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# Where Therapists DARE to TREAD SAINT LOUIS October 21-25, 2015 60<sup>th</sup> Annual Institute & Conference

# WELCOME TO ST. LOUIS!

The American Academy of Psychotherapists (AAP) is delighted to host our 60th Annual Institute and Conference, "Where Therapists Dare to Tread" in St. Louis, Missouri. St. Louis is surely a place of daring and a place of transformation. A city with rich cultural heritage, a major player in the Civil War and the civil rights movement, and the jumping off place for exploration of the west, St. Louis has always embraced the frontier. This is the first American city chosen to host the Olympics, the home of Masters and Johnson, and, more recently, where a new surge of the civil rights movement has begun. Come walk in the footsteps of Mark Twain, Lewis and Clark, Miles Davis, Tennessee Williams, and Maya Angelou as we dare to step out of our comfort zones, talk about things taboo, and embrace things that challenge us.

# THE WESTIN ST. LOUIS

Be prepared for a luxurious setting and warm Midwestern hospitality at the Westin St. Louis in the heart of downtown. This four-star hotel offers spacious guest rooms, a full service fitness center and spa, The Clark Street Bar and Grill, and free in room internet. Situated next to a Metro stop, one mile from the iconic Gateway Arch and Mississippi riverfront, and literally across the street from the home of the St. Louis Cardinals, our hotel will serve as a great jumping off point for experiencing the food, music, and adventures this city is known for.

Reserve your room at the discounted conference rate (\$189 per night) by calling as soon as possible, no later than October 4, 2015, and referencing the American Academy of Psychotherapists.\*

# THE WESTIN • ST. LOUIS 811 Spruce Street St. Louis, MO 63102 USA T +1 314 552 5806 www.westin.com/stlouis

\*Based on availability, you may be able to book rooms at the conference rate 3 days before and 3 days after the event dates.

# TRAVEL INFORMATION

# **ARRIVAL BY AIR**

Lambert – St. Louis International Airport (STL) is served by most major airlines and is the destination airport for St. Louis. It's located about 15 miles from the Westin St. Louis Hotel. To get lowest airfares, check www.airfarewatchdog.com.

# FROM THE AIRPORT TO THE HOTEL BY

# CAR:

General driving instructions to the Westin Hotel: <u>http://www.starwood-</u> <u>hotels.com/westin/property/area/</u> <u>directions.html?propertyID=1248.</u>

Driving directions from Lambert-St. Louis International Airport to Westin Hotel: Take Interstate 70 East to the Memorial Drive Exit. Turn right on Market Street and then turn left on South 8th Street. Turn right onto Spruce Street. The hotel entrance is located on Spruce Street between 8th and 9th Streets on the right.

# TAXI:

The fare between the airport and the hotel is approximately \$45. Travel time about 20 minutes. Recommended, especially if sharing rides with 2 to 3 people.

# "WITNESS STAND" BY GC MYERS

GC Myers is a contemporary painter from the Finger Lakes region of New York. He came to painting in mid-life and quite by accident, as a result of an accident that occurred while building his home in the early 1990's. Since that time, his recognizable landscapes, known for their strong colors and moods, are avidly collected here and abroad.

# SHUTTLE:

Go Best Express airport shuttle service offers service from STL to the Westin for \$22 one-way and \$39 round trip with 10% discount with online reservation. This shuttle makes multiple hotel stops. Best to reserve in advance at www.gobestexpress.com or 877-785-4682. Best Transportation offers private sedan, SUV, and coach service for non-stop travel from airport to Westin hotel and return to airport.

Call 866-272-1200.

# **RAIL**:

Hop onto the MetroLink St. Louis (<u>https://www.metrostlouis.org/</u><u>Default.aspx</u>, 314-231-2345). The MetroLink station in Terminal #1 is located on the upper level of the airport outside of exit door MT2, east of the American Airlines Credit Union. The MetroLink station in Terminal #2 is accessible through the parking garage on all levels. Trains leave every 20 minutes. Take Red Line eastbound to Stadium stop, adjacent to hotel. Travel time is approximately 45 minutes, cost \$4.50.

# **PARKING:**

For I&C attendees, the Westin Hotel offers on-site daily self-parking at \$12 per car and daily valet parking at \$16 per car. Overnight parking will be charged at \$12 per car and overnight valet parking at \$27 per car. Tax and gratuity are not included in the parking fee quoted.



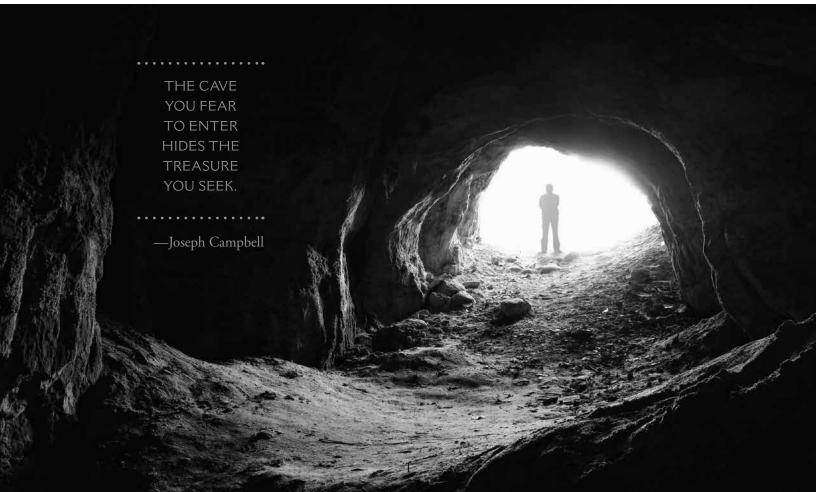
# WHERE THERAPISTS DARE TO TREAD

As psychotherapists, we embark on a journey into wilderness every time we sit in session in our consulting rooms. We enter the metaphorical woods of our patients where we are present as witness, guide, and fellow traveler. There are no maps or compasses to direct our journey. The provisions we carry to navigate this uncharted territory are largely unseen and held within. They include our degrees, our personal therapy, our life experience, our supervision, and the numerous and varied trainings we gather along the way. These are the supplies we bring to the psychotherapeutic frontier where we dare to practice the art and science of psychotherapy.

We gather in St. Louis, a hub of pioneering spirit. Dubbed "Gateway to the West" it was the last stop for the brave travelers of 200 years ago to stock up on supplies to sustain their journey into the unknown west of the Mississippi River. More recently this city was home to Masters and Johnson, whose unconventional and controversial research developed into the respected practice of sex therapy.

Drawing on the innovative roots of St. Louis let us be inspired to explore, "Where Therapists Dare to Tread." We invite psychotherapists to venture beyond comfort and expertise in order to examine topics that produce anxiety in ourselves as well as our patients. We will shed light on often avoided areas such as sex, anger, race, religion, addictions, boundaries, shame, erotic transference and countertransference.

Our willingness to choose risk vs. self-protection, courage in the face of fear, and learning in the place of unknowing, can determine our -effectiveness with those who seek our help. In keeping with the American Academy of Psychotherapists' focus on enhancing the person of the therapist, we will deliberately challenge pre-conceived limitations, self-doubt and shame. Let this Institute and Conference in this city rich with the history of courageous behavior and expansive thinking become the place for nurturing your adventurous desire to expand the horizons of your journey as an effective psychotherapist.





# American Academy of Psychotherapists: Who We Are

We are a multidisciplinary community of psychotherapists dedicated to the personal and professional development of the therapist. With an emphasis on authentic interpersonal engagement, we value the therapistclient relationship as fundamental to the healing process of psychotherapy.

As a community, the Academy seeks to provide learning and growth opportunities for both seasoned professionals and new therapists. AAP values relational workshop experiences and encourages authentic interaction over prescribed formality. To this end, our meetings offer process groups, experiential workshops, and therapy demonstrations in addition to more traditional didactic workshops and panels. Master clinicians offer combined experiential and didactic intensive training institutes as well. Members also have the opportunity to join long-term peer groups of Academy members that are designed to promote ongoing, in-depth interpersonal learning.

AAP's mission is to invigorate the psychotherapist's quest for growth and excellence through authentic interpersonal engagement. In an increasingly technical and manualized treatment climate, AAP maintains a commitment to in-depth personal engagement, respect for the unconscious, and attention to current developments in both theory and practice in the field of psychotherapy.

#### **IS THIS YOUR FIRST AAP CONFERENCE?**

The Ambassador Program pairs seasoned AAP members with non-member, firsttime attendees at AAP events. Ambassadors are there to welcome you personally and to answer your questions about the conference. If you're interested in meeting with an Ambassador, please so indicate on your registration form.

#### WELCOME TO AASECT GUESTS AASECT APPROVED FOR 18 CES

The American Association of Sex Educators, Counselors, and Therapists has approved this event for 18 Continuing Education credits. There are a total of 12 AASECT Approved workshops to choose from ranging from 3 to 6 hours in length. This includes our two Plenary presentations on Thursday and Friday morning. All other AASECT workshops are offered in the mornings and/or afternoons of Thursday, Friday, and Saturday. Please note the AASECT Core Knowledge Summary Table on Page 14 with SPECIFIC CATEGORY of CEs for each of these workshops. We hope our AASECT guests have a good experience at our Institute and Conference.

#### EDUCATIONAL OBJECTIVES WHERE THERAPISTS DARE TO TREAD I&C

- 1. To raise participants' awareness of transference and counter-transference issues in psychotherapy and how they inform our work.
- **2.** To generate dialogue and debate in the large group related to clinicians' need for risk versus protection.
- **3.** To demonstrate a variety of therapeutic approaches to working with transference and counter-transference regarding anxiety producing topics.
- **4.** Identify and explore participants' awareness of personally challenging areas, to promote personal and professional growth.
- **5.** To raise participants' awareness of the centrality of risk and courage to the therapeutic relationship.
- **6.** Identify the ways a final community group experience illuminates conference termination issues.

#### TARGET AUDIENCE AND INSTRUCTIONAL LEVEL

Our Institute and Conference is well suited for psychologists, social workers, counselors, marriage and family therapists, sex therapists, psychiatrists and other interested mental health professionals as well as graduate students in mental health related disciplines. The instructional level in all workshops and plenary sessions is appropriate for introductory, intermediate and advanced practitioners.



#### **CONFERENCE EVENTS**

#### HOSPITALITY SUITE

All are welcome at the 2015 I&C Hospitality Suite, located in the fourth floor Club Lounge, just across the sky bridge from the main hotel. In keeping with AAP tradition, it will be a comfortable space to rest, relax, connect with friends, and make new ones. As always, snacks and beverages will be provided. Your hosts are Jennifer Pellegrini and Zoë Worrell. We look forward to seeing you.

#### HOSTED DINNERS

Looking to get more acquainted with other AAP members and conference attendees? We will offer several hosted dinners on Thursday and Friday night sure to satisfy a variety of palates and budgets. You can find information regarding the restaurants and your hosts near the I&C registration desk.

#### **12 STEP MEETING**

AAP offers a 12 Step Meeting at lunch on Friday. Participants from all 12-step programs are welcome. Information will be on the bulletin board by our I&C registration desk.

#### BOOKSTORE

The conference bookstore will provide attendees with a selection of books by our presenters, our members, and other authors. We have partnered with the Washington University Bookstore to bring you great service, prices, and learning resources.

# RECEPTION TO WELCOME AAP SCHOLARSHIP RECIPIENTS AND NEWCOMERS TO THE ACADEMY

This gathering held on Wednesday afternoon is designed as a meet and greet for first time attendees. Every year a number of scholarships are awarded to attend the I&C. Please join us at this gathering to honor all the newcomers to our community. AAP leaders and members look forward to this opportunity to mingle and to answer questions about the Academy.

#### **OPEN PROCESS GROUPS**

We are welcoming all newcomers and people who are not currently in a peer/family group to have the opportunity of an essential AAP experience. Open Process Groups are typically leaderless groups but on Wednesday evening the group will be led by a veteran Academy member, Nick Kirsch, PhD. Please mark your interest on your registration form so that we can plan for appropriate space.

#### SATURDAY NIGHT DANCE

Staying in St. Louis with the blues? No way! We've partnered with the *best* DJ in the city to bring you a great Saturday night dance party. Please join us for an evening of St. Louis fun AAP style!

# SUNDAY MORNING CLOSING EXPERIENCE

The closing experience is a unique opportunity to review and integrate the week's experiences. This AAP tradition helps the transition back to family, friends, and work.

#### **AAP SCHOLARSHIP PROGRAM**

AAP offers a unique training opportunity for beginning psychotherapists of every discipline (visit www.aapweb. com to apply). Need-blind scholarships of \$1000 enable advanced graduate students and new practitioners to attend our conference. Up to twenty scholarship recipients will participate in workshops and community activities, as well as a daily intensive experiential 10-person process group facilitated by two AAP leaders. The Scholarship Program invites participants to develop a commitment to their own personal and professional development through participation in AAP.

> ONE MUST STILL HAVE CHAOS IN ONESELF TO BE ABLE TO GIVE BIRTH TO A DANCING STAR.

> > -Friedrich Nietzsche

#### SCHEDULE AT A GLANCE

## WEDNESDAY, OCTOBER 21

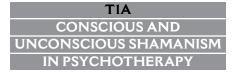
4:00 – 5:00 p.m. 6:00 – 7:15 p.m. 7:15 – 8:45 p.m. 9:00 – 10:00 p.m.	Training Institute Newcomers Scholars Reception (cash bar) Opening Experience/Community Meeting Opening Dinner Buffet (cash bar) Open Process Group
9:00 – 9:50 p.m.	Scholarship Process Group

## **THURSDAY, OCTOBER 22**

7:00 – 9:00 a.m.	Continental Breakfast
8:00 – 9:00 a.m.	Registration
):00 a.m. – 12:00 p.m.	Plenary with Panel
12:15 – 2:30 p.m.	
2:30 – 5:30 p.m.	Afternoon Workshops
2:30 – 5:30 p.m.	Scholarship Process Group
6:15 – 8:00 p.m.	
8:15 – 9:30 p.m.	Open Process Group

# The 2015 Program

Wednesday 1:00 – 4:00 p.m. Training Institute



This training institute is open only to AAP members who participated at the first meeting during SW 2015. Participants will be invited to notice ways in which their own practice of psychotherapy embodies shamanic beliefs and practices; whether by conscious intention or not. Participants may be offered the opportunity to go on one or more shamanic journeys, and explore the possible contributions of shamanism to psychotherapy--and psychotherapy to shamanism.

John Rhead, PhD — After earning psychology degrees from Dartmouth (B.A.) and Stanford (PhD) John Rhead did research on LSD, worked as a psychologist in a prison, directed a program for young adults in a psychiatric hospital, was a mental health team leader in school for emotionally disturbed children, and finally went into private practice. He works with individuals, couples, and families in addition to co-leading several psychotherapy groups. Over the years he has studied with, and associated with, a variety of shamanic practitioners. *6 CEs; Maximum 20 participants* 

#### SCHOLARSHIP PROCESS GROUP

FOUR-DAY GROUP FOR NEW CLINICIANS FORMING THEIR PROFESSIONAL IDENTITIES

Scholarship recipients are selected and assigned to process groups by committee in September.

Venturing forth with patients is challenging for new therapists. In this fourday (10-hour) process-oriented group, two AAP co-leaders will facilitate a creative exploration of therapeutic process in action.

**Debbara Dingman, PhD,** is a psychotherapist, consultant, and supervisor in private practice in Atlanta, Georgia. She is a member of the faculties of the Department of Psychiatry and Behavioral Medicine at Emory University, the Department of Psychology at Georgia State University, and the Pine River Psychotherapy Training Institute. She enjoys group work and is looking forward to working with the scholarship program this year.

**Dr. Fern Beu** received her PhD in Clinical Psychology in 1980; and since then, has been in private practice in the District of Columbia and Maryland. She specializes in individual, group and couples' long term psychotherapy, and private practice supervision. She has presented workshops nationally which focus on the co-therapy model of group psychotherapy.

Jack Mulgrew, PhD, ABPP, CGP, is a Professor Emeritus in the Marriage and Family graduate program at Appalachian State University. As a journeyman psychotherapist and supervisor, he enjoys practicing as a licensed psychologist in the state of North Carolina. Jack is a Fellow in the American Academy of Psychotherapists and looks forward to participating in this AAP training experience.

**Dr. David Pellegrini**'s child development background (BA 1974), and clinical/ research experience (University of Minnesota, 1980 PhD, Fulbright Scholarship at the London Institute of Psychiatry, 1980-81) enriches his 30-year clinical practice in Washington, DC. He served as a guest researcher at the NIH, and as a tenured clinical professor at The Catholic University. He currently works with individuals, groups, and couples in his Georgetown office, and consults with businesses and non-profit organizations as well.

#### FRIDAY, OCTOBER 23

7:00 – 9:00 a.m.	Continental Breakfast	7:
8:00 – 9:00 a.m.	Registration	8:
9:00 a.m. – 12:00 p.m.	Plenary	9:00
12:00 – 1:45 p.m.	Lunch	12:0
1:45 – 2:45 p.m.	Community Meeting	2:
3:00 – 6:00 p.m.	Afternoon Workshops	2:
3:00 – 6:00 p.m.	Scholarship Process Group	6:
6:15 – 8:00 p.m.	Hosted Dinners	7:00 p.n
8:15 – 9:30 p.m.	Open Process Group	

#### **PLENARY I:** AASECT APPROVED

WHERE A SURROGATE PARTNER DARES TO TREAD – FERTILE GROUND FOR EXPANDING OUR UNDERSTANDING AND PRACTICE OF PSYCHOTHERAPY



Cheryl Cohen Greene, DHS

# Thursday Morning 9:00 – 12:00 a.m.

**Cheryl Cohen Greene, DHS,** will describe her approach as a surrogate partner in helping hundreds of clients overcome common obstacles to good sex and deep intimacy. With the help of our workshop panel, she will identify aspects of her work that speak to the core elements of psychotherapy: establishing a therapeutic relationship, setting boundaries and dealing with clients' and therapists' feelings of shame, guilt and vulnerability. Dr. Green will dare us to consider that all clients, however physically or mentally challenged, deserve a seat at the table of achieving their sexual and full human potential.

Cheryl T. Cohen Greene, CCS, SPT, DHS has been in private clinical practice as a Surrogate Partner Therapist and Consultant in Human Sexuality since 1973. She was trained in the Masters and Johnson modality and was on the Training Staff of San Francisco Sex Information for 20 years. She became the Vice President of The International Professional Surrogates Association (IPSA) in 2011. Cohen Greene is a frequent media guest, who has been interviewed on Larry King Live, the National Geographic Channel, the WE Channel, and CNN, among others. She lectures to graduate students in Psychology at many San Francisco Bay Area colleges and universities. Her work with the poet/journalist Mark O'Brian inspired the award winning 2012 independent film The Sessions. Her book, An Intimate Life -Sex, Love and My Journey As A Surrogate Partner (a Memoir), was published in January 2013.

#### PLENARY I PANEL:

**Dr. Ellen Weber Libby, PhD,** (Moderator) continues devoting her professional life to fostering the psychological wellbeing of individuals, couples, and families in Washington, DC. She supervises therapists, writes for Psychology Today, lecturers, and consults to family owned businesses on their family dynamics. She is author of the acclaimed book, *The Favorite Child*. Ellen enjoys cruising on the Chesapeake Bay with her husband of 48 years and hanging out with her children and her friends.

#### **SUNDAY, OCTOBER 25**

/:00 - 9:00 a.m.	Continental Breakfast	
8:00 – 9:00 a.m.	Registration	
	Morning Workshops	7:00 - 9
12:00 – 2:30 p.m.		8:00 - 9
	Afternoon Workshops	
	Scholarship Process Group	9:00 - 1
6:30 – 7:00 p.m.	Presidents Reception (cash bar)	
	Dinner / Dance (cash bar)	
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SATURDAY, OCTOBER 24

0 – 9:00 a.m. Breakfast 0 – 9:00 a.m. Scholarship Breakfast Mtg. 0 – 10:30 a.m. Closing Experience/ Community Meeting

**Brian Cross, PhD**, is a licensed psychologist practicing in Washington DC. He is primarily a very sturdy talk therapist who is also extensively trained in bodyoriented approaches to psychotherapy. Brian has also earned his Sex Therapist Certification via AASECT and integrates his knowledge and skill set with couples, groups, and individuals.

Marc Feldman, PhD, is a clinical psychologist, in private practice, in Washington, DC. He has thrived in his Georgetown psychotherapy practice with his colleagues for nearly 35 years where he works intensively with individuals, groups and couples.

**Ellen Schiff, PhD,CGP,** is a psychologist practicing in Bethesda, Maryland and Washington, DC, working with individuals, couples and groups as well as providing consultation and clinical supervision. She has a particular interest in the challenges of life transitions including the complexities that develop in relationships, the aging process and the process of loss and grief. Dr. Schiff has presented numerous workshops on these and other issues in a variety of settings. She has been a member of AAP for over 30 years.

Marilyn Schwartz, PhD, is a psychologist in Washington, DC, providing individual, couples, and group psychotherapy, clinical supervision, and consultation to federal agencies. She created and co-directs the Adult ADHD Resource Center of Washington, a treatment center for adults with ADHD. Dr. Schwartz, Chair of the AAP Ethics Committee and member of the Ethics Committee of the DC Psychological Association, frequently presents at national and local meetings on the topic of ethics in psychotherapy. *3 CEs; Unlimited participants See AASECT Categories Table p.14* 

# Thursday Afternoon Training Institute 2.30 – 5.30 p.m.

TIB CONSCIOUS AND UNCONSCIOUS SHAMANISM IN PSYCHOTHERAPY

John Rhead, PhD

# Thursday Afternoon Workshops 2.30 – 5.30 p.m.

## 3: AASECT APPROVED SEX, LET'S TALK ABOUT IT, I DARE YOU!

Talking about sex with clients can elicit reactions in therapists and clients. In this workshop we will discuss when and how to take a sexual history and then break into pairs and practice. We will conclude with a group process noting reactions and those areas you didn't dare to tread.

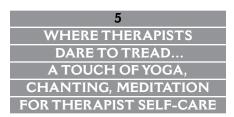
Alan L. Marcus, PhD. Diplomat in Sex Therapy. Certified IMAGO therapist. Alan received his Masters in Counseling from the University of Maryland, College Park and his Doctorate in Counseling from Temple University. After completing his graduate degrees, Alan continued his training earning certification as an IMAGO Relationship Therapist as well as a Sex Therapist. In his practice, Alan works primarily with couples and individuals with intimacy and sexual performance concerns.

3 CEs; Maximum 30 participants See AASECT Categories Table p. 14

# 4: AASECT APPROVED DON'T TREAD THERE ALONE: WORKING WITH EROTIC TRANSFERENCE USING PEER GROUP SUPERVISION

Erotic transference, sexuality, religion, shame — therapists can develop strong conscious and unconscious reactions to clients presenting these issues. Peer group supervision can help us find ways to use our reactions for our own and our clients' growth. To do so, we must overcome our own obstacles to experiencing vulnerability and seeking support.

Matthew Burgess Leary, PhD, is a licensed psychologist in private practice in North Carolina. Being in a peer supervision group was one of the most important supports he wanted when transitioning to private practice, and he is grateful to his group for their encouragement and risktaking. Also, he is grateful he took the risk to join rather than staying a lone wolf. *3 CEs; Maximum 18 participants See AASECT Categories Table p. 14* 



Psychotherapy presents the opportunity for both the client and therapist to be vulnerable and to expand to daring ways. Kundalini Yoga, including meditation, Kirtan (sacred chanting), breath work, and traditional psychotherapeutic techniques will assist us in our daring exploration and expansion of our beings.

**Damon Blank, PhD,** is a licensed Marriage and Family Therapist, in private practice for over 30 years. He is a Diplomate of the Gestalt Training Center, La Jolla, CA (Irv and Miriam Polster), and has years of training, teaching, and supervision in marriage and family therapy. As a devotee of Kundalini Yoga, he is fascinated by the incredible daring that yoga has encouraged and supported in his life and practice. **3 CEs; Maximum 15 participants**  DARING GREATLY IS BEING BRAVE AND AFRAID EVERY MINUTE OF THE DAY AT THE EXACT SAME TIME.

-Brené Brown

# WORKING WITH SCHIZOID PATIENTS: DARE TO TREAD BUT TREAD WITH CARE

6

The schizoid person yearns for, but deeply fears, relationship. This challenges the empathic clinician who dares to tread towards a deep therapeutic connection. This workshop explores the "schizoid dilemma" through didactic presentation, exercises and group discussion. The compassionate clinician who understands can help schizoid patients resolve their need to reach out and fend off at the same time.

**Philip Spiro, MD.** is a psychiatrist in independent practice in Chapel Hill, NC. He received his medical degree from Yale University (1983) and psychiatric training at Duke University (1990). Active in the training and supervision of psychiatric residents at Duke, he teaches a course in psychodynamic theory which emphasizes his interest in intrapsychic structure and how it informs the clinical process. **3 CEs; Maximum 30 participants** 

# 7A LOVING PSYCHOTHERAPY: COURAGE, FOOLISHNESS & KNOWING THE DIFFERENCE

Effective psychotherapeutic growth involves developing a loving bond between the psychotherapist and the patient. This process unfolds as trust is strengthened and both struggle to maintain their best loving selves. This process group will focus on the individual's loving strengths and challenges, and how they are best utilized interpersonally.

**Gary C. Frankel, PhD,** is a licensed Psychologist in Washington, DC who has been in full time private practice for 35 years. Dr. Frankel conducts individual, couples, and group psychotherapy. In addition, Dr. Frankel conducts several countertransference supervision groups for therapists in private practice. He has also served as Chair of the Academy's Ethics Committee.

#### 6 CEs; Maximum 18 participants

8A
WHERE ANGELS
FEAR TO TREAD:
FEAR AND COURAGE
IN PSYCHOTHERAPY

This workshop will be a two-day process group — participants will be asked to tend to their emerging reactions, responses, feelings, thoughts and experiences of themselves and others in the group.

Adam Klein, PhD, Adam Klein is a Licensed Psychologist in full-time private practice in Bethesda and Annapolis, Maryland. He has become interested in the enormous impact an uncaring culture has on the human spirit. He has learned to push on the outer limits of how psychotherapy can be an antidote to this culture's deadening effects. In his free time he enjoys coaching his kids in recreational basketball and soccer.

**Bradley Lake, LCSW-C, LICSW,** has been in private practice for over 24 years, working with individuals, couples and groups, and enjoys providing supervision for local clinicians. Bradley has practices in Annapolis and Chestertown, MD, as well as Washington, DC. He has a passion for group and couples work. Bradley launched his blog, *Seen and Heard*, in 2014. He is on the Board of Directors for MAGPS. Bradley is thrilled to be back in St. Louis where he graduated from Washington University!

6 CEs; Maximum 15 participants

# 9A THE PERILS AND PEARLS OF CONFLICT

The expectation of this two-day process group is that participants will express their feelings, thoughts and reactions towards, about, and triggered by each other. We will explore the defenses against, fears of, hurts and pleasures of the inevitable conflicts that ensue. Goal: Genuine connection through effective conflict.

**Rhona Engels, LCSW, ACSW,** has been in private practice for 30 years, working with individuals, couples, and groups, as well as teaching and providing supervision. She has published in clinical journals, led workshops, served 13 years on Executive Council, and holds dear the award of Fellow, all experiences which have taught her many lessons about the perils and pleasures of conflict.

**Steve Sorrells, LCAS,** is the Clinical Director of Recovery Ventures Corporation, a residential addiction treatment center in North Carolina, where he provides individual and group therapy as well as supervision. Previously, he has worked as a crisis counselor in a community mental health center. He has also worked as an executive in corporate America, owned a small business and taught elementary and high school. He has extensive professional and personal experience working with conflict. *6 CEs; Maximum 12 participants* 

10A
THE AGING THERAPIST
DARES: DISCOVERING AND
REDISCOVERING PASSION

Winnicott said, "I want to be alive when I die." What does being alive mean for the senior therapist? How do desires and needs change over time? This experiential workshop will explore the benefits of the confidence and humility which can characterize the creativity of therapists of a certain age.

**Murray Scher, PhD,** holds the PhD in Counseling Psychology from the University of Texas at Austin. He is a past president and fellow of the Academy as well as a fellow of the American Psychological Association. After more than four decades of the independent practice of psychotherapy, 10 years of teaching in college, consulting, and supervising he considers himself a senior therapist. He is embarking on a new turn in his career having moved to Austin, Texas where he is opening a new practice and passionately trying new endeavors.

Hallie Lovett, PhD, has been a psychotherapist since 1977 and has always included the co-therapy of groups in her practice, both as a hedge against loneliness, and for help with what Bion described as the "not knowing" element of every therapeutic endeavor. Her ongoing commitment to creativity includes co-founding the symposium series The Conversation Between the Arts and Psychotherapy, membership in The Redwell Theater Group, and over 25 years' membership in two peer process groups. *6 CEs; Maximum 15 participants* 

11A
CREATING SPACE FOR
MULTIPLE IDENTITIES:
EXAMINING
MICROAGGRESSIONS
IN OUR LIVES

Join us to engage in discussion about the role your multifaceted identity plays in your community. Learn about microaggressions—the everyday unconscious slights which stem from bias—and how they impact our patients, colleagues, and intimate relationships.

Tabari A. Coleman, MPA, is the Project Director for the A WORLD OF DIF-FERENCE <sup>®</sup> Institute for the Missouri and Southern Illinois regional office of the Anti Defamation League. He develops, coordinates and implements anti-bias and inclusion training workshops for schools, community organizations and businesses. Tabari sits on the Board of Directors for Hate Brakers and the Leadership Council for the University of Missouri-St. Louis. He received his B.S. in Speech Communications and a Masters of Public Administration from Southern Illinois University at Edwardsville.

6 CEs; Maximum 35 participants



# Friday Morning 9:00 a.m. – 12:00 p.m.

PLENARY II: AASECT APPROVED SEXUAL INTELLIGENCE: A NEW VIEW OF SEXUAL "FUNCTION" AND SATISFACTION

What do most people say they want from sex? Some combination of pleasure and closeness. But that's NOT what most people focus on during sex. Instead, people often undermine their experience, frequently leading to what they dread; sexual "dysfunction." As we try to improve patients' sexual "functioning" we often make things worse. The alternative? The more humane and complex Sexual Intelligence approach.

**Dr. Marty Klein** has been a California MFT for 34 years, and is an AASECT-Certified Sex Therapist. A qualified forensic expert in human sexuality, Dr. Klein has written 7 books about sexuality, including one honored as AASECT's Book of the Year. A former adjunct faculty member at Stanford University Medical School, Dr. Klein has presented over 700 keynotes, training workshops, and seminars across the U.S. and in 30 countries. He recently gave two Congressional briefings on evidence-based school sex education.

3 CEs; Unlimited Participants See AASECT Categories Table p. 14

# Friday Afternoon Workshops 3:00 – 6:00 p.m.

12: AASECT APPROVED WHEN SEX GETS COMPLICATED: INFIDELITY, TECHNOLOGY, & PORNOGRAPHY

- \* How can we help partners with contrasting sexual values talk with each other productively?
- \* After infidelity, how do we hold BOTH partners while they struggle to define their behavior, contract, and emotions?
- \* What is the structure of typical couples' conflicts about pornography--and what are these conflicts really about?

**Dr. Marty Klein** is pleased to offer this workshop in addition to the morning plenary.

3 CEs; Unlimited participants See AASECT Categories Table p.14 7B LOVING PSYCHOTHERAPY: COURAGE, FOOLISHNESS & KNOWING THE DIFFERENCE Gary C. Frankel, PhD



Adam Klein, PhD Bradley Lake, LCSW-C, LICSW

9B THE PERILS AND PEARLS OF CONFLICT

Rhona Engels, LCSW, ACSW Steve Sorrells, LCAS

#### 10**B**

THE AGING THERAPIST DARES: DISCOVERING AND REDISCOVERING PASSION

Murray Scher, PhD Hallie Lovett, PhD

IIBCREATING SPACE FORMULTIPLE IDENTITIES:EXAMININGMICROAGGRESSIONSIN OUR LIVES

Tabari A. Coleman, MP

# 13: AASECT APPROVED PAIN WITH INTERCOURSE: A MULTIDISCIPLINARY APPROACH TO TREATMENT

Participants learn about the impact painful intercourse can have on the individual and their relationships. We address techniques for working with these clients from the perspective of sex therapy and pelvic physical therapy. Combining treatment strategies to address physical and emotional components can allow for higher quality of care.

Angela Skurtu, MEd, LMFT, AAS-ECT Certified Sex Therapist, is the owner of St. Louis Marriage Therapy, LLC, a private practice focused in couples and sex therapy. She is a Missouri Licensed Marriage and Family Therapist and nationally Certified Sex Therapist through AASECT. She does several speaking engagements about sexuality for conferences, businesses, schools, and local organizations. She is also currently publishing a book about Pre-Marital Counseling that should be available in late 2015.

Meghan K. O'Mahony Normile, PT, is a 2005 graduate of St. Louis University with a Master's of Physical Therapy. Since then she has enjoyed working in an outpatient setting with runners and endurance athletes. In 2010 she completed specialized training in women's and men's health conditions including pelvicfloor dysfunction, post prostatectomy care, pelvic pain, pregnancy /post-partum issues as well as others. In May 2013 she started with SSM Physical Therapy as the Women's Health Program Manager and has expanded the program to be the largest in the St. Louis region.

3 CEs; Unlimited participants See AASECT Categories Table p.14

# 14A: AASECT APPROVED THE IMPACT OF MASTERS AND JOHNSON'S LEGACY ON AGING ADULTS SEXUALITY

Masters and Johnson revolutionized the way we talk about sex. But as we age, are we any more confident in talking about our desires and fears, whether single, or in new or long term relationships? How has the medicalization of sexuality impacted our sexuality as we age?

Lenore M. Pomerance, MSW, CGP, graduated in history from the University of California at Berkeley and received an MSW from The Catholic University of America in Washington, DC, where she has a private practice of psychotherapy. She has specialized in chronic and terminal illness and mid-life issues of menopause, sexuality, and aging. She has co-led and led workshops reflecting all of these interests at AAP and most recently at Widener University's Sexuality and Aging Consortium, a workshop on the impact of the "Viagra Age" on aging relationships 6 CEs; Maximum 12 participants See AASECT Categories Table p. 14

15 UNEARTHING ADDICTIONS & WALKING IN THE SHADOWS OF COMPULSIVE BEHAVIORS: WHERE THERAPISTS DARE TO TREAD

This workshop will invite you to have feelings about compulsive and addictive behaviors and what lies beneath the shadows, as well as what lives on the surface in ourselves and our patients. This is a 3-hour process group. Bring your heart and soul for exploration, feeling and inspiration!

Susan Berlin, LICSW, CASAC, is a Licensed Clinical Social Worker and a Certified Alcohol and Substance Abuse Specialist, running a group practice in Washington, DC. Susan is a recognized specialist in the field of Addictions & Substance Abuse Treatment and runs a National Listserve for Mental Health and Addiction Professionals called the Capital Networking Group. Susan works with individuals, couples and groups. Susan also does co-therapy with Graham Hall, LPC.

**Graham R. Hall, LCPC, LPC,** received his Masters in Organizational Counseling from Johns Hopkins and worked as an Executive Coach. He then completed his clinical training at Johns Hopkins and served as the Assistant Clinical Director at the Kolmac Clinic in Washington, DC, prior to opening his private practice. In private practice, Graham sees clients individually, as couples and in groups. Graham is licensed in both the District of Columbia and Maryland and does co-therapy with Susan Berlin, LICSW.

3 CEs; Maximum 14 participants

# 16: AN ETHICS WORKSHOP WHERE THERAPISTS DARE TO TREAD: THERE ARE ETHICS INVOLVED

Sometimes even experienced therapists question ethical implications in deciding where they dare to tread. Participants will learn more about where therapists of all levels dare to tread, and some ethical deliberations, considerations and implications of these choices.

**Pat Webster, PhD** is a practicing clinical psychologist in Durham, NC, and Oriental, NC, practicing psychotherapy for 40 years. She has been a member of the Ethics Committee of the Academy for 15 years, and was Chair of that committee for 12 years. She is a Fellow in the Academy. She received her doctorate from the Union Institute, her master's from the University of North Carolina at Chapel Hill, and her bachelor's from Duke University.

**David Hawkins, MD,** is a Board Certified psychiatrist in private practice in Chapel Hill, NC. He offers individual and group psychotherapy, training and consultation groups in psychodynamic group psychotherapy, and lectures nationally on group psychotherapy. He is a Distinguished Life Fellow of the American Psychiatric Association, a past president and Fellow of the American Academy of Psychotherapists and a past president and Distinguished Life Fellow of the American Group Psychotherapy Association. **3 CEs; Maximum 19 participants** 

# Saturday Morning Workshops 9:00 a.m. – 12:00 p.m.

# 14B: AASECT APPROVED THE IMPACT OF MASTERS AND JOHNSON'S LEGACY ON AGING ADULTS SEXUALITY

Lenore M. Pomerance, MSW, CGP

# 17A: AASECT APPROVED THE TREATMENT OF SEX ADDICTION: FINDING OUR FOOTHOLDS

We will explore the causes, assessment, and treatment of sex addiction from perspectives related to attachment theory and the neurobiology of addiction. Growth in our understanding of sex addiction will illuminate a contrasting understanding of sexual health as liberating, integrative, and connecting: a dynamic that expresses itself in many forms.

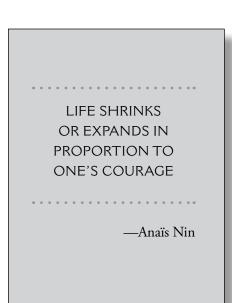
**Bob Coyle, PhD,** is a psychologist in independent practice in Atlanta, GA. He is a Certified Sex Addiction Therapist and presents continuing education workshops through Pine River Psychotherapy Training Institute as well as AAP. For over 30 years he has been providing psychotherapy for individuals, couples and groups. 6 CEs; Maximum 20 participants See AASECT Categories Table p. 14

# 18: AASECT APPROVED MONOGAMY: IS THAT ALL THERE IS?

Do therapists dare to face alternative relationships? In this workshop we will discuss, compare and contrast different models of monogamous and nonmonogamous relationships. We will explore therapists' reactions, including counter-transference, to these models and how to work with clients who are aspiring to, or already involved in, non-monogamous lifestyles.

Anni Tuikka, MA, LPC, CST, CSTS, has a private practice in Atlanta, doing individual, couples, and sex therapy with a mainly evolutionary and relational approach. She has two Master's degrees, one in Education (Finland) and the other in Psychology (USA). She is an AASECT-Certified Sex Therapist and a Certified Sex Therapy Supervisor.

**Steve K. D. Eichel, PhD, ABPP, CGP,** is a licensed and Board-certified counseling psychologist in Delaware, a certified group psychotherapist, a Full (Clinical) Member of the Society for Sex Therapy And Research, and a Candidate for certification as a sex therapist through AASECT. He has practiced since 1980 with a broad range of clients, employing a traumainformed psychodynamic and experiential approach. He has presented regionally and nationally on sexuality-related topics. **3 CEs; Maximum 15 participants See AASECT Categories Table p. 14** 



# 19 MANAGING THE COMPLEX FAMILY SYSTEMS OF ANOREXIA NERVOSA PATIENTS

The psychodynamic approach to patient care is becoming obsolete; however, it remains pertinent in current patient care. With this idea in mind, we will discuss various defense mechanisms, focusing on projective identification, and how to apply these concepts to the complicated family systems that often accompany adolescents with Anorexia Nervosa.

Matthew Nguyen, MD, is a 1996 graduate of medical school from the University of Texas – HSC at San Antonio. He went on to complete an internship in 1997 from Baylor College of Medicine, an Adult Psychiatric residency in 1999 from Georgetown University, and in 2001 a Child/Adolescent Psychiatry fellowship from the University of Florida where he remains on faculty.

Maria Constantinidou, PsyD, is a licensed psychologist who specializes in Eating Disorders and Anxiety Disorders and has been a faculty member for the University of Florida Department of Psychiatry department since 2012. She is currently treating patients, as well as teaching practicum students, medical students and supervising residents and fellows. **3 CEs; Unlimited participants** 

# 20 IT TAKES TWO TO CREATE ONE LET'S TALK

This workshop will be experiential in nature, offering the participants the opportunity to risk exploring uncharted territory verbally within a time limited container.

Jack Mulgrew, PhD, ABPP, CGP, is a Licensed Psychologist in North Carolina. His professional focus is on exploring the dynamics of joining and individuating within interpersonal relationships. *3 CEs; Maximum 15 participants* 



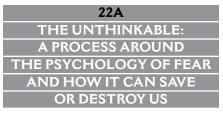
## 21: AN ETHICS WORKSHOP DARING TO BE AN EXPERT

Fully owning our expertise is a challenge throughout our professional lives. In this group format, we'll explore the personal obstacles and the ethical issues that accompany the joys and perils of claiming our expertise. We'll consider and practice how to empower ourselves to fully embrace our expertise.

Marilyn Schwartz, PhD, is a psychologist in Washington, DC, providing individual, couples, and group psychotherapy, clinical supervision, and consultation to federal agencies. She created and co-directs the Adult ADD Resource Center of Washington, a treatment center for adults with ADHD. She was listed as "Best Therapist" in the field of ADHD by the Washingtonian Magazine. Dr. Schwartz, Chair of the AAP Ethics Committee and member of the Ethics Committee of the DC Psychological Association, frequently presents at national and local meetings on the topic of ethics in psychotherapy.

**Cathy Roberts, MS, LCPC,** has a BA in Social Science/Secondary Education, an MS in Pastoral Counseling, and a Certificate in Adoption Competencies. She provides counseling and mentoring to individuals, couples, and families in her private practice in Rockville, MD. A former internet radio talk show host, in 2014 she interviewed 26 experts, all healers of loss and trauma, for her radio show called *Voices For Healing*.

3 CEs; Maximum 15 participants



This two-day process group will cover the science of how the body and mind respond to crisis, and actions that will increase survival. Case examples will help participants reflect on two questions: "What would it feel like to go through that?" and "Would I do the right thing and survive?"

Jane Baxter, PhD, has received degrees from Bucknell University and The University of Maryland. Her training before private practice work occurred in inpatient addiction treatment facilities and in EAP settings. Her advanced training has occurred by her attendance and participation in process groups offered by the American Academy of Psychotherapists, and continued supervision. She is especially interested in a strength-focused approach to psychotherapy, which helps individuals grow from their inner resiliency. She has authored the book, Manage Your Depression Through Exercise. 6 CEs; Unlimited participants

> THERE IS NO SOUL IN PERFECTION.

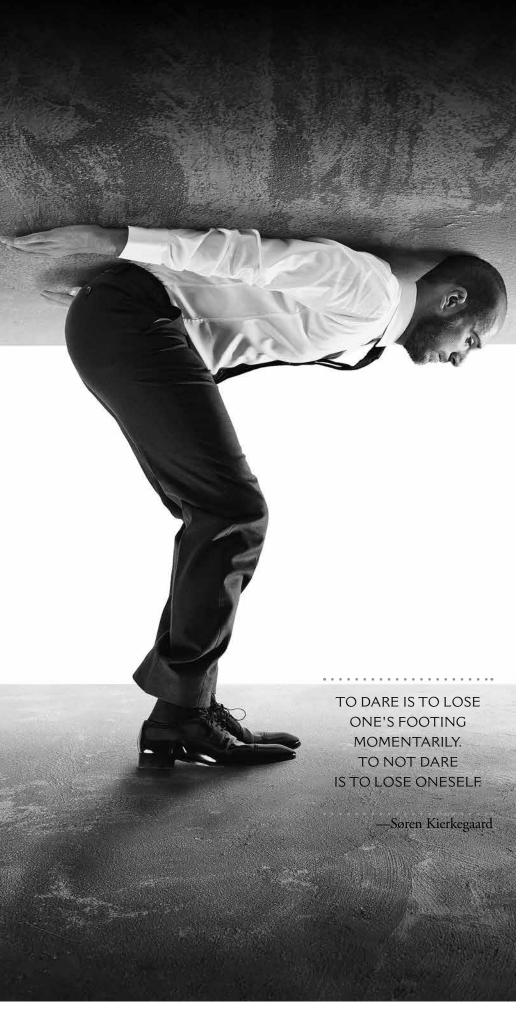
> > —David Whyte

## 23A HOW TO KILL YOUR MOTHER

"If it's not one thing, it's your mother," was needle-pointed on my therapist's pillow. Even as we help clients mine that truth, we struggle ourselves to tease apart what's us, what's her. Whose voice shushes ours? Whose rules overrule? Whose needs trump? Don't you sometimes just wish she'd die already? In this experiential group, we'll lay some old bones to rest.

Kristin Staroba, LICSW, specializes in shaking up the skeletons. With a 1985 BA from Hunter College, she worked as a writer and editor before pursuing an MSW at Catholic University. In private practice in Maryland and Washington since 1996, she endeavors to free her own story from the family tangle while helping patients do the same. She presents frequently at AAP workshops and salons and since 2013 has co-edited AAP's journal, *Voices*.

6 CEs; Maximum 12 participants



# Saturday Afternoon Workshops 2:30 – 5:30 p.m.

17B: AASECT APPROVED THE TREATMENT OF SEX ADDICTION: FINDING OUR FOOTHOLDS Bob Coyle, PhD

22B
THE UNTHINKABLE:
A PROCESS AROUND
THE PSYCHOLOGY OF FEAR
AND HOW IT CAN SAVE
OR DESTROY US

Jane Baxter, PhD

# 23B HOW TO KILL YOUR MOTHER Kristin Staroba, LICSW

# 24: AASECT APPROVED COUNTERTRANSFERENCE IN SEX THERAPY WITH ADULTS MOLESTED AS CHILDREN

Coping with our countertransference reactions is always important, but sexual abuse can present unique challenges. We will look at how our sexual histories impact our responses to the sexual problems of adults molested as children. How does the fact that we were or were not molested affect how we react?

Lee Blackwell, PhD, is in private practice in Newport Beach and Huntington Beach, CA, specializing in couples therapy and sexual issues. After receiving his PhD from Florida State University, he received training in sex therapy in the Human Sexuality Program at UCLA, staying on as a supervisor and then was Co-Director from 1983 to 1993. He remains as Assistant Clinical Professor in the Neuropsychiatric Institute. He has presented nationally and internationally on sexuality and neuroscience. Lee is a Past President and Fellow of AAP.

3 CEs; Maximum 12 participants See AASECT Categories Table p.14

#### 25: AASECT APPROVED NEUROBIOLOGY OF GENDER IDENTITY

Dr. Soni will describe neurobiological and cultural concepts of gender. Participants will learn why the concept of gender dimorphism is outdated. We will examine the latest research elucidating gender fluid concepts and the cultural implications of these findings.

Hiten Soni, MD, completed his internship at Saint Louis University and his residency in Psychiatry at the University of Missouri at Kansas City. He has taken additional training at The Florida Postgraduate Sex Therapy Training Institute and the Psychoanalytic Institute of Greater Kansas City. He is licensed to practice Psychiatry in the states of Kansas and Missouri. Dr. Soni currently resides in Lawrence, Kansas with his wife, two children and two dogs.

3 CEs; Unlimited participants See AASECT Categories Table p. 14

# 26: AASECT APPROVED DARE WE TELL THE TRUTH? SEX IS GOOD FOR ADOLESCENTS

This workshop transgressively challenges conventional notions of comprehensive sex education to advocate for holistic sexuality education. Holistic sexuality education informs young people that sexuality is a powerful resource for affirming identity, connecting with others, accessing energy and pleasure, and enhancing total health. The workshop employs didactic teaching, experiential learning, and use of video and powerpoint. It will examine how adults can support the sexual unfolding of young people and features a fish bowl of young people reflecting on their sexual culture.

Susan Ekberg Stiritz, MSW, MBA, PhD, is Senior Lecturer and Chair of the Specialization in Sexual Health and Education at the Brown School, Washington University in St. Louis. A research psychoanalyst, transdisciplinary scholar, and Certified Sexuality Educator and Supervisor, she directs AASECT's Summer and Winter Institutes. She authored *Cultural Cliteracy: Exposing the Contexts* of Women's Not Coming, and co-authored Teaching Men's Anal Pleasure: Challenging Gender Norms with Prostage Education and Transforming Feminine Categories: Genealogies of Virginity and Sainthood.

3 CEs; Maximum 40 participants See AASECT Categories Table p. 14

# 27: AN ETHICS WORKSHOP ETHICAL ISSUES WHEN COUNSELING CLIENTS NEARING THE END OF LIFE

Work related to individuals with end of life issues tends to focus on aspects of grief and loss as opposed to providing counseling to dying persons and their loved ones. End of life counseling in outpatient settings generates ethical challenges and dilemmas: treatment considerations include ensuring autonomy, assessing decision making capacity, and maintaining boundaries.

**Diana Woodruff, PhD,** is in full time private practice in Atlanta, working with families, individuals, couples, and groups. Her practice includes individuals dealing with life threatening diseases, loss of their significant other and typical issues that accompany "old age." This work resulted from her own cancer survival and the loss of her adult son, both shaping her understanding of dealing with the overwhelming feelings that evolve when faced with such life events. **3 CEs; Maximum 15 participants** 

28
POWER AND VULNERABILITY:
ENHANCING A
SENSE OF SAFETY
IN PSYCHOTHERAPY

Intense feelings generated by the psychotherapy process often frighten the vulnerable therapist. Knowledge and practice of the art of self-defense provides the therapist an increased sense of safety and security while doing intensive psychotherapy. In addition to the group process, participants will learn simple self-defense techniques to help allay therapy-related fears.

Natan HarPaz, PhD, has maintained a private practice in Southfield, Michigan for over 40 years and is a 4th Degree Black Belt in Isshinryu Karate. He has a PhD in clinical psychology, a MSW in casework and group work, and a BS in Psychology and Chemistry. He is a Fellow of AGPA, past Executive Council Member of AAP, past President of MGPS, and past Dean of IIGP. His workshops tend to focus on the intersection of psychotherapy and martial arts training.

3 CEs; Maximum 25 participants

#### THE 2015 INSTITUTE AND CONFERENCE COMMITTEE

Sharon Bernstein & Tandy Levine, *Co-Chairs* Puma Cornick & Mindy Mecham, *Program Co-Chairs* Brian Cross, *AASECT Program Coordinator* Sean LeSane & Elizabeth Gomart, *CE Co-Chairs* Dean Chelpon, *Brochure* David Pellegrini, *Treasurer* Brooke Bralove & Sharilyn Wiskup, *Publicity, Marketing* Jennifer Pellegrini & Zoë Worrell, *Hospitality* Marilyn Schwartz, *Consulatant, Transportation* Liz Marsh, *Hosted Dinners, Music, St. Louis Attractions* Bob Rosenblatt, *National Marketing* Alyssa Adams, *Central Office* Mary deWit, *Graphic Design* 

## CONTINUING EDUCATION SATISFACTORY COMPLETION

Participants must pay their I&C registration fee, attend their chosen sessions in their entirety, attend all parts of multi-session workshops, and complete an Online Attendance / Evaluation form in order to receive a CE Certificate of Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are emailed immediately after completing the online evaluation form. You must complete the online form by 11/30/2015 in order to receive your CE certificate. The site will close after that date and certificates will no longer be available. Full details will be available at the conference.

# PSYCHOLOGISTS:

This I&C is cosponsored by Amedco and the American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. **18 hours** 

# PROFESSIONAL AND NATIONAL CERTIFIED COUNSELORS, MARRIAGE AND FAMILY THERAPISTS (NBCC):

Amedco is an NBCC-Approved Continuing Education Provider (ACEPTM) and a cosponsor of this event/program. Amedco may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. NBCC-ACEP Provider #5633. **18 hours** 

# CALIFORNIA BOARD OF BEHAVIORAL SCIENCES (CABBS):

Course meets the qualifications for 18 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider #PCE4956. **18 hours** 

# SOCIAL WORKERS:

This course has been submitted for review to NASW in Washington, DC.

# THIS EVENT IS APPROVED BY AASECT FOR 18 CEs:

The American Association of Sex Educators, Counselors, and Therapists has approved this event for 18 Continuing Education credits. There are a total of 12 AASECT Approved Workshops to choose from ranging from 3 to 6 hours in length including our Plenary Panel with Cheryl Cohen Greene, DHS, and our Keynote address with Marty Klein, PhD. All other AASECT workshops are offered in the mornings and/or afternoons of Thursday, Friday, and Saturday. Please note the AASECT Core Knowledge Summary Table below which lists the SPECIFIC CATEGORY of CEs for each of these workshops. We hope our AASECT guests have a good experience at our Institute and Conference. Welcome!

Presenters	Day & Time	AASECT Core Knowledge Area(s)	
Cohen-Greene, DHS	Thurs a.m.	E. Intimacy Skills / 1 CE H. Health & Medical Factors / 1 CE I. Range of Sexual Functioning / 1 CE	3
Burgess Leary, PhD	Thurs p.m.	0. Professional Communication / 3 CEs	3
Marcus, PsyD	Thurs p.m.	B. Developmental Sexuality 3 CEs	3
Klein, PhD	Fri a.m.	E. Intimacy Skills / 1 CE I. Range of Sexual Functioning / 1 CE M. Pleasure Enhancement / 1 CE	
Klein, PhD	Fri p.m.	C. Socio-Cultural Factors / 1 CE K. Cyber Sexuality and Social Media / 2 CE	3
Skurtu, LCSW & O'Mahoney, PT	Fri p.m.	G. Sexuality and Reproductive Anatomy / 1 CE H. Health / Medical Factors / 1 CE I. Range of Sexual Functioning / 1 CE	3
Pomerance, LCSW (must attend both sessions)	Fri p.m. & Sat a.m.	M. Pleasure Enhancement / 1 CE O. Professional Communication / 3 CEs P. History of Discipline / 2 CEs	6
Tuikka, PhD & Eichel, PhD	Sat a.m.	F. Diversity in Sexual Expression / 3 CEs	
Coyle, PhD (must attend both sessions)	Sat a.m.& p.m.	H. Health / Medical Factors / 3 CEs J. Sexual Exploitation, Abuse / 1 CE K. Cyber Sexuality & Social Media / 2 CEs	6
Blackwell, PhD	Sat p.m.	J. Sexual Exploitation, Abuse / 1.5 CEs G. Sexuality and Reproductive Anatomy / 1.5 CEs	
Soni, MD	Sat p.m.	D. Issues Related to Sexual Orientation / 1.5 CDs G. Sexuality and Reproductive Anatomy / 1.5 CEs	
Stiritz, PhD, MSW & MBA	Sat p.m.		

IT IS NOT THE CRITIC WHO COUNTS; NOT THE MAN WHO POINTS OUT HOW THE STRONG MAN STUMBLES, OR WHERE THE DOER OF DEEDS COULD HAVE DONE THEM BETTER. THE **CREDIT BELONGS** TO THE MAN WHO IS ACTUALLY IN THE ARENA, WHOSE FACE IS MARRED BY DUST AND SWEAT AND **BLOOD; WHO STRIVES** VALIANTLY; WHO ERRS, WHO COMES SHORT AGAIN AND AGAIN, BECAUSE THERE IS NO EFFORT WITHOUT ERROR AND SHORTCOMING: BUT WHO DOES ACTUALLY STRIVE TO DO THE DEEDS; WHO KNOWS GREAT ENTHUSIASMS, THE GREAT DEVOTIONS; WHO SPENDS HIMSELF IN A WORTHY CAUSE: WHO AT THE BEST KNOWS IN THE END THE TRIUMPH OF HIGH ACHIEVEMENT, AND WHO AT THE WORST, IF HE FAILS, AT LEAST FAILS WHILE DARING GREATLY, SO THAT HIS PLACE SHALL NEVER **BE WITH THOSE COLD** AND TIMID SOULS WHO NEITHER KNOW VICTORY NOR DEFEAT.

. . . . . . . . . . . .

—Theodore Roosevelt

#### AAP REGISTRATION INFORMATION

Full Name (for badge):
Degree(s):
Address:
City, State, Zip:
Email:
Preferred Phone number: ( )
If you are not an AAP member, how did you hear about the conference?

Special Diet / Special Needs?

Are you seeking AASECT CEs for any of the workshops?  $\Box$  Yes  $\Box$  No Would you like to be assigned an AAP "Ambassador" to help you navigate the conference? (*See page 2*)  $\Box$  Yes  $\Box$  No

May we share your contact information with your Ambassador?  $\Box$  Yes  $\Box$  No

REGISTRATION FEES AAP will refund all but \$75 of the total registration to registrants who notify Central Office of their cancellation on or before September 17, 2015. Notification must be submitted via email (aap@caphill.com) or mail.				
	Through 8/17/15	After 8/17/15	Your TOTAL	
Member	\$430	\$480		
Non-Member	\$480	\$550		
Former AAP Scholarship Recipients	\$430	\$500		
Student	\$200	\$200		
2015 Scholarship Recipients	\$200	\$200		
OPTION	OPTIONAL FEES			
CE Processing Fee		□ \$40.00		
Wednesday Evening Buffet (For extra guest only; buffet is included in Full Registration)		<b>□</b> \$70.00		
Saturday Night Banquet and Dance (Indicate meal choice) I fish I beef I chicken I vegetarian		□ \$65.00		
Single Day(s)		\$180.00 per day		
Total Due (Payment must accompany this form)				

#### **PAYMENT INFORMATION**

Check enclosed (Payable to American Academy of Psychotherapists. Take a <b>\$10</b>				
<b>discount</b> if paying by check.)				
$\Box$ VISA $\Box$ MC (no AmEx)				
Credit Card #:	CCONT			
Expires:	CSC/CVV:			
Cand Haldan Manag				
Billing Address as it appears on your credit ca	ard statement:			
Signature:				

# The 2015 Institute and Conference of the American Academy of Psychotherapists: Where Therapists Dare to Tread

#### CALL THE WESTIN • ST. LOUIS TO RESERVE YOUR ROOM (314) 552-5806

(314) 552-5806 Be sure to mention you are with the American Academy of Psychotherapists. Single or Double \$189 + tax **Triple** \$189 + tax / **Quad** \$189 + tax OVERNIGHT ROOM RESERVATION DEADLINE OCTOBER 4, 2015! Rates only for nights of October 21-24; check-out October 25. Some rooms may be available at this rate 3 days before and 3 days after the conference. Call early! **TRAINING INSTITUTES** Wednesday 🖵 T1a Thursday □ T1b WORKSHOP PREFERENCES Workshops will be assigned on a first come first served basis. Please list your top three workshop preferences. THURSDAY AFTERNOON 1st 2nd 3rd FRIDAY AFTERNOON 1st 2nd 3rd SATURDAY MORNING 1st 2nd 3rd SATURDAY AFTERNOON 1st 2nd 3rd REGISTER ME FOR AN OPEN PROCESS GROUP:  $\Box$  Yes  $\Box$  No **REGISTRATION / INFO** 

Choose from easy registration options: Website: Visit aapweb.com to register online (with live view of open workshops, immediate confirmation). Mail: Make checks payable to *American Academy of Psychotherapists.* Send registration and check to: AAP 1450 Western Avenue, Suite 101 Albany, New York 12203 Fax: Fax completed registration form to: 518.463.8656 Questions: Contact the AAP Central Office by email at aap@caphill.com or call 518.694.5360.

# WORKSHOP PLANNER

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Registration 8:00 – 9:00 AM				
	7:00 – 9:00 a.m.	7:00 – 9:00 a.m.	7:00 – 9:00 a.m.	7:00 – 9:00 a.m.
	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
	9:00 a.m. – 12:00 p.m.	9:00 a.m. – 12:00 p.m.	9:00 a.m. – 12:00 p.m.	8:00 – 9:00 a.m.
	**Plenary 1	**Plenary II	**14B Pomerance	Scholarship Breakfast
	with Panel Cheryl Cohen Greene,	Marty Klein, MFT, CST	**17A Coyle	Meeting
	DHS		**18 Tuikka, Eichel	9:00–10:30 a.m.
			19 Nguyen,	Closing Experience
			Constantinidou	
			20 Mulgrew 21 Schwartz, Roberts	
			21 Schwartz, Roberts 22A Baxter	
			23A Staroba	
12:00 – 5:30 p.m.	12:15 – 2:30 p.m.	12:00 – 1:45 p.m.	12:15 – 2:30 p.m.	
Registration	Lunch (on your own)	Lunch (on your own)	Lunch <i>(on your own)</i>	
Registration		1:45 – 2:45 p.m.	Lunch (on your own)	
		Community Meeting		
1:00 – 4:00 p.m.	2:30 – 5:30 p.m.	3:00 – 6:00 p.m.	2:30 – 5:30 p.m.	
T1A Rhead	T1B Rhead	**12 M. Klein	**17B Coyle	
	**3 Marcus	**13 Skurtu,	22B Baxter	
		O'Mahony		
	**4 Burgess Leary	** 14A Pomerance	23B Staroba	
	5 Blank	15 Berlin, Hall	**24 Blackwell	
	6 Spiro	16 Webster, Hawkins	**25 Soni	
	7A Frankel	7B Frankel	**26 Stiritz	
4:00 – 5:00 p.m.	8A A. Klein, Lake	8B A. Klein, Lake	27 Woodruff	
Newcomers Reception ( <i>Cash Bar</i> )	9A Engels, Sorrels	9B Engels, Sorrels	28 Harpaz	
6:00 – 7:15 p.m.	10A Scher, Lovett	10B Scher, Lovett		
Opening Experience / Community Meeting	11A Coleman	11B Coleman		
	Scholarship	Scholarship	Scholarship	
	Process Group	Process Group	Process Group	
7:15 – 8:45 p.m.	6:15 – 8:00 p.m.	6:15 – 8:00 p.m.		
Opening Dinner Buffet ( <i>Cash Bar</i> )	Hosted Dinners	Hosted Dinners		
9:00 – 10:00 p.m.	8:15 – 9:30 p.m.	8:15 – 9:30 p.m.	6:30 – 7:00 p.m.	
Open Process Group, Kirsch	Open Process Group	Open Process Group	Presidents Reception ( <i>Cash Bar</i> )	
9:00 – 9:50 p.m.			7:00 p.m. – Midnight	
Scholarship Process Group			Dinner / Dance ( <i>Cash Bar)</i>	
** Indicates workshops t	hat are preapproved for A	ASECT credit		



#### AMERICAN ACADEMY OF PSYCHOTHERAPISTS 1/50 Western Avenue Suite 101

1450 Western Avenue Suite 101 Albany, NY 12203

