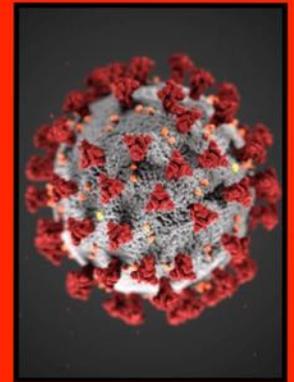


**Taking a Seat at the Table**  
**The American Academy of Psychotherapists**  
**Summer Workshop 2022**



**Callaway Resort & Gardens**  
**Pine Mountain, Georgia**  
**June 8 - June 12, 2022**



## Welcome to 2022 Summer Workshop

As we welcome you to Summer Workshop at Callaway Gardens, we are aware that our theme, *Taking a Seat at the Table*, is politically, socially, and culturally pertinent, both within our AAP community and in the larger world. We hope our theme awakens feelings and responses from both your past and your present.

We often claim our power and personhood by taking a seat at the table. The table, a seemingly ordinary and ubiquitous object, conjures powerful associations. What form has your journey taken? How long have you not had a seat at the table? Have you ever waited and waited for a seat at the table, lost your seat, or been excluded from the table altogether?

In your personal life or in your professional life, do you want to find and speak your voice? How have you gotten your seat—demanded it, seduced, manipulated, or paid dearly for it? What goes on under the table? Does it hurt to take a seat at the table? Has your journey been challenged? Have you had to prove your right to sit at the table?

Will you claim your seat at this summer workshop?

Here at Summer Workshop 2022, we invite you to explore what is stirred in your soul when you think about taking a place at the table. We are offering a banquet of workshops from which to choose. For example, you can explore sharing a table with brothers and sisters, finding a seat after the loss of a partner, or taking a place at the table as an “other.” In addition, we offer you many other opportunities to reflect on your own process as you take steps to claim your seat at Summer Workshop.

Our challenge is to bring all of you to our table at our community gatherings: those of you who attend virtually with those of you who come in person. It will be a technological feat to blend these groups smoothly. We ask for your support and cooperation as we experiment with bringing **us all** together.

**To support the safety of all of our community, vaccinations and boosters will be required as well as masking in indoor spaces.** We want to make it possible for all of our members to attend Summer Workshop and if you are not vaccinated and boosted, are immunocompromised, or feel unsafe for any reason, we invite you to register to attend virtually.

We challenge you to make the journey to the table in a way that fits for you.

**Welcome to Summer Workshop 2022,**

**Maureen Martin, Nelia Rivers, Linda Tillman**



# Customs and Ceremony

Our Academy is rich with custom and ceremony. These features color all of our experiences here. To that end, we want to shine a spotlight on the historical texture of each tradition. If you include these rituals, you will have a complete summer workshop experience.



The intention of our Summer Workshop is held by both the **opening experience** at the beginning and the **closing experience** at the end. These rituals have been put in place to contain the depth and breadth of the whole experience. Please make your plans to attend both.

## The Opening Experience

As our community sits together for the first time at this workshop, our opening experience invites you to bring yourself into the room, to engage with our theme and to begin your journey.

## The Closing Experience

Our final gathering as a community is a long-held tradition and not one to be missed. The closing is the last opportunity for you to take a seat at this table and is the last time you can add your voice to the membership as we transition from an intense five-day workshop back to family, friends, home, and work.



## Community Meeting



Our community meeting is a traditional gathering of our members where we witness, listen, and dialogue. We receive, reflect, and connect with each other. The use of the talking stick, i.e., the microphone, was instituted years ago to hold space between statement and reaction. We begin and end on time as we form this safe container.



## Business Meeting

Come and learn about the inner workings of the Academy at the Business Meeting. Like a well-tuned clock with lots of working parts, you can find out what keeps us running. This meeting will answer your questions about how EC makes decisions about our finances; the health and growth of our membership; outreach efforts; and our thoughts about diversity, safe environment, and sexual boundaries protection. You will leave with fun facts, not fiction, about EC. Do come - **it's open to everyone** and you'll be glad you came!



## New Tradition: Random Process Groups

These groups are randomly assigned and everyone has the opportunity to participate. Random process groups give everyone a last chance to process their time at Summer Workshop in a small group. These groups take place after breakfast and before closing on Sunday morning. Please make your travel plans to include this rich experience.

*These are the enduring institutions which have served to strengthen and hold the structure of Summer Workshop as we do our own work, individually and in community.*

*"It isn't so much what's on the table that matters, as what's on the chairs."*

W. S. Gilbert



## Callaway Resort and Gardens

This is the perfect spot for taking a place at Nature's table and sampling her delights.

Immerse yourself in 2500 acres of beauty, laced with woodland trails and sprinkled with exhibition centers dedicated to butterflies, birds of prey, pioneer living, and habitats of local flora. Be serenaded by songbirds as you quietly glide over bike paths or amble in conversation with friends.

You can visit the Cecil B. Day Butterfly Center and feast your eyes on a colorful array of butterflies of all types and sizes. Be thrilled by the Birds of Prey demonstration at the Discovery Amphitheater. Glimpse the past and its challenging simplicity while visiting the Pioneer Log Cabin. Soothe your spirit by a journey to the Ida Cason Memorial Chapel. Find solitude in the Meadowlark Garden or the Hydrangea Garden.

Your seat at the table may include beach and water sports at Robin Lake Beach or a game of golf at one of the resort's two beautiful golf courses. For tennis players, grab a game at Callaway's tennis center, with its ten lighted courts. Thrill seekers can zip-line through the tree tops at the Base Discovery Course.

After all the fun, relax with a variety of luxurious treatments by appointment at the Spa at Callaway.

Explore all that Callaway Gardens has to offer and make your appointments and tee times at [www.callawaygardens.com](http://www.callawaygardens.com) or call 844-512-3826.

Conference rates are available for three days before and after Summer Workshop.

### Activities Near Callaway Gardens

#### F.D. Roosevelt State Park

Roosevelt State Park contains an abundance of hiking opportunities, including the Pine Mountain Trail and FDR's favorite picnic site where he hosted family barbecues.

#### Roosevelt Stables (FDR's State Park)

Book your ride at nearby Roosevelt Stables: 706-628-7463

#### [Roosevelt's Little White House Warm Springs, GA](#)

Built in 1932 as a healing retreat for FDR, visitors can tour FDR's home which has been carefully preserved.

## Schedule at a Glance

### Wednesday, June 8, 2022

12:00 - 5:00	Registration
2:00 - 5:15	Training Institutes
4:00 - 5:00	Newcomers' Orientation
5:00 - 5:45	Newcomers' Reception
6:00 - 7:15	Opening Experience
7:15 - 8:30	Dinner and Cash Bar
8:30 - 10:00	Open Process Groups, Peer/Family Groups

### Thursday, June 9, 2022

7:00 - 8:00	Yoga Movement Blend or Slow Running
7:00 - 9:00	Breakfast
9:00 - 12:15	Workshops and Training Institutes
12:20 - 12:40	20-Minute Revitalize
12:15 - 1:30	Lunch/Diversity Lunch
1:45 - 3:00	Community Meeting
3:00 - 5:00	Softball Tournament
4:00 - 5:30	BIPOC group
6:30 - 8:00	Dinner
8:00 - 9:30	Community Memorial Service
8:30 - 10:00	Open Process Groups, Peer/Family Groups

### Friday, June 10, 2022

7:00 - 8:00	QiGong or Slow Running
7:00 - 9:00	Breakfast
9:00 - 12:15	Workshops
12:20 - 12:40	20-Minute Revitalize
12:15 - 1:30	Lunch/Diversity Lunch
12:30 - 1:15	12-Step Meeting
1:30 - 2:30	Community Meeting
2:30 - 3:30	Business Meeting
4:00 - 5:30.	BIPOC group
6:30 - 8:00	Dinner
8:30 - 10:00	Open Process, Peer/Family Groups

### Saturday, June 11, 2022

7:00 - 8:00	Tai Chi or Slow Running
7:00 - 9:00	Breakfast
9:00 - 12:15	Workshops
12:20 - 12:40	20-Minute Revitalize
12:15 - 1:30	Lunch/Mindful Lunch/Support Lunch
1:45 - 3:00	Community Meeting
6:30 - 7:00	Social Gathering, Cash Bar
7:00 - 8:30	Dinner
8:30 - 12:00	Dance

### Sunday June 12, 2022

7:00 - 8:30	Breakfast
8:30 - 9:45	Random Process Groups
10:00 - 11:15	Closing Experience

Diversity is having a seat at the table, inclusion is having a voice, and belonging is having that voice be heard.

Liz Fosslein and Molly West Duffy

# New to Summer Workshop?



If you have never attended a Summer Workshop with AAP or if you are a brand new member, we want to be certain that you have information about the many opportunities available for you to learn and experience the treasures of this intimate gathering. Many of us have been attending for decades and have experienced both the challenges and the rewards.

The first is the **Orientation Group** for new members and first-time attendees at Summer Workshop. The goal of this one-hour group is to help you map out your own journey in AAP and provide a time to connect with others in a smaller group before the workshops begin on Thursday morning. Topics addressed include the ongoing historical narrative that newcomers are entering, community and business meetings, family groups, seating at dinners, mentoring and support forums. This group will be led by Nelia Rivers and Maureen Martin and will be from **4:00-5:00 on Wednesday**. Arrange your travel accordingly so that you can attend a very important part of coming to the table at this summer workshop

The second opportunity is the **Newcomers' Reception** from **5:00-5:45 on Wednesday** evening immediately following the orientation group outlined above. This will be an outdoor event, if the weather cooperates. Everyone is invited to join us at this reception in welcoming those who are new to AAP. The Membership/Mentoring committees will be there to help introduce you to the community. After the reception and the opening experience, we invite you to our first dinner as a community.

The third opportunity is the **Open Process Groups** which begin Wednesday night after dinner. These process groups are led by two academy members and will occur Wednesday and Thursday from 8:30 - 10:00. These are open to anyone, with a special emphasis on mingling first-timers and those members who have attended many AAP events, but who are not currently in a family/peer group. This new grouping has the potential to develop into a family/peer group. If you want to be in an open process group, you will register for that on the registration form in addition to the workshops that you choose.

## The Committee

Pat Coyle	Activities
Liz Marsh	Activities
David Loftis	Band
Elaine Rubin	Brochure
Linda Tillman	Brochure
Catherine Clemmer	CE Chair
Carla Bauer	Hospitality
Barbara Thomason	Hospitality
Dairlyn Chelette	Program
Elizabeth Field	Program
Maureen Martin	Rooms
Nelia Rivers	Rooms
Samir Patel	Rooms
Anthony Hampton	Transportation
Daniel Turetsky	Transportation, AV
Phil Spiro	Treasurer
Janet Tyler	Treasurer
Tri Chairs: Maureen Martin, Nelia Rivers, Linda Tillman	
Kristin Staroba	AAP President
Tandy Levine	AAP National Meetings Chair

After dinner on Wednesday evening, many AAP members attend family or peer groups where they have been members for many years. Some of these existing groups are closed to new members and some are not. There is much more about the history and value of these groups on the AAP website.

If you have any questions, do not hesitate to ask and don't forget to utilize your mentor-mentee relationship. Your contact person can be a valuable resource throughout the time!

## Membership & Mentoring

**Committee:** Nelia Rivers, Susan Diamond, Denise Castro, Dairlyn Chelette, Ronnie Koenig, and Barbara Thomason



# Events and Activities at the Conference

## *An Experiential Silent Auction*

In addition to our traditional Arts and Crafts Table, we will be offering a smorgasbord of Silent Auction Experiences. Examples of donations from members might include:

- \*A weekend cabin stay in the beautiful north Georgia mountains
- \*A guided hike through the Santa Monica mountains
- \*A long weekend in a beautiful Santa Fe Casita
- \*Pickleball lessons
- \*A gourmet dinner in a member's home
- \*Fishing on a magnificent boat while soaking up the warm Florida sun!

So please begin now to plan your submissions in support of our Relief Trust, Endowment, and Scholarship Funds. Contact **Barbara Thomason**, Fundraising Chair, with any questions or information regarding desired contributions. 404-449-4456 drbarbarathomason@gmail.com

## *The AAP Arts and Crafts Table and Silent Auction*

Whether you're an artist or collector of the wondrous and rare art created by fellow Academy members, please join us with your artistic creations and generous spending power. Enjoy the good feeling of contributing to our Relief Trust, Endowment and Scholarship Funds. Your generosity supports those who may be in need because the vicissitudes of life cannot always be anticipated. Please bring your artistic creation Wednesday afternoon before dinner. Bidding will close after dinner Friday evening. **Please** check to determine if your bid was the winning one for your precious item. Questions? Call **Giuliana Reed** (202-265-7679) or send her an email.



*"This is how the world changes - little by little, table by table, meal by meal, hour by hour. This is how we chip away at isolation, loneliness, fear. This is how we connect, in big and small ways - we do it around the table." - Shauna Niequist*

## *A Support Gathering at Saturday Lunch*

Your Retention Committee would like to invite those of you who have felt negatively impacted by this or another AAP event to join us at this gathering where feelings can be processed and support can be offered. A private room will be reserved. So bring your lunch and your issues, and let's talk. Lunch hosted by **Barbara Thomason**.

## *20-Minute Revitalize*

Join us each day after your morning workshop to shake it off, calm it down, or simply revitalize yourself before lunch. We will use a combination of movement, stretching, and meditation to re-ground. No experience is necessary and all are invited. After morning workshops 12:20 to 12:40 (Th, Fri, Sat ) **Angela Gould**

## *12-Step Meeting*

AAP offers a 12-step meeting at lunch on Friday. In keeping with the theme, participants from all 12-step programs are welcome. Information will be available at the registration desk on the bulletin board.

## *Line Dance Tutorial Friday Evening*

Tired of being one step behind on the dance floor? Looking to wow your friends and colleagues with your moves? Join us for a pre-dance tutorial on those crazy line dances everyone is doing...The Electric Slide to the Cupid Shuffle...we've got you covered. It will be a blast to dance before the dance! **Liz Marsh** and **Anthony Hampton**

# Events and Activities at the Conference

"It's like I somehow snuck a seat at the grown-up table. I'm just trying not to get caught."  
Italia Ricci

## Alex Redmountain Memorial Golf Tournament

Find a partner, practice your drives, chips and putts, and participate in the SW Nine-Hole Golf Tournament. The championship course is located at the resort. You may arrange ahead for a tee time by [clicking here](#). Last year's "shambles" format will be used again: both players hit drives, choose the best one, and then play their own ball from that point on to the cup. There will be a signup sheet at the registration desk. You will be asked to record your handicap or typical score for 18 holes. Feel free to call, text, or email **Graham Hall** at 202-688-1550 or ghallpc@gmail.com with any questions or if you need assistance finding a partner.

## Softball Tournament

Come one, come all! Everyone has a place on the AAP diamond. Bring your lucky mitt. Bats and balls will be provided. Please join us Thursday afternoon following Community Meeting for our annual softball tournament and SW Tradition. Sign-up sheet and transportation information will be posted on the bulletin board at registration. "And it's one, two, three strikes you're **IN** for a fun-filled afternoon and memories to last a lifetime." **Anthony Hampton**

## Finding the Beauty of Silence in Community

Mindful eating is a great way to restore and relax in between workshops at AAP. This mindful lunch will include a centering meditation, guidelines for mindful eating, and a guided meditation practice to integrate your day. This experience is perfect for folks who don't want the pressure of finding a lunch buddy, who are craving silence, or who just want to reconnect to their body and heart through mindful eating. All are welcome. **Saturday Lunch**  
**Angela Cerkevich** and **Brooke Bralove**

## Yoga Movement Blend

Come experience morning yoga with a twist on Thursday morning. The combined instruction of Deva Joy and Jillian makes for a truly unique blend of Kundalini breath work and Hatha postures for a Yoga Flow class that will relax, stretch, and energize. What started as two friends blending their morning practice together has evolved into a fun, all-levels class that can enhance one's day. This gentle, calming class incorporates flowing movements, passive and supported postures, and simple breath work.

**Deva Joy Gouss** and **Jillian M. Thomas**

## QiGong

Start your Friday morning with **Susan Levy** leading QiGong, a gentle form of exercise that combines slow, non-strenuous, repetitive movement with breath control. QiGong helps to reduce stress, improve balance and flexibility, boost the immune system, enhance circulation and digestion, and increase stamina. No experience is necessary.

## Tai Chi

Join **Lenore Pomerance** on Saturday morning for an introduction to Tai Chi (more precisely taijiquan). Lenore will share her growing understanding of taijiquan as a practice of finding both mental and physical balance as embodied in the symbol of yin and yang.

## Slow Running

Jonas Horwitz is leading a slow running group every morning during Summer Workshop. If you are interested in joining, just meet down in the lobby at 7:00 am. If you don't die on the run, you should find yourself back by 7:45 am.

## Diversity Lunches

Attitudes and terms have changed the terrain of how we might address "isms." The diversity lunch format invites dialogue drawn from reconciliation work and differs structurally from AAP Community Meetings. We can all learn from each other. All you need to bring is your open mind and sense of curiosity to create space for sharing. Information. Lunch location will be posted at registration.  
**\*Thursday and Friday Lunch**



"If the home is a body, the table is the heart, the beating center, the sustainer of life and health."  
-Shauna Niequist

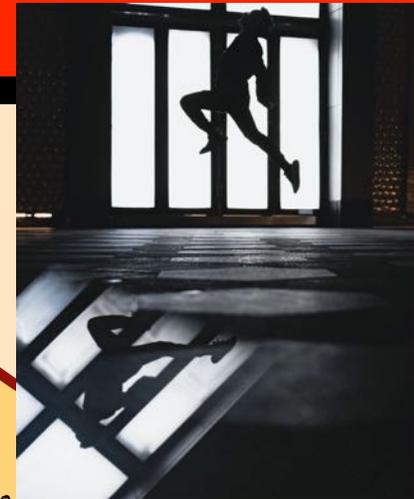
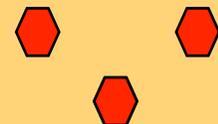
## Hospitality Suite

Within a spacious setting surrounded by natural light during the day and candlelight in the evening, your hospitality team looks forward to giving you an atmosphere that provides connection, comraderie, and refreshment, all of which are designed to offer additional sustenance as you travel throughout your five-day journey into psyche and soul.

Your hosts:  
Carla Bauer  
and  
Barbara Thomason

## Saturday Night Dance

What's AAP without SW? And what's SW without "The Dance"? And that Dance needs a great party band, a band that will INSPIRE everyone to have an unforgettable night! So bring your party clothes, shoes, and spirits, and let's dance the night away with Platinum, one of Atlanta's premier dance bands! A truly talented and soulful band, Platinum likes to have fun on stage. When it's time to pick things up, Platinum will invite all of us to the dance floor. Their singular ambition is one thing and one thing only: to give us a fun, engaging and unforgettable night. And you just might get a chance to practice that line dance you learned earlier in the week. This will be your time to dress up a bit and play!



Wed 2:00 - 5:15  
Thurs 9:00 - 12:15



## T1a/b Exploring Gender Creativity

Part Two of an ongoing Training Institute. The intention of this institute is both to deepen understanding of gender identity and gender creativity and to remain open to the questions before us on this subject. We will follow the rapid growth and need for awareness of this subject.

**\*Must have participated in Part One to attend this.**



**Lori Oshrain, PhD**, is a licensed psychologist in private practice outside Chapel Hill, NC. She received a BA in anthropology from the University of Oregon and a PhD in clinical psychology from UNC Chapel Hill. She has worked extensively with gender-creative individuals and couples, and has offered consultation, education, and supervision for community groups, medical students, and therapists.

## T2a/b The Neuroscience of Resilience:

### Hype or Hope

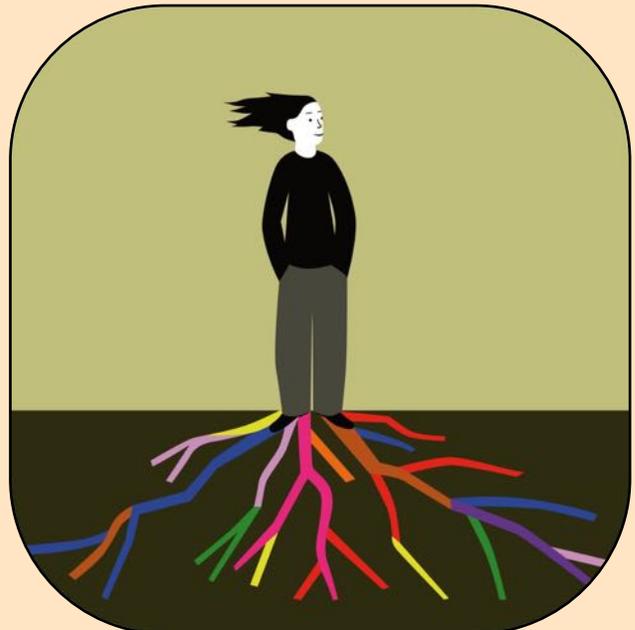
Resilience was the 2020 word of the year. Putting science behind the hype may create a path toward hope. Join me as we investigate the concept of resilience as it relates to you. We will explore not only how resilient you are but also how you are resilient.

**\* This Training Institute will continue and conclude at the 2022 I&C.**

**(24 Participants)**

**Kristie Nies, PhD**, is a board-certified neuropsychologist and registered yoga teacher. While no stranger to change, resilience, as a concept, has been a more recent exploration as she sustained a traumatic shoulder injury that required surgery and extended recovery during the pandemic. Recent job change and geographic relocation have continued to fuel the pursuit. Dr. Nies is a frequent presenter for AAP.

*The oak fought the wind and was broken; the willow bent when it must and survived.  
- Robert Jordan.*







## 4a *Changing Times: Voices Around the Table*

Change is upon us and we wonder if the table will stand as relational dynamics shift. What a mess! here's the buffet served: racial/gender inequities, food fights, tensions boiling over, war, delicacies offered, burnt dishes, pandemic, emotional instability. Ultimately it's about relational connectedness vs. alienation. This will be an experiential process group.

**(12 Participants)**

**Gordon Cohen, PhD**, is a clinical psychologist who has been in private practice in Washington DC for thirty years. He is the Co-Director of the Affirmative Psychotherapy Group, working with adults in individual psychotherapy, couples and groups. He is a past president of the Academy.

**Thursday  
One-Day  
9:00 - 12:15**



## 5 *How Did You Come to be at the Table? Revisiting Jung's Wounded Healer Archetype*

We will examine the ancient Wounded Healer Archetype in relation to our calling to become psychotherapists. We will look at how our wounds inform our work with patients. We'll learn how to move from a state of being "stuck in the wound" to embracing the gifts from the wounds.

**(8 participants)**

**Lucie Lie-Nielsen** is a wife, mother and psychotherapist living in the greater Atlanta area. She has a passion for Jungian psychology, myth, symbols and archetypes.

She missed several summer workshops to train with Dr. Clarissa Pinkola Estes in her "Healing the Heart of the Wounded Healer" trainings in Colorado. Lucie is in private practice with her husband and plays golf and pickleball for fun.



## 6 *Pull up a Chair and Get your Fill: Making Space for Yourself in Relationships*

Creating space for ourselves can sometimes be challenging in group settings. This three-hour experience will encourage participants to work to create space for themselves in a relational context to get the connection and support that they want and need.

**(12 participants)**

**Noah Meyers** is a licensed clinical psychologist practicing in Washington, DC. Noah graduated with a PhD in clinical psychology from American University in 2012 and has been in private practice for over ten years. Noah likes to consider himself a "generalist," and works with adult clients of varying ages with a variety of presenting concerns in both individual, group, and couples therapy.

**Ron del Moro** is a holistically-minded psychotherapist. He holds a PhD in mental health counseling, a masters degree in marriage and family therapy, and has numerous certifications and trainings in a diverse array of healing modalities. Dr. Del Moro also does organizational and wellness consulting. He currently has a private practice in Washington, DC, working with individuals, couples and groups.

# The Program



## 7 *Sitting at the Resilient Kids' Table in a Time of Loss*

In this protracted time of change and loss, we will gather together to discuss strategies for rafting down the raging river together while keeping our heads above water.

**(10 Participants)**

**Fern Beu** holds a BS, MS and PhD from Florida State University. Her post doc was in family systems therapy. Her dissertation research demonstrated that emotional strength training was superior to tutoring in raising math scores of underachieving elementary school students. She has been in full-time private practice working primarily with adults in Washington, DC since 1980. She does long term intensive individual psychotherapy, group therapy, couples therapy, and presently helps supervise 19 other working therapists .

## 8 *Witnessing ALL at the Table: Mindfully Facing Reality*

This is a mindfulness-focused group. Guided imagery and creative visualization will assist with insights regarding past memories of where we sat at our family table. What roles and dynamics were witnessed and what aspects of self were hidden? Has your authentic self arrived at your table?

**(12 Participants - This workshop is not eligible for CEs)**

**Annie Prescott, PhD**, is a licensed clinical psychologist. She has a specialty in psychoneuroimmunology, and training in experiential group psychotherapy, trauma, addiction recovery, and equine-assisted psychotherapies. Being

one of the innovators of equine-facilitated psychotherapy, she lives on a horse farm offering animal-assisted therapy. Dr. Prescott enjoys modeling a lifestyle of holistic health with self-care practices including meditation, mindfulness, qigong, Tai chi and yoga.



## 9 *Fifty Ways to Leave...Your Practice?*

In making a decision to retire, how do we navigate the emotion that is evoked for both the patient and the therapist? Through the lens of attachment theory, we will explore this process. Participants will learn through didactic and experiential means.

**(12 Participants)**

**Barbara L. Nama, LCSW**, is a graduate of the University of Michigan. She recently retired from her 43-year practice of psychotherapy, much of which was in private practice in Atlanta. Her interest in object relations and attachment theory helped shape her sense of the intersubjective nature of psychotherapy. She is deeply grateful to her colleagues, supervisors, and many patients along the way who helped her learn.



# The Program



## Virtual 10Va Above and Below: How Far Will We Go?

At the table, connected in mutual interdependence, we share the yield of our life's efforts, giving and receiving. Under the table we seek other needs: secret longings for the forbidden, illicit, shameful. This two-day process group will attend to exchanges both above and below as experienced by group participants. **(12 Participants)**

**Roy Clymer** graduated from the US Naval Academy in 1967 and then spent four years on active duty including a tour in-country Vietnam on river patrol boats. He received an MSW followed later by a PhD in medical psychology from the Uniformed Services University of the Health Sciences. He has held research and clinical positions in both the private and government sectors. He presently maintains a mostly-retired private practice in Austin, TX where he is a licensed psychologist.

**Phyllis S Clymer, LCSW-C, CGP**, completed her masters degree in clinical social work from the University of Maryland in 1977. A member of AAP since 1984, she has led or co-led several workshops for AAP and has co-chaired both the 2004 Summer Workshop and 2014 Institute and Conference. A resident of Austin, TX Phyllis works with adults individually, in couples, and in group psychotherapy. She also offers consultation and training for clinicians across disciplines.

**You can fake your way to the table, but ultimately you have to learn how to eat.**

**-Kelly Cutrone**

## Virtual 11V Are We at the Same Table? The Ethics of Self-Disclosure

By personality and training, psychotherapists have implicit attitudes towards self-disclosure in therapy. Ethical decision-making challenges us to question our implicit attitudes. In this workshop, participants will reexamine their use of self-disclosure in therapy. Participants are asked to bring two examples of self-disclosure or lack thereof about which they felt uncomfortable.

**ETHICS (20 Participants)**

**Matthew Burgess Leary, PhD**, is a licensed psychologist in Bethesda, MD and Charlotte, NC. He received his PhD from the University of North Carolina - Chapel Hill in 2003, and is a former graduate psychology professor. He currently is in private practice and works with children, adolescents, and adults from an existential/humanistic, attachment, and systems perspective. He has long been interested in the use of self-disclosure to connect, interrupt transference, and equalize power in the therapeutic relationship.

**Two-Day Workshops  
Friday/Saturday  
9:00 - 12:15**

*Continuation of  
1b, 2b, 3b, 4b, and 10vb*

## 12a A Table for One, Please

We will explore dilemmas that arise when our needs conflict with those of our clients or our personal relationships. The ethical principle that, as practitioners, we must attend to our own self-care in order to be fully present to our work will also be discussed.

**ETHICS (15 Participants)**

**Carole Light, PhD**, has been in private practice for 50 years, 30 years in Atlanta, GA and the last 20 in Scaly Mountain, NC. Her practice is eclectic, drawing from training in psychodynamic, Gestalt, bio-energetic, and cognitive-behavioral modalities. She has been a member of AAP since 1971.

**Sharyn Faro** received her PhD in clinical psychology from Georgia State University in 1979. She is certified as a practitioner of Holotropic Breathwork from Dr. Stanislav Grof. Her practice is transpersonal and she works with individuals, couples and

# The Program

groups. Additionally, she leads workshops in various topics combining spiritual practices with psychotherapy as well as vision quests and wilderness treks.



## 13a The Empty Chair: Holding Space at the Table While Contemplating Loss

Loss often leaves us with an empty seat at the table. How we honor and hold that space, or choose to let it go, is crucial as we integrate those we grieve. In this workshop, we will explore the empty chair's impact on the lives of our clients and ourselves. **(15 Participants)**

**Zoë Worrell, LCSW-C**, is a licensed clinical social worker with a private practice in Frederick, MD. Zoë earned a BSW from Hood College and an MSW from the University of MD School of Social Work. She has also completed post-graduate studies in the treatment of trauma. Zoe's passion is working with adults in individual, couples, and group psychotherapy. Additionally, she is the founder and co-owner of the multi-disciplinary Healing Circles Wellness Center.

**Michael Southers, MS, LCPC**, is a counselor in MD as well as an approved supervisor. He continues to work in private practice, and is also an adjunct faculty at Hood College. He has begun doing trainings for counselors and social workers for continuing education. He continues to facilitate an ongoing group that began in his first year of practice and also facilitates groups at Hood College for graduate students for them to get exposure to the group experience.

## 14a Is This Seat Taken?

Before taking a seat at the table, do we consider: Will we be welcomed? Will we be perceived as

arrogant? Or perhaps we don't think to consider either. This process group will explore the interplay of arrogance and self-confidence in the ways we take a seat at the table.

**(15 Participants)**

**Murray Scher** received the PhD in counseling psychology from the University of Texas at Austin. He is a Fellow of the American Psychological Association and a Fellow and Past President of the American Academy of Psychotherapists. He is widely published in the areas of gender issues and psychotherapy. He has never doubted that he had a seat at the table but has frequently puzzled whether his absence of doubt was charming, narcissistic, delusional, or justified.

**Curt Arey, MA, LPC**, practices at Pine River Psychotherapy Associates in Atlanta, GA, working with individuals, couples and groups. He came to AAP as a graduate student volunteer in 2008 and believes AAP is the best venue for developing the person of the therapist. He is a previous scholarship recipient of the Academy (2010), on the Southern Region Committee, Co-Chair of the 2017 I&C, and member of the Community Connections Committee. He sometimes wonders why he sat down at the table.



# The Program

## 15a *Sharing the Feast*

This workshop will invite you to take risks, make mistakes, play, and connect to the present moment, using short-form improv games and exercises. We will listen more intently, focus on sharing the feast of possibilities in the scene, and develop more flexibility in our responses. You will learn a ton. **(12 Participants)**



**Laura Fleming, LCSW**, is in full time private practice in Rochester NY. She has training in DBT and leads DBT Skills Groups. She has been studying Improv for ten years and has performed with Village Idiots and THEY Improv. She is currently performing with the team Dead Rover at The Focus Theater in Rochester, NY. Improv has greatly improved the quality of her work as a psychotherapist and strengthened her ability to listen more fully and stay in the moment.

## 16a *Table Talk: Every Voice Matters*

The work of honoring one's authentic self is a lifelong endeavor. In this two-day group we will look at obstacles - both internal and external - to expressing ourselves with clarity and strength. We will support each other in taking a seat at this table. **(15 Participants)**

**Doris Jackson, PhD**, conducts a private practice in Cambridge, MA, treating individuals, couples and groups. She is a founder and co-chair of the AAP Scholarship Program and a Fellow of the Academy. She is delighted to be co-presenting with her esteemed colleague and friend Debbara Dingman and looks forward to taking a seat at this table.

**Debbara Dingman, PhD**, is a clinical psychologist at Pine River Psychotherapy in Atlanta, where she practices psychotherapy with individuals, couples, and groups. She also conducts supervision and training. She holds an adjunct faculty appointment in the Emory University School of Medicine. Debbara and Doris have been well-nourished in their seats at the AAP table. She looks forward to sharing another enlivening and stimulating process group.

Friday  
One-Day  
9:00 - 12:15



## 17 *The World and AAP Need You: Taking a Seat at the Table of Skilled Therapists*

The pandemic, Ukraine war and other crises have been emotionally overwhelming, increasing the demand for skilled therapists. In this group, we will explore how we are responding. Do we feel we are stepping up to the table of skilled therapists and doing our share? Too little? Too much?

**(15 participants)**

**Douglas L. Cohen, PhD**, has enjoyed leading psychotherapy and process groups for over 40 years. He practices in-person and virtually in Washington, DC, where he offers group, individual, and couples therapy and supervision for therapists. A past president of AAP, he has led numerous workshops and process groups for AAP meetings. He enjoys scuba diving, photography, poker, and "fighting bad ninjas" with his grandchildren.

*"I no longer sit at tables where I might be the topic when I get up." – unknown author*



## 18 Stop Helping to Take Your Seat at the Table

Chronic helping prevents us from revealing ourselves and taking a seat at the table as equals in dialogue. We will use a gentle structure to direct participants' attention inward while in interaction, creating an intimate, "I-Thou" connection.

**(9 Participants)**

**Lee Blackwell, PhD**, is in private practice in Newport Beach, CA, specializing in couples therapy and sexual issues. After receiving his PhD from Florida State University, he received training in sex therapy in the human sexuality program at UCLA, staying on as a supervisor and then was Co-Director from 1983 to 1993. He has presented nationally and internationally on sexuality, psychotherapy and neuroscience. He is a past president and Fellow of the Academy, and is developing a podcast for AAP.



## 19V Energy Psychology

### - Finally a Seat at the Table!

Learning how to use mind-body techniques in traditional therapies gives psychotherapists an expanded view of the possibilities for healing and offers greater options and levels for intervention. Through presentation, demonstration and exercises, you will experience this leading-edge practice and its powerful application. **(40 Participants)**

**Loretta Sparks, LMFT**, is a licensed psychotherapist in private practice in Hermosa Beach, CA. She has trained mental health professionals in energy psychotherapies (EP) since 1996. She is an emotional freedom techniques (EFT) Founding Master, a charter member of the Association of Comprehensive

Psychology, a Diplomat of Comprehensive Energy Psychotherapy, and an EFT Cert-Honors practitioner. She has written two books and contributed chapters to several books on EP. She is a Fellow and a past president of the Academy.

## 20Va Table Manners: How We Claim Power Without Shunning or Bullying

This workshop will function as a process group on the theme of effective and responsible ways to share in collective group management and decision-making. We will



explore our own distinctive ways of participating in power dynamics, elicit authentic feedback, and experiment with consciously changing our patterns.

**(12 Participants)**

**Jonathan Farber** earned his clinical psychology doctorate from Duke. He has been practicing since 1984 and formerly taught at UNC-Chapel Hill. Jonathan works with adults, children, groups and couples in DC and NC. As a member of the Academy since 1986, his life and practice have been immeasurably enriched. Providing supervision and therapy to therapists is especially meaningful to him. It feels right to him that we take care of our own.



# The Program

## 21Va Longing to Belong: Journeying to the Table

The Table represents the paradox of belonging and independence, symbolizing the importance of showing up and being present. Martin Luther stated, "It is indispensable that I am present." This workshop focuses on understanding and overcoming those obstacles to acknowledging and asserting our authentic presence while seated at the Table.

**(15 Participants)**

**Jacob Megdell** earned his BA from the University of Michigan, MA from the University of West Georgia, and Doctorate from the California School of Professional Psychology. His clinical experience includes the psychological treatment of chronic pain and chronic illness, and providing psychotherapy to individuals, couples and families. He has published research on the role of humor in psychotherapy. He is employed by the Ontario Ministry of Health as clinical psychologist on a multidisciplinary family health team in Sarnia, Ontario, Canada.

**One-Day Workshops**  
**Saturday**  
**9:00 - 12:15**

*Continuation of:*  
*12b, 13b, 14b, 15b, 16b,*  
*20vb, 21vb*

## 22 Connecting Through Our Family Stories: Examining Generational Oppression and Privilege



In this workshop we will share our family stories using the lens of oppression and privilege. Participants will be asked prior to the workshop to compose a story about their family history. Process will explore generational trauma and systemic oppression. Specific writing instructions will be sent to participants.

**(15 Participants)**

**Hannah Hawkins-Esther, LCSW**, is a psychotherapist in private practice working with older teens, adults, couples, and families in Sandy Springs, GA. A daily meditator, she teaches mindful self-compassion and is a yoga instructor (RYT-200). She will be taking a seat at this table working to deepen her understanding of her privilege and her role in oppressive racial systems. She hopes to show up as an ally and invites others to pull up a chair next to her.

**Liz Marsh** is a clinical social worker and art therapist in private practice in Washington, DC. Liz works with adults, both individually and in groups and is humbled to be able to witness the journeys of her clients. Liz has been on a lifetime quest to satisfy her curiosity regarding systems of inequality and how they affect the mental health of those who are disenfranchised and those who benefit.

## 23 Is it Time to Ask the Client to Leave the Table? Ethical Dilemmas and Risks in Terminating with Challenging Clients?

In our efforts to practice ethically, we'll explore the challenges we face deciding to continue to work or let go of clients, who are extremely challenging in refusing to comply with their treatment plans, showing up in ways markedly different than their initial diagnosis, and triggering unworkable transferences or countertransferences.

**ETHICS (15 Participants)**

**Tyler Beach, LCSW**, is an individual and group psychotherapist in private practice in Durham, NC. He has received specialized training in working with "treatment resistant" patients. He provides clinical supervision and consultation to other therapists on challenging clinical situations. He has provided numerous workshops on helping clinicians intervene more efficiently with complex patient situations. He has served on the AAP ethics committee. Currently he is training in intensive short-term psychotherapy with Allan Abbas, MD and Joel Town, PhD.



**Diane Christie Shaffer, PhD**, is a clinical psychologist in full-time private practice, working with individuals, groups, couples and families in Swarthmore and Philadelphia, PA. Dr. Shaffer trained and worked in college counseling at Swarthmore College and the University of Delaware from 2008 - 2020. Dr. Shaffer has been a member of AAP since 2004, has served on Executive Council, is co-chair of the 2022 I&C, and currently serves on the AAP ethics committee.

## 24 The Other Group

Is your experience of being the other keeping you from taking a seat at the table? This workshop invites those who feel under-represented within AAP to come together to unpack that experience and examine its impact on self-expression and relationships, and collectively explore the questions that arise from this process.

**(10 Participants)**

**Samir Patel, MD**, is a geriatric psychiatrist who sees individuals and couples in his private practice in Providence, RI. He is a psychotherapy supervisor for Brown University's psychiatry residents. With a keen interest in the intersection of race, immigration and the self, he serves as a faculty mentor for Alpert Medical School trainees who self-identify as under-represented within medicine. A previous scholarship recipient, he is involved with the scholarship committee and the executive council among other things within AAP.

**Catherine B. Clemmer, LCSW**, is a licensed clinical social worker in private practice in Chapel Hill, NC. She is former clinical faculty at the University of North Carolina at Chapel Hill. Her 15 years of experience include both community mental health and private practice, working with individuals, groups, and families. She received her MSW from the University of North Carolina at Chapel Hill. She joined AAP in 2014, after being a scholarship

recipient in 2013.



## 25 Living at the Table of One: Disassociated, Depressed, Burned Out, Quarantined... What's Next?

In this process group we will invite others to sit at our table and to join at their tables. These past years have been brutal. We have collectively lived through the stresses and traumas personally, nationally, and globally. We will courageously open ourselves up to possibilities of sharing, connection, healing. **(10 Participants)**

**Daniel Turetsky** earned his PsyD in 1992 in school/child clinical psychology. He has been in private practice in Washington DC for the past 30 years. Previously he worked with protective services, investigating child abuse, in inpatient psychiatric hospitals, outpatient clinics and a school for the learning disabled. As an empty nester during Covid, experiencing the death of his canine partner in crime, Hank, he immersed himself in helping as many as possible cope with the mental health stresses of the pandemic.

## 26V Brothers and Sisters: Is There Room at the Table?

Sibling relationships are like none other, characterized by intimacy, competition, support, and conflict. How are these relationships different in adulthood than during childhood? How have your siblings (alive or deceased) forged your adult attachments? We will utilize what and whom you bring to the family table. Some pre-workshop writing included.

**(10 Participants)**

**Peggy Brooks** is a retired clinical psychologist and Professor Emerita of Psychology at Massachusetts College of Liberal Arts (MCLA). She is a long-time AAP member who lives in Asheville, NC. She continues to teach courses part-time. She has one sister, Carolyn, and one brother, Mayson.

**Kay Loveland** is a clinical psychologist and long-time AAP member who lives in Asheville, NC, across the field from Peggy Brooks. She has developed a trauma resiliency program using therapy dogs and works with foster children as well as inmates at the local jail. She has one brother, Michael.

# Helpful Information

## ADA Notice

ADA accommodations for this conference will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

To reserve a space for your family/peer group to meet, e-mail Samir Patel at [drsamirpatel@gmail.com](mailto:drsamirpatel@gmail.com) with a list of the members of your group. Confer amongst yourselves and, please, send one e-mail for each group.



## Conference Objectives:

1. To increase skills required to work with a multidisciplinary perspective and in a co-therapy model to improve patient outcomes.
2. To examine how family of origin experiences impact the therapist's effectiveness in helping patients claim differentiated positions at the table of their own lives.
3. To identify, through large group process, the dynamics of holding to one's own voice while interacting with other disparate voices at the table.
4. To enhance therapist sensitivity and cultural competency when dealing with the diversity and differences encountered around the table.
5. To identify methods for helping patients find their own voice and claim their seat at the table.
6. To examine the psychological costs of not finding or claiming a seat at the table.

## "Crowded Table"

The door is always open  
Your picture's on my wall  
Everyone's a little broken  
And everyone belongs.  
Yeah, everyone belongs.

I want a house with a crowded table  
And a place by the fire for everyone  
Let us take on the world while we're young  
and able  
And bring us back together when the  
day is done  
And bring us back together when the day is  
done.

~ The Highwomen

# Getting to Callaway Gardens



## Transportation

### Callaway Resort and Gardens:

**Address:** 17800 US Hwy 27, Pine Mountain, GA 31822

**Phone:** (844) 512-3826

### By Air:

(ATL) Atlanta Hartsfield Jackson International Airport is approximately 75 miles away from Callaway Resort.

(CSG) Columbus Airport is approximately 32 miles away from Callaway Resort.

### By Car:

**Carpool with local AAP members.** Plan in advance among yourselves and let your experience begin!

### Ride/Share Services: Uber/LYFT:

(ATL) Rate estimates: Pool \$65, UberX \$85, UberXL \$175 (90 minutes depending on traffic). Lyft should be about the same.

(CSG) Rate estimates: UberX \$40, UberXL \$87(45 minutes depending on traffic).

### Rental Car:

(ATL) Car rental can be challenging from this large airport. The service area is off-site, requires airport shuttle, and can often have long lines. You will need to allow substantial time to facilitate car rental pick-up and drop-off.

(CSG) Car rental inventory may be limited in this smaller airport. We recommend securing your reservation far in advance.

### Driving by car:

To reach the Resort by car, we suggest using Google Maps: Callaway Resort & Spa [4500 Southern Pine Drive Pine Mountain GA 31822](#). If you are using a GPS system, you will want to enter Callaway at the intersection of GA Hwy. 354 and U. S. Hwy. 27. Continue traveling west approximately one mile, turn left at the large Callaway Gardens sign, take next left at stop sign onto Southern Pine Dr., travel through one stop sign, and take the next left at the sign and proceed to valet.

### AAP Shuttle from-to Atlanta airport:

We are offering two round-trip shuttle buses directly to and from the Atlanta airport. The intention is to simplify this often stressful portion of your travel and connect with fellow AAP travelers at the same time. Shuttle travel time is 75-90 minutes, depending on traffic.

**Wednesday:** AAP buses will leave from the Atlanta airport at 12:00 pm and 3:00 pm and arrive at Callaway Gardens around 1:30 pm and 4:30 pm respectively. You should allow approximately 60 minutes from your flight's arrival to claim your baggage and meet the shuttle.

**Sunday:** AAP buses will depart Callaway Gardens at 7:00 am, and 12:00 pm, arriving at the Atlanta airport around 8:30 am and 1:30 pm, respectively. You will want to allow yourself at least two hours upon airport arrival to complete the check-in process comfortably.

**The cost for the round-trip shuttle service is \$75 round trip and \$40 one-way.**

*Although we would like to provide seating for everyone, by necessity there are a limited number of seats on the shuttles. Please register and pay for the shuttle **prior to May 15** to guarantee a space. If you are past the deadline and still want to take the shuttle you must contact Daniel Turetsky to ensure that there is a seat available.*

**To secure your shuttle reservation,** you must include this full fare along with your registration fee. (See registration page). *We look forward to being with you all and are happy to help with your journey.*

Contact:

**Daniel Turetsky or Anthony Hampton**

[DrDanielTuretsky@gmail.com](mailto:DrDanielTuretsky@gmail.com) 202-210-5947

[AnthonyHamptonTherapy@gmail.com](mailto:AnthonyHamptonTherapy@gmail.com) 803-250-6410

**"I want you to act as if the house is on fire, because it is."**

**~ Greta Thunberg**

**at**

**the World Economic Forum 2019**

# Continuing Education

"Let us leave a spare place at our table: a place for those who lack the basics, who are alone."



## Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and American Academy of Psychotherapists (AAP). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This course is co-sponsored by Amedco and American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. **18.0** hours.

**The following state boards accept courses from APA providers for Counselors:** AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

**MI:** No CE requirements

**The following state boards accept courses from APA providers for MFTs:** AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

**The following state boards accept courses from APA providers for Addictions Professionals:** AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK\*, OR, SC, UT, WA, WI, WY

**\* OK accepts APA credit for live, in-person activities. For all ethics and/or online courses, an application is required.**

**MA / MFTs:** Participants can self-submit courses not approved by the MAMFT board for review.

**The following state boards accept courses from APA providers for Social Workers:** AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

## Social Workers (ASWB) Credit Designation

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social Workers completing this course receive **18.0** GENERAL continuing education credits.



**The following state boards accept courses offering ASWB ACE credit for Social Workers:** AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV\*, WY

**\* WV accepts ASWB ACE unless activity is live in West Virginia, an application is required.**

**The following state boards accept courses offering ASWB ACE credit for Counselors:** AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK\*, OR, PA, TN, TX, UT, VA, WI, WY

**AL/Counselors:** Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

**MI:** No CE requirement

**The following state boards accept courses offering ASWB ACE credit for MFTs:** AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK\*, OR, PA, RI, TN, TX, UT, VA, WI, WY

**MA / MFTs:** Participants can self-submit courses not approved by the MAMFT board for review.

**MI:** No CE requirement

**\* OK accepts ASWB ACE for live, in-person activities. For all ethics and/or online courses, an application is required.**

**The following state boards accept courses offering ASWB ACE credit for Addictions Professionals:** AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

## New York Board for Social Workers (NY SW)

Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. **18.0** hours.

## New York Board for Mental Health Counselors (NY MHC)

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. **18.0** hours.

## New York Board for Marriage & Family Therapists (NY MFT)

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. **18.0** hours.

## New York Board for Psychology (NY PSY)

Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. **18.0** hours.

## FL Board of Behavioral Sciences (FL BBS)

Amedco is approved by the Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling. Provider BAP#39-Exp.3-31-2023. **18.0** GENERAL Hours

## Ohio Chemical Dependency Professionals (OH CD)

Application has been submitted for review.

## Ohio Mental Health Counselors, Social Workers, Marriage & Family Therapist

**(OH MHC, SW, MFT)**

Application has been submitted for review.



# "If You're Out There" ... John Legend

If you hear this message, wherever  
you stand  
I'm calling every woman, calling every  
man  
We're the generation  
We can't afford to wait  
The future started yesterday and we're  
already late  
We've been looking for a song to sing  
Searched for a melody  
Searched for someone to lead  
We've been looking for the world to  
change  
If you feel the same  
Then go on and say  
If you're out there  
Sing along with me  
If you're out there  
I'm dying to believe that you're out  
there  
Stand up and say it loud  
If you're out there  
Tomorrow's starting now  
Now, now  
No more broken promises  
No more call to war  
Unless it's love and peace that we're  
really fighting for  
We can destroy hunger  
We can conquer hate  
Put down the arms and raise your  
voice  
We're joining hands today  
Oh I was looking for a song to sing  
I searched for a leader  
But the leader was me  
We were looking for the world to  
change  
We can be heroes  
Just go on and say  
If you're out there  
Sing along with me  
If you're out there  
I'm dying to believe that you're out there  
Stand up and say it loud

If you're out there  
Tomorrow's starting now  
Now, now  
Oh now, now  
If you're ready we can shake the world  
Believe again  
It starts within  
We don't have to wait for destiny  
We should be the change that we want to  
see  
If you're out there  
If you're out there  
And you're ready now  
Say it loud  
Scream it out  
If you're out there  
Sing along with me  
If you're out there  
I'm dying to believe that you're out there  
Stand up and say it loud  
If you're out there  
Tomorrow's starting now  
If you're out there  
If you're out there  
If you're out there  
If you hear this message, wherever you  
stand  
I'm calling every woman, calling every  
man  
We're the generation  
We can't afford to wait  
The future started yesterday and we're  
already late



# Workshop Planner

<b>Wednesday</b> 2:00 - 5:15	<b>Thursday</b> 9:00 - 12:15	<b>Friday</b> 9:00 - 12:15	<b>Saturday</b> 9:00 - 12:15
TI 1a Oshrain	TI 1b Oshrain		
TI 2a Nies	TI 2b Nies		
	1a Gould	1b Gould	22 Hawkins-Esther/Marsh
	2a Loffis/Lovett	2b Loffis/Lovett	23 Shaffer/Beach
	3a Mermelstein	3b Mermelstein	24 Patel/Clemmer
	4a G Cohen	4b G Cohen	25 Turetsky
	5 Lie-Nielsen	12a Light/Faro	12b Light/Faro
	6 Del Moro/Meyers	13a Worrell/Southers	13b Worrell/Southers
	7 Beu	14a Scher/Arey	14b Scher Arey
	8 Prescott	15a Fleming	15b Fleming
	9 Nama	16a Jackson/Dingman	16b Jackson/Dingman
<b>Key</b>		17 D Cohen	
<b>Virtual Workshops</b>		18 Blackwell	
<b>Training Institutes</b>	10Va Clymer/Clymer	10Vb Clymer/Clymer	
<b>Two-Day Thursday/Friday</b>		20Va Farber	20Vb Farber
<b>One-Day</b>		21Va Megdell	21Vb Megdell
<b>Two-Day Friday/Saturday</b>	11V Leary	19V Sparks	26Vb Brooks/Loveland

## The Relief Trust Fund

The Relief Trust Fund can provide up to \$500 for AAP members seeking financial assistance to defray the cost of registration fees or annual dues. There is no application to submit. Simply contact the AAP president or any member of the Relief Trust Board to apply.



# COVID, Inclusivity, and Registration

## The 2022 Tri-Chairs



Maureen Martin



Nelia Rivers



Linda Tillman

From the beginning of our transition from our original dates in 2020 to the current workshop we are offering you from June 8 - 12, 2022, at Callaway Gardens, we have operated in the spirit of inclusivity. Since the state of the pandemic cannot be predicted, we wanted to offer a conference to include everyone, either in-person or virtually.

At the time of this brochure's creation, we are planning for an in-person event. The current CDC guidelines recommend vaccinations and masking indoors in large meetings. We intend to be flexible, nimble and fluid with the ever-changing COVID numbers for the county (Harris) where Callaway is.

Meanwhile, in the spirit of inclusivity, if you are vaccinated and boosted, please feel free to register for our in-person meeting and be prepared to show your vaccination card at registration. If, despite our effort to protect the safety of our members and their families, you are unable to come in-person, please register virtually. We know our members deal with many issues: illnesses, small children at home, elderly family, weddings, graduations, and other personal reasons that may make coming in-person uncomfortable for you. We have virtual offerings available every day and our virtual registrants will be included in the opening, closing, and the community meetings.

We have designed this meeting to make it possible for any and every member of AAP to attend, one way or the other.



**Please take your place at the table with us.**

**REGISTRATION OPENS**

**April 26, 2022 at 12:00pm ET**

**Please register online at:**

**[www.aapweb.com/events](http://www.aapweb.com/events)**