

The American Academy of Psychotherapists

62nd
Annual Institute
and Conference



The Psychotherapy Relationship: What Works?

October 18-22, 2017

Eldorado Hotel & Spa
Santa Fe, New Mexico

<http://www.thepsychotherapyrelationship.org>

THE AMERICAN ACADEMY OF PSYCHOTHERAPISTS 62ND ANNUAL INSTITUTE AND CONFERENCE

The importance of the relationship between therapist and client is consistently named as the curative component in the therapeutic process. While various modalities emerge and recede in the practice of psychotherapy, and research and graduate schools highlight one model over another, the one element essential to all remains the therapeutic relationship.

Here in the Land of Enchantment, supported by the surrounding southwestern hues, arid beauty of mountains, historic architecture and culture we invite you to venture into a personal discovery of what truly “works”. Over the span of this Institute and Conference, we are endeavoring to create a space to encourage exploration into the subtle facets inherent in our therapeutic relationships that create healthy, healing, vital connection.

We have invited three featured speakers and chosen workshops to support this endeavor to identify what makes a relationship therapeutic. Each of our plenary presenters has focused their professional work on the dynamics of the psychotherapy relationship. Dr. Phillip Shaver will explore the psychotherapy relationship through the lens of attachment, and the interplay of the individual attachment styles of both therapist and client. Professor Anthony Bateman brings his work on mentalization, which speaks to the interactions between the internal worlds of both client and therapist. Our keynote speaker, Dr. John Norcross, has studied the therapeutic relationship, identifying common factors shown to be effective across all psychotherapies.

The Academy continues to challenge theory and look deeply at practice, particularly the person of the psychotherapist, valuing working on ourselves as a key component of the therapeutic process. The centrality of the therapeutic relationship is consistent with the Academy’s focus. In that vein, we hope to bring some of what we already do, along with sharing what research and experience are teaching us, to help refine, refocus and revitalize our work.

On behalf of our I&C Committee,
Committee Co-Chairs,
Curt Arey and Hannah Hawkins-Esther

WELCOME TO SANTA FE!

The American Academy of Psychotherapists (AAP) is delighted to host our 62nd Annual Institute and Conference, “The Psychotherapy Relationship: What Works?” in Santa Fe, New Mexico. Claiming to be the most exotic city in North America, Santa Fe traces its roots back 400 years as a commercial center and melting pot. At 7000 feet in the foothills of the southern Rocky Mountains, Santa Fe is the highest and oldest capital in the US, and America’s second oldest city, being founded between 1607 and 1610. Today, Santa Fe is the sum of its deep and powerful history at the end of the Santa Fe Trail. Combining Spanish and Native American influences, a small town atmosphere, and an international reputation for artistic and architectural sophistication makes for fascinating food, art and entertainment, with rich heritage to experience all over town.

ELDORADO HOTEL & SPA

El Dorado – the fabled “City of Gold” – tempted countless explorers and adventurers to seek the riches they believed it held. This spirit of discovery lives on at Eldorado Hotel & Spa, where new treasures await. For 30 years, this AAA Four-Diamond-rated hotel has provided exceptional Santa Fe lodging, combining award-winning luxury with unexpected delights to set the stage for an enchanting visit. This grand hotel is conveniently located near the Historic Santa Fe Plaza, offering the perfect

embodiment of the spirit of the city, welcoming guests to experience luxurious Santa Fe accommodations and amenities including on-site restaurant and bars, rooftop pool and Jacuzzi, while being a short walk to the world famous open market on the Plaza.



THURSDAY MORNING PLENARY

PHILLIP R SHAVER, PHD



Research on Attachment Processes in Close Relationships

In this plenary, presentation of the roots of attachment theory in British psychoanalytic theory, Bowlby's unique reliance on primate ethology, cybernetic control theory, cognitive developmental psychology, empirical studies of psychopathology, and Ainsworth's pioneering observations of mother-infant interactions in the Strange Situation will be covered. An examination will be made of how extensive research on parent-child attachment was gradually extended to the study of attachment in adulthood, including individual differences in adult attachment and their role in close relationships including marriage, families, and dyadic and couples psychotherapy. The emphasis will be on operationalization of key constructs and their use in examining laboratory, real world, and psychotherapeutic interactions. (3 CE's/Open)

Phillip R Shaver, PhD, Distinguished Professor of Psychology Emeritus at UC Davis, received his PhD in personality/social psychology at the University of Michigan. He has served on the faculties of five universities, specializing in the application of attachment theory to the study of close relationships. He has co-authored and co-edited numerous books, including the Handbook of Attachment and four volumes of APA's Handbooks of Psychology. He has published over 300 scholarly articles and anthology chapters, and has received career awards from the Society for Personality and Social Psychology, Society of Experimental Social Psychology, and the International Association for Relationship Research.



FRIDAY MORNING PLENARY

ANTHONY BATEMAN, MD

Mentalizing: A Core Process in all Psychotherapies

Mentalizing will be defined and its origins in child development described. Mentalizing is rooted in attachment processes and forms a central part of social, cognitive, and interpersonal interaction. Psychotherapy is a special interpersonal interaction and requires both clinician and client mentalizing to generate a process for change. Mentalizing process forms the core of a specific psychosocial intervention for personality disorder, but, perhaps

more importantly, mentalizing underpins all therapies. Without mentalizing there can be no generation of an attachment matrix; without attachment there can be no mentalizing. Psychotherapy, whatever the model, flourishes when the virtuous interaction of attachment and mentalizing is stimulated and epistemic trust develops. (3 CE's/Open)

Anthony Bateman, MD, is a leading researcher in personality disorder, psychotherapy, mentalization, and mentalization based treatment. He is a consulting psychiatrist and psychotherapist at the Anna Freud Centre in London, visiting professor at University College, London, and honorary Professor in Psychotherapy at the University of Copenhagen.

SATURDAY MORNING PLENARY

JOHN NORCROSS, PHD

Psychotherapy Relationships and Responsiveness That Works

Clinical experience and controlled research consistently demonstrate that the psychotherapy relationship accounts for as much outcome as the particular treatment method. This keynote address will review the meta-analytic research and clinical practices compiled by an interdivisional APA task force on 1) effective elements of the therapy relationship and 2) effective means of adapting that relationship to the individual patient. Discover how research and practice converge in relational responsiveness that demonstrably improves treatment efficacy and efficiency. (3 CE's/Open)



John Norcross, PhD, ABPP, is Distinguished Professor of Psychology at the University of Scranton, Adjunct Professor of Psychiatry at SUNY Upstate Medical University, Clinical Professor at The Commonwealth Medical College, and a board certified clinical psychologist. Author of more than 400 scholarly publications, Dr. Norcross has co-written or edited 22 books, most of them in multiple editions. An engaging teacher and clinician, he has conducted workshops and lectures in 30 countries. He lives in northeast Pennsylvania with his wife, children, and grandchildren.

SCHEDULE AT A GLANCE

WEDNESDAY OCTOBER 18

- 11:00-5:00 PM Registration
- 2:00-5:00 PM Training Institute Workshop
- 5:00-6:00 PM Newcomers Welcome Reception (cash bar)
- 6:00-7:30 PM Opening Dinner Buffet
- 7:30-8:45 PM Opening Experience
Community Meeting
- 9:00-10:00 PM Open Process Groups
Peer Group Meetings
Scholarship Process Groups

THURSDAY OCTOBER 19

- 7:00-8:45 AM Breakfast
- 8:00-9:00 AM Registration
- 9:00-12:15 PM Shaver Plenary
Scholarship Process Groups
- 12:15-1:45 PM Lunch (on your own)
- 1:45-2:45 PM Community Meeting
- 3:00-6:15 PM Afternoon Conference Workshops
- 6:00-8:30 PM Hosted Dinners or
Dinner on Your Own
- 8:30-9:45 PM Open Process Groups/Peer Groups

FRIDAY OCTOBER 20

- 7:00-8:45 AM Breakfast
- 8:00-9:00 AM Registration
- 9:00-12:15 PM Bateman Plenary
Scholarship Process Groups
- 12:15-1:45 PM Lunch (on your own)
- 1:45-2:45 PM Community Meeting
- 3:00-6:15 PM Afternoon Conference Workshops
- 6:00-8:30 PM Hosted Dinners or
Dinner on Your Own
- 8:30-9:45 PM Open Process Groups/Peer Groups

SATURDAY OCTOBER 21

- 7:00-8:45 AM Breakfast
- 8:00-9:00 AM Registration
- 9:00-12:15 PM Norcross Plenary
- 12:15-1:45 PM Lunch (on your own)
- 2:00-5:15 PM Afternoon Conference Workshops
- 6:30-7:30 PM Presidents' Reception (cash bar)
- 7:30-12:00 AM Dinner/Dance

SUNDAY OCTOBER 22

- 7:00-8:45 AM Breakfast
- 8:00-9:00 AM Scholarship Breakfast Meeting
- 9:00-10:30 AM Closing Community Meeting

Hotel Registration

Reserve your room at the excellent discounted conference rate of **\$189.00 per night** by calling as soon as possible, no later than September 22, 2017, and referencing the American Academy of Psychotherapists. Based on availability, you can reserve this rate three days before and three days after the event. The onsite, full-service, Nidah Day Spa is offering 15% discount for services to conference attendees.

Eldorado Hotel & Spa
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THE COMMITTEE

Curt Arey, Co-chair
Hannah Hawkins-Esther, Co-chair
Elizabeth Gomart, Continuing Education
Dairlyn Chelette, Brochure
Ron Del Moro, Hospitality & Volunteers
Melissa Beddingfield, Hospitality & Volunteers, Brochure

Lee Blackwell, Program Co-chair
Kelly Barclay, Program Co-chair
Robin Truitt, Marketing
Carla Bauer, Room Assignments
Meredith Albert, Treasurer
Murray Scher, Humor

Special thanks to:

Penelope Penland: Santa Fe Contact

Brian Cross: AASECT

Pam Finnerty: AASECT

Bert Bacchus: Design

Travel Information

Air

Santa Fe Municipal Airport, located southwest of the city, provides commercial airline service by American Eagle Airlines with daily flights to and from Santa Fe and Dallas-Fort Worth (DFW) and Los Angeles (LAX). Commercial service is also offered by United Express, with daily service to and from Santa Fe and Denver (DEN) and Phoenix (PHX).

Albuquerque International Sunport
Eldorado Hotel & Spa is only 60 minutes from the Albuquerque International Sunport, which sees roughly 340 flights daily on airlines including Alaska Airlines, American Airlines, Delta, Jet Blue, Southwest Airlines and United Airlines. The **Sandia Shuttle** provides transfer service between the Albuquerque International Sunport and Eldorado Hotel & Spa with frequent and convenient trips throughout each day (Telephone: 505-242-0302 or, toll free, 888-775-5696). RoadRunner Shuttle & Charter offers similar services. Feel free to call them at 505-424-3367. **Note: Please allow approximately 1 to 1½ hour(s) for travel times.** Shuttles are ready to depart 10 minutes prior to scheduled pick-up times.

Trains / Rail

The New Mexico Rail Runner train connects Albuquerque to Santa Fe. The trip from the Albuquerque International Sunport to the Santa Fe depot is approximately 90 minutes. Amtrak arrives daily from Chicago and Los Angeles in the town of Lamy, only 20 minutes from Santa Fe. Eldorado Hotel & Spa can arrange shuttle service on request.

Car

Eldorado's address is 309 West San Francisco Street.

Driving from Albuquerque International Sunport:

Take I-25 north to Santa Fe, and turn off at St. Francis Exit #282. Travel north on St. Francis 3.5 miles. Turn right on West Alameda. Turn left on Guadalupe Street. Turn right on West San Francisco Street.

Driving from Santa Fe Municipal Airport:

Drive out of Santa Fe Airport onto Airport Road. Turn left onto NM 599 North. Continue approximately 10 miles. Take the Santa Fe Exit (Highway 284/84) to the right. Move to the left lane. Exit "Downtown-Plaza" which will be Guadalupe Street.

SHALL WE DANCE?



Our evocative original cover art was conceived, painted and produced specifically for this conference by AAP's own Z. Rosenzweig, PhD. Z has a psychotherapy practice in Atlanta, GA, and has been a member of the Academy since 1977.

American Academy of Psychotherapists

We are a multidisciplinary community of psychotherapists dedicated to the personal and professional development of the therapist. We value the therapist-client relationship as fundamental to the healing process of psychotherapy. As a community, the Academy seeks to provide learning and growth opportunities for new therapists and seasoned professionals alike. AAP values relational workshop experiences and encourages interaction over prescribed formality. To this end, our meetings offer interpersonal groups, experiential workshops, and therapy demonstrations, in addition to more traditional training workshops.

Is This Your First AAP Conference?

The Ambassador Program pairs seasoned AAP conference attendees with first-time attendees at AAP events. Ambassadors are excited to welcome you personally and to answer your questions about the conference. If you would like to meet with an Ambassador, please so indicate on your registration form.

Target Audience and Instructional Level

Our Institute and Conference is well-suited for psychologists, social workers, counselors, marriage and family therapists, sex therapists, psychiatrists, and mental health practitioners, as well as graduate students in mental health related disciplines. The instructional level in all workshops and plenary sessions is appropriate for new, intermediate, and advanced practitioners, unless specifically noted.

AAP Scholarship Program

AAP offers a unique training opportunity for beginning psychotherapists of every discipline (visit AAP website to apply). Twenty need-blind scholarships of \$1000 each enable graduate students and new practitioners to attend our conference. Scholarship recipients will participate in workshop and community activities, as well as a daily intensive interactive group facilitated by two AAP leaders. The Scholarship Program encourages participants to develop a commitment to their own personal and professional development.

Educational Objectives

1. Demonstrate greater understanding of how the therapist's own relational style impacts the therapeutic relationship.
2. Identify evidence-based components that support a secure psychotherapeutic relationship which may contribute or detract from the psychotherapeutic relationship.
3. Discuss the complexities of transference and countertransference and how these factors may contribute or detract from the psychotherapeutic relationship.
4. Define how the subjective experience of both the client and the therapist impact their relationship.
5. Identify and explore therapist challenges in maintaining supportive connections with clients.
6. Demonstrate examples of successful and unsuccessful therapeutic interactions.
7. Delineate ethical issues related to therapist self disclosure and resulting impacts on the therapeutic relationship.
8. Demonstrate knowledge of current research on the dynamics that support growth and a healthy therapeutic relationship.

Interested in Becoming a Member?

Information regarding membership requirements and applications can both be found on the AAP website (aapweb.com). You can also receive an application by contacting the Central Office at 518-694-5360 or the Membership Chair, Nelia Rivers, at 404-261-8461, or at neliarivers@gmail.com.

AAP OFFICERS:

Doug Cohen, PhD: President
David Donlon, LCSW: President-Elect
Diane Shaffer, PsyD: Secretary
Phillip Spiro, MD: Treasurer
Gordon Cohen, PsyD: Immediate Past President

I urge you to let your patients matter to you, to let them enter your mind, influence you, change you, and not to conceal this from them. – Irvin Yalom MD

Welcome Reception Honoring Newcomers

This gathering at 5:00 PM on Wednesday afternoon is a meet and greet for first-time attendees. Please join us as we welcome volunteers, scholarship recipients, and newcomers to our community. AAP officers and members look forward to this opportunity to mingle and to answer questions about the Academy.

Dinner, Opening Experience, and Community Meetings

Wednesday evening from 6:00-7:30 PM, all conference attendees and presenters will come together for our first meal (included with your conference registration). The Wednesday evening meal will be an opportunity to connect, catch the spirit of the I&C, and prepare for AAP's unique opening experience, which will take place from 7:30-8:45 PM. In the opening experience the committee will introduce the conference theme, after which we will have our first of four Community Meetings. AAP Community Meetings are large open format groups where all registrants are encouraged to attend and voice opinions, feelings, hopes, and concerns with the community as a whole.

Open Process Groups

On-going peer process groups are one of AAP's most powerful learning and growth activities. We give and receive here-and-now feedback to each other and learn first hand about relationships and group dynamics. In addition to long-term peer groups, this I&C will feature evening process groups that are open to all newcomers and members at large. These open process groups will be led by seasoned AAP therapists:

* Wed. 9:00-10:00 PM, Thursday and Friday 8:30-9:45 PM (No CE's)

* Please indicate on your registration form if you will participate

Hospitality Suite

Visiting the Hospitality Suite is TLC for the soul. In keeping with AAP tradition, we will have a comfortable space to relax, connect with old friends, and make new ones. As always, snacks, homemade treats, and beverages will be provided each evening. Your hospitality hosts are Melissa Beddingfield and Ron Del Moro.

Hosted Dinners

Looking to get more acquainted with other AAP members and conference attendees? We will offer hosted dinners at several local restaurants on Thursday and Friday nights, sure to satisfy a variety of palates and budgets. You can find information regarding restaurants and your hosts near the registration desk.

12-Step Meeting

AAP offers a 12-Step meeting at lunchtime on Friday. Participants from all 12-Step programs are welcome. Information will be on the bulletin board and at the registration desk.

Saturday Night Dance

The Saturday night dance is one of AAP's most vibrant traditions, allowing the joy of music and movement in celebration of our community and connection during the week. This time we are fortunate to have the outstanding "DJ-ATRAN". Our DJ fell in love with DJ culture while living in Tokyo as a teenager, and is now one of Miami's top international DJ's. He holds residences at Miami's best voted parties and dance clubs, as well as rocking top clubs all over North America and Europe. DJ-ATRAN takes serious pride in his art form, carefully mixing a melange of songs while making bodies move!

Book Table

The conference book table provides attendees with a selection of books by our presenters and members. This year, only checks and credit cards will be accepted.

Sunday Morning Closing Experience

The closing experience, our final Community Meeting, is a unique opportunity to review and integrate the week's experiences. This AAP tradition bookends our I&C experience and facilitates the transition back to family, friends, and work.

Please see details of workshop learning objectives in brochure addendum on-line at www.thepsychotherapyrelationship.org.

THE PROGRAM

Scholarship Process Group 2017: Building the Therapeutic Relationship

Developing therapeutic relationships with trust, safety, and connection is crucial to our work. Understanding the value of creating a thoughtful and emotional connection with each patient is vital for newly minted professionals. In this four-day (10-hour) process-oriented group, two AAP co-leaders will facilitate the AAP Scholarship recipients in a group exploration of creating and strengthening therapeutic relationships.

Participants are selected and assigned to a scholars process group by committee in September.

Scholarship Process Groups will meet:

Wednesday 9:00-10:00PM, Thursday 9:00AM-12:00PM, Friday 9:00AM-12:00PM, Saturday 2:00-5:15PM

Lorrie Hallman, PhD, is now retired and living in the Pacific Northwest, after having practiced clinical psychology in Atlanta for over 40 years. The art of creating valuable group experience has long been of significant interest to her, as well as is the intrapsychic life of the individual. Lorrie is a Past-president of the Academy, and has previously led Scholars process group trainings.

Bob Rosenblatt, PhD, practices in Washington, DC, providing individual, group, and couples psychotherapy. Additionally, he provides supervision, clinical training, and practice management consultation to therapists. Bob serves as "Intervision" editor for VOICES and as National meetings Chair for AAP.

Don Murphy, PhD, has worked for five decades in Atlanta with adults, couples, families, and groups. He is licensed in Georgia as a Marriage and Family Therapist and is certified by the American Group Psychotherapy Association. He has previously co-led scholarship process groups.

Doris Jackson, PhD, has been in practice in Cambridge, MA for over 30 years, with a focus on relational therapy, treating couples and individuals, and running long-term groups. She served as Editor of VOICES from 2009-2012 and was named a Fellow of the Academy in 2014. She co-founded and co-chairs the AAP Scholarship Committee.

What is apt to be impactful with someone, is someone else being themselves with you, which then encourages you to be yourself with them.

—Earl Brown

Healing potential is opened when the deepest self of the therapist meets the deepest self of the client.

—Virginia Satir

Training Institute
Wednesday 2:00-5:15
Thursday 3:00-6:15

T1: Transformational Integrative Group Psychotherapy: A Training Institute

Ongoing Training: This Training Institute will continue at the Summer Workshop 2018. Please do not register if you are unable to attend all sessions.

Transformational Integrative Group Psychotherapy is an experiential approach to psychotherapy derived from psychomotor therapy which integrates other body-oriented approaches. This training will build from learning the conceptual framework, to experiential exploration of body sensations/movements/needs, to integrating Ideal Parent functions, and implementing "structures" that allow for antidotal experiences and emergence of new inner resources. (6 CE's/max 24)

Devajoy Gouss, LCSW, a graduate of Tulane University, has practiced experiential therapy in Atlanta for 33 years. She has evolved her own style of experiential therapy after years of training in psychomotor therapy with Jacque Damgaard, PhD, and Al Pessa. She integrates energy medicine, polarity balancing, yoga, life coaching, resiliency therapy, and the power of ritual in her work.

Thursday Morning Plenary 9:00-12:15 AM

Research on Attachment Processes in Close Relationships, Phillip Shaver, PhD

Thursday Afternoon Workshops 3:00-6:15 PM (One Day)

#1 An Attachment-Theoretical Perspective on Therapists, Clients, and the Client-Therapist Relationship

We will shed light on therapists' and clients' attachment orientations and their effects on individual and couples therapy. The relationship between individual differences and various aspects of attachment (developmental and change, internal working models, affect regulation, interpersonal relations, including marriage, the client-therapist relationship, and clinical disorders) will be highlighted, along with progress in individual and couples therapy. (3CE's/Open)

Phillip Shaver, PhD, Distinguished Professor of Psychology Emeritus at UC Davis, specializes in the application of attachment theory to the study of close relationships. He has served on the faculties of five universities and co-authored and co-edited numerous books and articles, including the Handbook of Attachment and four volumes of APA's Handbooks of Psychology.

#2 Attachment Roles: Keeping Them Alive in the Room

The psychotherapy relationship offers a transformational opportunity for both the patient and the therapist to examine the roles both assumed in childhood and how they unconsciously play out in our lives. We will examine these roles at a conscious level and develop skills to keep the learned attachment roles alive in the room. (3 CE's/Open)

Jane Baxter, PhD, MSW, received her MSW from the University of Maryland. She treats patients and couples with mood disorders, addiction issues, and relationship issues. She has a private practice in Washington, DC.



#3 "I Know What My Partner is Thinking!": Moving the Troubled Couple From Certainty to Curiosity

The use of mentalization techniques to help a couple or family think and feel beyond certainty about the "other's" perceived negative motives in the task of finding greater awareness will be discussed. The pivotal link between perceptions and feelings in discovering vulnerability and love is demonstrated. (3 CE's/Open)

J. Mark Thompson, MD, is an Associate Clinical Professor of psychiatry at the UCLA School of Medicine and has a private practice in psychiatry. He is the former Dean of the L.A. Psychoanalytic Institute and Co-Dean of the New Center for Psychoanalysis.

#4 Fathering: From Emotional Stabilization to Spiritual Guidance

The art of fathering - masculine support for the developmental processes - is often undervalued, under-examined, or forgotten in our culture. This group invites men and women to examine the dynamics of fathering in their professional and personal lives, and ways to work with the repercussions of fathering in effective psychotherapy. (3 CE's/max 12)

Jonathan Farber, PhD, a graduate of Duke University, practices in Washington, DC and Chapel Hill, NC. He supervises therapists, leads therapy groups, and training workshops. He was mentored by his grandfather, father, and numerous professors and therapists.

Adam Klein, PhD, has a private practice in Bethesda and Annapolis, MD. Dr. Klein has three beautiful children, and in his psychotherapy work, often finds himself in the role of father with his patients.

In my early professional years I was asking the question: How can I treat, or cure, or change this person? Now I would phrase the question in this way: How can I provide a relationship which this person may use for his own personal growth? – Carl R Rogers

#5 The Dance of Sex and Aging for Therapists and Clients: Increased Capacities

Aging can bring increased openness to creative sexual possibilities, as well as physical and emotional challenges to sexual functioning. How do we navigate this territory? In this experiential group we will explore our own aging and sexuality and notice how this effects the work on sexuality with our clients. (3 CE's/AASECT approved/max 12)

Pamela Finnerty, PhD, has been in private practice in Washington, DC for over 30 years, specializing in relationship and sexuality issues. She is a Sex Therapist, tenured Associate Professor of Counseling and Associate Research Professor of Psychiatry at George Washington University. She developed one of the first classes on Counseling Older Persons in the country. She leads numerous workshops, teaches, and is currently working on a book on sexuality and aging.

#6 The Tangled Web of Social Media, Technology and Therapy: New Challenges for the Therapy Relationship

Facebook. Twitter. Snapchat. Text. Chat. On-line and video counseling. Out of bounds or grist for the mill? Using our professional codes of ethics and standards as our frame, we will explore how the growing evolution and omnipresence of technology in our lives influences the relationships around us, including the ones we have with our patients. (3 CE's/max 40)

Marilyn Schwartz, PhD, practices in Washington, DC, providing individual, couples, and group therapy, clinical supervision and consultation to federal agencies. She created and co-directs the Adult ADHD Resource Center of Washington. She is a Fellow of AAP and chairs the AAP Ethics Committee.

Lisa Kays, LICSW-C, obtained her MSW from Catholic University. She writes and presents on social media and social work ethics, and is published in *The New Social Worker* and *Social Work in Health Care*. She has presented at the Catholic University, the American Group Psychotherapy Association, the Greater Washington Society of Clinical Social Work, and for other clinical agencies.

#7 Relating Outside the Box

Gender identity, confined to a binary, limits relating with one another and ourselves. We will explore through didactic, experiential, and relational avenues ways to think outside the box and gain deeper understanding of gender non-conformity. We will explore LGBTQ, emphasizing T and Q. (3 CE's/AASECT approved/max 12)

Lori Oshrain, PhD, a graduate in clinical psychology from UNC Chapel Hill, has been in private practice in Chapel Hill, NC for 21 years. She has worked extensively with gender non-conforming individuals and couples, and has offered consultation, education, and supervision for community groups, medical students, and therapists. She believes compassion can free us from shame and through our differences make the world a better place.

Thursday/Friday Afternoon Workshops
Thursday 3:00-6:15 PM
Friday 3:00-6:15 PM (Two Day)

#8A Therapist Self-Revelation and the Psychotherapy Relationship

An essential part of any relationship is how much each knows of the other. For psychotherapists, this is an important consideration. How much do we reveal to our clients, what do we reveal, and when do we reveal it? This workshop will explore answers to these relevant questions. (6 CE's/max 15)

Phyllis Clymer, LCSW-C, CGP, graduate of the University of Maryland, is a 32 year member of AAP. Phyllis sees therapist self-revelation as conscious and unconscious and makes a distinction between the therapist divulging personal data and sharing their own "in the moment" subjective experience of the patient's process. She is in private practice in Austin, Texas where she also offers consultation and training for clinicians.

Murray Scher, PhD, graduate of the University of Texas, is a Fellow and Past President of AAP. Extensively published and having presented internationally, he is a sought after presenter. He often wonders just what and how often he should self-reveal in individual cases.

#9A Who Are You? Who Am I? Navigating the Currents of Transference and Counter-Transference in the Therapeutic Relationship

Participants in this interactive workshop will be invited to examine the subtle and dramatic ways in which the background experiences, needs, and beliefs of both therapist and client influence one's experience of the therapeutic relationship. We will explore how transference and counter-transference can be powerful tools for personal discovery and growth. (6 CE's/max 15)

Robert Rosenblatt, PhD, has been providing individual, couples, and group psychotherapy for over 40 years. He has also been offering supervision and practice management groups for 25 years. He is a long time member of AAP and currently serves as Editor of the Intervention section (case studies) of VOICES and chair of the National Meetings committee.

David Pellegrini, PhD, received his graduate degree from the University of Minnesota, and completed an internship at Harvard Medical School. He studied and conducted research at the Institute of Psychiatry in London as a Fulbright Fellow. He taught in the doctoral training program in psychology at The Catholic University of America where he was a tenured professor until going into private practice.

#10A Finding a Language of Connection

Most therapy sessions involve translation. The task is complicated because meanings are shared more than words, often outside the client's awareness. The therapist needs to find a language in which the client will be able to hear empathy and understanding in order to form a connection. We will explore common therapeutic dynamics that hone our listening skills. (6 CE's/max 12)

Grover Criswell, LPPC-S, is a Diplomate of the American Association of Pastoral Counselors, Clinical Supervisor for Clinical Pastoral Education, and Fellow and Past President of AAP. He has extensive training in Gestalt, Bioenergetic, Transactional Analysis, and Group Psychotherapy.

Kathryn Van der Heiden, LPPC-S, is a Past President and Fellow of AAP. She has studied at the C.G. Jung Institute, the Gestalt Institute, and the Integrative Psychotherapy Institute. She practices in Dayton, Ohio.

#11A The Complex and Emerging Relationship Between Effective and Ethical Practice and the Personal Psychotherapy of the Psychotherapist

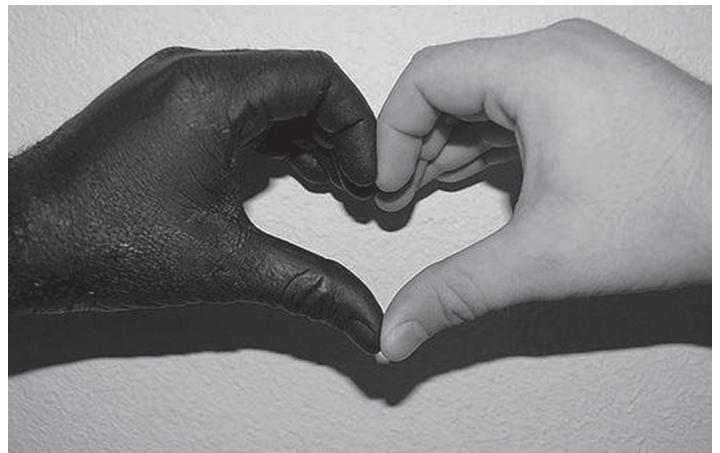
This group will focus on "in vivo" exploring and experiencing how the therapist's own therapy shapes the practice of therapy in ways both ethical and effective. Participants are requested to prepare by journaling reflectively on their own histories and bringing their writing to the workshop for reference and sharing as they may choose. (6 CE's/max 15)

Penelope Penland, EdD, is a 40 year member of AAP. A licensed psychologist in Santa Fe, NM, she practices as a psychotherapist, coach, workshop presenter, and consultant in conscious philanthropy and estate planning. She holds an on-going curiosity about the complex ways in which the personal therapy of the therapist, both harming and healing, impacts personal ethics and practice.

#12A What Do We Not See That Could Work?

We observe facial expressions, body posture, and micro-movements to gain insight into clients' experiences. What is missed because we are handicapped by sight? Imagine sitting with a client being unable to see. What might you notice that was missed when attending to visual cues? This workshop will be experiential. (6 CE's/max 10)

Catherine Clemmer, LCSW, is in private practice in Chapel Hill, NC. She is former Clinical Faculty at the University of North Carolina Chapel Hill in the Department of Psychiatry working in the STEP Clinic (Schizophrenia Treatment and Evaluation Program). She was an AAP Scholar in 2013.



All actual life is encounter. – Martin Buber

#13A Women Valuing Women: Long Term Friendships

Friendships between women are often the deepest and most profound love stories, empowering us to be all we can be. Join two friends in exploring elements of their 40 year relationship in which both have thrived and grown, becoming more intimate and loving towards themselves, each other, and the world. (6 CE's/max 12)

Ellen Schiff, PhD, is in private practice in Bethesda, MD and Washington, DC. She specializes in the challenges of life transitions, the aging process, loss, and grief. She is a frequent presenter on these and other issues, including long term friendships between women and has been a member of the Academy for over 35 years.

Ellen Libby, PhD, has had a psychotherapy practice for 35 years in Washington, DC. She supervises therapists, has written for Psychology Today, and consults with family owned businesses on family dynamics. She is the author of the acclaimed book, "The Favorite Child." She and her co-presenter have been close friends for over 40 years.

Thursday/Friday/Saturday Afternoon Workshop (Three Day)
Thursday 3:00-6:15 PM
Friday 3:00-6:15 PM
Saturday 2:00-5:15 PM

#14A The Good Shepherd: The Psychotherapy Relationship in Group Therapy

A watchful shepherd mostly paces the perimeter, occasionally tending a malcontent or chasing an outlier, and is always present in the minds of the flock. Participants will consider an array of leadership styles and techniques for group therapy. The role of the therapeutic relationship as a key element of the group frame will be highlighted. (9CE's/max 15)

Nicholas Kirsch, PhD, has practiced for 30 years in Bethesda, MD and DC, presenting many workshops and papers on group therapy. He is continually amazed by the deep connecting and healing in therapy groups, and leads advanced therapy groups exclusively for psychotherapists.

Friday Morning Plenary
9:00-12:15 AM

Mentalizing: A Core Process in all Psychotherapies, Anthony Bateman, MD

Friday Afternoon Workshops
3:00-6:15 PM (One Day)

#15 Mentalizing for Borderline Personality Disorder

Borderline personality disorder is characterized by a loss of capacity to mentalize when emotionally charged attachment relationships are stimulated. The aim of mentalization for BPD is to increase this capacity in order to ensure the development of better regulated affective states. In this workshop we will consider and practice interventions which promote mentalizing, contrasting with those that are likely to reduce mentalizing. Video and role plays will be used. (3 CE's/Open)

Anthony Bateman, MD, leading researcher in personality disorder, psychotherapy, and mentalization based treatment, is a consulting psychiatrist and psychotherapist at the Anna Freud Centre in London. He is a visiting professor at University College in London, and Honorary Professor in Psychotherapy at the University of Copenhagen.

#16 We're Not in Kansas Anymore: The Psychotherapy Relationship in Addiction and Recovery

We will explore themes, patterns, and processes common to addiction and recovery, using examples provided by fairy tales and myths. We will consider the shifting terrain of the psychotherapy relationship as it is shaped by the vicissitudes of the recovery journey. (3 CE's/max 15)

Robert Coyle, PhD, is a psychologist in private practice in Atlanta, GA. He is a certified Sex Addiction Therapist and presents continuing education workshops through Pine River Training Institute, as well as at AAP.

Don't just do something...be there.

– Stephen Howard MD

#17 Ethical Perspectives on Racism: What Therapists Need to Know

What inner work is required to know and confront personal bias? In this didactic and experiential workshop we will examine US Racism by reviewing history, exploring personal and structural privilege and bias, and locating where we are in identity development using racial identity models. (3CE's/max 15)

Cathy Roberts holds an MS in Pastoral Counseling from Loyola University and has a private practice in Rockville, MD. She facilitates groups, leads workshops, and moderates panels about race and racial justice. Her focus is on what White people do not know about their biases.

Gil Bliss, LCSW-C, received his degree at the University of Maryland. He has presented on historical and institutional racism and the issue of White privilege to professional colleagues and to the community at large.

#18 Beyond Coupledness: Consensual Non-Monogamy and Polyamory: What is the Role of the Therapist in Exploring Client's Relationship Options?

Monogamy is not as common in practice as in intent. Polyamory and other open relationships offer valid alternatives, and are becoming more common. In this workshop participants will explore interpersonal dynamics and the role of therapists within several types of committed, honest, non-monogamous family relationship styles. (3CE's/AASECT approved/Open)

Mim Chapman, PhD, is a Myers-Briggs trainer and Surrogate Partner who received her PhD from Mississippi State. She is the author of "What Does Polyamory Look Like?" and "The V-P Dialogues." She was awarded as Alaska "Curriculum Leader of the Year," Toastmaster "Communicator of the Year." She is a relationship coach, sex educator, and on the faculty at Southwest Counseling College.



Thursday/Friday Workshops (Continuation of Two Day Workshops)

#8B Therapist Self Revelation and the Psychotherapy Relationship: Clymer/Scher

#9B Who Are You? Who Am I? Navigating the Currents of Transference and Counter-Transference in the Therapeutic Relationship: Rosenblatt/Pellegrini

#10B Finding a Language of Connection: Criswell/Van der Heiden

#11B The Complex and Emerging Relationship Between Effective and Ethical Practice and the Personal Psychotherapy of the Psychotherapist: Penland

#12B What Do We Not See That Could Work?: Clemmer

#13B Women Valuing Women: Long Term Friendships: Schiff/Libby

Thursday/Friday/Saturday (Continuation of Three Day Workshop)

#14B The Good Shepherd: The Psychotherapy Relationship in Group Therapy: Kirsch

Friday/Saturday Afternoon Workshops (Two Day) Friday 3:00-6:15 PM Saturday 2:00-5:15 PM

#19A Work in Progress: Self Care from the Inside Out

Early life pain can have enduring effects on the brain, body, and soul. If your experience of being cared for has been complicated, caring for others is likely a work in progress. Self care is an essential component of this work. Through group interaction, movement, and stillness we will cultivate tools for therapist well being. (6 CE's/max 10)

Kristie Nies, PhD, is a therapist, neuropsychologist, and registered yoga teacher in Jacksonville, FL. Dr. Nies believes the principles of yoga compliment not only the goals of psychotherapy, but also neural health. She combines extensive training in all three areas to guide people to wellness. Dr. Nies is a frequent presenter for AAP.

#20A I Want To Be Your Friend: The Ethics of Friendship within the Psychotherapy Relationship

Clients come to psychotherapy for relational dilemmas that resemble our own. The therapist must create a container where intimacy and safety are both present, yet a danger inherent in this work is that the therapeutic relationship can create a pull toward friendship. In this interactive group we will explore the ethical dilemmas that can arise. (6 CE's/max 15)

Tyler Beach, LCSW, has a private practice in Chapel Hill, NC. His theoretical interest is in Experiential/Relational psychotherapy. He has advanced training in Experiential Psychodynamic Psychotherapies that focus on affect expression and regulation.

Michal Rubin, PhD, has 27 years of psychotherapy experience in a variety of treatment settings. She has been in private practice for 19 years. She believes that it is through the intimacy of the here and now that healing occurs.

#21A Hidden Pleasures: The Allure of Addictive Feelings, Thoughts, and Behaviors

This workshop will begin with a didactic presentation and discussion about the continuum of actual addiction, and addictive self-defeating ways of being in the world. Participants will be invited to identify where they are on the continuum and to explore their addictive feelings, thoughts, and behaviors within the group. (6 CE's/max 15)

Rhona Engels, LCSW, has enjoyed 34 years of private practice in New York City, working with individuals, couples, and groups, and providing teaching and supervision. She has published numerous articles in journals, including VOICES, served for 13 years on the AAP Executive Council and is an AAP Fellow. She has developed expertise in helping people differentiate between fate, the addictive mantras they grew up with, and the fulfillment of who they really are.

Steve Sorrells, has worked with clients for 12 years in the addictions field. He is currently the Clinical Director of Recovery Ventures Corporation, a therapeutic community which provides long-term residential treatment to individuals recovering from addiction. He does individual and group therapy as well as clinical supervision for licensed therapists as well as those training to be therapists. Previously, he has worked in corporate business, as a small business owner and as an elementary school teacher.

#22A Kundalini Yoga: An Exploration of What Works

Psychotherapy presents a daunting task for both the client and therapist to discover what works in healing. Through utilizing the tools of Kundalini Yoga, meditation, kirtan (sacred chanting), breath work, and traditional psychotherapeutic processing participants will explore and experience what works. (6 CE's/max 20)

Damon Blank, MEd, licensed Marriage and Family Therapist and certified Kundalini Yoga Instructor, has over 30 years experience in private practice, training and supervising. Kundalini Yoga has become an invaluable tool in his quest to discover what works in psychotherapy.



Saturday Morning Plenary 9:00-12:15 PM

Psychotherapy Relationships and Responsiveness That Works, John Norcross, PhD

Saturday Afternoon Workshops 2:00-5:15 PM (One Day)

#23 Personalizing Psychotherapy: A New Therapy for Each Patient

The therapeutic relationship and the patient are the most powerful sources of change in psychotherapy. This workshop will provide integrative methods for adapting/tailoring psychological treatments to individual clients and their singular contexts. Learn to reliably assess and rapidly apply 3+ evidence-based means for demonstrably improving outcomes. Discover how research and practice converge in responsiveness that fits both clients and clinicians. (3 CE's/Open)

John Norcross, PhD, ABPP, is a Distinguished Professor of Psychology at the University of Scranton, Adjunct Professor of Psychiatry at SUNY Upstate Medical University, Clinical professor at The Commonwealth Medical College and board certified psychologist. Author of more than 400 scholarly publications, Dr. Norcross has co-written or edited 22 books. An engaging teacher and clinician, he has conducted workshops and lectures in 30 countries.

Therapists cannot simply cluck with sympathy and exhort patients to struggle resolutely with their problems. We cannot say you and your problems. Instead we must speak of us and our problems, because our life, our existence, will always be riveted to death, love to loss, freedom to fear, and growth to separation. We are, all of us, in this together.

— Irvin Yalom, MD

#24 Borderland Consciousness: A New Clinical Paradigm Reflected in a Dialogue Between Western and Navajo Clinical Approaches

A clinical psychologist/Jungian analyst and a traditional Navajo Medicine Man will explore clinical differences between the Dominion-based Western psyche, which is rational, binary, and logos oriented, and the Navajo Reciprocity-based psyche, based on the principles of psychic balance, trans-rational reality, and holds a quantum world view. (3 CE's/Open)

Jerome Bernstein, MA, in Clinical Psychology, George Washington University, is a Jungian analyst on the teaching faculty of the CG Jung Institute of Santa Fe. He has a 45 year involvement with Native elders, culture, and ceremony, and was a consultant and lobbyist in Washington, DC for the Navajo Nation. He established the Department of Diné Education, and conducted the first clinical seminar with Jungian analysts and a Navajo Medicine Man. He has collaborated with Johnson Dennison for over 20 years.

Johnson Dennison, MA, in Educational Administration, has been a Navajo Traditional Medicine Man for 41 years. He has served as Coordinator of the Office of Native Medicine at Chinle Comprehensive Health Care Facility, Dean of Instruction at Diné College, Director of Navajo Education Philosophy, President of the Diné Medicine Men Association, and as a member of the Health Board at Chinle Hospital.

#25 Illusion and Reality: Navigating the Territory of Countertransference; Love, Hate and Apathy

The therapist's work involves knowing and managing the full spectrum of our feeling responses, including love, hate, and boredom. In this experiential group we will learn about understanding, accepting, and attending to our sometimes intense emotional responses and utilizing these confusing feelings effectively in therapeutic relationships. (3 CE's/max 12)

Tandy Levine, LCSW, is a long time AAP member with a 40 year psychotherapy practice in Washington, DC. She focuses on individual, group, and couples therapy, and provides clinical supervision. She is a Clinical Instructor of Psychiatry and Behavioral Sciences at the George Washington University School of Medicine and Health Services, as well as serving as a National Council Member of the Brown School of Social Work at Washington University in St. Louis.



#26 Artistic Endeavors as a Road to Confront Character

Primitive man was a mark-making, fetish carving, design creating, beauty seeking being. Sometimes our patients' words cannot express their deepest longings. Participants are asked to bring their art and explore how their characters block their artistic aspirations, as we search for deeper truths about the self. (3 CE's/Open)

Fern Beu, PhD, is in private practice in Washington, DC. She specializes in long term psychotherapy with adults and supervises mental health professionals in clinical and practice management. She is a fine art painter and has had shows of her work in numerous cities.

#27 What Does and Does Not Work in Relationships: An Experiential Group

In this experiential group, participants will learn from their own successful and unsuccessful interpersonal interactions. They will gain greater understanding of how their relational style affects the therapeutic relationship. They will learn to define how their subjective experience effects personal relationships and therapy in the here and now. (3 CE's/max 15)

Debbara Dingman, PhD, is a psychotherapist, trainer, supervisor, and consultant in Atlanta, GA. She is President of Pine River Psychotherapy Associates, adjunct professor and supervisor with Emory University School of Medicine and Behavioral Sciences, and Georgia State University Department of Psychology.

#28 Sexual Countertransference in the Psychotherapeutic Relationship: An Experiential Group to Facilitate What Works

Understanding our own countertransference is key to facilitating healing and growth for our clients. Sexual countertransference is often minimally discussed in our training and is continually evolving. This group provides space for seasoned and new therapists to discuss their countertransference material and ways it impacts the clinical relationship. (3CE's/AASECT approved/max 10)

Brian Cross, PhD, has a private practice in Washington, DC, leading groups, and working with individuals, couples, and families. Brian is active in providing sexual therapy training for therapists, and co-directs the local Chapter of AAP.

#29 Men's Fears of Women

Men are afraid of being controlled by women, of feeling inadequate with women, of women being needy or dependent, and any expression of strong emotions by women. These fears stem from men's disowned dependency, fears of abandonment, and femiphobia. This workshop will offer both didactic and experiential opportunities for learning. (3 CE's/max 20)

Avrum G. Weiss, PhD, practices in Atlanta, GA. He is the psychological consultant for Atlanta Jewish Family and Vocational Services, and adjunct faculty in the Department of Psychology at Georgia State University. His most recent book is "Change Happens: When to Try Harder and When to Stop Trying So Hard." His current project is research into men's fears of women.

#30 Whose Feeling Is It Really?

A brief didactic discussion followed by an experiential group supervision will present a simple theoretical and practical model for understanding how the therapist's feelings in the psychotherapy relationship can be used to apprehend dimensions of the patient's experience that the patient is unable to put directly into words. (3 CE's/max 15)

Paul Geltner, LCSW, holds an MSW and DSW in Social Work and a Certificate in Psychoanalysis. He is formerly Director of Psychoanalytic Education at the Psychoanalytic Psychotherapy Study Center, and former faculty at the Psychoanalytic Psychotherapy Center, Center for Modern Psychoanalytic Studies, Colorado Center for Modern Psychoanalysis, Northern Rockies Psychoanalytic Institute. He has a general psychoanalytic and psychotherapy practice, and is the author of: "Emotional Communication: Countertransference Analysis and the Use of Feeling in Psychoanalytic Technique."

Friday/Saturday Workshops (Continuation of Two Day Workshops)

#19B Work in Progress: Self Care from the Inside Out: Nies

#20B I Want To Be Your Friend: The Ethics of Friendship within the Psychotherapy Relationship: Beach/Rubin

#21B Hidden Pleasures: The Allure of Addictive Feelings, Thoughts, and Behaviors: Engels/Sorrells

#22B Kundalini Yoga: An Exploration of What Works: Blank

Thursday/Friday/Saturday (Continuation of Three Day Workshop)

#14C The Good Shepherd: The Psychotherapy Relationship in Group Therapy: Kirsch

Community Meetings

Wednesday 7:30-8:45

Thursday 1:45-2:45

Friday 1:45-2:45

Sunday 9:00-10:30

The large group process is an integral part of the experience at any AAP event. Four of these groups, which we call Community Meetings, will be spread throughout the conference. The first of these is the Opening Experience, where the theme of the conference will be introduced, and participants will begin exploring various aspects of the psychotherapy relationship through this unique format. This exploration continues through two Community Meetings, on Thursday and Friday. The final meeting, or Closing Experience, is an opportunity to review and integrate our exploration of the psychotherapy relationship, and facilitate the transition back to family, friends and work. All participants are encouraged to attend. (4* CE's/Open)

One hour of Continuing Education credit will be offered for each Community Meeting.

Curt Arey, MA, LPC, is in independent practice as a psychotherapist in Atlanta, GA, working with individuals, couples and groups. He came to AAP as a graduate student volunteer in 2008 and believes AAP is the best venue for developing the person of the therapist. He is a former Scholar of the Academy (2010), presenter at AAP conferences, Chair of the Southern Region Committee, and member of the Outreach and Scholarship Committees.

Melissa Beddingfield, MA, LPC, is a psychotherapist practicing in Atlanta, GA. She has been working with adults, individually and in groups, for 14 years. She was a member of AAP Southern Region Committee from 2010 through 2014, serving as treasurer for one of those years.

Ron Del Moro, PhD, is a holistically minded licensed Mental Health Counselor, serving the Gainesville community since 2005. Ron holds a Master's degree in Couple, Marriage & Family Counseling and a Doctorate in Mental Health Counseling from the University of Florida. He has studied, taught, and facilitated groups around the world. Ron received national awards for his work with individuals and groups. He has a diverse background in Crisis Intervention, Gestalt, Experiential, Interpersonal, and Existential Therapy; specializing in personal growth, couples counseling, and group work. Ron focuses on empowering individuals and couples to nurture a more connected relationship with themselves and others.

Hannah Hawkins-Esther LCSW, is in private practice in the Atlanta suburb of Sandy Springs, Georgia. She has been active in AAP for almost as long as she has been a therapist. She was in the first scholars group, served as chair of the Southern Region committee, and has been on both summer workshop and I&C committees. She is a daily meditator, and is enthusiastic about both yoga and group process.

AAP REGISTRATION INFORMATION

| |
|---|
| Name for Badge: |
| Degree, License(s) & State: |
| Address: |
| Email: |
| Preferred Phone Number: |
| Special Diet/Special Needs? |
| Do you need CEs for AASECT accreditation? Y N |
| Would you like to be assigned an Ambassador (pg 6) to help navigate the conference? Y N |
| May we share your contact information with your Ambassador? Y N |

REGISTRATION FEES

Cancellations before September 08, 2017 will be fully refunded less a \$75 procession fee. Refund requests must be submitted in writing to the central office at aap@caphill.com.

| | Through 9/08/17 | After 9/08/17 | Your Total |
|---------------|--------------------|------------------|---------------|
| Member | \$455.00 | \$495.00 | |
| Non-Member | \$495.00 | \$545.00 | |
| Single Day(s) | \$190.00 | \$200.00 | |
| Student | \$250.00 | \$275.00 | |

OPTIONAL FEES

| | | | |
|---|--|---------|--|
| CE Processing Fee <small>(CE processing fee for one day is \$25.00)</small> | | \$55.00 | |
| Wednesday Buffet Dinner Guest <i>Full Registration includes 1 Wednesday meal</i> | | \$75.00 | |
| Saturday Dinner Banquet <small>(Please circle meal choice.) fish beef chicken vegetarian</small> | | \$75.00 | |
| Saturday Dinner Guest <small>(Please circle meal choice.) fish beef chicken vegetarian</small> | | \$75.00 | |

DISCOUNTS

| | | | |
|---|------------|------------|--|
| Past Scholar Discount (Attendees who were AAP Scholars in 2016 and register by 9/08/17 are eligible.) | (-\$50.00) | | |
| Check Payment Discount | (-\$10.00) | (-\$10.00) | |

Total Due (Payment must accompany this form.)

PAYMENT INFORMATION

Check enclosed payable to: American Academy of Psychotherapists.

(AAP does not accept AmEx.)

| | |
|----------------|-----------|
| Credit Card #: | CSC/CVV#: |
|----------------|-----------|

Expires:

Card Holder Name:

Billing Address (as it appears on your credit card statement):

Signature:

AAP 2017 Institute and Conference The Psychotherapy Relationship: What Works?

Call the Eldorado Hotel and Spa directly to reserve your room: 1-800-955-4455.

Be sure to mention you are with the American Academy of Psychotherapists

- Reservation Deadline: September 22, 2017.
- Discounted Group Rate: \$189.00 plus taxes. The AAP conference room rate of \$189.00 plus taxes will be available three days before and three days after the I&C based on availability. <http://www.eldoradohotel.com>

CONFERENCE WORKSHOPS

**Morning Plenaries are for All
Conference Registrants (Each 3 CEs)**

Thursday Afternoon Conference Workshops
1st _____ 2nd _____ 3rd _____

Friday Afternoon Conference Workshops
1st _____ 2nd _____ 3rd _____

Saturday Afternoon Conference Workshops
1st _____ 2nd _____ 3rd _____

Register for an Open Process Group: Y N
Indicate your preference for either a 2-session or 3-session group (see page 7).

TRAINING INSTITUTE

Wednesday-Thursday Gouss _____

REGISTRATION INFORMATION

- Choose from easy registration options:
- Fax or Email: Fax completed registration form to 518-463-8656 or scanned email to aap@caphill.com
 - Mail: Make checks payable to: American Academy of Psychotherapists. Send the registration form and check to:
AAP, 230 Washington Ave. Ext, Suite 101
Albany, New York 12203
 - Online registration available at www.aapweb.com after July 17, 2017.
 - Questions: Contact the AAP Central Office, aap@caphill.com or call 518-240-1178

HOW DID YOU HEAR ABOUT THE AAP CONFERENCE?

| WORKSHOP PLANNER | THURSDAY MORNING 9:00 - 12:15 | FRIDAY MORNING 9:00 - 12:15 | SATURDAY MORNING 9:00 - 12:15 |
|--|--|--|---|
| | Plenary - Shaver | Plenary - Bateman | Plenary - Norcross |
| WEDNESDAY AFTERNOON 2:00 - 5:00 | THURSDAY AFTERNOON 3:00 - 6:15 | FRIDAY AFTERNOON 3:00 - 6:15 | SATURDAY AFTERNOON 2:00 - 5:15 |
| | 1 Shaver | 15 Bateman | 23 Norcross |
| T1A Gouss | T1B Gouss | 16 Coyle | 24 Bernstein/Dennison |
| | 2 Baxter | 17 Roberts/Bliss | 25 Levine |
| | 3 Thompson | 18 Chapman | 26 Beu |
| | 4 Farber/Klein | 19A Nies | 19B Nies |
| | 5 Finnerty | 20A Beach/Rubin | 20B Beach/Rubin |
| | 6 Schwartz/Kays | 21A Engels/Sorrells | 21B Engels/Sorrells |
| | 7 Oshrain | 22A Blank | 22B Blank |
| | 8A Clymer/Scher | 8B Clymer/Scher | 27 Dingman |
| | 9A Rosenblatt/Pellegirini | 9B Rosenblatt/Pellegirini | 28 Cross |
| | 10A Criswell/Van der Heiden | 10B Criswell/Van der Heiden | 29 Weiss |
| | 11A Penland | 11B Penland | 30 Geltner |
| | 12A Clemmer | 12B Clemmer | |
| | 13A Schiff/Libby | 13B Schiff/Libby | |
| | 14A Kirsch | 14B Kirsch | 14C Kirsch |
| Scholarship Process Groups 9:00-10:00PM | Scholarship Process Groups 9:00AM-12:00PM | Scholarship Process Groups 9:00AM-12:00PM | Scholarship Process Groups 2:00-5:15PM |

CONTINUING EDUCATION INFORMATION

Participants must pay their I&C registration fee, attend their chosen sessions in their entirety, attend all parts of multi-session workshops, and complete an Online Attendance/Evaluation form in order to receive a CE Certificate of Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are emailed immediately after completing the online evaluation form. You must complete the online form by **11/30/2017** in order to receive your CE certificate. The site will close after that date.

Psychologists

This I&C is co-sponsored by Amedco and The American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for his program and its content. 25.75 hours

Professional and National Certified Counselors, Marriage and Family Therapists (NBCC)

This course has been submitted for review.

Social Workers

Amedco, #1346, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing

Education (ACE) program. Amedco maintains responsibility for the program. ASWB Approval Period: 06/24/2016-06/24/2017. Social Workers should contact their regulatory board to determine course approval for continuing education credits. Social Workers participating in this course may receive up to 25.75 clinical continuing education clock hours.

ASWB approval is accepted by the Boards of Social Work in the following states: AK, AR, AZ, CO, DC, DE, FL, GA, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, MT, NE, NH, NJ, NM, NV, OH, OK, OR, PA, RI, SC, TN, TX, UT, VA, VT, WA, WI, WV, WY.

The American Association of Sex Educators, Counselors, and Therapists has approved this event for a total of 12 concurrent workshop hours for Continuing Education credit. Participants can earn up to a maximum of 9 AASECT CE credits.

New York Social Workers

Amedco SW CPE is recognized by the New York Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 25.75 hours.

New York Board for Mental Health

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 25.75 hours.

New York Board for Marriage & Family Therapist

Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 25.75 hours.

Ohio Chemical Dependency Board

This course has been submitted for review.

Please see details of workshop learning objectives in brochure addendum on-line at www.thepsychotherapyrelationship.org

2017 INSTITUTE AND CONFERENCE WORKSHOP OBJECTIVES

Scholarship Process Group 2017: Building the Therapeutic Relationship

1. Participants will be able to identify three components of creating safety in the work: setting boundaries pertaining to time, members' contact, and confidentiality as they pertain to a therapeutic relationship.
2. Participants will identify important leadership functions in creating a therapeutic group; including providing structure, boundaries and safety, offering encouragement for participation, modeling appropriate and relevant self-disclosure, naming group themes, as well as reinforcing authentic communications and connectivity between group members.
3. Participants will compare the therapeutic effects of communicating resonant empathic expressions with others vs. expressing judgments and interpretations in creating therapeutic relationships.
4. Participants will discuss patients' barriers to building therapeutic relationships; including fears, secrecy, shame, hostility, and withdrawal from engagement.
5. Participants will describe important elements of their own (family, educational, cultural, social) history and trauma history, and relate these historical experiences to their current emotional loading in present day relationships, including with patients.
6. Participants will identify important elements of other group members' histories, and communicate a hearing of others' in-group communications of feelings and needs in the context of their personal history.
7. Participants will identify personal goals, and risks necessary for them to build therapeutic relationships, based upon knowledge of their histories and relational patterns.
8. Participants will identify interpersonal risk-taking behaviors in groups, including self-disclosures, the expression of difficult feelings, the expression of differences with others, and discussion of shameful emotions/behaviors.

Training Institute: Transformational Integrative Group Psychotherapy

1. Comprehend the conceptual framework for this experiential body-oriented therapy.

2. Name needs that correspond with body sensations and movements.
3. Help clients externalize their inner blueprint into enrollments of parts of themselves.
4. Have a repertoire of new resources to introduce into a structure from the "witnesser" to "Ideal Parents," "mentors," "invisible helpers," "protection figures," "containment figures," etc.
5. Train clients in Ideal Parent functions.
6. Implement Ideal Parent work as emotionally corrective opportunities in individual and group settings.
7. Build a sense of resiliency in the client.
8. Understand the process of imprinting new inner resources so that they become a part of an internal blue print.
9. Help clients be aware of their body sensations and how to respond in healthy empowering ways to their own needs.
10. Use energy medicine tools that can help facilitate the work.

Thursday

Plenary Address: Research on Attachment Processes in Close Relationships

1. Understand and apply concepts, measures, and research findings concerning individual differences in adult attachment, various aspects of attachment (development and change in attachment orientations, internal working models, affect regulation, interpersonal relations including marriage, the client-therapist relationship, clinical disorders and progress in individual and couples therapy).
2. Be equipped to read the theoretical and research literature on adult attachment (including readings to be listed in a handout) and be conversant with the key concepts, controversies, and new directions in attachment research.
3. Consider the use of attachment concepts in assessment, case formulation, and therapy itself.
4. Know how to think about and manage or influence one's own and a client's attachment-related thoughts, feelings, and behaviors.
5. Relate what is presented concerning attachment theory and research to what is discussed in the

speaker's subsequent workshop and the other plenary speakers' talks (e.g., mentalization, working alliance).

#1 An Attachment-Theoretical Perspective on Therapists, Clients, and the Client-Therapist Relationship

1. Understand the theoretical and research literature on adult attachment and be conversant with the key concepts, controversies, and new directions.
2. Consider the use of attachment concepts in assessment, case formulation, and therapy itself.
3. Know how to think about one's own and a client's attachment-related thoughts, feelings, and behaviors.
4. Consider how best to relate to clients with certain kinds of attachment issues and how to intervene in the context of individual and/or couples therapy.
5. Relate what is presented concerning attachment theory and research to what is discussed in the workshop leader's and other plenary speakers' talks (e.g., mentalization, working alliance).

#2 Attachment Roles: Keeping Them Alive in the Room

1. Explain why, when we enter a relationship with a preconceived idea of how relationships go, we can intentionally or unintentionally, play out a role based on our childhood relationship with our parents or siblings and invite our patient to play the complementary role, and vice-versa (especially).
2. Differentiate how the patient sees us versus how we view ourselves. For example, when we become the "omnipotent guru" while the patient takes the role of "eager know-nothing," both therapist and patient don't get to discover their own power and competency in the therapy.
3. List certain roles that a person with a traumatic history of being abused plays out—for example, a person who had to accept in childhood that it is okay for an angry parent to beat them develops "helpless victim," "abuser" or "passive bystander" roles.
4. Demonstrate how the social roles we learn in severe trauma and abuse situations can lead us to pair off with someone who will continually switch between the "victim" and "abuser" roles with us, resulting in a perpetual repetition of a never-ending, mutually harmful entanglement.
5. Compare the continuation of this cycle due

to the "passive bystander" roles we and/or the patient learned from those who stood by as we and/or our patients suffered in childhood.

#3 "I Know What My Partner is Thinking!": Moving the Troubled Couple from Certainty to Curiosity

1. Differentiate between mentalization and pseudo-mentalization thinking and reacting.
2. Name the common non-mentalizing interactive patterns that arise in couples and families.
3. Demonstrate and match mentalization interventions relative to the couple or family member's ability to mentalize.
4. Model the "unknowing" posture and the capacity to "reboot" within the dynamic of the couple's or family' problematic interactions.

#4 Fathering: From Emotional Stabilization to Spiritual Guidance

1. List at least 5 ways that a therapist's and or client's father or fathering relationships can affect the therapy relationship.
2. Explain the predominant father dynamics in the therapist's and their clients' important relationships.
3. Outline techniques for addressing and healing father-child dysfunction as it manifests in other relationships, including the therapy relationship.
4. Discuss how fathering interacts with how the therapist and patient tolerate affective states.
5. List how fathering is masculine or feminine in the therapist's and the patient's paradigms.
6. List the attributes of fathering that participants want to embody in their practice.

#5 The Dance of Sex and Aging for Therapists and Clients: Increased Capacities, Vulnerabilities, and Losses

1. Demonstrate knowledge of changes in sexual functioning that occur with age.
2. List three changes in sexual expression that can occur with age.
3. Describe two approaches to inviting clients to discuss their sexual issues.
4. Describe two instances where the therapist became aware of changes in sexual expression.
5. Describe three instances where clients share sexual exchanges.
6. Demonstrate increased skill in addressing sexual changes that occur with age.

7. List two techniques which may assist clients in addressing changes that occur in sexual functioning.

#6 The Tangled Web of Social Media, Technology, and Therapy: Can This Relationship Work?

1. Identify three personal or cultural assumptions, feeling or beliefs guiding your own attitudes and practices related to the online world, social media or the use of technology in practice.
2. Identify three ethical principles relevant to the use of social media and technology in clinical practice.
3. Identify three ways to protect the safety and confidentiality of clients in the digital world.
4. Describe three ways that providing therapy to clients electronically impacts the core elements of psychotherapy.

#7 Relating Outside the Box

1. Participants will be able to define Gender non-conformity.
2. Participants will be able to differentiate between gender, sex, sexuality, and gender role.
3. Participants will be able to list strategies for confronting their own particular blocks to seeing the gender continuum.

Thursday/Friday

#8A/B Therapist Self Revelation and the Psychotherapy Relationship

1. List the most appropriate things to reveal in psychotherapy.
2. Differentiate between ethical and unethical revelations.
3. Predict when to reveal themselves in therapy.
4. Describe the best ways to deal with client reactions to therapist self-revelation.
5. Discuss the counter-transferential component of self-revelation.
6. Define what the shadow is and how it affects self-revelation.

#9A/B Who Are You? Who Am I? Navigating the Currents of Transference and Counter-transference in the Therapeutic Relationship

1. Describe personal examples of counter-transference and transference in the consulting room.
2. Identify clues to when unconscious forces are governing the relationship dynamics of both therapist and patient.
3. Identify the childhood origins of the roadmaps guiding relationship styles and behaviors.
4. Understand how experiences outside the therapeutic relationship shape our expectations, reactions and experiences within the patient-therapist relationship.
5. Understand the role of professional supervision in exploring transference and counter-transference issues.
6. Differentiate more effective and less effective ways of exploring and responding to transference and counter-transference experiences.

#10A/B Finding a Language of Connection

1. Describe different styles of communication.
2. Use additional skills for discerning "open" and "closed" methods of relating.
3. Recognize the nuances in pivotal words.
4. List the rich variety of ways clients communicate beyond words.
5. Recognize the role of transference and counter transference in the contamination of communication.
6. Define how backgrounds influence relational patterns.

#11A/B The Complex and Emerging Relationship Between Effective and Ethical Practice and the Personal Psychotherapy of the Psychotherapist

1. Discern and implement a heightened ethical consciousness, with an enhanced intention and commitment to making this pervasive in the psychotherapy they offer their patients.
2. Identify, evaluate, and describe the influence which their own personal psychotherapies have had in shaping WHO they are and HOW they themselves practice psychotherapy.

Thursday/Friday/Saturday

#14A/B/C The Good Shepherd: The Psychotherapy Relationship in Group Therapy

1. Describe and contrast different group leader theoretical styles including psychodynamic (group as a whole), existential, relational, and experiential.
2. State conditions and timing for when a group leader intervenes vs observes.
3. Demonstrate knowledge of the existential stages of the group development.
4. Demonstrate working in the here-and-now.
5. Demonstrate and describe relational interventions.
6. Contrast working with a patient's strength vs weakness or dysfunction.

Friday

Plenary Address: Mentalizing: A Core Process in all Psychotherapies

1. Define mentalizing as a mental process.
2. Differentiate mentalizing from metacognition and other psychological constructs.
3. State the developmental origins of mentalizing.
4. Discuss the relationship between mentalizing and epistemic trust.
5. Evaluate the importance of mentalizing as a central psychotherapy process.

#15 Mentalizing for Borderline Personality Disorder

1. Demonstrate an understanding of the mentalizing problems of borderline personality disorder.
2. Name mentalizing and non-mentalizing interventions in clinical practice.
3. Develop and maintain a mentalizing therapeutic stance.
4. Use some basic mentalizing techniques in everyday clinical work.

#16 We're Not in Kansas Anymore: The Psychotherapy Relationship in Addiction and Recovery

1. Name three characteristics of addiction that are analogous to story lines in fairy tales.

3. Discern and describe the experiential sources and models of their most powerful positive, productive, healing and transformational personal therapy.
4. Discern and describe the experiential sources and models of their most powerful negative, disappointing, harming and traumatizing personal therapy.
5. Discern the components of heightened ethical consciousness.
6. Develop an enhanced intention and commitment to interleaving these components throughout their work.
7. Evaluate their own progress in implementing the above.

#12A/B What Do We Not See That Could Work?

1. Utilize senses other than sight to experience what may have been missed in connecting with clients in the development of the therapeutic relationship.
2. Discuss research about core components of the therapeutic relationship and the role vision plays in developing these components.
3. Experience how the vulnerability of losing sight impacts the closeness of the group.
4. Explore how losing the data acquired through sight impacts the therapeutic relationship.
5. Identify personal barriers and resistance to utilizing non-visual senses in working with clients and in relating to others in the therapist's life.
6. Compare and contrast the experience of connection without sight and connection with sight.
7. Describe and discuss the experience of having an impaired sense.
8. Discuss how attending to non-visual components in the therapy room connect with the evidence about growth through the therapeutic relationship.

#13A/B Women Valuing Women: Long Term Friendships

1. Identify three characteristics shared by long-term friendships and successful psychotherapy.
2. Identify three requirements for establishing and maintaining long-term friendships and strong therapeutic alliances.
3. Discuss three challenges shared by long-term friendships and long-term psychotherapy.

2. Summarize pre-existing psychological vulnerabilities that can result in the rapid mood alteration of addiction being more compelling for populations that become addicted as compared with populations that do not become addicted.
3. Summarize predictable challenges to the therapy relationship in the early stages of psychotherapy when working with someone with addiction.

#17 Ethical Perspectives on Racism: What Therapists Need to Know

1. Identify 4 ethical principles relevant to understanding your racial identity and biases.
 - a. Principle of beneficence and non-maleficence (Do no harm.)
 - b. Principle of fidelity, responsibility, and integrity.
 - c. Principle of Justice
 - d. Respect for people's rights and dignity
2. List 4 significant historical periods of racial discrimination in the U.S. and connect the impact of those eras to contemporary racial issues.
3. Define white privilege and evaluate its impact on both people of color and white people in the US.
4. Locate personal level of racial identity development using the applicable racial identity model.

#18 Beyond Coupledness: Consensual Non-monogamy and Polyamory: What is the Role of the Therapist in Exploring Clients' Relationship Options?

1. List and illustrate some of the relationship options which clients may need your help in exploring.
2. Describe and contrast various monogamous and consensually non-monogamous relationship formats.
3. Diagram the interaction patterns within various non-monogamous relationship forms.
4. Model non-judgmental responses to the discussion of clients' relationship choices.
5. Explain some of the benefits and challenges that come with each type of relationship choice discussed.
6. List the types of agreements the therapist will need to help clients negotiate within various types of relationship opt.

Friday/Saturday

#19A/B Work in Progress: Self Care from the Inside Out

1. Describe one of the mechanisms of action related to adverse childhood events and midlife disease.
2. List three brain structures implicated in the traumatized brain.
3. Use group process to choose reciprocity and visceral safety.
4. Use group process to claim ownership of body, mind, and soul.
5. Describe three ways yoga compliments psychotherapy.
6. Achieve proper alignment in four yoga poses.
7. Learn to set a resolve and achieve yogic sleep in Yoga Nidra.

#20A/B I Want to be Your Friend: The Ethics of Friendship within the Psychotherapy Relationship

1. Describe the professional code of ethics mandates around maintaining relationship boundaries.
2. Identify the ethical dangers of drifting outside of the boundaries of the therapy relationship.
3. Describe the process of analyzing and evaluating an ethical problem related to the therapeutic relationship.
4. Discern the difference between an ethical relational dilemma versus a clinical and transference dilemma.
5. Participants will be able to identify their own personal danger zones related to ethical drifting.
6. Apply the process of evaluating an ethical problem via real time case examples.

#21A/B Hidden Pleasures: The Allure of Addictive Feelings, Thoughts, and Behaviors

1. Identify the similarities between actual addictions and more general, driven ways of thinking, feeling and behaving.
2. Identify and describe the differences between actual addictions and more general, self defeating feelings, thoughts and behaviors.
3. Describe where they are on the addiction continuum.
4. Describe the pleasures, importance, and value of

their self-defeating patterns.

5. Evaluate the emotional costs of maintaining their self-defeating patterns.
6. Explain how they can apply their deepened understanding of their own and each other's addictive patterns to their work with their clients.

#22A/B Kundalini Yoga: An Exploration of What Works

1. Understand/define 'breath work' as a tool for self-examination, self-awareness, and self-regulation.
2. Utilize paradoxical intention as a positive, affirming tool.
3. Practice/demonstrate yoga, meditation, kirtan as centering/grounding tool.
4. Use reframing as a powerful tool for defensiveness.
5. Practice mindfulness as a strategy to access feeling.

Saturday

Plenary Address: Psychotherapy Relationships and Responsiveness That Work

1. Identify at least three therapist relational behaviors that improve the effectiveness of psychotherapy.
2. Describe three patient matching dimensions that enhance treatment outcomes.
3. Avoid the use of discredited relationship behaviors that contribute to dropout and failure.

#23 Personalizing Psychotherapy: A New Therapy for Each Patient

1. Determine a client's treatment and relationship preferences in ways that improve outcomes.
2. Assess reliably a client's stage of change within one minute and tailor treatment to that stage.
3. Tailor therapy to a patient's level of reactance, thereby decrease dropouts.

#24 Borderland Consciousness: A New Clinical Paradigm Reflected in a Dialogue Between Western and Navajo Clinical Approaches

1. Explain the importance of Borderland consciousness with regard to the human community, Nature, and Global Warming.
2. Demonstrate the rudiments of applying a Borderland understanding of psyche to clinical practice.
3. Explain the importance of the Navajo healing model with regard to the dynamic relationship between Nature, healer, and patient.
4. Demonstrate the rudiments of applying the Navajo healing model to clinical practice.

#25 Illusion and Reality: Navigating the Territory of Countertransference; Love, Hate, and Apathy

1. Describe feeling safe and open to the group experience.
2. List three examples of feelings associated with countertransference in the therapeutic relationship.
3. Describe three ways to use countertransference to enhance the therapeutic relationship.
4. Identify at least one area of your own countertransference with a patient in your practice.
5. Report increased ease in discussing your feelings with a patient.
6. Define greater understanding of your own issues related to countertransference.
7. Describe ways your own feelings affect your relationship with patients negatively.
8. Describe ways your own feelings affect your relationship with patients positively.
9. Explain how the quality of the patient/therapist relationship is more important than the form of treatment.

#26 Artistic Endeavors as a Road to Confront Character

1. Discuss the ways in which early trauma or encouragement block or disinhibit creative expression and risk-taking.
2. Describe how therapeutic, non-critical alignment through understanding the feelings projected into artistic endeavors can forge positive transference.
3. Plan therapeutic interventions aimed at releasing more primitive aspects of the self, without shame.

#27 What Does and Does Not Work in Relationships: An Experiential Process Group

1. Demonstrate examples of successful and unsuccessful interpersonal interactions in therapy.
2. Demonstrate greater understanding of how their relational style affects the therapeutic relationship.
3. Define how their subjective experience affects the therapy.

#28 Sexual Countertransference in the Psychotherapeutic Relationship: A Process Group to Facilitate What Works

1. Describe three individual areas that she/he finds difficult/shaming or is at ease with conducting an assessment of sexual issues with clients.
2. List three personal sexual values that inhibit or facilitate speaking directly with clients about the client's sexual concerns, interests, and erotic functioning.
3. Compare and contrast their own sexual countertransference issues with those of other workshop participants and describe, in real time, the ways in which these 'therapist centered variables' hinder or promote client progress.

#29 Men's Fears of Women

1. Explain a theoretical understanding of men's fears of women and their underlying causes.
2. Describe psychological, developmental and sociological causes of men's fears of women.
3. Discuss some of their own fears of women, and/or recognize them and understand them more fully in others.
4. Recognize some of the indications of men's fears of women in their clinical work.
5. Formulate treatment strategies to help men and couples overcome these fears in the service of greater intimacy.

#30 Whose Feeling Is It Really?

1. Identify feelings that they experience in relationship to the patient, particularly subtle feelings with are not obviously related to the patient.
2. Locate consistencies and areas of congruence between their feelings and feelings that the patient has experienced, or that other people have

experienced in relationship to the patient.

3. Determine whether their feelings are reflective of the patient's own feelings, the feelings that other's have felt towards thee patient, or aspects of the therapist's own emotional life history that may have been activated in the psychotherapy relationship.

Opening Experience, Community Meeting, Closing Experience

1. Discuss emerging understandings of components of the psychotherapy relationship as they pertain to each individual and their work as a psychotherapist.
2. Define the subjective experience of client and therapist through the lens of the large group process.
3. Predict the ways countertransference shows up in the psychotherapy relationship as it emerges in a large group process.
4. Evaluate the ethics of therapist self-disclosure by way of large group process on the psychotherapy relationship.
5. Identify therapist challenges in maintaining supportive connection in the large group process.
6. Demonstrate examples of successful and unsuccessful therapeutic interactions in the large group process.

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