health, sexual health, diversity, and reproductive justice.

Dan Goldstein, PhD, earned a PhD in Counseling Psychology from the University of Georgia and completed a postdoctoral fellowship at the Vanderbilt University Psychological and Counseling Center in Nashville. He is currently the owner of Nashville Psych, a small, group private practice in Nashville, Tennessee. Trained as a counseling psychologist, he diagnoses and treats individuals, couples and families, supervises other clinicians, and facilitates several adult interpersonal process groups.

*You can dispel every evil spirit and
slay every dragon. In the end, we still
have each other to worry about.*

James Poniewozik

Process Groups & Workshops

#15 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Note: Enrollment limited to those who identify as BIPOC.

Hilary Hla, PsyD (she/they), is a licensed psychologist and certified school psychologist in Pennsylvania, currently working at Bryn Mawr College as the Associate Director of Counseling Services. In their work, Hilary utilizes a psychodynamic foundation and relational style attuned to social location, power, and privilege to both connect with clients and inform training and supervision. More personally, Hilary enjoys music, art, gardening, cooking, and spending time with their cat, Silvio, in their Philadelphia apartment.

Dawn Philip, JD, LCSW, is a psychotherapist and recovering lawyer who enjoys working with communities and institutions to advance social change. Dawn is currently the Interim Associate Director at Swarthmore College's Counseling and Psychological Services and also maintains a private-practice in Philadelphia, PA. Many things bring Dawn joy including good dance music, novel food combinations, and trying to bring her dying plants back to life.

#16 a,b,c Borders and Walls: Facing the Other (9 CEs/12 Max)

Tandy Levine, LCSW, is a Board Certified Diplomate with the American Board of Examiners in Clinical Social Work. She is in private practice in Washington, DC, working with individuals, couples and groups. She supervises other therapists in addition to leading professional workshops and giving presentations. She is a Clinical Instructor at the George Washington University School of Medicine, Department of Psychiatry and Behavioral Science and also serves on the National Council of the Brown School of Social Work and the Executive Committee of the American Academy of Psychotherapists

Robert G. Rosenblatt, PhD, has been providing psychotherapy to individuals, couples, and groups for almost 30 years. The current emphasis of Bob's practice is focused on providing clinical supervision and practice management in order to help other psychotherapists construct thriving private practices. Bob is deeply committed to the art of psychotherapy and believes that he has much to offer, especially in a group format. Besides work, Bob spends time with family (especially grandchildren), at the beach, golfing and playing.

One-Day Workshops

(Two Sessions)

Saturday 9:00 AM–12:00 PM
and
Saturday 3:15–6:15 PM

#17 a,b The Other Side of Our Wall: What Outsiders See (6 CEs/12 Max)

The kind of walls we use for self-protection shape the impressions others form of us and affect how they choose to approach or avoid us. This workshop will give us the opportunity to examine our own walls in real time and understand how they are perceived by others.

Jonathan Farber, PhD, practices clinical psychology in Washington, DC, and Chapel Hill, NC. He works with adults, children and groups, provides clinical supervision, and leads workshops at AAP conferences and salons. He is a past editor of *Voices*, and it is still his favorite journal. He studied clinical psychology at Duke and taught psychology at Duke and UNC.

Angela Cerkevich, PsyD, earned her PsyD at George Washington University and is a clinical psychologist in private practice in Washington, DC. She works with individuals, groups, and couples. In her spare time, she feeds injured raptors and teaches yoga and meditation. She specializes in iRest/Yoga Nidra and created the nonprofit, Anahata International, to bring yoga to populations affected by armed conflict.

*When it comes to death, we
humans all live in an
unwalled city.*

Epicurus

Workshops—Saturday (two sessions)

#18 a,b Co-Creating with the Other, Improv as a Vehicle for Connection (6 CEs/12 Max)

This workshop will invite you to take risks, make mistakes, play, and connect to others in the present moment, using short form improv games and exercises. We will listen more intently, connect to others, and develop more flexibility in our responses.

Laura Fleming, LCSW, is in full-time private practice in Rochester, NY. She has training in DBT and leads DBT Skills Training groups. She has been studying Improv for many years, and currently performs with Dead Rover, a house performance team at Focus Theater in Rochester, NY. Improv has greatly improved the quality of her work as a psychotherapist and strengthened her ability to listen more fully and stay in the moment.

#21 a,b An Exploration of Our Unconscious Borders and Walls Using Expressive Arts (6 CEs/10 Max)

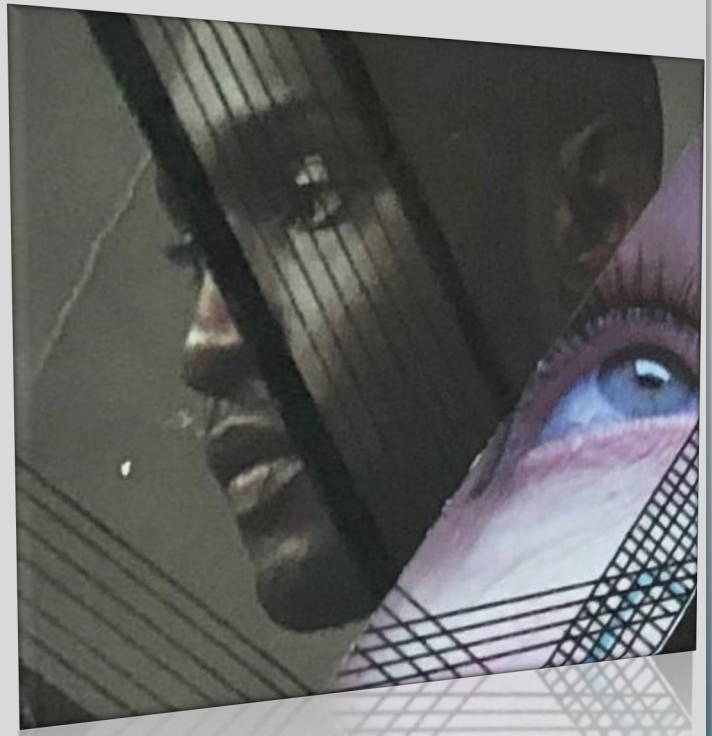
Through the written word and fast writing on the conference theme of "Borders and Walls: Facing the Other," participants in this workshop will explore how we carry our unique internal borders and boundaries in our unconscious, and how they are enacted as projections and transferences to make what's different "other." In identifying these parts of self and allowing them to affect, inform, and change us, we open to the possibility for deeper vulnerability and connection with those who seem different than us. (Materials fee \$10 at workshop)

Giuliana Reed, LICSW, has been in practice in Washington, DC, for 35 years. She believes the ground between our inner landscapes and our external worlds holds the subtle power of the symbolic and the ability to transform and heal our understanding and experience of ourselves and others. The focus of Giuliana's personal work during the past eight years has been her inner exploration of this interface through Jungian analysis and creative expression.

#23 a,b Otherness, a Social Construct: I Am You (6 CEs/32 Max; Diversity CEs)

It is through embedded symbolic learnings and interactions that walls and borders are created, and "othering" occurs. Attendees will identify their subconscious embedded symbolic learnings, that is, their walls and borders, and process such learnings, in an attempt to reduce their fears and promote knowledge of self and others.

Ann L Colley, LMFT, is in private practice in Jenkintown, PA. She earned her MDiv from Lutheran Theological Seminary and her Post Graduate Certificate in Marriage and Family Therapy. Ann has been an Adjunct Professor for 19 years and is currently teaching Sociology and Communication Courses. She helps individuals and organizations move past embedded to deliberate knowledge of oneself and others to transcend their subconscious walls and boundaries. Ann has offered consultation, training, and supervision for therapists, students, and community and business organizations.



Every life is in many days, day after day. We walk through ourselves, meeting robbers, ghosts, giants, old men, young men, wives, widows, brothers in love, but always meeting ourselves.

James Joyce

Workshops—Saturday (one session)

One-Day Workshops

(One Session)

Saturday 9:00 AM–12:00 PM

#19 Not a Pretty Girl (3 CEs/15 Max)

Ann DiFranco sings, “I am not a pretty girl...I ain’t no damsel in distress...” This group for female-identifying people explores the strength and power of solidarity among women when they embrace one another’s not pretty parts—whether physically or emotionally—in today’s world, using the large group experience as the jumping off point for our exploration.

Liz Marsh, LICSW, is a clinical social worker and art therapist with over ten years of experience working with individuals and groups. Liz works with a wonderful—and lively—mix of clients who are diverse in their experiences and identities. She combines relational therapy and the expressive arts to give clients the tools and space to create joyful and fulfilling lives for themselves.

Paula Atkinson, LICSW, E-RYT, has been working for years with those who suffer from disordered eating and body hatred, treating clients of all sizes and identities with a body liberation approach. Paula proudly identifies as a body justice activist; she trains providers and organizations how to do less harm in a thin-obsessed world. She is also a professor of body justice at George Washington University. Currently, she is working on a book of essays on the topics of body sovereignty and sanity.

It is only through disruptions and confusion that we grow, jarred out of ourselves by the collision of someone else’s private world with our own.

Joyce Carol Oates

#20 When the Wall is Too High: Ethical Considerations if the Therapeutic Alliance Does Not Hold (3 CEs/30 Max; Ethics CEs)

Though valuing connection, we may encounter patients who frustrate and exhaust us, or trigger strong countertransferences that overwhelm our capacities. We cannot be all things to all people. What ethical dilemmas emerge when the “other” in us and in our patient undermines the therapeutic alliance?

Dairlyn Chelette, LCSW, has a 35-year clinical career which has included developing psychiatric programs, founding the Pathway Center for Psychotherapy in Atlanta, and over 20 years in private practice, along with supervision and training of clinicians. A 25-year member of AAP, she has served in many capacities, including developing clinical programming for national meetings. She believes that ethics are more than reductionistic rules, but rather fundamental principles designed to protect the sacred trust we hold.

Gordon Cohen, PhD, is a Clinical Psychologist in Washington, DC who has been in private practice since 1992, the same year he joined the AAP. He is a Past President of the Academy.

#24 “She is Spoken for”: Relationship as a Wall or Boundary (3 CEs/15 Max)

Together we will examine the perceived vulnerability of singleness. We can contrast that with the perceptions of strength in partnerships or groups. We will discuss how we use relationships to create barriers, boundaries, and walls to hide from the other. How do we wall ourselves within and out of relationships?

Elizabeth E. Field, MA, LMFT, LCAS, is a marriage and family therapist in private practice in Charlotte, NC. She earned her Master’s Degree in marriage and family therapy at Appalachian State University in 1999. AAP has been her primary training ground post-graduation. She is proud of her twenty years experience doing the art of psychotherapy with individuals, couples, families and groups.

Workshops—Saturday (one session)

#22 Borders and Walls: The Challenges of Sexual Diversity in Therapist Communities (3 CEs/15 Max; AASECT CEs)

Note: Same content as Workshop #26—offered twice, once in the morning, once in the afternoon

A broad range of sexualities and sexual behaviors—including sexual gender, and identity exploration but sometimes also involving inappropriate and/or harmful behavior—can often be found within small communities, including closely-knit small work environments, spiritual communities, and professional associations. Strong reactions are common, and to be expected, when discussing anything related to sexuality. In this process-oriented workshop, we will explore the challenges, borders, and walls that can impact and sometimes impede our processing sexual diversities within ourselves, with colleagues, and within an organization as a whole.

Steve Eichel, PhD, ABPP, CST, is a licensed and Board-certified counseling psychologist in Delaware, a certified sex therapist (AASECT), and a certified group psychotherapist. He has practiced since 1980 with a broad range of clients, employing a trauma-informed psychodynamic and experiential approach. He has presented regionally and nationally on sexuality-related topics.

Lauren Gardner, LPC, PhD, received her clinical training from University of West GA in 2012. Her dissertation studied the psychotherapy experiences of Pagans and Wiccans, including the impact of stigma on individuals and small communities. She has worked in inpatient, outpatient, group, and university settings. She has also worked as a counselor educator providing instruction and practicum supervision to counseling students at NC State University. She is in private practice in Chapel Hill, NC.

A Note About AASECT Workshops

Please note that all attendees at AASECT approved workshops will be required to sign in and out of the workshop. Additionally, each attendee will be required to complete a separate evaluation form.

One-Day Workshops

(One Session)

Saturday 3:15-6:15 PM

#26 Borders and Walls: The Challenges of Sexual Diversity in Therapist Communities (3 CEs/15 Max; AASECT CEs)

Note: Same content as Workshop #22—offered twice, once in the morning, once in the afternoon.

A broad range of sexualities and sexual behaviors—including sexual gender, and identity exploration but sometimes also involving inappropriate and/or harmful behavior—can often be found within small communities, including closely-knit small work environments, spiritual communities, and professional associations. Strong reactions are common, and to be expected, when discussing anything related to sexuality. In this process-oriented workshop, we will explore the challenges, borders, and walls that can impact and sometimes impede our processing sexual diversities within ourselves, with colleagues, and within an organization as a whole.

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*You have to understand that no one puts
their children in a boat unless
the water is safer than the land.*

Warshan Shire

Workshops—Saturday (one session)

#27 Tension Taming for Self-Care (No CEs/15 Max)

Meeting the Other from the psychotherapist's chair requires strength and agility. Focusing on the body of the therapist, we will learn ways to penetrate the walls to deep self, and practices that wake up our disowned parts as we recognize sensations that ground us in holding space for the Other.

Jenny Otto is a certified yoga teacher, yoga therapy teacher, anatomy trans structural integrator, and teacher trainer in the greater Washington Metro area. Jenny has developed a deep understanding of anatomy and therapeutics in the domain of functional rehabilitation, bio-mechanics, and the nervous system. She has been teaching wellness/exercise programs nationally since 1980.

#28 Who has the Upper Hand? Ethical Considerations of Unconscious Power Dynamics in the Therapy Room (3 CEs/13 Max; *Ethics CEs*)

Through experiential learning, we will examine the historical and unconscious power dynamics that often sneak into our therapy spaces, including patriarchy, hierarchy, and Dominant Culture. We intend to sit with our inner beings and walk through our understanding and experience of "who has the upper hand" in the therapy room.

Bhavana Goel, APC, CRC, is an APC and a past scholar of AAP (2019). Her private practice is based in Atlanta. She draws upon her international training, work experience, and multicultural competence in working with her clients. Her journey as a psychotherapist continues to be impacted by her demographic variables, and she looks forward to unraveling this along with her co-presenter.

Noah Meyers, PhD, is a Clinical Psychologist in private practice in Washington, DC, and conducts numerous supervision and group therapy groups in his practice. Noah has recently been learning more about unspoken power dynamics in individual and group therapy settings, and is excited to explore these in an AAP workshop setting.

#29 Dreams as a Path to Owning and Incorporating Negative and Positive Qualities We Project Onto Others (3 CEs/12 Max)

Every night we are presented with dreams which give us a view of ourselves which often is very different from the one we have of ourselves—both positively and negatively. The figures in our dreams embody qualities within ourselves, which are ready to be owned and incorporated. Participants will each bring 4-6 dreams from the past two years which include positive and negative figures and will be shared and unpacked with the group.

Susan McClure, PsyD, earned her MA in urban planning, then worked as a magazine editor and photographer before graduating in 1983 from the Virginia Consortium of Professional Psychology, specializing in analytic and depth psychotherapy. She is in private practice in Charleston, SC, working with individuals, couples and groups, using her knowledge of dreams, archetypal pattern recognition, and techniques learned in her training with the Voice Dialogue international community, to help clients integrate disowned aspects of their psyches.

*Life is not a series of choices.
And I think the pandemic made
that clearer than ever before, to
everyone at the same time, that
choice was always an illusion
and a luxury. It was just an
obsession we picked up with the
invention of modernity—that we
could always really
curate our lives.*

Kate Bowler

Workshop Planner

Thursday 9:00 AM–12:00 PM		Friday 1:45–3:00 PM		Saturday 1:30–3:00 PM
Plenary—Rupture and Repair		Large Group		Large Group
Thursday 1:45–3:00 PM				
Large Group				
Thursday 3:15–6:15 PM	Friday 9:00 AM–12:00 PM	Friday 3:15–6:15 PM	Saturday 9:00 AM–12:00 PM	Saturday 3:15–6:15 PM
1A Jackson & Murphy	1B Jackson & Murphy	1C Jackson & Murphy	1D Jackson & Murphy	1E Jackson & Murphy
2A Ellman & Weiss	2B Ellman & Weiss	2C Ellman & Weiss	2D Ellman & Weiss	2E Ellman & Weiss
3A Lazarus & Carruba	3B Lazarus & Carruba	3C Lazarus & Carruba	3D Lazarus & Carruba	3E Lazarus & Carruba
4A Kirsch & Ruzek	4B Kirsch & Ruzek	4C Kirsch & Ruzek	4D Kirsch & Ruzek	4E Kirsch & Ruzek
5A Hawkins-Esther & LeSane	5B Hawkins-Esther & LeSane	5C Hawkins-Esther & LeSane	5D Hawkins-Esther & LeSane	5E Hawkins-Esther & LeSane
6A Gilmore & Weinberg	6B Gilmore & Weinberg	6C Gilmore & Weinberg	6D Gilmore & Weinberg	6E Gilmore & Weinberg
7A Schmidt & Howard	7B Schmidt & Howard	7C Schmidt & Howard	7D Schmidt & Howard	7E Schmidt & Howard
8A Makstein & Makstein	8B Makstein & Makstein	8C Makstein & Makstein	8D Makstein & Makstein	8E Makstein & Makstein
9A Chappell & Madlock	9B Chappell & Madlock	9C Chappell & Madlock	17A Farber & Cerkevich	17B Farber & Cerkevich
10A Scher & Jacobson	10B Scher & Jacobson	10C Scher & Jacobson	18A Fleming	18B Fleming
11A Clemmer & Patel	11B Clemmer & Patel	11C Clemmer & Patel	21A Reed	21B Reed
12A Arey & Dingman	12B Arey & Dingman	12C Arey & Dingman	23A Colley	23B Colley
13A Faro & Light	13B Faro & Light	13C Faro & Light	19 Marsh & Atkinson	26 Eichel & Gardner
14A Burwell & Goldstein	14B Burwell & Goldstein	14C Burwell & Goldstein	20 Chelette & Cohen	27 Otto
15A Hla & Philip	15B Hla & Philip	15C Hla & Philip	22 Eichel & Gardner	28 Goel & Meyers
16A Levine & Rosenblatt	16B Levine & Rosenblatt	16C Levine & Rosenblatt	24 Field	29 McClure
Scholarship Process Groups: Wednesday 9:15-10:15 PM Thursday 3:15-6:15 PM		Friday 9:00 AM-12:00 PM and 3:15-6:15 PM Saturday 3:15-6:15 PM		
Training Institute: Wednesday 2:00-5:00 PM				



It's the group sound that's important, even when you're playing a solo. You not only have to know your own instrument, you must know the others and how to back them up at all times.

That's jazz.

Oscar Peterson

AAP REGISTRATION INFORMATION

Name for Badge:	Pronoun Preference:
Degree, License(s) & State:	
Address:	
Email:	
Preferred Phone Number:	
Dietary/ADA/Other Needs:	
Would you like to be assigned an ambassador (see p. 7) to help navigate the conference? Y N	
May we share your contact information with your ambassador? Y N	
For AAP members, would you like to be an ambassador? Y N	

REGISTRATION FEES

Cancellations before August 23, 2022 will be fully refunded less a \$75 processing fee. Refund requests must be submitted in writing to the central office at aap@caphill.com

The committee gratefully acknowledges a generous \$20,000 grant from AAP's Endowment Fund, which allowed us to keep the conference fee as low as possible.	Through 09/23/22	After 9/23/22	Your Total
Member	\$525	\$575	
Non-Member	\$575	\$625	
Scholar/BIPOC former scholar/Invited Scholarship Guest	\$260	\$260	
Student	\$260	\$260	

OPTIONAL FEES

CE Processing Fee <small>(CE processing fee for one day is \$25.00)</small>	\$60	\$60	
Wednesday Buffet Dinner Guest <i>Full Registration includes 1 Wed. dinner</i>	\$80	\$80	
Saturday Dinner Banquet (circle one) <i>Salmon Short Ribs Vegetarian</i>	\$80	\$80	
Saturday Dinner Guest (circle one) <i>Salmon Short Ribs Vegetarian</i>	\$80	\$80	
National Civil Rights Museum Tour	\$20	\$20	

DISCOUNTS

West Coast and International Discount <small>(AK, CA, OR, WA and International)</small>	-\$100	-\$100	
Check Payment Discount	-\$10	-\$10	
Total Due			

PAYMENT INFORMATION

___ Check enclosed payable to American Academy of Psychotherapists	
Credit Card # (AAP does not accept American Express):	
CSC/CVV#:	Expiration Date:
Card Holder Name:	
Credit Card Billing Address:	
Signature:	

HOTEL RESERVATIONS

Make your reservations by contacting the Peabody Memphis directly.
See p. 3 for details.

WORKSHOP SELECTIONS

Plenary and Large Group are for all.

Please indicate your 1st, 2nd and 3rd choices for all other process groups and workshops

Thursday PM: 1st___ 2nd___ 3rd___

Friday AM: 1st___ 2nd___ 3rd___

Friday PM: 1st___ 2nd___ 3rd___

Saturday AM: 1st___ 2nd___ 3rd___

Saturday PM: 1st___ 2nd___ 3rd___

Training Institute (Wed): _____

REGISTRATION INFORMATION

Choose from these easy registration options:

- Fax form to 518-463-8656
- Email form to aap@caphill.com
- Mail form and check to AAP, 230 Washington Ave. Ext, Ste. 101, Albany, NY 12203.
- Online registration available at www.aapweb.com on or after July 18, 2022.

MEETING SPACE REGISTRATION

Reserve a peer group meeting room or space for a committee meeting by contacting Julie Mitchell at juliemitchelltherapy@gmail.com or call/text (202) 559-6761. Rooms are available on a first come, first served basis.

If you are not a member, how did you hear about the conference?

If you would like to file a grievance/complaint or have a question, contact AAP Central Office at 518-240-1178 or aap@caphill.com.

Continuing Education Information

**American Academy of Psychotherapists
2022 Institute and Conference
October 26 – 30, 2022
Memphis, TN**

Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and American Academy of Psychotherapists (AAP). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Psychologists (APA) Credit Designation



This course is co-sponsored by Amedco and American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. **25.0** hours.

The following state boards accept courses from APA providers for Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK*, OR, SC, UT, WA, WI, WY

*** OK accepts APA credit for live, in-person activities. For all ethics and/or online courses, an application is required.**

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers (ASWB) Credit Designation



As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social Workers completing this course receive **25.0** GENERAL continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV*, WY
*** WV accepts ASWB ACE unless activity is live in West Virginia, an application is required.**

The following state boards accept courses offering ASWB ACE credit for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK*, OR, PA, TN, TX, UT, VA, WI, WY

AL/Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK*, OR, PA, RI, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

MI: No CE requirement

*** OK accepts ASWB ACE for live, in-person activities. For all ethics and/or online courses, an application is required.**

The following state boards accept courses offering ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

New York Board for Social Workers (NY SW)

Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. **25.0** hours.

New York Board for Mental Health Counselors (NY MHC)

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. **25.0** hours.

New York Board for Marriage & Family Therapists (NY MFT)

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. **25.0** hours.

New York Board for Psychology (NY PSY)

Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. **25.0** hours.

FL Board of Behavioral Sciences (FL BBS)

Amedco is approved by the Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling. Provider BAP#39-Exp.3-31-2023. **25.0** GENERAL Hours

Licensed Professional Counselors Association of Georgia (GA LPC)

Application has been submitted for review.