

Be Changed. For Good.

The image features two faces in profile, facing right. The face on the left has its eyes closed, while the face on the right has its eyes open. Both faces are rendered in a reddish-pink, almost monochromatic style. The background consists of numerous thin, radiating lines that create a sense of depth and light, transitioning from a darker red on the left to a bright yellow on the right. The entire scene is framed by a thick yellow border.

**AAP 2014 Summer Workshop
Brasstown Valley Resort
Young Harris, Georgia
June 18-22**

2014 SUMMER WORKSHOP

Welcome

Change. A most active word implying command or action, or alternatively, a state or condition already accomplished. We hope that our theme will be taken as an invitation rather than as a command, and will be considered a journey rather than a destination. As we have lived with the theme for quite some time and have come to appreciate the variety of meanings that it suggests, we hope that it will also set the stage for this Summer Workshop and the variety of experiences which might result. Central to our planning has been the attention to providing a framework for people to find what they are seeking, be that experiential and affective or conceptual and thoughtful. The genesis of our theme springs from the fundamental belief in the power of relationship for growth and even healing. We hope that you will take something meaningful away from this workshop.

At the entrance of our meeting place at Brasstown Valley Resort is a large carved turtle representing the Cherokee legend of their mighty nation's renewal. During a great flood several thousand years ago, there was a tremendous turtle swimming through the dark waters. Many people weathered the storm by riding on the turtle's back. As the waters began to recede, the giant turtle came to rest on Brasstown Bald Mountain, thus beginning the long heritage of the Cherokee in the North Georgia Mountains. Because the turtle saved the Cherokee from the flood waters, the turtle became sacred to them: an icon of their revitalized community. The turtle is now the symbol of the Brasstown Valley Resort. For the days of the Summer Workshop, this mountaintop will be our home above the flood waters and our place to gather and meet in community .

Since we as a committee have tried to provide some changes from our customary patterns while still preserving the fundamental spirit of the Summer Workshop experience, there will certainly be some planned variations as well as some unintended (and ideally invigorating) surprises. So, we welcome you and invite you to embrace the theme, and

Be Changed. For Good.

For the committee,

Z and Barb

Workshop Co-Chairs

Brasstown Valley Resort

Brasstown Valley Resort & Spa is nestled in the north Georgia mountains and is an easy 2 1/4 hour drive from both Atlanta and Asheville airports. With the gracious and helpful staff, the upscale rustic atmosphere of the lodge, and the beauty of surrounding vistas, it offers a perfect environment for us to work, relax, and play. The amenities include the Equani Spa, nine miles of hiking trails, swimming pools, tennis courts, an 18 hole championship golf course, and five miles of riding trails in addition to the newly renovated equestrian center. We have rooms reserved in the cottages and the lodge; the conference center will be exclusively ours. Of course, the food will be plentiful, with healthy options available for us. Come early to partake of all that our venue has to offer and be ready to "Be Changed. For Good". For more information go to www.brasstownvalley.com.

The Committee

Barbara Nama & Z Rosenzweig-Summer Workshop Co-Chairs
Hallie Lovett & Kay Loveland- Program Co-Chairs
Linda Tillman- Continuing Education & IT
Janet Tyler- Treasurer
Pat Coyle- Brochure
Dan Mermin-Transportation
Hannah Hawkins-Esther & Susan Levy- Hospitality
David Loftis- AV and Meeting Room Assignments
Maureen Martin- Activities
Murray Scher- Communications
Lee Blackwell- "New Group" Facilitator

The Schedule at a Glance

WEDNESDAY, JUNE 18, 2014

12:00-5:00 pm Registration
1:30-4:45 pm Training Institutes
5:45-7:00 pm Opening Experience
7:00-8:30 pm Dinner & Cash Bar
8:30-9:45 pm 'New Group' Experience
(open to everyone)

THURSDAY, JUNE 19, 2014

7:00-9:00 am Breakfast
7:00-8:00 am Stretch and Tone in the Water
9:00-12:15 pm Workshops & Training Institutes
12:15-1:30 pm Lunch
1:45-3:00 pm Community Meeting
6:30-8:00 pm Dinner

FRIDAY, JUNE 20, 2014

7:00-9:00 am Breakfast
7:00-8:00 am Qi Gong
9:00-12:15 pm Workshops
12:15-1:30 pm Lunch/ 12 Step Meeting
1:30-2:30 pm Business Meeting
2:30-3:30 pm Community Meeting
6:30-8:00 pm Dinner
8:30-10:00 pm Talent Show

SATURDAY, JUNE 21, 2014

7:00-9:00 am Breakfast
7:45-8:15 am Meditation & Blessing
9:00-12:15 pm Workshops
12:15-1:30 pm Lunch
1:45-3:00pm Community Meeting
6:30-7:00 pm Social Gathering & Cash Bar
7:00-8:30 pm Dinner Dance
8:30 until Dance ...

SUNDAY, JUNE 22, 2014

7:00-8:30 am Breakfast
8:30-9:45 am Closing

Cover Artwork

The theme and cover artwork for this Summer Workshop grew out of an organic committee process. As the theme became clearer, we considered many images and then became sure that we wanted a new image that reflected our own collaboration and shared notions. In this spirit, Z and Pat worked together to develop an image that would reflect our ideas and truly be a product of our changing together for good.

Events and Activities at the Conference

Opening Experience

Our opening experience will be from 5:45 to 7:00 pm on Wednesday night followed by a cash bar, dinner, and social gathering.

'New Group' Experience

In the tradition of forming groups at the Summer Workshop, we are offering a group for first time attendees on Wednesday night following dinner, to introduce the way leaderless groups operate in the Academy. This year we also want to **encourage seasoned members to attend as well** if they are looking to join a group. Lee Blackwell will facilitate this group on the opening night, and the group will then follow its own process and decide its course from there. This may well become an ongoing group or groups.

Food Aplenty

You will not go hungry at this Summer Workshop! We have attended to the needs of our membership in selecting delicious and healthy choices for all of the planned meals and have certainly included the indulgences which people have come to expect at this annual event. In addition to the meals, we will have a continuous break daily in the conference area. In the morning, there will be juices, baked goods, fresh fruit and yogurts (and a daily hot special), as well as coffee and teas. In the afternoons, there will be juice, water and soft drinks, cookies/brownies, snacks, freshly baked biscotti...and even ice cream treats.

Family Group Rooms

If you want us to help you find a place for your peer group to meet, please email David Loftis at david@drdavidloftis.com and list the members of your group. Send only ONE email from each group, please. We will do our best to accommodate.

Your vision will become clear only
when you can look into your own heart.
Who looks outside, dreams; who looks
inside, awakes.
Carl Jung

Hospitality

Hospitality is considered an integral part of southern living, and Susan Levy and Hannah Hawkins-Esther are looking forward to providing all of you with a warm, welcoming experience. There is a bit of a "change": rather than a "suite," we are creating a hospitality cabin, complete with rocking chairs and deck, and we feel that is "for good." We invite anyone to bring his or her home-made delectable to share. We also appreciate anyone who might be willing to volunteer to help keep the cookies warm and the bar stocked. You can contact Hannah at hannahesther@comcast.net or Susan at suzl@mindspring.com

Alex Redmountain Memorial Golf Tournament

Find a partner, practice your drives, chips and putts and participate in the SW Nine Hole Golf Tournament. The championship course is located at the resort. You may call ahead for a tee time if you wish at 706-379-4614. Last year's "shambles" format will be used again: where both players hit drives, choose the best one, and then play their own ball from that point on to the cup. Record the best score. I will post a sign up sheet at the registration desk. You will be asked to record your handicap or typical score for 18 holes. Feel free to contact me with any questions or if you need assistance finding a partner. Contact Karen at kswander@msn.com.

Tennis Mixer

There will be a tennis mixer coordinated by Laura June on Saturday midday at the Brasstown Valley Tennis Courts. Look for the sign-up sheet on the bulletin board during registration. All levels are welcome to come out for some "fun in the sun."

The AAP Arts and Crafts Table & Silent Auction

The art auction is a wonderful way for artists to display their creations, providing an opportunity for us to experience the talents of our members. Please bring your creative expression in oil, watercolor, photography, sculpture, crafts, jewelry, creative writing and more. The proceeds of the auction will be donated to the AAP Trust Fund. If you have any questions, contact Ros Feierstein at 606-465-7099 or helmerf@aol.com.

Events and Activities at the Conference

Stretch and Tone in the Water

On Thursday morning get a healthy start to the day in the pool with Sharman Colosetti. The class will start with 10 minutes of stretching to warm up your muscles and lessen the potential of injury. Then the class will consist of 40 minutes of functional exercise in a HiYo format, alternating high impact with squats. The class will end with 10 minutes of stretching to get the lactic acid out of your muscles and help you relax. Sharman has been teaching water aerobics for 20+ years and has done various formats. This new HiYo format is new for her but her classes LOVE it. She looks forward to starting the day with you.

Qi Gong

Start your morning on Friday with Susan Levy leading Qi Gong, a gentle form of exercise that combines slow, non-strenuous, repetitive movements with breath control. Qi Gong helps to reduce stress, improve balance and flexibility, boost the immune system, enhance circulation and digestion, and increase stamina. No experience necessary.

Meditation and Blessings

In our brief time together we will do a short silent meditation, a short guided meditation, and share some readings that will help get your day started in a more open and heartfelt way. Led by Sharyn Faro.

The Talent Show

The talent show returns...again. In keeping with the theme of the workshop, each performer will be asked to incorporate the concept of change into his/her act, interpreting what "Be Changed. For Good." means to that individual. To keep the production to an engaging and manageable length, strict time limits for performances will be observed. A sign-up sheet will be posted on the bulletin board at registration. On Thursday a meeting of all participants will be held as well as individual conferences scheduled as needed. If you have any questions, contact Margaret Nichols at drmnichols@gmail.com, (H) 404-874-8454, or (VM) 404-873-5510.

All journeys have secret destinations of
which the traveler is unaware."

~Martin Buber

12 Step Meeting

AAP offers a 12 Step Meeting at lunch on Friday. Participants from all 12 step programs are welcome. Information will be available at the registration desk on the bulletin board.

The Big Dance

One of the highlights of our annual Summer Workshop is the dance that follows Saturday night dinner.

Workshops are completed, groups are winding down, and people are looking to dance the night away!

We are departing from recent tradition and instead of a band, we are having a DJ for your listening and dancing pleasure.

Lou Guzzo, our music impresario for the night, has been educated about our love of dancing, and is up to the task of playing the best music around. There will even be an opportunity to help set the playlist...so stay tuned and be ready to dance!

Sunday Morning Closing Experience

Everyone is encouraged to attend the Closing Experience. This AAP tradition offers conference participants an opportunity to integrate their experience as they transition back to family, friends, and work.

Activities at and Around Brasstown Valley Resort

Relax, Play, Enjoy

We invite you to arrive early and/or stay later at the Brasstown Valley Resort to take advantage of these incredible local attractions. Call Brasstown Valley Resort for room rates before and after the conference. The AAP room rate will not apply to these extra days.

Equani Spa

Inspired by the native Cherokee, the Equani Spa has "carefully integrated unique elements and activities indigenous to the tribe that stimulate and replenish your mind, body, and soul." This lovely spa is located just off the grounds of the resort on native Cherokee land. The Cherokee culture is represented in the unique spa treatments that are offered. The spa's theme is about restoring "peacefulness and tranquility." The spa offers the usual treatments for the face, hair, and body, and also presents other options that are unique to the Cherokee tradition of healing and restoration. For example, you might choose the "7 Clan Ritual," "The Way of the Circle Ritual," and "The Going to the Water Ritual," which are treatments conducive to providing a return to our natural body and spirit, harmony, and balance. The spa phone number is 706-379-2336. The website is: www.brasstownvalley.com/spa/. The resort shuttle will provide free transportation and can pick you up within minutes of your call.

The Stables at Brasstown Valley Resort and Spa

Located at the base of the extensive property, the stables offer a horseback trail riding experience. There are one hour and two hour trail ride options, accommodating all experience levels from beginner to advanced. Guests can meander through open fields, hardwood forest, and crystal clear trout streams as they travel through the property. The contact information is: www.brasstownvalley.com and the phone number is: 706-379-9900. The resort shuttle will provide free transportation and can pick you up within minutes of your call.

Off site Activities:

Antique and Boutique Shopping

Choose between two great locations, Hiawassee and Blairsville. Shopping includes clothing, accessories, antiques, furniture, gifts, and local food products. Transportation is provided by the resort and is priced per person or group.

Crane Creek Vineyard

Enjoy a glass of wine and the breathtaking scenic view of the quaint mountain vineyard. Nestled in the North Georgia Mountains, the vineyard is only minutes away from the resort. Options include a scheduled tasting experience and/or a Vintner's tour of the winery, including a wine tasting, cheese and crackers, a souvenir wine glass, and transportation. Contact www.brasstownvalley.com.

Guided Excursion to Blood Mountain

This 4-5 hour excursion allows you to visit three phenomenal and historic sites near Blood Mountain. This tour is for "active" participants. The three sites include the Mountain Crossings at Walasi-Yi, Helton Creek Falls, and Vogel State Park. Walasi-Yi provides a store located at the "only covered portion of the Appalachian Trail." This site offers a view of Blood Mountain and serves over 2000 hikers. Helton Creek Falls includes a view of two beautiful falls, Upper Helton Creek Falls that is a 60 foot drop and Lower Helton Creek falls that is a 30 foot drop. Vogel State Park is one of Georgia's oldest parks and incorporates a 22 acre lake and a historical museum. This park also contains a four mile hike, Bear Hair Gap loop, and a challenging 13 mile Coosa Backcountry Trail hike. Arrangements for transportation to and from these sites is provided at www.brasstownvalley.com. There is a charge for this transportation service. Group rates are available.



If we don't change, we don't grow. If we don't grow, we aren't really living.

~Gail Sheehy

Activities at and Around Brasstown Valley Resort

Hiking

Hiking trails are in abundance at the Resort Grounds and also in the surrounding areas. Hikes can be guided for a fee or done with friends on your own. Most of the off-site hikes are within driving distance from the resort and transportation is available, for a cost, from the Resort Shuttle service.

Onsite Hiking

Hiking on the grounds at Brasstown Valley Resort ranges from short hiking trails to longer and more extensive trails. Hiking maps are available from the concierge at the hotel. The hiking trails are well-mapped and maintained. You get to experience the lovely natural surroundings and can hike for a short time or for a longer time.

Off-Site Hiking:



Blue Hole Falls and High Shoals Falls

To get to these falls, you must hike down a beautiful 1.2 mile path on High Shoals Trail which travels down a series of long switchbacks to a creek crossing.

Anna Ruby Falls

These rare twin waterfalls from two separate streams, Curtis Creek and York Creek, join at the base of the falls to form Smith Creek, that flows into Unicoi Lake.

These waterfalls are easily accessible via a half mile trail.

Brasstown Bald

Brasstown Bald is Georgia's highest mountain, rising 4,784 feet above sea level. You can see four states from the peak: Georgia, Tennessee, North Carolina, and South Carolina. There is a visitor's center and also a shuttle service for those whom do not choose to hike to the peak. The shuttle costs \$3.00.

Change will never happen when people lack the ability and courage to see themselves for who they are.

~Bryant H. McGill



Boating

The Ridges Resort and Marina is located just 20 minutes away from Brasstown Valley Resort. The Marina is open to all visitors. The Marina offers: pontoon boats, fishing boats, pedal boats, canoes, jet skis, ski boats, and wakeboard boats and equipment. Trout fishing is very popular. You may consider hiring a pontoon boat for your family groups and/or for a committee meeting excursion. The site is www.theridgesresort.com and the phone number is: 706-896-1886.

Brasstown Valley Resort offers swimming in both indoor and outdoor pools, hot tubs, a workout room, golf, and tennis. We hope that you take advantage of these activities and treat yourself to some R&R. This will help you prepare to refresh and be ready to work!

Enjoy! Maureen Martin, Activities

There is a certain relief in change, even though it be from bad to worse! As I have often found in traveling in a stagecoach, that it is often a comfort to shift one's position, and be bruised in a new place.

~Washington Irving

The Training Institutes

**WEDNESDAY AFTERNOON 1:30-4:45
& THURSDAY MORNING 9:00-12:15**

T1a,b Removing Barriers to Loving

When earliest intimate relationships are painful, we build skills to protect ourselves from the love we desperately need. As adults, we unconsciously employ the same protection with loved ones, erecting barriers to the love we desire. The presenter will highlight this relational process while sharing approaches to overcoming barriers to loving.
(15 participants, 6 CEs)

Joel H. Marcus, LCSW-C has been practicing experiential, humanistic psychotherapy for 26 years. He offers individual, couples, and group psychotherapy, as well as clinical supervision, at the Village of Cross Keys in Baltimore, Maryland. He has previously presented workshops for the American Academy of Psychotherapists on various therapeutic topics.

Note: This is the second and final meeting of this Training Institute and is only open to members who participated in the first meeting at the 2013 I&C.

Who can say if I've been
Changed for the better?
I do believe I have been
Changed for the better
But because I knew you
I have been changed for good

~Glinda and Elphaba
In the Broadway show

WICKED

Face the facts of being what
you are, for that is what
changes what you are.

~Soren Kierkegaard

T2a,b Energy Psychology- A New Frontier

Learning how to use mind-body techniques in traditional therapies gives psychotherapists an expanded view of the possibilities for healing and offers greater options and levels for intervention. Through presentation, demonstration, and exercises, you will experience this leading edge practice. This is new frontier in theory and clinical application.
(30 participants, 6 CEs)

Loretta Sparks MA, LMFT, is a licensed psychotherapist in private practice in Hermosa Beach, CA.. She has trained mental health professionals in Energy Psychotherapies (EP) since 1996. She is an Emotional Freedom Techniques (EFT) Founding Master, a charter member of the Association of Comprehensive Psychology, a Diplomat of Comprehensive Energy Psychotherapy, and an EFT Cert-Honors practitioner. She has written two books and contributed chapters to several books on EP. She is a Past President of AAP.

Victoria Danzig, LCSW, graduated from U.S.C. in Social Work and has been in private practice since 1985. Using Energy Psychology methodology, she works extensively with clients who suffer from traumatic experiences and addictions. She has been training therapists in Advanced Integrative Therapy (AIT) from 2005 to the present and Thought Field Therapy (TFT) in La Jolla, CA., from 1998-2003. She has presented at the Annual International Energy Psychology Conference on AIT and using TFT with animals. She holds a Diplomat in Comprehensive Energy Psychology.

This Training Institute will be offered in two parts:
Part I will be presented at 2014 SW/2014 I&C and may be taken independently of Part II.
Part II will be presented at 2015 SW/2015 I&C with the prerequisite of Part I

The Program

Instructional level: The sessions in this year's conference are designed to meet the educational needs of Intermediate and Advanced therapists

Thursday Morning 9:00-12:15

Three-Day Workshop

Thursday, Friday, Saturday

1a Intensive Relationship Workshop:

Getting Unstuck for Good

Our three-day workshop is designed for partners, co-therapists, friends, and colleagues - those with intimate connections. Throughout this group process, you will work together on an impasse in your relationship, while learning about strengths, tools and steps in working out relational impasses.

**Please name your 'partner' on your registration form.

(12 participants, 9 CEs)

Lyn Sommer, PhD, ABPP, CGP, earned her PhD in clinical psychology at Georgia State in 1985, with a sub-specialization in family studies. Her three decades of private practice have included the challenging focus on couples and group work. Over five years, Lyn has co-founded an intensive weekend format for couples in crisis. She and Avrum, having participated in the same graduate program and AAP family group, are looking forward to this workshop which is focused on live relationship work.

Avrum Weiss, PhD, received his PhD in clinical psychology from Georgia State University in 1986 and is licensed as a psychologist by the State of Georgia. Avrum works primarily in independent practice, and also serves as adjunct faculty in the department of Psychology at Georgia State University. Avrum is the director of the Pine River Psychotherapy Training Institute and the psychological consultant to the Atlanta Jewish Family and Career Services.

If you don't like something,
change it. If you can't change it,
change your attitude.
~Maya Angelou

Thursday Morning

TWO-DAY WORKSHOPS

THURSDAY, FRIDAY

2a Straight From the Horse's Mouth

This two day workshop will highlight the core concepts of Equine Assisted Psychotherapy allowing the participants to experience the benefits of this unique modality. There will be a three hour ground working model with the horse, assisted by an Equine Expert. The second three hour part will be process. (20 participants, 6 CEs)

A trained equine horse specialist is required for the horse and person exercises on Thursday morning. Shannon Knapp is that specialist for that portion of the workshop. For her qualifications see below.

Maureen Martin, LCSW, has been a therapist since 1973. She has a BA in Sociology/Psychology from Duquesne University and a Master's Degree from the University of Georgia School of Social Work. She has worked at a family service agency, an inpatient psychiatric facility, and private practice. She treats trauma, abuse, infertility, marital/family issues, addictions, eating disorders, anxiety and depression. Her experience attending an Equine Assisted Therapy workshop was incredibly impactful and she hopes to share this modality.

Shannon Knapp, MA, founder and president of both Horse Sense of the Carolinas, Inc., and Horse Sense Business Sense, has taught horses and people for over 30 years. She began pairing rescued horses with people in 2001. She works with horse rescue organizations, humane societies, and law enforcement. Shannon is the author of Horse Sense Business Sense.

To change and to improve are
two different things.
~German proverb

TWO-DAY WORKSHOPS

THURSDAY, FRIDAY (CONTINUED)

3a DO SWEAT THE SMALL STUFF: The Good in Small Experiences

It is a daunting notion to believe that the only "good" change, the only significant behavioral or cognitive psychological shift, is that of the lightning strike, a momentous, underlined, watershed event. Such a focus can have us giving short shrift to smaller, here and now experiences which offer a noticeable amount of pleasure, insight, energy, or of creativity, just for that brief moment. In this two-day process group we will be inviting an openness to such experiences and in so doing hoping to give them their due. Along the way we will also take notice of how this focus affects the intimacy of the group. (15 participants, 6 CEs)

Don Murphy, PhD, is a licensed Marriage & Family Therapist and a nationally certified group therapist with a private practice in Atlanta, Georgia. Since completing his PhD at Florida State University in 1970, his professional positions have included university teaching, working in a community mental health center, directing a university mental health clinic, and the private practice of psychotherapy. Don has been a member of the American Academy of Psychotherapists for 31 years and a member of the American Group Psychotherapy Association for over 15 years

Debra Kuhn, PhD, is a clinical psychologist practicing on Long Island, New York. She received her Doctoral and Master's degrees from Hofstra University, her BA from Clark University and French Language Certification for Foreigners from the University of Grenoble, France. Dr. Kuhn has been sweating the small stuff as a daughter, sister, wife, mother, friend, and therapist for quite some time.

When we are no longer able to
change a situation, we are
challenged to change ourselves.

~Victor Frankl

4a Dramatic Change: A Play Reading Workshop

Participants will have the opportunity to explore aspects of themselves and others through the experience of assuming a scripted role in the play, "Off the Map". They may find aspects that are unfamiliar and disorienting. As a group, we will explore the changes that have occurred in each of us through this experience. (12 participants, 6 CEs)

Barry J. Wepman, PhD, is a psychologist in Washington, D.C.. He has taught at several universities and training programs, and for many years he led process groups for psychiatry residents at the Georgetown University Medical School. He is on the faculties of several psychotherapy programs at the Washington School of Psychiatry and chairs its Supervision Training Program. His practice consists of psychotherapy with individuals, groups and couples, along with consultation and supervision. Barry has been in AAP for 33 years.

Molly W. Donovan, PhD, is a psychologist in private practice in Washington, D.C., where she has practiced since 1977. Dr. Donovan is on the faculty of the Washington School of Psychiatry where she serves as Dean of the National Group Psychotherapy Institute and is Assistant Clinical Professor in the Professional Psychology Program at the George Washington University. She is a founding member of the Red Well Theater Group which has presented dramatic play readings at conferences both nationally and internationally.

5a Loss as Change: Creating a Healing Path

Change created by loss- death of a loved one, loss of health (one's own or family member's health), and the process of grieving and healing is the focus of this experiential workshop. Through group process, Medicine Wheel teachings, and creating a *healing stick*, we have the opportunity to move toward healing. (15 participants, 6 CEs)

Ann Roark, LCSW, has practiced psychotherapy in Atlanta, GA, for over forty years and is currently moving toward retirement in St Augustine, FL. Her interest in mind-body-spirit connections is an important part of her work with individuals, couples, and groups, especially with clients who are dealing with significant loss of loved ones or personal loss because of chronic or terminal illness.

Thursday Morning 9:00-12:15

TWO-DAY WORKSHOPS

THURSDAY, FRIDAY (CONTINUED)

6a Spiritual Depletion, Overeating, and the Need to Mend Fragmentation

As therapists, we live part of our lives in the chair and part with our loved ones. Containing one aspect so that it does not negatively intrude upon the other can be depleting. Food, while restorative, can become an unwanted crutch. Root causes and alternatives will be examined.

(20 participants, 6 CEs)

Jane Baxter, PhD, received her PhD and MSW in Clinical Social Work from the University of Maryland. She specializes in mood disorders, eating disorders and addictions. For certain patients, she provides psychotherapy sessions that unite physical workouts with traditional talk therapy in a unique treatment process she calls PsychFit.

ONE-DAY WORKSHOPS

THURSDAY

7 Change in AAP. For Better and For Worse.

Change, as we explore the meaning and influence of the Academy in your life. What is peer support? How do you give and receive it? What's missing? How do connection/openness and mistrust/concealment harden or dissolve your character armor? This workshop is for those who wish to dive in rather than observe. *(12 participants, 3 CEs)*

Jonathan Farber, PhD, (Clinical Psychology, Duke University), has been practicing for over 30 years and learning from peer "something-or-other" with Academy colleagues because he becomes braver about looking at himself when others in the room do likewise. He learns most of all from his own mistakes. Perhaps that's why he learns so much in AAP and why he expects to learn while leading this workshop.

Kristie Nies, PhD, obtained a PhD in Clinical Psychology from Rosalind Franklin School of Medicine and is board certified through the American Board of Professional Psychology. She has been practicing as a clinician for more than twenty years. She is an active member of AAP and served as the chair of the 2013 I&C. She is a member of a vital and vibrant family group. She credits and blames the Academy for some of the big changes she has made in her life.

8 Longing for the Immutable: Building Confidence in the Real.

Our Summer Workshop theme supports inquiry into profound transpersonal and world view questions such as impermanence and the immutable. After a brief didactic introduction, we will use group discussion and process along with shared case material, to explore our fundamental needs for both certainty and change. *(20 participants, 3 CEs)*

Anne M Pincus, PhD, is a practicing clinical psychologist and body-oriented psychotherapist who practices in the San Francisco Bay area. She is also a professor of transpersonal psychology and supervisor of interns. She received her undergraduate degree at Cornell and her doctorate from CSPP, Alliant University. She lives a life that, despite personal experience and much specialized training in trauma, becomes more ordinary day by day, something that perhaps only a more than thirty-year practicing Buddhist would aspire to.

9 Co-Therapy: the Good, the Bad, and the Ugly.

Co-therapists partner to help their clients change and are changed as well. This workshop will focus on how to create and nurture the co-therapy bond and how to avoid the pitfalls and negotiate the challenges that threaten it. A co-therapy team for 20+ years, the leaders will demonstrate with the group. *(15 participants, 3 CEs)*

John Rhead, PhD, John's training and experience include: BA psychology, Dartmouth; PhD, psychology, Stanford; (Licensed Psychologist Maryland, CGP, private practice in Maryland). John is a psychologist, psychotherapist, inventor, gadgeteer, lover, engineer, mystic, father, lumberjack, scientist, outlaw and a lot of other things. On a good day, group therapy allows him to use and integrate all the various parts of himself.

Susan Jacobson, LCSW, is a psychotherapist in private practice in Columbia, Maryland, counseling individuals, couples, and families and providing group therapy for adults and adolescents. A graduate of the Johns Hopkins University School of Medicine's Master in Mental Health Program and a Licensed Clinical Social Worker, she is also a Certified Group Psychotherapist and a graduate of the Washington School of Psychiatry's National Group Psychotherapy Program. She co-leads four of her five ongoing groups.

Thursday & Friday Morning 9:00-12:15



THURSDAY MORNING ONE-DAY WORKSHOPS (CONTINUED)

10 Writing about Change

Consider: good writing knows where it's going. Or: writing, like therapy, is a process in which we discover what we mean to say. In this experiential workshop, we will share and respond to our writing. A brief writing prompt will be sent out before the workshop. (8 participants, 3 CEs)

Kristin Staroba, LCSW, after receiving her BA in philosophy from Hunter College in 1985, Kristen worked as a writer and editor for 10 years. She received an MSW from Catholic University NCSWS in 1996 and began work in private practice as a psychotherapist. Kristen is licensed to practice independently in Washington, DC., and Maryland. Ongoing training includes weekly supervision and regular participation in continuing education workshops. Appointed co-editor of *Voices*, the peer reviewed journal of the American Academy of Psychotherapists, in 2013, Kristen now can join her editorial past to her therapist present. As editor, she helps writers produce and refine professional quality articles.

FRIDAY MORNING TWO-DAY WORKSHOPS: THURSDAY-FRIDAY (CONTINUED)

1b Sommer/Weiss (three-day workshop continued)

2b Martin

3b Kuhn/Murphy

4b Donovan/Wepman

5b Roark

6b Baxter

FRIDAY MORNING TWO-DAY WORKSHOPS FRIDAY-SATURDAY

11a I Lost It at the Movies: Aging, Loss and Change

This workshop will use a motion picture to stimulate discussion about the topic and to elicit participants' underlying adaptations and emotional mindsets about aging and loss. The film will be viewed together and a discussion will follow. On day two, a process group will deepen the interaction and the insights. (15 participants, 6 CEs)

Ceil Berlin, LCSW, has had extensive training in varied settings: psychiatric institute on children's service, New Hope Guild working with children, families, older teens/adults, group psychotherapy training with Lou Ormont, group as a whole training with Yvonne Agazarian, and supervision with three different supervisors, including Alan Shanel.

Murray Scher, PhD, a Past President of the Academy, holds a PhD in Counseling Psychology from the University of Texas at Austin. He has extensive experience in group psychotherapy and has presented many times at Academy meetings, as well as at other national meetings. He is widely published on issues related to psychotherapy with special emphasis on gender roles in psychotherapy. He has been in practice for more than four decades and is licensed in both Tennessee and Texas.

Change will not come if we wait for some other person
or some other time.

We are the ones we've been waiting for.

We are the change that we seek.

~Barack Obama



Friday Morning 9:00-12:15

FRIDAY MORNING

TWO-DAY WORKSHOPS (CONTINUED)

FRIDAY-SATURDAY

12a Dare Greatly: Vulnerability, Risk, and Change

Risk, vulnerability, and change are inextricably linked. This two day, experiential/process group, gives participants a chance to learn and participate in two sports, tennis and golf, and to process the inevitable feelings that arise when confronting something new. Non-athletes and those new to the sport are encouraged to attend, and participants who have had previous experience will be asked to use their non-dominant hand during the workshop. If you are concerned that you might look silly or uncoordinated, if you have experienced shame connected to sporting activities, if you want to discover barriers that keep you from fully participating in the world, this workshop is definitely for you. *(12 participants, 3 CEs)*

Frances Compton, PhD, has practiced psychotherapy for 38 years in Washington, D.C. A lifelong passion and participation in sports, along with her extensive psychotherapy experience, guide her in helping patients with painful feelings of shame and past experiences of ridicule that limit and isolate these individuals, not only athletically. In teaching beginning golf to colleagues and friends, some of whom have considered themselves "totally unathletic", the joy has been experienced as life changing by students and Frances alike.

Kay Loveland, PhD, played varsity tennis at UNC-Chapel Hill and received her PhD at the University of Massachusetts where she played and taught tennis professionally during the summers. She has been in private practice since 1979. She served as a consultant to professional athletes and athletic teams, including professional and amateur tennis players and golfers. She presented a workshop with Billie Jean King at the American Academy of Psychotherapists titled: "A Return to the Battle of the Sexes". She is a licensed Clinical Psychologist in the state of North Carolina where she has a private practice and is Director of Camp Unleashed Asheville, a retreat for people and their dogs.



All changes, even the most
longed for, have their
melancholy, for what we leave
behind us is a part of ourselves;
we must die to one life before
we can enter another.

~Anatole France

13a Courage and Resiliency: Pathways to Change

This two-day process group will examine the relationship between transcendence, courage, resilience and change. We will explore what people know about their life stories and the primary wounds that make change difficult. We will experience how courage and resiliency must overcome fear to allow for the transcendence of what is familiar and comfortable. *(16 participants, 6 CEs)*

Bradley Lake, LICSW, LICSW-C, has been in full-time private practice in Washington, D.C. for 23 years, working with individuals, couples and groups and is thoroughly enjoying providing supervision. He also has a private practice in Chestertown, MD. (Eastern Shore, MD.), and facilitates gay/lesbian groups for students at Washington College (Chestertown). Bradley joyfully got married in April, 2013 to his partner - after 13 years and two kids, it was about time.

Lisa Makstein, LCSW-C, LICSW, is a Licensed Certified Clinical Social Worker in full-time private practice in Maryland and Washington, D.C. She works with couples, individual adults and older adolescents, and she facilitates groups. Lisa is also trained as a Collaborative Divorce Coach. For the past 30 years, she has felt truly privileged to be able to join clients in their journeys toward more authenticity in their relationships and their lives.

Friday Morning 9:00-12:15

FRIDAY MORNING ONE-DAY WORKSHOPS

14 Energy Tools for Times of Change

This workshop explores energy medicine tools, movement, breath, and mindfulness as ways to bring the experience of change into the present moment. The body never lies; it is the gateway for moving through resistance that arises in response to the discomfort and the unknown nature of change. Utilizing these tools and other therapeutic approaches, we will discover ways to enhance the flow and enjoyment of our energy. *(20 participants, 3 CEs)*

Hannah Hawkins-Esther, LCSW, has recently completed an intensive mindfulness and psychotherapy course. In therapy, her style is experiential and relational, with an emphasis on mindfulness. She is also expanding her interest in energy work and integrated health. Hannah is currently in private practice, with offices in Dunwoody and Norcross, GA.

Deva Joy Gouss, LCSW, has been in private practice for over thirty years. Her training and psychotherapeutic approach to change through therapy is primarily humanistic and experiential, specializing in psychomotor therapy, brain spotting, EMDR, energy medicine tools, movement, mindful meditation, and yoga.

15 Journey towards Wholeness: Embracing Personal Narrative in the Recovery from Sex Addiction

Secrecy and the resulting lack of congruence between inner life and public persona are hallmarks of sex addiction. Through presentation, group discussion, and case examples we will explore the central role of secrecy in sex addiction, and the "good" of therapeutic change involving a reclamation and integration of personal narrative. *(30 participants, 3 CEs)*

Bob Coyle, PhD, is a Psychologist and Certified Sex Addiction Therapist in independent practice in Atlanta. For over thirty years he has been providing psychotherapy for individuals, couples, and groups. He is a past AAP Summer Workshop presenter and continues to provide continuing education workshops for the broader professional community.

16 You Can't Change Me! Attack, Autonomy, Engulfment, Defense & Opposition in Couple's Therapy

Partners in couple's therapy often focus on changing and defending against being changed by their partner. Couple's therapists get drawn into this battle unconsciously, especially given their own relationship experiences. In this process group, we will explore how we get stuck trying to change partners and how we can get unstuck. *(15 participants, 3 CEs)*

Matthew Burgess Leary, PhD, is a licensed psychologist in North Carolina. He completed his post-doctoral training in couples and family therapy at the Council for Relationships in the greater Philadelphia area and has taught courses in couples and family therapy in two doctoral clinical psychology programs. He enjoys struggling with couples in helping to create more emotional intimacy and authenticity in their relationships.

Zoë Worrell, LCSW-C, is in full-time private practice in Frederick, Maryland. She works with individuals, couples, and groups and also offers clinical supervision. She is the founder and co-owner of Healing Circles Wellness Center, a multi-disciplinary center offering a variety of holistic services for adults, children, and families.

17 Unfinished Business: Retire from, Relocate, Restructure or Re-dedicate to Our Psychotherapy Practice

When "someday" becomes "now or never," we may feel time running out (stress), time weighing heavily (boredom), we're killing time (get some therapy), or we're in the flow (perfect). This workshop is for people at any stage of practice interested in sustaining the rewards of mastery, while crafting a life that feels less like work. *(12 participants, 3 CEs)*

Helen West, PhD, has been practicing individual, couples, and group psychotherapy in Washington D.C. for 40 years. As an Assistant Clinical Professor of Psychiatry at the George Washington University Medical School, she created the psychology internship program and supervised inpatient clinical psychology training. Integrating her doctoral studies in developmental and clinical psychology with many years of theoretical and experiential exploration of human consciousness, Helen brings a personally developed perspective on the human psyche unusually broad in its scope.

Saturday Morning 9:00-12:15

TWO-DAY WORKSHOPS

FRIDAY, SATURDAY (CONTINUED)

1c Sommer/Weiss (three-day workshop continued)

11b Berlin/Scher

12b Loveland/Compton

13b Lake/Makstein

SATURDAY MORNING

ONE-DAY WORKSHOPS

I put a dollar in one of those
change machines.
Nothing changed.
~George Carlin

18 Helping Couples Move from Blame to Responsibility

Through video demonstration, exercises, and participant practice, group members will learn a powerful experiential process for helping their couples in treatment to shift “for good” from the blaming “you need to change” to the transformative “I need to change” orientation that is the single most critical component of effective couples therapy. (30 participants, 3 CEs)

Cliff Ayers, PhD, has been in private practice in Washington, D.C., and Great Falls, VA., working with individuals, couples, and groups for over 30 years. After graduating college from Georgetown University and graduate school from Catholic University in clinical psychology, he gained significant post-graduate training in Gestalt Therapy. Cliff became certified in Imago Relationship Therapy in 1996 and has served as President of the Mid-Atlantic Association of Imago Therapy.

19 Changes in the Character of the Therapist Due to the Therapy Work with Patients

Therapy often focuses on the character changes of the patient. However, in this workshop we will focus on the therapist’s character changes that may occur due to the therapeutic process. (25 participants, 3 CEs)

Dr. Natan HarPaz, PhD, is a psychotherapist in private practice in Michigan. He has a PhD in Clinical Psychology, an MSW in Casework/Groupwork, and a BS in Psychology & Chemistry. He is a 3rd Degree Black Belt in Isshinryu Karate, a Fellow of AGPA, past Executive Council Member of AAP, past president of MGPS, and past Dean of IIGP. Dr. HarPaz is a clinical supervisor and presents workshops and papers on psychotherapy nationally and internationally.

20 Experiencing Diversity

This process group is designed to enhance awareness of individual and group blocks to experiencing diversity more fully, including differences of race, culture, gender, sexual orientation, economic status, aesthetics, and political or spiritual beliefs. Come with an open mind about the ways in which you are aware of how you experience yourself as divergent. (15 participants, 3 CEs)

Nicholas Kirsch, PhD, in over 25 years of practice, Nick’s training has come primarily from his personal therapy, working with clients, AAP workshops, process groups and family groups. Additionally Nick has served on several diversity panels and implementation committees, and (like most of us) he is always hoping to actualize the wide spectrum of human diversity available in any relationship.

21 Neurobiology of Relationship

Early relationship experiences provide the infant and young child with ways of regulating affect that may result in positive or negative outcomes. We will describe the types of relationship experiences that result in adult relationship patterns and suggest ways of helping couples move their relationships toward a more secure attachment style. (15 participants, 3 CEs)

Lee Blackwell, PhD, is in private practice in Newport Beach and Huntington Beach, CA., specializing in couples therapy and sexual issues. He was Co-Director of the UCLA Human Sexuality Program and remains as Assistant Clinical Professor in the Neuropsychiatric Institute. He has presented nationally and internationally on sexuality and neuroscience. Lee is a Past President and Fellow of AAP.

Saturday Morning 9:00-12:15



SATURDAY MORNING

ONE-DAY WORKSHOPS (CONTINUED)

22 Change/Adaptation & Psychotherapist

Self-Care

Psychotherapy is a demanding profession. In order to stay open and alive, we MUST change, grow, and evolve. Using traditional and nontraditional methods, including reframing, paradox, meditation, chanting, yoga, and group process, we will find ways to be resilient, powerful, and whole.

(15 participants, 3 CEs)

Damon Blank, LMFT, a licensed Marriage and Family Therapist, has been in private practice for over 30 years. He is a Diplomat of the Gestalt Training Center in San Diego (Irv and Miriam Polster), and has years of training, teaching, and supervision in family systems. As a student of Kundalini Yoga, he is fascinated by the integration of traditional psychotherapy and spiritual practice.

23 Change: What's in the Way

As we age, many of us dream of changing how we live our lives while not really believing that meaningful change is possible. As a group, we will work together to confront our resistance as well as identifying and strategizing ways of attaining these dreams. *(12 participants, 3 CEs)*

Arthur Weinfeld, PhD, is a long-time member of the Academy. He has presented numerous workshops, including stone carving, as a medium for creativity, exploring creativity in other media, and process groups. He is a certified psychodramatist and has presented throughout the country, as well as in Canada and Australia. He is a licensed psychologist in Illinois, Utah, and Arizona. Three years ago Arthur began playing the Native American flute, and last year he was selected to play with Grammy award winner, Mary Youngblood.

Things do not change; we change.

~ Henry David Thoreau

24 The Ethics of Change - Facing Therapeutic Impasses and Failures

We'll explore the ethical dilemmas that occur when we experience therapeutic impasses and failures in our work. Where does the responsibility for change lie - within our clients or ourselves? How do we struggle when the change lies within us, in our character, or in our approach to do our best work?
(27 participants, 3 CEs) (Ethics)

Phyllis S. Clymer, LCSW, CGP, received her MSW from University of Maryland in 1977. Her private practice is in Austin, Texas where she provides psychotherapy and supervision/consultation. Phyllis is particularly interested in helping patients and supervisees cultivate and generate non-reactive responses to relational impasses, especially when the prospect of failure and shame is looming.

David Loftis, PhD, has served in various levels of AAP leadership during the past 25 years and has presented or co-presented numerous workshops. Since receiving his Ph.D. in Clinical Psychology in 1981, he has been in private practice in Atlanta. He continues to be fascinated and challenged by a wide range of ethical questions. He receives a lot of pleasure and some pain from working in his rose garden.

Marilyn Schwartz, PhD, is a psychologist in Washington, D.C., providing individual, couples, and group psychotherapy, clinical supervision, and consultation to federal agencies. She created and co-directs the Adult ADD Resource Center of Washington, a treatment center for adults with ADHD. She is Chair of AAP Ethics Committee.

25 Changing the Autonomic Nervous System after Trauma: A Short-Term Model

The Trauma Resiliency Model (TRM) is a recent addition to the alphabet soup of trauma treatments. TRM has similarities to Somatic Experiencing but is briefer and can be taught more quickly, even to paraprofessionals. This workshop includes didactics, skill training, and discussion. Some skills may be immediately applicable in your work. *(21 participants, 3 CEs)*

Dan Mermin, PhD, is a psychology graduate of Yale University and Georgia State University. He practices in Asheville, specializing in therapy with couples and with survivors of trauma and abuse. Dan holds certifications in Imago Therapy and Psychomotor Therapy and has training in Somatic Experiencing and the Trauma Resiliency Model.

Workshop Planner

| Wednesday 1:30-4:45 | Thursday 9:00-12:15 | Friday 9:00-12:15 | Saturday 9:00-12:15 |
|---------------------|---------------------|--------------------------|----------------------------|
| T1. Marcus | T1. Marcus | | |
| T2. Sparks/ Danzig | T2. Sparks/Danzig | | |
| | 1a. Sommer/Weiss | 1b Sommer/Weiss | 1c Sommer/Weiss |
| | 2a. Martin | 2b. Martin | 18. Ayers |
| | 3a. Kuhn/ Murphy | 3b. Kuhn/Murphy | 19. Harpaz |
| | 4a. Donovan/Wepman | 4b. Donovan/Wepman | 20. Kirsch |
| | 5a. Roark | 5b. Roark | 21. Blackwell |
| | 6a. Baxter | 6b. Baxter | 22. Blank |
| | 7. Farber/Nies | 11a. Berlin/Scher | 11b. Berlin/Scher |
| | 8. Pincus | 12a. Loveland/Compton | 12b. Loveland/Compton |
| | 9. Rhead/Jacobson | 13a. Lake/Makstein | 13b. Lake/Makstein |
| | 10. Staroba | 14. Gouss/Hawkins-Esther | 23. Weinfeld |
| | | 15. Coyle | 24. Clymer/Loftis/Schwartz |
| | | 16. Leary/Worrell | 25. Mermin |
| | | 17. West | |

Continuing Education Information

Satisfactory completion: Participants must have paid the tuition fee, attended their chosen sessions in their entirety (you must attend all parts of a multi-part course to get credit for that course), and completed an online Attendance / Evaluation form in order to receive a Certificate of Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are available immediately after completing the online evaluation form. You must complete the online form by **July 22, 2014** in order to receive your CE certificate. The site will close after that date and certificates will no longer be available. Full details will be available at the conference.

Psychologists: This course is co-sponsored by Amedco and American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. (13 CE hours).

Professional and National Certified Counselors, Marriage and Family Therapists (NBCC): Amedco is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of this event/program. Amedco may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. (13 CE hours), NBCC-ACEP Provider #5633.

Social Workers: This course has been submitted for review to NASW in Washington, D.C.

Target Audience: This program is specifically designed for psychologists, marriage and family therapists, social workers and professional counselors and other professionals who are interested in the everyday work of psychotherapy.



FOR INFORMATION EMAIL AAP@CAPHILL.COM OR CALL 518-694-5360

Name _____ First Name for Badge: _____

Address: _____ Phone (H) _____

City _____ State _____ Zip _____ (W) _____

Email: _____ (C) _____

Note: Workshop rooms will be available for family groups. Please indicate if you need to reserve a family group room for _____ persons. Indicate the person representing your group. _____

TRAINING INSTITUTES:

WORKSHOP REQUESTS:

Wednesday 1:30-4:45 Ta _____

Thursday _____

Friday _____

Saturday _____

Thursday 9:00-12:15 Tb _____

1st _____

1st _____

1st _____

2nd _____

2nd _____

2nd _____

3rd _____

3rd _____

3rd _____

REGISTRATION FEES: Includes workshops, meals, and accommodations June 18-22, 2014.

Registration for these days will be booked as a block of rooms by AAP. Early Registration is on or before May 5, 2014.

| | Single Room | Shared Double (king or 2 double beds) | Triple | Quad |
|---|-------------|--|--------|-------|
| Early Bird Registration (<i>Before May 5th</i>) | \$1190 | \$920 | \$830 | \$785 |
| Regular Registration (<i>May 5-26th</i>) | \$1270 | \$1000 | \$910 | \$865 |

For early arrival, you will need to call the hotel directly to reserve a room, AAP's rates are not available for early arrival or late departure: Brasstown Valley Resort and Spa, 1-800-201-3205. Reservations and registration must be made prior to 5/26/2014. Availability cannot be guaranteed after this time. *Final housing designations will be made by the resort and our committee based on availability.

Roommate Name _____

*Registration fee \$ _____

*CE Hours \$20 \$ _____

*Equestrian Workshop \$25 \$ _____
(Will be refunded if the workshop is closed.)

*Shuttle bus from and to Atlanta Airport \$65 \$ _____
(Round Trip Only, Allow 2 1/2 hrs for the trip)

CHECK your preferred Departure Time

*West Coasters/International Travelers Deduct \$50 \$ _____

TOTAL PAYMENT \$ _____

Special Diet? _____

Special Needs? _____

*On-line registration is available on the AAP website

*Registration by mail- Make checks payable to and mail to: American Academy of Psychotherapists.
Mail to AAP, 1450 Western Avenue, Suite 101 Albany, New York, 12203.

*Or FAX registration and credit card information to: 518-463-8656

VISA Master Card AMEX

Name on Card: _____ Card# _____

Signature: _____ Expiration Date: ____/____/____



Travel Information

BY AIR:

The two closest airports to the resort are Atlanta (ATL) and Asheville (AVL). They are both about a 2 1/2 hour drive from the resort.

Pros and cons:

Atlanta: Many more airlines with nonstop flights; option of AAP shuttle bus; more of trip on expressways.

Asheville: More scenic (but curvy) drive; less chance of traffic jams; much easier in-airport experience. **Currently** Asheville has nonstop service to/from LaGuardia, Newark, Chicago, Detroit, Orlando, Ft. Lauderdale, and St. Petersburg.

AAP Shuttle from Atlanta Airport:

Because there is no reasonably-priced shuttle or car service from the airport, we are offering AAP shuttle buses directly to and from the resort. Besides eliminating driving headaches, they will provide refreshments and 2+ hours of festive camaraderie. Join us and start your summer workshop early!

On Wednesday, buses will leave ATL at 12:30 PM and 2:30 PM, arriving at the resort at around 3:00 PM and 5:00 PM, respectively. You should allow at least 60 minutes from your flight arrival time for deplaning, baggage claim, etc. at the airport. In other words, your plane should be scheduled to arrive at ATL **before 11:30 AM** for the 12:30 PM bus, and **before 1:30 PM** for the 2:30 PM bus.

If your plane is late and you miss the bus: If possible we will accommodate those missing the 12:30 PM bus on the 2:30 PM bus, but if you are booked on the 2:30 PM bus, we suggest that you book a rental car for 3:30 PM or 4:00 PM as a back-up, because (currently) most car companies will allow you to cancel a reservation without a fee. (You may want to consider a rental back-up even if you are on the 12:30 PM bus). Sorry, no bus fare refunds are available under these circumstances.

On Sunday, the buses will leave at 7:30 AM and 10:00 AM, arriving at ATL around 10:00 AM and 12:30 PM. To allow a minimum of 2 hours for check-in, security, and getting to your gate 30 minutes before flight time, you should book a flight leaving ATL **after 12:00 PM** for the 7:30AM bus, and **after 2:30 PM** for the 10:00 AM bus. Of course, you might want to give yourself more leeway than this.

The cost for the shuttle is **\$65.00 round-trip**.
No one-way fares are offered.

To reserve a space, you must include this full fare with your registration fee (see registration page) and you must register by May 15.

The fare is not refundable after May 28th.

BY CAR:

From Atlanta airport: use car rental instructions to I-285 West (toward Birmingham/Chattanooga). In approximately 20 miles, take Exit 20 (I-75) off I-285 and bear left onto I-75 North (Marietta/Chattanooga). In approximately 9 miles, take Exit 268 onto GA-5 North toward Canton. In about 72 miles, GA-5N becomes US 76 East/GA 2 East/GA 515 North. Go approximately 31 miles, and turn right on Fairway Lane to the resort.

If using Mapquest or GPS from the airport, we recommend you use the I-75 route if you are given a choice.

From other points: use MapQuest or Google Maps to get directions from your starting point to the resort address.

Brasstown Valley Resort

6321 Highway 76, Young Harris, Georgia 30582
706-379-9900

QUESTIONS: Contact Dan Mermin at djmermin@gmail.com or by text at 828-713-8813.



"It's a dangerous business, Frodo, going out your door. You step onto the road, and if you don't keep your feet, there's no knowing where you might be swept off to."
--Bilbo

American Academy of Psychotherapists
1450 Western Avenue, Suite 101
Albany, New York, 12203

Postage

Label

