

Taking a Seat at the Table

***The American Academy of Psychotherapists
Summer Workshop 2020***



***Callaway Resort & Gardens
Pine Mountain, Georgia
June 24 - June 28, 2020***



Welcome to 2020 Summer Workshop

As we welcome you to Summer Workshop at Callaway Gardens, we are aware that our theme, ***Taking a Seat at the Table***, is politically, socially, and culturally pertinent, both within our AAP community and in the larger world. We hope our theme awakens feelings and responses from both your past and your present.

We often claim our power and personhood by taking a seat at the table. The table, a seemingly ordinary and ubiquitous object, conjures powerful associations. What form has your journey taken? Have you ever waited for a seat at the table, lost your seat, or run away because there was conflict or there was no seat for you?

In your personal life or in your professional life, do you want to find and speak your voice and can you claim your place at the table? How have you gotten your seat—demanded it, seduced, manipulated, or paid dearly for it? What goes on under the table? Did the table hold abundance, but you refused to eat? Have you ever thought you'd gotten your fill, but left hungry? Does having a seat at the table make you feel included or confused?

Here at Summer Workshop 2020, we invite you to explore what is stirred in your soul when you think about taking a place at the table. We are offering a banquet of workshops from which to choose. For example, you can explore sharing a table with brothers and sisters, finding a seat after the loss of a partner, or taking a place at the table as an “other.” You can experience achieving both table manners and power when claiming a seat or you can explore finding a seat for one. In addition to those possibilities, we offer you many other opportunities to reflect on your own process as you take steps to claim your seat at Summer Workshop.

We challenge you to take a risk and make the journey to the table.

Welcome to Summer Workshop 2020,

Maureen Martin, Nelia Rivers, Linda Tillman
Your Tri-chairs



Customs and Ceremony

Our Academy is rich with custom and ceremony. These features color all of our experiences here. To that end, we want to shine a spotlight on the historical texture of each tradition. If you include these rituals, you will have a complete summer workshop experience.



The intention of our Summer Workshop is held by both the **opening experience** at the beginning and the **closing experience** at the end. These rituals have been put in place to contain the depth and breadth of the whole experience. Please make your plans to attend both.

The Opening Experience

As our community sits together for the first time at this workshop, our opening experience invites you to bring yourself into the room, to engage with our theme and to begin your journey.

The Closing Experience

Our final gathering as a community is a long-held tradition and not one to be missed. The closing is the last opportunity for you to take a seat at this table and is the last time you can add your voice to the membership as we transition from an intense five-day workshop back to family, friends, home, and work.



Community Meeting



Our community meeting is a traditional gathering of our members where we witness, listen, and dialogue. We receive, reflect, and connect with each other. The use of the talking stick, i.e., the microphone, was instituted years ago to hold space between statement and reaction. We begin and end on time as we form this safe container.



Business Meeting

Come and learn about the inner workings of the Academy at the Business Meeting. Like a well-tuned clock with lots of working parts, you can find out what keeps us running. This meeting will answer your questions about how EC makes decisions about our finances; the health and growth of our membership; outreach efforts; and our thoughts about diversity, safe environment, and sexual boundaries protection. You will leave with fun facts, not fiction, about EC. Do come - **it's open to everyone** and you'll be glad you came!



New Tradition: Random Process Groups

These groups are randomly assigned and everyone has the opportunity to participate. Random process groups give everyone a last chance to process their time at Summer Workshop in a small group. These groups take place after breakfast and before closing on Sunday morning. Please make your travel plans to include this rich experience.

These are the enduring institutions which have served to strengthen and hold the structure of Summer Workshop as we do our own work, individually and in community.

"It isn't so much what's on the table that matters, as what's on the chairs."

W. S. Gilbert



Callaway Resort and Gardens

This is the perfect spot for taking a place at Nature's table and sampling her delights.

Immerse yourself in 2500 acres of beauty, laced with woodland trails and sprinkled with exhibition centers dedicated to butterflies, birds of prey, pioneer living, and habitats of local flora. Be serenaded by songbirds as you quietly glide over bike paths or amble in conversation with friends.

You can visit the Cecil B. Day Butterfly Center and feast your eyes on a colorful array of butterflies of all types and sizes. Be thrilled by the Birds of Prey demonstration at the Discovery Amphitheater. Glimpse the past and its challenging simplicity while visiting the Pioneer Log Cabin. Soothe your spirit by a journey to the Ida Cason Memorial Chapel. Find solitude in the Meadowlark Garden or the Hydrangea Garden.

Your seat at the table may include beach and water sports at Robin Lake Beach or a game of golf at one of the resort's two beautiful golf courses. For tennis players, grab a game at Callaway's tennis center, with its ten lighted courts. Thrill seekers can zip-line through the tree tops at the Base Discovery Course.

After all the fun, relax with a variety of luxurious treatments by appointment at the Spa Prunifolia.

Explore all that Callaway Gardens has to offer and make your appointments and tee times at www.callawaygardens.com or call 844-512-3826.

Conference rates are available for three days before and after Summer Workshop.

Activities Near Callaway Gardens

F.D. Roosevelt State Park

Roosevelt State Park contains an abundance of hiking opportunities, including the Pine Mountain Trail and FDR's favorite picnic site where he hosted family barbecues.

Roosevelt Stables (FDR's State Park)

Book your ride at nearby Roosevelt Stables: 706-628-7463

[Roosevelt's Little White House Warm Springs, GA](#)

Built in 1932 as a healing retreat for FDR, visitors can tour FDR's home which has been carefully preserved.

Schedule at a Glance

Wednesday, June 24, 2020

12:00 - 5:00	Registration
2:00 - 5:15	Training Institutes
4:00 - 5:00	Newcomers' Orientation
5:00 - 5:45	Newcomers' Reception
6:00 - 7:15	Opening Experience
7:15 - 8:30	Dinner and Cash Bar
8:30 - 10:00	Open Process Groups, Peer/Family Groups

Thursday, June 25, 2020

7:00 - 8:00	Yoga Movement Blend or Slow Running
7:00 - 9:00	Breakfast
9:00 - 12:15	Workshops and Training Institutes
12:20 - 12:40	20-Minute Revitalize
12:15 - 1:30	Lunch or Diversity Lunch - see bulletin board
1:45 - 3:00	Community Meeting
3:00 - 5:00	Softball Tournament - See bulletin board
6:30 - 8:00	Dinner
8:30 - 10:00	Open Process Groups, Peer/Family Groups

Friday, June 26, 2020

7:00 - 8:00	QiGong or Slow Running
7:00 - 9:00	Breakfast
9:00 - 12:15	Workshops
12:20 - 12:40	20-Minute Revitalize
12:15 - 1:30	Lunch/12-Step Meeting
12:15 - 1:30	Diversity Lunch - See bulletin board
1:30 - 2:30	Community Meeting
2:30 - 3:30	Business Meeting
6:30 - 8:00	Dinner
8:00 - 9:30	Community Memorial Service

Saturday, June 27, 2020

7:00 - 8:00	Tai Chi or Slow Running
7:00 - 9:00	Breakfast
9:00 - 12:15	Workshops
12:20 - 12:40	20-Minute Revitalize
12:15 - 1:30	Lunch or Silent Lunch
1:45 - 3:00	Community Meeting
6:30 - 7:00	Social Gathering, Cash Bar
7:00 - 8:30	Dinner
8:30 - 12:00	Dance

Sunday June 28, 2020

7:00 - 8:30	Breakfast
8:30 - 9:45	Random Process Groups
10:00 - 11:15	Closing Experience

*Diversity is
having a seat at
the table,
inclusion is
having a voice,
and belonging is
having that
voice be heard.*

*Liz Fosslein and Molly
West Duffy*

New to Summer Workshop?



If you have never attended a Summer Workshop with AAP or if you are a brand new member, we want to be certain that you have information about the many opportunities available for you to learn and experience the treasures of this intimate gathering. Many of us have been attending for decades and have experienced both the challenges and the rewards.

The first is the **Orientation Group** for new members and first-time attendees at Summer Workshop. The goal of this one-hour group is to help you map out your own journey in AAP and provide a time to connect with others in a smaller group before the workshops begin on Thursday morning. Topics addressed include the ongoing historical narrative that newcomers are entering, community and business meetings, family groups, seating at dinners, mentoring and support forums. This group will be led by Nelia Rivers and Maureen Martin and will be from **4:00-5:00 on Wednesday**. Arrange your travel accordingly so that you can attend a very important part of coming to the table at this summer workshop

The second opportunity is the **Newcomers' Reception** from **5:00-5:45 on Wednesday** evening immediately following the orientation group outlined above. Everyone is invited to join us at this reception in welcoming those who are new to AAP. The Membership & Mentoring committee as well as members of the Executive Council will be there to help introduce you to the community. After the reception and the opening experience, we invite you to our first dinner as a community.

The third opportunity is the **Open Process Groups** which begin Wednesday night after dinner. These process groups are led by two academy members and will occur Wednesday and Thursday from 8:30 - 10:00. These are open to anyone, with a special emphasis on mingling first-timers and those members who have attended many AAP events, but who are not currently in a family/peer group. This new grouping has the potential to develop into a family/peer group. If you want to be in an open process group, you will register for that on the registration form in addition to the workshops that you choose.

The Committee

Pat Coyle	Activities
Liz Marsh	Activities
David Loftis	Band
Elaine Rubin	Brochure
Linda Tillman	Brochure
Catherine Clemmer	CE Chair
Carla Bauer	Hospitality
Barbara Thomason	Hospitality
Dairlyn Chelette	Program
Elizabeth Field	Program
Maureen Martin	Rooms
Nelia Rivers	Rooms
Samir Patel	Rooms
Anthony Hampton	Transportation
Daniel Turetsky	Transportation, AV
Phil Spiro	Treasurer
Janet Tyler	Treasurer

David Donlon	AAP President
Tandy Levine	AAP Meetings

After dinner on Wednesday evening, many AAP members attend family or peer groups where they have been members for many years. Some of these existing groups are closed to new members and some are not. There is much more about the history and value of these groups on the AAP website.

If you have any questions, do not hesitate to ask and don't forget to utilize your mentor-mentee relationship. Your contact person can be a valuable resource throughout the time!

Membership & Mentoring Committee: Nelia Rivers, Susan Diamond, Denise Castro, Dairlyn Chelette, Sandy Ebrahimi, Ronnie Koenig, Jacob Megdell, Barbara Thomason and David Mermelstein

"If they don't give you a seat at the table, bring a folding chair."

Shirley Chisholm

Events and Activities at the Conference

An Experiential Silent Auction

In addition to our traditional Arts and Crafts Table, we will be offering a smorgasbord of Silent Auction Experiences. Examples of donations from members might include:

- *A weekend in the beautiful north Georgia mountains;
- *A guided hike through the Santa Monica mountains;
- *Lunch and shopping in Beverly Hills;
- *Golf and cooking lessons;
- *A gourmet dinner in a member's home;
- *Fishing on a magnificent boat while soaking up the warm Florida sun!

So please begin now to plan your submissions in support of our Relief Trust, Endowment, and Scholarship Funds. Contact **Barbara Thomason**, Fundraising Chair, with any questions or information regarding desired contributions. 404-449-4456 crw580@aol.com

The AAP Arts and Crafts Table and Silent Auction

Whether you're an artist or collector of the wondrous and rare art created by fellow Academy members, please join us with your artistic creations and generous spending power. Enjoy the good feeling of contributing to our Relief Trust, Endowment and Scholarship Funds. Your generosity supports those who may be in need because the vicissitudes of life cannot always be anticipated. Please bring your artistic creation Wednesday afternoon before dinner. Bidding will close after dinner Friday evening. **Please** check to determine if your bid was the winning one for your precious item. Questions? Call **Giuliana Reed** (202-265-7679) or send her an email.

"This is how the world changes - little by little, table by table, meal by meal, hour by hour. This is how we chip away at isolation, loneliness, fear. This is how we connect, in big and small ways - we do it around the table." - Shauna Niequist

A Support Gathering at Saturday Lunch

Your Retention Committee would like to invite those of you who have felt negatively impacted by this or another AAP event to join us at this gathering where feelings can be processed and support can be offered. A private room will be reserved. So bring your lunch and your issues, and let's talk. Lunch hosted by **Barbara Thomason**

20-Minute Revitalize

Join us each day after your morning workshop to shake it off, calm it down, or simply revitalize yourself before lunch. We will use a combination of movement, stretching, and meditation to re-ground. No experience is necessary and all are invited. After morning workshops 12:20 to 12:40 (Th, Fri, Sat) **Angela Gould**

12-Step Meeting

AAP offers a 12-Step Meeting at lunch on Friday. In keeping with the theme, participants from all 12-step programs are welcome. Information will be available at the registration desk on the bulletin board.

Line Dance Tutorial Friday Evening

Tired of being one step behind on the dance floor? Looking to wow your friends and colleagues with your moves? Join us for a pre-dance tutorial on those crazy line dances everyone is doing...The Electric Slide to the Cupid Shuffle...we've got you covered. It will be a blast to dance before the dance! **Liz Marsh** and **Anthony Hampton**



Events and Activities at the Conference

"It's like I somehow snuck a seat at the grown-up table. I'm just trying not to get caught."

Italia Ricci

Alex Redmountain Memorial Golf Tournament

Find a partner, practice your drives, chips and putts, and participate in the SW Nine-Hole Golf Tournament. The championship course is located at the resort. You may arrange ahead for a tee time by [clicking here](#). Last year's "shambles" format will be used again: both players hit drives, choose the best one, and then play their own ball from that point on to the cup. There will be a signup sheet at the registration desk. You will be asked to record your handicap or typical score for 18 holes. Feel free to call or text **Graham Hall** at 301-775-0946 with any questions or if you need assistance finding a partner.

Softball Tournament

Come one, come all! Everyone has a place on the AAP diamond. Bring your lucky mitt. Bats and balls will be provided. Please join us Thursday afternoon following Community Meeting for our annual softball tournament and SW Tradition. Sign-up sheet and transportation information will be posted on the bulletin board at registration. "And it's one, two, three strikes you're **IN** for a fun-filled afternoon and memories to last a lifetime." **Anthony Hampton**

Finding the Beauty of Silence in Community

Mindful eating is a great way to restore and relax in between workshops at AAP. This mindful lunch will include a centering meditation, guidelines for mindful eating, and a guided meditation practice to integrate your day. This experience is perfect for folks who don't want the pressure of finding a lunch buddy, who are craving silence, or who just want to reconnect to their body and heart through mindful eating. All are welcome. **Saturday Lunch**

Angela Cerkevich and **Brooke Bralove**

Yoga Movement Blend

Come experience morning yoga with a twist on Thursday morning. The combined instruction of Deva Joy and Jillian makes for a truly unique blend of Kundalini breath work and Hatha postures for a Yoga Flow class that will relax, stretch, and energize. What started as two friends blending their morning practice together has evolved into a fun, all-levels class that can enhance one's day. This gentle, calming class incorporates flowing movements, passive and supported postures, and simple breath work.

Deva Joy Gouss and **Jillian M. Thomas**

QiGong

Start your morning Friday morning with **Susan Levy** leading QiGong, a gentle form of exercise that combines slow, non-strenuous, repetitive movement with breath control. QiGong helps to reduce stress, improve balance and flexibility, boost the immune system, enhance circulation and digestion, and increase stamina. No experience is necessary.

Tai Chi

Join **Lenore Pomerance** on Saturday morning for an introduction to Tai Chi (more precisely taijiquan). Lenore will share her growing understanding of taijiquan as a practice of finding both mental and physical balance as embodied in the symbol of yin and yang.

Slow Running

Jonas Horwitz is leading a slow running group every morning during Summer Workshop. If you are interested in joining, just meet down in the lobby at 7:00 am. If you don't die on the run, you should find yourself back by 7:45 am.

Diversity Lunches

Attitudes and terms have changed the terrain of how we might address "isms." The diversity lunch format invites dialogue drawn from reconciliation work and differs structurally from AAP Community Meetings. We can all learn from each other. All you need to bring is your open mind and sense of curiosity to create space for sharing. Information. Lunch location will be posted at registration.

***Thursday and Friday Lunch**



Events and Activities at the Conference

"If the home is a body, the table is the heart, the beating center, the sustainer of life and health."

Shauna Niequest

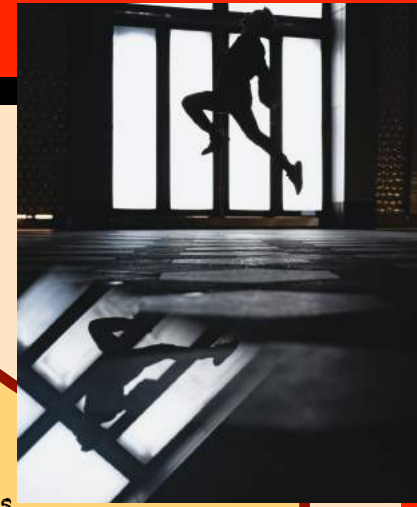
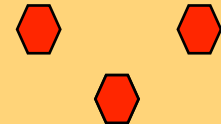
Hospitality Suite

Within a spacious setting surrounded by natural light during the day and candlelight in the evening, your hospitality team looks forward to giving you an atmosphere that provides connection, comraderie, and refreshment, all of which are designed to offer additional sustenance as you travel throughout your five-day journey into psyche and soul.

Your hosts:
Carla Bauer
and
Barbara Thomason

Saturday Night Dance

What's AAP without SW? And what's SW without "The Dance"? And that Dance needs a great party band, a band that will INSPIRE everyone to have an unforgettable night! So bring your party clothes, shoes, and spirits, and let's dance the night away with Platinum, one of Atlanta's premier dance bands! A truly talented and soulful band, Platinum likes to have fun on stage. When it's time to pick things up, Platinum will invite all of us to the dance floor. Their singular ambition is one thing and one thing only: to give us a fun, engaging and unforgettable night. And you just might get a chance to practice that line dance you learned earlier in the week. This will be your time to dress up a bit and play!





Wed 2:00 - 5:15
Thurs 9:00 - 12:15

T1a/b Exploring Gender Creativity

Part Two of an ongoing Training Institute. The intention of this institute is both to deepen understanding of gender identity and gender creativity and to remain open to the questions before us on this subject. We will follow the rapid growth and need for awareness of this subject.

***Must have participated in Part One to attend this.**

Lori Oshrain, PhD, is a licensed psychologist in private practice outside Chapel Hill, NC. She received a BA in anthropology from the University of Oregon and a PhD in clinical psychology from UNC Chapel Hill. She has worked extensively with gender-creative individuals and couples, and has offered consultation, education, and supervision for community groups, medical students, and therapists.

“Don't just get involved. Fight for your seat at the table. Better yet, fight for a seat at the head of the table.”

-Barack Obama

T2a/b Why Marriages Fail: Choosing Instead Ever-Evolving Loving

Most marriages fail. Some couples divorce, others resign themselves to loveless marriages. This Training Institute will reveal hidden forces that thwart intimacy. Through identifying these obscured processes, participants can improve their own marriages while placing themselves in the best position to guide their patients to do the same.

***Prior approval from the presenter is required for participation. Contact presenter at joelmarcus@comcast.net or call (410) 433-6621 (15 participants)**

Joel H. Marcus, LCSW-C, has been practicing experiential, humanistic psychotherapy for over 30 years. He offers individual, couples and group psychotherapy as well as clinical supervision, at the Village of Cross Keys in Baltimore, MD. He has presented workshops and trainings to multiple organizations and institutions on a variety of psychotherapeutic topics. His previous Training Institute for the American Academy of Psychotherapists in 2013-2014 was on the topic "Removing Barriers to Loving."



The Program

Two-Day Workshops *Continuing*
Thurs/Friday **TI 1b, TI 2b**
9:00 - 12:15

1a Re-Birthing the Academy. To Get a Seat, Must we First Upend the Table? Pathways to Evolution...A Process Group

Therapists, older and younger alike, want to be seen for the totality of who they are and want their life experience to be valued. Both groups do not want their views and voices to be dismissed or denied. Come as you are, seeking deeper connectivity, for this two-day process group. **(20 Participants)**

Gary C. Frankel, PhD, is a licensed psychologist in DC and a Fellow of AAP. Dr. Frankel has been in private practice for over 40 years. He conducts individual, couples and group psychotherapy. In addition, Dr. Frankel conducts countertransference supervision groups for therapists in private practice. He has also served as Chair of the Academy's Ethics Committee.

Lyn Sommer, PhD, ABPP, CGP, is a psychologist in Connecticut, conducting individual, group and intensive couples therapy. She is a co-founder of AAP's scholarship program, and a Fellow of the Academy. She and Gary have helped each other grow from youthful to mature in the same peer group over three decades.

2a The Kitchen Table: Siblings as Companions, Combatants

Sibling dynamics within families (e.g., at the kitchen table) are central to our relational and emotional development. In this process group, we will explore how these

*"The family was an art....and the dinner table was the place it found expression."
Don DeLillo*

relationships continue to inform our perception of ourselves and others, and influence our interactions. Participants will experiment with ways of being, expressing, and joining.

(10 Participants)

Elizabeth Gomart-Cross has an M.Ed. and is an LPC in private practice in DC seeing individuals, groups and couples. She works (in her own supervision and with clients) on issues of identity, competition, individuation, boundaries and connectedness. From her perspective of being born a twin eight minutes before her sister, she welcomes the diverse and formative experiences that clients report. She believes siblings are influenced by their experience with each other, not only by their parent-child dynamic.

Puma (Elizabeth) Cornick has her BA from the University of Virginia and her MSW from Catholic University. She is licensed in VA where she maintains a private practice working with individuals, couples, and groups. Her status as the "big" sister is a factor at play in working with clients, as well as friends and colleagues.

3a Claiming a Seat at the Table after Partner Loss

After the loss of a partner one often feels bereft, overwhelmed, and confused. It is often a disorienting time when one has the task of grieving and reclaiming their identity without their partner. In this two-day process group we will explore the necessary tasks. **(12 Participants)**

Angela Gould, PhD, is a practicing clinical psychologist in Boulder, CO with over 40 years of experience. She has been a volunteer at a Boulder Hospice, TruCare, for 20 years running bereavement groups for newly bereaved and partner loss. In her private practice her specialty is trauma where she uses neurofeedback, EMDR and Brainspotting as adjuncts to psychotherapy.





4a Above and Below: How Far Will We Go?

At the table, connected in mutual interdependence, we share the yield of our life's efforts, giving and receiving. Under the table we seek other needs: secret longings for the forbidden, illicit, shameful. This two-day process group will attend to exchanges both above and below as experienced by group participants. **(12 Participants)**

Roy Clymer graduated from the US Naval Academy in 1967 and then spent four years on active duty including a tour in-country Vietnam on river patrol boats. He received an MSW followed later by a PhD in medical psychology from the Uniformed Services University of the Health Sciences. He has held research and clinical positions in both the private and government sectors. He presently maintains a mostly-retired private practice in Austin, TX where he is a licensed psychologist.

Phyllis S Clymer, LCSW-C, CGP, completed her masters degree in clinical social work from the University of Maryland in 1977. A member of AAP since 1984, she has led or co-led several workshops for AAP and has co-chaired both the 2004 Summer Workshop and 2014 Institute and Conference. A resident of Austin, TX Phyllis works with adults individually, in couples, and in group psychotherapy. She also offers consultation and training for clinicians across disciplines.

5a Finding Your Voice When the Table Talk Turns to Race: An Affinity Group for People Who Identify as White

In this experiential group, we will explore what we don't know we don't know about ourselves and race. We will examine our historical and racial conditioning, our intersectional identities, and the effects of power and oppression in our personal and collective lives. **(7 Participants)**

Cathy Roberts, LCPC, has a BA in secondary education and an MS in Pastoral Counseling. She counsels adults, couples, and families in her private practice in Rockville, MD. Passionate about racial equity and social justice, Cathy has presented dozens of workshops locally and nationally, and has facilitated dozens more dialogue groups on topics related to racism. She co-facilitates a monthly "Coming to the Table" racial reconciliation meeting in Montgomery County, MD.

"NO."

Rosa Parks

6a Where Does it Hurt for You to Sit? And Do You Know Why?

This workshop will provide participants with the opportunity to examine the emotional reasons that impede taking a seat at the table of their true desires. The experiential impact of these blocks and their reprocessing will be the focus of this workshop. **(12 Participants)**

David Loffis has served in various roles within AAP leadership during the past 35 years. Since receiving his PhD in clinical psychology in 1981, he has been in private practice in Atlanta. He has supervised graduate students and post-graduate therapists in individual and group psychotherapy for the past 24 years.

Hallie Lovett, long-term AAP member and Fellow, practices psychotherapy in Manchester, VT. She received her PhD in clinical psychology in 1977 from The George Washington University and then practiced in Washington, DC until 2012. She has enjoyed teaching and mentoring several generations of psychotherapists in university, hospital and professional training programs, especially in the areas of group and couples therapy. A firm believer in the benefits of the co-therapy model,

The Program



7a The Round Table: An Experiential Group for Men Only

The Round Table was a mythological

gathering of positive, masculine, warrior energy. Together we will explore the pressure to tame that energy and the potential loss of what is both valuable and needed. Is there still a role for the masculine voice, the warrior's voice, in AAP and in society? **(15 Participants)**

David Mermelstein, BA, MA, PhD, earned his PhD in clinical psychology. He is a licensed psychologist in NC where he offers individual, couples, and group therapy in a private practice setting. He did his post-doctoral supervision for two years with Dr. Sheldon Kopp. Dr. Mermelstein is a Fellow of the American Academy of Psychotherapists.

**Thursday
One-Day
9:00 - 12:15**

8 Pigments of Your Imagination: Coloring Your Place at the Table

Gathering around a table and engaging in a fun, creative process can be powerfully illuminating. Together we will layer vibrant colors with mixed media, listening for and giving expression to our inner voices as we seek connection to our selves and to others. No art experience necessary. \$25 materials fee. **(8 Participants)**

Pat Fitzpatrick Coyle, MS, LMFT is a psychotherapist, sculptor, and painter. She graduated from Sacramento State University and draws inspiration from many sources, including her early years surrounded by natural beauty in California. She is currently working and living in Atlanta, GA. Pat is excited to be co-leading this workshop with Elaine, her dear friend of 36 years.

Elaine Rubin, LMFT, LPC, has been in practice as a psychotherapist in Atlanta for 36 years. Her artistic drive finds

expression in the creation of mosaics, reflecting her love of color and connection. She is thrilled to be co-leading her first AAP workshop with her dear friend, Pat.

9 Are We at the Same Table? The Ethics of Self-Disclosure

By personality and training, psychotherapists have implicit attitudes towards self-disclosure in therapy. Ethical decision-making challenges us to question our implicit attitudes. In this workshop, participants will reexamine their use of self-disclosure in therapy. Participants are asked to bring two examples of self-disclosure or lack thereof about which they felt uncomfortable. **ETHICS (20 Participants)**

Matthew Burgess Leary, PhD, is a licensed psychologist in Bethesda, MD and Charlotte, NC. He received his PhD from the University of North Carolina - Chapel Hill in 2003, and is a former graduate psychology professor. He currently is in private practice and works with children, adolescents, and adults from an existential/humanistic, attachment, and systems perspective. He has long been interested in the use of self-disclosure to connect, interrupt transference, and equalize power in the therapeutic relationship.

10 Fifty Ways to Leave...Your Practice?

In making a decision to retire, how do we navigate the emotion that is evoked for both the patient and the therapist? Through the lens of attachment theory, we will explore this process. Participants will learn through didactic and experiential means.

(12 Participants)

Barbara L. Nama, LCSW, is a graduate of the University of Michigan. She recently retired from her 43-year practice of psychotherapy, much of which was in private practice in Atlanta. Her interest in object relations and attachment theory helped shape her sense of the intersubjective nature of psychotherapy. She is deeply grateful to her colleagues, supervisors, and many patients along the way who helped her learn.

The Program

11 I Know Things: Using Improvisation to Combat Imposter Syndrome

Often, what keeps us from sitting at the table is our own self-doubt. Improvisation allows us to examine our imposter syndrome through games that draw on our "high status" and "expert" selves. Not sure you belong at the table? Come grab a pretend chair and find out! **(15 Participants)**

Lisa Kays, LICSW/LCSW-C, holds an MSW from Catholic University and practices psychotherapy with individuals, couples, and groups in Washington, DC and MD. She began studying improv in 2007 and joined the faculty of Washington Improv Theater in 2008. *NBC4* and *The Washington Post* have featured her Improv for Therapists class and she leads improv-informed therapy groups in her practice. She has been invited to lead her improv-based trainings in more than 14 clinical settings nationwide.

12 Energy Psychology - Finally a Seat at the Table!

Learning how to use mind-body techniques in traditional therapies gives psychotherapists an expanded view of the possibilities for healing and offers greater options and levels for intervention. Through presentation, demonstration and exercises, you will experience this leading-edge practice and its powerful application. **(40 Participants)**

Loretta Sparks, LMFT, is a licensed psychotherapist in private practice in Hermosa Beach, CA. She has trained mental health professionals in Energy Psychotherapies (EP) since 1996. She is an Emotional Freedom Techniques (EFT) Founding Master, a charter member of the Association of Comprehensive Psychology, a Diplomat of Comprehensive Energy Psychotherapy, and an EFT Cert-Honors practitioner. She has written two books and contributed chapters to several books on EP. She is a Fellow and Past President of the AAP.

**Two-Day Workshops
Friday/Saturday
9:00 - 12:15**

*Continuation of 1b, 2b,
3b, 4b, 5b, 6b, 7b*



13a A Table for One, Please

We will explore dilemmas that arise when our needs conflict with those of our clients or our personal relationships. The ethical principle that, as practitioners, we must attend to our own self-care in order to be fully present to our work will also be discussed. **ETHICS (15 Participants)**

Carole Light, PhD, has been in private practice for 50 years, 30 years in Atlanta, GA and the last 20 in Scaly Mountain, NC. Her practice is eclectic, drawing from training in psychodynamic, Gestalt, bio-energetic, and cognitive-behavioral modalities. She has been a member of AAP since 1971.

Sharyn Faro received her PhD in Clinical Psychology from Georgia State University in 1979. She is certified as a practitioner of Holotropic Breathwork from Dr. Stanislav Grof. Her practice is transpersonal and she works with individuals, couples and groups. Additionally, she leads workshops in various topics combining spiritual practices with psychotherapy as well as vision quests and wilderness treks.

14a Adult Table or Kid Table? A Game of Musical Chairs

The construct of an "adult table" or a "kid table" is one most of us are familiar with and have feelings about. In this process group, we will consciously make room to hear, acknowledge, and validate the voices of others to create a complete intergenerational table. **(12 Participants)**

Jillian M. Thomas, LPC, RYT, obtained a BA from the University of IL in 1999, she spent a decade in the United Kingdom and

**"Fame itself....doesn't really afford
you anything more than a good seat
in a restaurant." David Bowie**



The Program

Germany and completed an MA in psychology from UMUC-Europe in 2006. After working for the US Air Force providing counseling services overseas and a stateside outpatient clinic, she opened a private practice and Wellness Center in Camden, SC. She incorporates yoga, breath work, and traditional psychotherapy to engage her clients, groups and supervisees.

Steven Feierstein, LMFT, Fellow of the American Association of Marriage and Family Therapy. Steve is a longtime AAP member, retired licensed marriage and family therapist. Involving years of training, teaching and supervision in family systems and relationship therapy, he practiced for 37 years. His focus is now on family, travel and sailing.

"I no longer sit at tables where I might be the topic when I get up."nn- unknown author

15a *Sharing the Feast*

This workshop will invite you to take risks, make mistakes, play, and connect to the present moment, using short form improv games and exercises. We will listen more intently, focus on sharing the feast of possibilities in the scene, and develop more flexibility in our responses. You will learn a ton. **(12 Participants)**

Laura Fleming, LCSW, is in full time private practice in Rochester NY. She has training in DBT and leads DBT Skills Groups. She has been studying Improv for 10 years and has performed with Village Idiots and THEY Improv. She is currently performing with the team Dead Rover at The Focus Theater in Rochester, NY. Improv has greatly improved the quality of her work as a psychotherapist and strengthened her ability to listen more fully and stay in the moment.

16a *Table Manners: How We Claim Power Without Shunning or Bullying*

This workshop will function as a process group on the theme of effective and responsible ways to share in collective group management and decision making. We will explore our own distinctive ways of participating in power dynamics, elicit authentic feedback, and experiment with consciously changing our patterns. **(12 Participants)**

Jonathan Farber earned his clinical psychology doctorate from Duke. He has been practicing since 1984 and formerly taught at UNC-Chapel Hill. Jonathan works with adults, children, groups and couples in DC and NC. As a member of the Academy since 1986, his life and practice have been immeasurably enriched. Providing supervision and therapy to therapists is especially meaningful to him. It feels right to him that we take care of our own.

17a *Is This Seat Taken?*

Before taking a seat at the table, do we consider: Will we be welcomed? Will we be perceived as arrogant? Or perhaps we don't think to consider either. This process group will explore the interplay of arrogance and self-confidence in the ways we take a seat at the table.

(15 Participants)

Murray Scher received the PhD in Counseling Psychology from the University of Texas at Austin. He is a Fellow of the American Psychological Association and a Fellow and Past President of the American Academy of Psychotherapists. He is widely published in the areas of gender issues and psychotherapy. He has never doubted that he had a seat at the table but has frequently puzzled whether his absence of doubt was charming, narcissistic, delusional, or justified.

Curt Arey, MA, LPC, practices at Pine River Psychotherapy Associates in Atlanta, GA, working with individuals, couples and groups. He came to AAP as a graduate student volunteer in 2008 and believes AAP is the best venue for developing the person of the therapist. He is a previous scholarship recipient of the Academy (2010), on the Southern Region Committee, Co-Chair of the 2017 I&C, and member of the Community Connections Committee. He sometimes wonders why he sat down at the table.



18a The Empty Chair: Holding Space at the Table While Contemplating Loss

Loss often leaves us with an empty seat at the table. How we honor and hold that space, or choose to let it go, is crucial as we integrate those we grieve. In this workshop, we will explore the empty chair's impact on the lives of our clients and ourselves. **(15 Participants)**

Zoë Worrell, LCSW-C, is a licensed clinical social worker with a private practice in Frederick, MD. Zoë earned a BSW from Hood College and an MSW from the University of MD School of Social Work. She has also completed post-graduate studies in the treatment of trauma. Zoe's passion is working with adults in individual, couples, and group psychotherapy. Additionally, she is the founder and co-owner of the multi-disciplinary Healing Circles Wellness Center.

Michael Southers, MS, LCPC, is a counselor in MD as well as an approved supervisor. He continues to work in private practice, and is also an adjunct faculty at Hood College. He has begun doing trainings for counselors and social workers for continuing education. He continues to facilitate an ongoing group that began in his first year of practice and also facilitates groups at Hood College for graduate students for them to get exposure to the group experience.

19a Table Talk: Every Voice Matters

The work of honoring one's authentic self is a lifelong endeavor. In this two-day group we will look at obstacles - both internal and external - to expressing ourselves with clarity and strength. We will support each other in taking a seat at this table. **(15 Participants)**

Doris Jackson, PhD, conducts a private practice in Cambridge, MA, treating individuals, couples and groups. She is a founder and co-chair of the AAP Scholarship Program and

"Taking a seat at the table means not giving up your voice or de-prioritizing your perspective."

Michelle Battello

a Fellow of the Academy. She is delighted to be co-presenting with her esteemed colleague and friend Debbara Dingman and looks forward to taking a seat at this table.

Debbara Dingman, PhD, is a clinical psychologist at Pine River Psychotherapy in Atlanta, where she practices psychotherapy with individuals, couples, and groups. She also conducts supervision and training. She holds an adjunct faculty appointment in the Emory University School of Medicine. Debbara and Doris have been well-nourished in their seats at the AAP table. She looks forward to sharing another enlivening and stimulating process group.

20a Sitting at the Table with Our Patients: When Their Experience Parallels Our Own and We Wonder "Who is Helping Whom?"

Together in this 2-day, experiential group process, we will explore, share and wonder about what happens when we have a shared experience with our patients? How do we choose to be with them, what do we share of ourselves, and how do we value what they give us? **(15 Participants)**

Susan Berlin, LICSW, CASAC, has been providing individual, couples, and group Psychotherapy for over 30 years and is a Life Member of AAP, recognized for over 20 years of membership. Susan is licensed in DC, MD and NY and specializes in working with addiction, substance use/abuse and trauma. She herself is in recovery from drugs and alcohol for more than 30 years. Susan sits at the therapy table with a love of engagement in the therapeutic process.

Avrum Weiss, PhD, is a psychotherapist, author and teacher with over thirty years of professional experience. His current research and writing focuses on men's fears of women in intimate relationships.



The Program

**One-Day Workshop
Friday
9:00 - 12:15**



21 Connecting Through Our Family Stories: Examining Generational Oppression and Privilege

In this workshop we will share our family stories using the lens of oppression and privilege. Participants will be asked prior to the workshop to compose a story about their family history. Process will explore generational trauma and systemic oppression. Specific writing instructions will be sent to participants. **(15 Participants)**

Hannah Hawkins-Esther, LCSW, is a psychotherapist in private practice working with older teens, adults, couples, and families in Sandy Springs, GA. A daily meditator, she teaches mindful self-compassion and is a yoga instructor (RYT-200). She will be taking a seat at this table working to deepen her understanding of her privilege and her role in oppressive racial systems. She hopes to show up as an ally and invites others to pull up a chair next to her.

Liz Marsh is a clinical social worker and art therapist in private practice in Washington, DC. Liz works with adults, both individually and in groups, and is humbled to be able to witness the journeys of her clients. Liz has been on a lifetime quest to satisfy her curiosity regarding systems of inequality and how they affect the mental health of those who are disenfranchised and those who benefit.

“I had given up my seat before, but this day, I was especially tired. Tired from my work as a seamstress, and tired from the ache in my heart.” Rosa Parks

Continuation of:

13b, 14b, 15b, 16b, 17b, 18b, 19b, 20b

**One-Day Workshops
Saturday
9:00 - 12:15**

22 This Seat is Taken: Family Group

AAP is a remarkably stable system. Since AAP began, it has historically been a group of around 300 active members. Possibly our limited size has something to do with family groups. Let's discuss the inclusion/exclusion AAP experience. We will consider the individual challenges to our collective growth. **(15 Participants)**

Elizabeth Field graduated from Appalachian State University in 1996 with her BA in psychology and a minor in philosophy and religion. Her MA was obtained in 1999 at the same university in the marriage and family therapy program. She began her practice working with people identified as having chemical dependence diagnosis. She is now in private practice in her hometown of Charlotte where she provides individual, couples, family, and group therapy. AAP has been her primary training ground since 1999.

23 To Present or Not to Present: That is the Question

*"Whether 'tis nobler in the mind to suffer
The slings and arrows of outrageous fortune,
Or to take Arms against a Sea of troubles,
And by opposing end them"
(Shakespeare's Hamlet).*

A process group exploring the truths and falsehoods that keep us from accepting our own place at the presenters' table.

The Program

(15 Participants)

Michal Rubin has 29 years of psychotherapy experience in a variety of treatment settings. She earned her BS from the University of Illinois (1978) and her MA and PhD from the University of Wisconsin (1980, 1985) in child and family studies. Currently she practices in Columbia SC. As an immigrant to the US she has an affinity to minority groups, always engaging with open curiosity, awareness of "not knowing," and eagerness to know more of sameness and otherness.

Tyler Beach is a licensed clinical social worker in private practice. Over his career, he has received specialized training and ongoing supervision in experiential and relational psychotherapy models, particularly experiential dynamic therapies. He has a particular interest in psychotherapy integration and provides training and supervision to help therapists make their interventions more experiential and attuned to relational dynamics.

"Let us bring something new to the table. Let us use our pain always to remember the others, bring them into the conversation, and get beyond the stereotypes and prejudices that create injustice all over the world." ~ Karen Armstrong



24 Is it Time to Ask the Client to Leave the Table? Ethical Dilemmas and Risks in Terminating with Challenging Clients?

We'll explore the challenges we face when deciding to work with or let go of clients who refuse to comply with treatment parameters, or defy their initial presentation, or trigger unworkable transferenceal impasses. Both as clients and as therapists, it is sometimes imperative to question whether the relationship is in fact therapeutic. **ETHICS (15 Participants)**

Marilyn Schwartz, PhD, is a psychologist in Washington, DC, providing individual, couples, and group therapy, clinical supervision and is a consultant to the Smithsonian Institution. She created the Adult ADHD Center of Washington. A long-term member and Fellow of AAP, Dr. Schwartz is Chair of the AAP Ethics Committee and a member of the DC Psychological Association Ethics Committee. In her 45th year of practice, she is still inviting clients to the table.

Don Murphy, PhD, is currently retired after a 47-year clinical career which included independent practice, university teaching and directing a university mental health center. A member of AAP since 1982, he maintains active participation in the organization, presenting workshops, serving on the editorial review board of VOICES and continuing to enjoy his long-term peer group.

"Everybody wants a seat at the table but nobody wants to give up space."

Ashleigh Murray





25 A Seat at the Table: Investing in Women's Friendships

A seat at the table of friendship invites women to be all they can be—strong and honest, loving and vulnerable. Join two long-term friends in exploring and processing the richness and challenges of maintaining a seat at the table. **(For women only) (12 Participants)**

Ellen Schiff, PhD, has been in private practice in Bethesda, MD and Washington, DC for 40 years. She is interested in the challenges of life transitions, the aging process, and loss and grief. She has presented on these and other issues, including long-term friendships between women. She and her co-presenter, close friends for over 40 years, continue the work required to maintain a seat at the table of friendship.

Ellen Weber Libby, PhD. In 40 years as a psychotherapist, Ellen has fostered the well-being of individuals, couples, and families. Early in her practice, she was among the first to specialize in the needs of professional women, dual-career couples and blended families. A frequent contributor to "Psychology Today", she is the author of the acclaimed book, *The Favorite Child*. She has worked actively with her close friend and co-presenter for over 40 years to maintain their seat at the table of friendship.

26 When Your Needs Change: Growth at the Table

In listening to her aging body Lenore brought Taijiquan (太极拳) to the table as the need for physical balance, strength and grace became paramount. In addition she found a deeper understanding of the physical and psychological balance of yin/yang (阴阳). Join Lenore in this exploration of taijiquan. Didactic and experiential. **(15 participants)**

Lenore Pomerance (BA, UC Berkeley, MSW, CUA, Washington, DC) has a psychotherapy practice in Washington DC.

specializing in mid-life issues of menopause, sexuality, aging and loss. She's led and co-led workshops reflecting all of these interests at AAP. Turning 70 inspired her to relearn Chinese, explore China, and while there, learn how to bring the practice of taijiquan into her life. In addition to gaining strength, balance, and a new community, she discovered it's never too late to learn something new!

"You don't get to pick your partners in families; you get assigned a seat at the table."

—Greg Kinnear

27 The Other Group

Is your experience of being the other keeping you from taking a seat at the table? This workshop invites those who feel underrepresented within AAP to come together to unpack that experience and examine its impact on self-expression and relationships, and collectively explore the questions that arise from this process. **(10 Participants)**

Samir Patel, MD, is a geriatric psychiatrist who sees individuals and couples in his private practice in Providence, RI. He is a psychotherapy supervisor for Brown University's psychiatry residents. With a keen interest in the intersection of race, immigration and the self, he serves as a faculty mentor for Alpert Medical School trainees who self-identify as underrepresented within medicine. A previous scholarship recipient, he is involved with the scholarship committee and the executive council among other things within AAP.

Catherine B. Clemmer, LCSW, is a licensed clinical social worker in private practice in Chapel Hill, NC. She is former clinical faculty at the University of North Carolina at Chapel Hill. Her 15 years of experience include both community mental health and private practice working with individuals, groups, and families. She received her MSW from the University of North Carolina at Chapel Hill. She joined AAP in 2014, after being a scholarship recipient in 2013.

Helpful Information

ADA Notice

ADA accommodations for this conference will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.



To reserve a space for your family/peer group to meet, e-mail Samir Patel at drsamirpatel@gmail.com with a list of the members of your group. Confer amongst yourselves and, please, send one e-mail for each group.

Conference Objectives:

1. To increase skills required to work with a multidisciplinary perspective and in a co-therapy model to improve patient outcomes.
2. To examine how family of origin experiences impact the therapist's effectiveness in helping patients claim differentiated positions at the table of their own lives.
3. To identify, through large group process, the dynamics of holding to one's own voice while interacting with other disparate voices at the table.
4. To enhance therapist sensitivity and cultural competency when dealing with the diversity and differences encountered around the table.
5. To identify methods for helping patients find their own voice and claim their seat at the table.
6. To examine the psychological costs of not finding or claiming a seat at the table.

"Crowded Table"

The door is always open
Your picture's on my wall
Everyone's a little broken
And everyone belongs.
Yeah, everyone belongs.

I want a house with a crowded table
And a place by the fire for everyone
Let us take on the world while we're young
and able
And bring us back together when the
day is done
And bring us back together when the day is
done.

~ The Highwomen



Transportation

Callaway Resort and Gardens:

Address: 17800 US Hwy 27, Pine Mountain, GA 31822

Phone: (844) 512-3826

By Air:

(ATL) Atlanta Hartsfield Jackson International Airport is approximately 75 miles away from Callaway Resort.

(CSG) Columbus Airport is approximately 32 miles away from Callaway Resort.

By Car:

Carpool with local AAP members. Plan in advance among yourselves and let your experience begin!

Ride/Share Services: Uber/LYFT:

(ATL) Rate estimates: Pool \$65, UberX \$85, UberXL \$175 (90 minutes depending on traffic). Lyft should be about the same.

(CSG) Rate estimates: UberX \$40, UberXL \$87 (45 minutes depending on traffic).

Rental Car:

(ATL) Car rental can be challenging from this large airport. The service area is off-site, requires airport shuttle, and can often have long lines. You will need to allow substantial time to facilitate car rental pick-up and drop-off.

(CSG) Car rental inventory may be limited in this smaller airport. We recommend securing your reservation far in advance.

Driving by car:

To reach the Resort by car, we suggest using Google Maps: Callaway Resort & Spa [4500 Southern Pine Drive Pine Mountain GA 31822](#). If you are using a GPS system, you will want to enter Callaway at the intersection of GA Hwy. 354 and U. S. Hwy. 27. Continue traveling west approximately one mile, turn left at the large Callaway Gardens sign, take next left at stop sign onto Southern Pine Dr., travel through one stop sign, and take the next left at the sign and proceed to valet.

AAP Shuttle from-to Atlanta airport:

We are offering two round-trip shuttle buses directly to and from the Atlanta airport. The intention is to simplify this often stressful portion of your travel and connect with fellow AAP travelers at the same time.

Wednesday: AAP buses will leave from the Atlanta airport at 12:00 pm and 3:00 pm and arrive at Callaway Gardens around 1:30 pm and 4:30 pm respectively. You should allow approximately 60 minutes from your flight's arrival to claim your baggage and meet the shuttle.

Sunday: AAP buses will depart Callaway Gardens at 7:00 am, and 12:00 pm, arriving at the Atlanta airport around 9:00 am and 2:00 pm, respectively. You will want to allow yourself at least two hours upon airport arrival to complete the check-in process comfortably.

The cost for the round-trip shuttle service is \$60 round trip and \$35 one-way.

*Although we would like to provide seating for everyone, by necessity there are a limited number of seats on the shuttles. Please register and pay for the shuttle **prior to May 15** to guarantee a space. If you are past the deadline and still want to take the shuttle you must contact Daniel Turetsky to ensure that there is a seat available.*

To secure your shuttle reservation, you must include this full fare along with your registration fee. (See registration page). *We look forward to being with you all and are happy to help with your journey.*

Contact:

Daniel Turetsky or Anthony Hampton

DrDanielTuretsky@gmail.com 202-210-5947

AnthonyHamptonTherapy@gmail.com 803-250-6410

"I want you to act as if the house is on fire, because it is."

**~ Greta Thunberg
at**

the World Economic Forum 2019

"Let us leave a spare place at our table: a place for those who lack the basics, who are alone."
Pope Francis

Satisfactory Completion: Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Psychologists: This course is co-sponsored by AMEDCO and American Academy of Psychotherapists. AMEDCO is approved by the American Psychological Association to sponsor continuing education for psychologists. AMEDCO maintains responsibility for this program and its content. 19.25 hours.

The following state boards accept courses from APA providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

AL / Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK, OR, SC, UT, WA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers: As a Jointly Accredited Organization, AMEDCO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AMEDCO maintains responsibility for this course. Social workers completing this course receive **19.25** clinical continuing education credits.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY

The following state boards accept courses from ASWB providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

AL / Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

The following state boards accept courses from ASWB providers for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, PA, RI, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from ASWB providers for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

New York Board for Social Workers: AMEDCO SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. **19.25** hours.

New York Board for Mental Health Counselors: AMEDCO is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. **19.25** hours.

New York Board for Marriage & Family Therapists: AMEDCO is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. **19.25** hours.

Florida Board of Behavioral Sciences: AMEDCO is approved by the Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling.

Provider BAP#39-Exp.3-31-2019. **19.25** Hours

Ohio Chemical Dependency Board: This course has been submitted for review.



"If You're Out There" ... John Legend

If you hear this message, wherever
you stand
I'm calling every woman, calling every
man
We're the generation
We can't afford to wait
The future started yesterday and we're
already late
We've been looking for a song to sing
Searched for a melody
Searched for someone to lead
We've been looking for the world to
change
If you feel the same
Then go on and say
If you're out there
Sing along with me
If you're out there
I'm dying to believe that you're out
there
Stand up and say it loud
If you're out there
Tomorrow's starting now
Now, now
No more broken promises
No more call to war
Unless it's love and peace that we're
really fighting for
We can destroy hunger
We can conquer hate
Put down the arms and raise your
voice
We're joining hands today
Oh I was looking for a song to sing
I searched for a leader
But the leader was me
We were looking for the world to
change
We can be heroes
Just go on and say
If you're out there
Sing along with me
If you're out there
I'm dying to believe that you're out there
Stand up and say it loud

If you're out there
Tomorrow's starting now
Now, now
Oh now, now
If you're ready we can shake the world
Believe again
It starts within
We don't have to wait for destiny
We should be the change that we want to
see
If you're out there
If you're out there
And you're ready now
Say it loud
Scream it out
If you're out there
Sing along with me
If you're out there
I'm dying to believe that you're out there
Stand up and say it loud
If you're out there
Tomorrow's starting now
If you're out there
If you're out there
If you're out there
If you hear this message, wherever you
stand
I'm calling every woman, calling every
man
We're the generation
We can't afford to wait
The future started yesterday and we're
already late



Workshop Planner

Wednesday 2:00 - 5:15	Thursday 9:00 - 12:15	Friday 9:00 - 12:15	Saturday 9:00 - 12:15
TI 1a Oshrain	TI 1b Oshrain		
TI 2a Marcus	TI 2b Marcus	21 Hawkins-Esther/Marsh	
	1a Frankel/Sommer	1b Frankel/Sommer	22 Hawkins-Esther/Marsh
	2a Gomart-Cross/Cornick	2b Gomart-Cross/Cornick	22 Field
	3a Gould	3b Gould	23 Rubin/Beach
	4a Clymer/Clymer	4b Clymer/Clymer	24 Schwartz/Murphy
	5a Roberts	5b Roberts	25 Schiff/Libby
	6a Loftis/Lovett	6b Loftis/Lovett	26 Pomerance
	7a Mermelstein	7b Mermelstein	27 Patel/Clemmer
	8 Coyle/Rubin	13a Light/Faro	13b Light/Faro
	9 Leary	14a Thomas/Feierstein	14b Thomas/Feierstein
	10 Nama	15a Fleming	15b Fleming
Key	11 Kays	16a Farber	16b Farber
Training Institutes	12 Sparks	17a Scher/Arey	17b Scher/Arey
Two Day Thursday/Friday		18a Worrell/Southers	18b Worrell/Southers
One Day		19a Jackson/Dingman	19b Jackson/Dingman
Two Day Friday/Saturday		20a Berlin/Weiss	20b Berlin/Weiss

The Relief Trust Fund

The Relief Trust Fund can provide up to \$500 for AAP members seeking financial assistance to defray the cost of registration fees or annual dues. There is no application to submit. Simply contact the AAP president or any member of the Relief Trust Board to apply.



Registration

For Information email AAP@caphill.com or call 518-694-5360

SUMMER WORKSHOP 2020 REGISTRATION FORM

Name for badge: _____

Address: _____ City, State, Zip _____

Email: _____ Phone: _____

Licenses and State: _____ Special Diet/Needs? _____

King bed? ___Y___N Is this your first summer workshop? ___Y___N

◆ Final housing designations will be made by the resort based upon availability

Roommate(s) Name(s): _____

Registration fees include workshops, meals, accommodations June 24 - 28, 2020.

Rooms for these days will be booked as a block of rooms by AAP.

Early Registration ends at midnight EDT on May 17, 2020

Room Type	Early Registration	Regular Registration: Deadline June 3	Your Total
Single	\$1400	\$1500	
Shared Double Two Beds	\$990	\$1090	
Triple Two Beds	\$850	\$950	
Quad Two Beds	\$800	\$900	
CE Processing Fee		\$50	
Materials Fee for Rubin/Coyle Workshop		\$25	
Atlanta Airport Shuttle		Round trip \$60	
Email Daniel Turetsky or Email Anthony Hampton		One Way \$35	
International or West Coast discount		- \$100	
Paying with a check discount		- \$10	
TOTAL DUE			

After June 3, rooms and registration cannot be guaranteed. AAP will refund all but \$75 to members who notify Central Office on or before June 3, 2020. NO REFUNDS after June 3. All cancellations must be submitted in writing.

Payment Information Check enclosed - Payable to American Academy of Psychotherapists. (\$10 discount if paying by check): _____ VISA or MC (no AMEX)

Credit Card #: _____ Expiration Date: _____

CSC/CVV: _____ Name on card: _____

Billing Address for credit card: _____

Signature: _____

You may also [register and pay on the member area](#) of the AAP website.

The 2020 Summer Workshop Taking a Seat at the Table

For early arrival or extended stay, please call the resort at (844) 512-3826 and mention you are with AAP. The AAP Conference room rate of \$174 + tax will be available three days before and after SW, if rooms are available.

Workshop Choices

Wed and Thurs T1: Oshrain _____

Wed and Thurs T2: Marcus _____

Thurs Fri Sat

1st _____ 1st _____ 1st _____

2nd _____ 2nd _____ 2nd _____

3rd _____ 3rd _____ 3rd _____

*Attending the Newcomers' Orientation? **Y N**

*Please register me for an

openprocess group **Y N**

*To reserve a family/peer group room, please [email Samir Patel](#). In your email, list your family/peer group members.

Easy registration options:

*Website (Recommended): Online registration is available in the member area of the AAP website

* Send the registration form and check to AAP, 230 Washington Ave Ext, Suite 101, Albany, NY 12203.

Make checks payable to:

American Academy of

Psychotherapists Fax: 518-463-8656

Questions? Contact AAP Central

Office by email: aap@caphill.com

Phone: 518-240-1178

Grievances: If you would like to file a grievance, have complaints or questions, please contact aap@caphill.com.