

Identity and Transformation: I, We, and Other

A · U · S · T · I · N

November 5-9, 2014

59th Annual Institute & Conference

WELCOME TO AUSTIN!

The American Academy of Psychotherapists (AAP) is pleased to be hosting our 2014 Institute and Conference in Austin, Texas. Austin is a genuinely welcoming, friendly, and lively city that embodies the compelling cultures of the American West, the American South, and Mexico. Challenged to incorporate 11,000 new residents per month, Austin is experiencing a profound metamorphosis and perfectly reflects our conference theme:

Identity and Transformation: I, We, and Other.

*The 2014 Institute and Conference
Committee
Roy and Phyllis Clymer, Co-Chairs*

THE HYATT REGENCY AUSTIN

The Hyatt Regency Austin is located downtown on the shore of Lady Bird Lake with easy access to the Hike and Bike Trail, and offers a resort-like tranquility as balance to the vibrancy of downtown Austin. For more information about hotel accommodations including the onsite spa, and restaurants, visit austin.hyatt.com. The hotel is a 15-minute walk to South Congress Avenue restaurants and shops and even closer to the 2nd Street shopping and café area. You may want to begin exploring Austin online before your trip, because a brief taxi ride will take you to any number of fabulous live music venues, restaurants, galleries, and museums. Austin's climate in early November is well suited to exploring by foot, with warm days (66-77 degrees) and cool nights (66-52 degrees), so pack for layers along with your walking/running shoes.

HYATT REGENCY AUSTIN

208 Barton Springs Road

Austin, TX 78704 USA

T +1 512 477 1234

F +1 512 480 2089

austin.hyatt.com

TRAVEL INFORMATION

ARRIVAL BY AIR

Austin-Bergstrom International Airport (AUS) is served by most major airlines and is the destination airport for Austin. It's located about 8 miles from the Hyatt Regency Austin.

FROM THE AIRPORT TO THE HOTEL BY

CAR:

Exit the Airport terminal or parking lot and proceed to Presidential Boulevard. Follow Presidential Boulevard under the bridge to Highway 71 West. Take Highway 71 West one mile to Riverside Drive. Turn right onto Riverside Drive and proceed approximately 7 miles. You will cross over Interstate 35 and continue 1.5 miles until you reach Barton Springs Road. Turn right onto Barton Springs and the Hyatt Regency Drive will be on your left: 208 Barton Springs Road 78704

TAXI:

You will exit the airport from baggage to ground transportation and look for the taxi waiting area sign. Yellow Cab (512-452-9999) should be plentiful. The fare per cab (4 passenger maximum) is approximately \$30 this includes an airport surcharge and is calculated with a 15% tip.

SHUTTLE:

SupperShuttleAustin is available online (supershuttleaustin.com) and by phone (512-929-3900) if you want reserve a space. The cost is approximately \$15 per person plus an airport surcharge of \$1.50. The "exclusive non-stop shuttle" will take up to 4 passengers for a total of \$55 plus surcharge of \$5.50. They are happy to review all of this if you call.

BUS:

Hop onto a MetroAirport bus (www.capmetro.org/airport/) for a straight shot into downtown Austin in about 30 minutes or less. The bus will drop you off a three-minute walk from the hotel. The \$1.50 Premium fare takes you between the airport and downtown every 30 minutes on the hour and half hour.

ARRIVAL BY CAR

DRIVING DIRECTIONS

FROM THE NORTH (DALLAS/FT. WORTH):

Take I-35 South to Austin. Take Exit 234A toward Cesar Chavez St/Holly St. Turn right on E 1st St/E Cesar Chavez St. Turn left on N Congress Ave. Turn right on Barton Springs Road. The entrance to the Hyatt will be on your left.

FROM THE SOUTH (SAN ANTONIO):

Take I-35 North to Austin. Take Exit 233 towards Riverside Road. Merge onto the frontage road. Turn left onto E. Riverside Drive. Turn right onto Barton Springs Road. The entrance to the Hyatt will be on your left.

FROM THE EAST (HOUSTON):

Take TX-71 West. Turn right on E. Riverside Drive. Turn right onto Barton Springs Road. The entrance to the Hyatt will be on your left.

PARKING:

For registered guests, the Hyatt offers on-site self-parking for \$19 per day and valet parking for \$24 per day with unlimited access. Day visitors may self-park from \$6 to \$19 per day or use daily valet parking for \$15 per day.

The 2014 Institute and Conference of the American Academy of Psychotherapists

Identity and Transformation: I, We, and Other

Grandmother (to her 2-year-old grandson):

Toby, you're something else!

Grandson (a little upset):

You mean I'm not a boy?

From very early in our lives, likely from beyond the stretch of our memories, we have a sense of self. Where does it come from? Can we call it identity? We can think about identity as having begun even before we are born, born into a world that already “knows” us, born to parents who dream their children into being. However, what parents dream may differ from what nature provides, and the gap between the two can provoke challenges to the parents’ own identity, and engender interpersonal and intrapsychic conflict. From this stew of nature and nurture, elements of identity are formed genetically, physiologically, and psychologically long before anything that is recognizable as “me” exists. Quickly we come into a rudimentary sense of our own identity, as the above grandson’s belief in what he is makes clear. But clear also, and poignant, is this child’s still-vulnerable uncertainty, and with it, malleability: his identity has not yet fully solidified. Who he will become is not solely up to him.

A Middle Eastern saying:

My brother and I against my cousin; my brother, my cousin and I against the world.

Identity is a fundamental determinant of intrapsychic and relational psychology, a line drawn between “me” and “not me”, a basis of the relationship between self and “other.” These distinctions determine our

perception and behavior: in some contexts my cousin is “not me”, in others he is “me”. Identity influences with whom we eat, live, make love, defend, and fight.

While some of our identities, e.g. gender and race, appear “obvious” to us and to others, there are those that may be hidden from others, some even hidden from ourselves. How can we become more conscious of our identities? What hinders us in that process? Why are some aspects of our identity seen as so essential to our being that challenges to them are experienced as mortal threats? Why is it that sometimes we define the other using the most minor of differences in a seeming sea of similarity?

Our patients come to us looking for their lives to be happier. As therapists, we know that happiness involves having loving relationships, both within the self and with others. All of us have witnessed dramatic transformations as our clients have discovered their true selves. We all need to keep ourselves alert to the hidden and not-so-hidden ways that we, and our clients, deal with issues of identity as evidenced in our reactions to similarity and difference. The possibilities for transformation lie in the honest exploration of these thoughts and feelings. Staying sensitive to the danger of reflexive, unreflective “knowing” is a critical element of this work.

The AAP’s unique focus on the person of the therapist provides the frame from which this conference will explore how our identity as therapists, and as persons, affects our exploration of these issues within ourselves and with our patients.

The American Academy of Psychotherapists: Who We Are

We are a multidisciplinary community of psychotherapists dedicated to the personal and professional development of the therapist. With an emphasis on authentic “I-Thou” engagement, we explore the relationship between the person of the therapist and the process of therapy in an ongoing effort to advance the art and science of psychotherapy. We value the therapist-client relationship as fundamental to the healing process of psychotherapy and are committed to developing ourselves in relationship as authentic human beings.

As a community, the Academy seeks to provide learning and growth opportunities for both seasoned professionals and new therapists. AAP values relational workshop experiences and encourages authentic interaction over prescribed formality. To this end, our meetings offer process groups, experiential workshops, and therapy demonstrations in addition to more traditional didactic workshops and panels. Master clinicians offer combined experiential and didactic intensive training institutes as well. Members also have the opportunity to join long-term peer groups of Academy members that are designed to promote ongoing, in-depth interpersonal learning.

AAP’s mission is to invigorate the psychotherapist’s quest for growth and excellence through authentic interpersonal engagement. In an increasingly technical and manualized treatment climate, AAP maintains a commitment to in-depth personal engagement, respect for the unconscious, and attention to current developments in both theory and research in the field of psychotherapy.

THE MEETING OF TWO PERSONALITIES IS LIKE
THE CONTACT OF TWO CHEMICAL SUBSTANCES:
IF THERE IS ANY REACTION, BOTH ARE TRANSFORMED.

— Carl Jung

IT AIN'T WHAT THEY CALL YOU
THAT MATTERS,
IT'S WHAT YOU ANSWER TO.

—W.C. Fields

SCHEDULE AT A GLANCE

WEDNESDAY, NOVEMBER 5, 2014

- 12:00 – 6:00 p.m. Registration
- 2:00 – 5:15 p.m. Training Institute
- 5:30 – 6:30 p.m. Welcome Reception/Cash Bar
- 6:30 – 8:00 p.m. Opening Dinner/Cash Bar
- 8:00 – 9:30 p.m. Opening Experience/Community Meeting
- 9:40 – 10:30 p.m. Scholars' Process Group

THURSDAY, NOVEMBER 6, 2014

- 7:00 – 9:00 a.m. Continental Breakfast Buffet
- 8:00 – 9:00 a.m. Registration
- 9:00 a.m. – 12:15 p.m. Plenary I: Dr. Wallin
- 9:00 a.m. – 12:15 p.m. Scholars' Process Group
- 12:15 – 2:15 p.m. Lunch on your own
- 2:15 – 5:30 p.m. Afternoon Workshops
- 7:00 – 9:00 p.m. Hosted Dinners

FRIDAY, NOVEMBER 7, 2014

- 7:00 – 9:00 a.m. Continental Breakfast
- 8:00 – 9:00 a.m. Registration
- 9:00 a.m. – 12:15 p.m. Morning Workshops
- 9:00 a.m. – 12:15 p.m. Scholars' Process Group
- 12:15 – 1:45 p.m. Lunch
- 1:45 – 2:45 p.m. Community Meeting
- 3:00 – 6:15 p.m. Afternoon Workshops
- 7:00 – 9:00 p.m. Hosted Dinners

SATURDAY, NOVEMBER 8, 2014

- 7:00 – 9:00 a.m. Continental Breakfast
- 8:00 – 9:00 a.m. Registration
- 9:00 – 12:15 p.m. Plenary II: Dr. Volkan
- 12:15 – 2:15 p.m. Lunch on your own
- 2:15 – 5:30 p.m. Afternoon Workshops
- 2:15 – 5:30 p.m. Scholars' Process Group
- 7:00 – 8:30 p.m. Banquet Dinner/Cash Bar
- 8:30 p.m. – 12:00 a.m. Dance

SUNDAY, NOVEMBER 9, 2014

- 7:00 – 9:00 a.m. Continental Breakfast
- 8:00 – 9:00 a.m. Scholars' Breakfast Meeting
- 9:00 – 10:30 a.m. Closing Experience/Community Meeting

CONFERENCE EVENTS

HOSPITALITY SUITE

All conference participants are welcome to enjoy AAP Hospitality in the Hyatt Presidential Suite, which overlooks Lady Bird Lake and the Austin skyline. You can enjoy light refreshment while engaging in discussion of anything from the day's program to... well, anything at all. Come and refresh your body and your soul with old friends and not yet friends.

HOSTED DINNERS

Meet other attendees and sample Austin's finest cuisine. We will offer 3 hosted dinners on Thursday and Friday evening. You will find sign-up sheets with information about the restaurant and your host/s on the bulletin board located by our I&C registration desk.

12 STEP MEETING

AAP offers a 12 Step Meeting at lunch on Friday. Participants from all 12-step programs are welcome. Information will be available at on the bulletin board by our I&C registration desk.

BOOK STORE

The conference bookstore will offer books relevant to our theme and the practice of psychotherapy, including those written by our presenters, our members, and others. Our bookstore will be administered by the University Co-Op bookstore.

WELCOME RECEPTION

The I&C committee and the AAP Executive Council will kick off our Institute and Conference with a reception in honor of our conference presenters, our I&C Scholars, and newcomers to AAP.

SATURDAY NIGHT DANCE

This event is legendary. We are excited to have one of Austin's premier dance bands, The Grooves, perform. Please join us for a great evening of music, dance, and celebration!

SUNDAY MORNING CLOSING EXPERIENCE

The closing experience is a unique opportunity to review and integrate the week's experiences. This AAP tradition helps to ease the transition back to family, friends, and work.

AAP SCHOLARSHIP PROGRAM

AAP offers a unique training opportunity for beginning psychotherapists of every discipline (visit www.aapweb.com to apply). Need-blind scholarships of \$1000 enable advanced graduate students and new practitioners to attend our conference. Up to twenty Scholarship recipients will participate in workshops and community activities, as well as a daily intensive experiential 10-person process group facilitated by two AAP leaders. The Scholarship Program invites participants to learn about therapeutic process in action and to develop a commitment to their own personal and professional development.

AMBASSADOR PROGRAM

Is this your first AAP Conference? The Ambassador Program pairs seasoned AAP members with non-member, first-time attendees at AAP events. Ambassadors are there to welcome you personally and to answer your questions about the I&C. If you're interested in meeting with an Ambassador, please so indicate on your registration form.

**CONTINUING EDUCATION
SATISFACTORY COMPLETION**

Participants must have paid the tuition fee, attended their chosen sessions in their entirety (you must attend all parts of a multi-part course to get credit for that course) and completed an online Attendance / Evaluation form in order to receive a Certificate of Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are available immediately after completing the online evaluation form. You must complete the online form by 11/30/2014 in order to receive your CE certificate. The site will close after that date and certificates will no longer be available. Full details will be available at the conference.

Psychologists: This course is co-sponsored by Amedco and the American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content.

25 hours

Professional and National Certified Counselors, Marriage and Family Therapists (NBCC): Amedco is an NBCC-Approved Continuing Education Provider (ACEPTM) and a co-sponsor of this event/program. Amedco may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. NBCC-ACEP Provider #5633.

25 hours

California Board of Behavioral Sciences (CABBS): Course meets the qualifications for 22 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider #PCE4956.

25 hours

Social Workers: *This course has been submitted for review to NASW in Washington, DC.*

HE ALLOWED HIMSELF
TO BE SWAYED BY HIS
CONVICTION THAT
HUMAN BEINGS ARE
NOT BORN ONCE AND
FOR ALL ON THE DAY
THEIR MOTHERS GIVE
BIRTH TO THEM, BUT
THAT LIFE OBLIGES
THEM OVER AND OVER
AGAIN TO GIVE BIRTH
TO THEMSELVES.

.....
— Gabriel García Márquez,
Love in the Time of Cholera

**TARGET AUDIENCE
AND INSTRUCTIONAL LEVEL**

Our Institute and Conference is well suited for psychologists, social workers, counselors, marriage and family therapists, psychiatrists and other interested mental health professionals as well as graduate students in mental health related disciplines. The instructional level in all workshops and plenary sessions is appropriate for introductory, intermediate and advanced practitioners.

EDUCATIONAL OBJECTIVES

IDENTITY AND TRANSFORMATION I&C

1. To bring to awareness various aspects and theories of identity formation and the ways in which they inform our clinical work.
2. To elucidate how attachment style affects relationships, including the therapeutic dyad.
3. To discuss socio-cultural and trans-generational influences on identity, and how those identities play out on the world stage.
4. To identify empathic and ethical challenges in working with people of different racial, ethnic, gender, and sexual identities.
5. To explore how providing space in psychotherapy to articulate the unspeakable about identity differences (e.g., race, ethnicity, and sexuality) may open pathways to transformation.
6. To examine the ways by which effective individual, couple, and group psychotherapy and supervision, must challenge fixed notions of identity.
7. Identify the benefits of a large group experience in creating a container for safely discussing identity issues.
8. List the ways in which large group sets the tone for intrapsychic and interpersonal exploration of identity.
9. Identify the ways a final community group experience can help with conference termination issues.

THE 2014 INSTITUTE AND CONFERENCE COMMITTEE

Roy and Phyllis Clymer, *Co-Chairs*
Molly Donovan, *Program*
Susan Jacobson, *Program*
Barry Wepman, *Program*
Ellen Libby, *Hospitality*
Ellen Schiff, *Hospitality*
Ellen Carr, *Volunteers & Publicity*

Murray Scher, *Hosted Dinners,*
Austin Attractions
Janet Tyler, *Treasurer*
Mary deWit, *Graphic Design*
Special thanks to Bob Rosenblatt,
National Marketing

THE PROGRAM

PLENARY I

FOR THE PATIENT TO HEAL,
THE THERAPIST MUST
CHANGE: TRANSFORMING
ATTACHMENT PATTERNS IN
THE TREATMENT RELATIONSHIP



David Wallin, PhD

Thursday Morning 9:00 a.m. – 12:15 p.m.

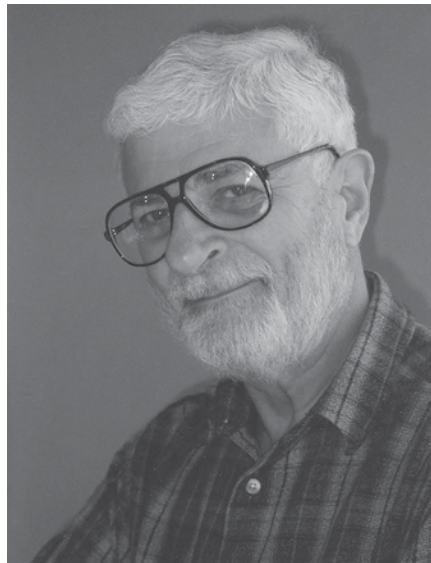
Dr. Wallin will explore the potential of our own attachment history and patterning not only to impede, but also to inform and inspire our efforts to be of help to our patients. Along the way, attendees will be invited to consider the impact of the attachment relationships that have shaped their work.

David Wallin, PhD, is a clinical psychologist in private practice in Albany and Mill Valley, California. A graduate of Harvard, he received his doctorate from the Wright Institute in Berkeley. *Attachment in Psychotherapy*, his most recent book, is presently being translated into ten languages. He is co-author of *Mapping the Terrain of the Heart: Passion, Tenderness, and the Capacity to Love*. He has lectured on attachment and psychotherapy in Australia, Europe, Canada, and throughout the United States.

3 CEs; Unlimited

PLENARY II

LARGE-GROUP IDENTITY,
WARS AND
TERRORISM



Vamık D. Volkan, MD

Saturday Morning 9:00 a.m. – 12:15 p.m.

Dr. Volkan will describe the psychology of (ethnic, national, religious, ideological) large-group identity. He will describe how certain massive traumas at the hand of the Other evolve as “chosen traumas”, and how destructive leaders can inflame these traumas to produce further tragedies. He will also summarize the ways in which religion can be highjacked for malignant purposes.

Vamık D. Volkan, MD, is an Emeritus Professor of Psychiatry at the University of Virginia School of Medicine, an Emeritus Training and Supervising Analyst at the Washington Psychoanalytic Institute and the Senior Erik Erikson Scholar at the Austen Riggs Center in Stockbridge, Massachusetts. He is a past president of the International Society of Political Psychology, the Virginia Psychoanalytic Society, and the American College of Psychoanalysts. He holds Honorary Doctorate degrees from Kuopio University, Finland, and from Ankara University, Turkey.

3 CEs; Unlimited

Wednesday Afternoon 2:00 – 5:15 p.m

For all two session workshops,
please check the “Program Planner”
carefully for the second session.

[TIA]

ENERGY PSYCHOLOGY:
A NEW FRONTIER

This Training Institute is open
only to members who participated
in the first meeting at SW’14.

Learning how to use mind-body techniques in traditional therapies gives psychotherapists an expanded view of the possibilities for healing and offers greater options for all levels of intervention. Through presentation, demonstration and exercises, you will experience this leading edge practice in theory and in clinical application.

Loretta Sparks MA, LMFT, is a licensed psychotherapist in private practice in Hermosa Beach, CA. She has trained mental health professionals in Energy Psychotherapies (EP) since 1996. She is an Emotional Freedom Techniques Founding Master, a charter member of the Association of Comprehensive Psychology, a Diplomat of Comprehensive Energy Psychotherapy, and an EFT Cert-Honors practitioner. She has written two books and contributed chapters to several books on EP. She is a Past President of the AAP.

Victoria Danzig, LCSW, DCEP graduated from U.S.C. in Social Work, has been in private practice since 1985 and works extensively with clients who suffer from traumatic experiences and addictions using Energy Psychology methodology. She has been a training therapist in Advanced Integrative Therapy from 2005 to the present and Thought Field Therapy in La Jolla from 1998-2003. She has presented at the Annual International Energy Psychology Conference on AIT and using TFT with animals.

6 CEs; Maximum 30;

Continues Thursday Afternoon

**SCHOLAR'S PROCESS GROUP
FOUR-DAY GROUP FOR NEW
CLINICIANS FORMING THEIR
PROFESSIONAL IDENTITIES**

Scholars' process group participants are selected and assigned to one of two scholars' process groups by committee in September.

A continuous exploration, of self, and 'other', and the 'we', is crucial to achieving growthful therapeutic engagement. In this four-day (10-hour) process-oriented group, two AAP co-leaders will facilitate a creative exploration of individual and group identity.

Debbara Dingman, PhD, is a psychotherapist, consultant, and supervisor in private practice in Atlanta, Georgia. She is

a member of the faculties of the Department of Psychiatry and Behavioral Medicine at Emory University, the Department of Psychology at Georgia State University, and the Pine River Psychotherapy Training Institute. She enjoys group work and is looking forward to working with the scholars program this year.

Dr. Fern Beu received her PhD in Clinical Psychology in 1980; and since then, has been in private practice in the District of Columbia and Maryland. She specializes in individual, group and couples' long term psychotherapy, and private practice supervision. She has presented workshops nationally which focus on the co-therapy model of group psychotherapy.

Jack Mulgrew, PhD, ABPP, CGP, is a Professor Emeritus in the Marriage and Family graduate program at Appala-

chian State University. As a journeyman psychotherapist and supervisor, he enjoys practicing as a licensed psychologist in the state of North Carolina. Jack is a Fellow in the American Academy of Psychotherapists and looks forward to participating in this AAP training experience.

Dr. David Pelligrini's child development background (BA 1974), and clinical/research experience (University of Minnesota, 1980 PhD, Fulbright Scholarship at the London Institute of Psychiatry, 1980-81) enriches his thirty year clinical practice in Washington, DC. He served as a guest researcher at the NIH, and as a tenured clinical professor at The Catholic University. He currently works with individuals, groups, and couples in his Georgetown office, and consults with businesses and non-profit organizations as well.

**Thursday Afternoon
2:15 – 5:30 p.m**

*Workshops continued from Wednesday:
T1b L. Sparks/Danzig*

**[3A]
CONSTRUCTING THE
CRUCIBLE: CONTAINING THE
WORK OF SELF-EXPLORATION**

This two-day experiential group will focus on the development of a group structure and process that can contain the work of its members' self-exploration. Contributions of the I (self revelation), the Other (feedback) and We (the group-as-a-whole) will be underscored.

David M. Hawkins, MD, P.A. is a Board Certified psychiatrist in private practice in Chapel Hill, NC. He provides individual and group psychotherapy, as well as training in psychodynamic group psychotherapy and consultation to group and individual psychotherapists. He has particular interest in the development of the self. He is a Fellow of AAP, Distinguished Life Fellow of APA, and Distinguished Life Fellow of AGPA. He has served as president of AGPA and of AAP.

**6 CEs; Maximum 15;
Continues Friday Afternoon**

**[4A]
TO BE OR NOT TO BE ME:
IDENTITY IN THE GROUP
CONTEXT**

This workshop will use the process group modality to explore the choices we all make in forming and maintaining our identity. Participants will use the group and the interactions with others to learn who they are, how they got to be that person, and what the potential avenues for change are.

Murray Scher holds a PhD in Counseling Psychology from the University of Texas at Austin. He is licensed to practice in Tennessee and Texas. A Past President of the Academy, he has published extensively and presented widely on a variety of topics, especially gender issues in psychotherapy. He has been presenting workshops using a process group modality regularly and for several decades.

**6 CEs; Maximum 15;
Continues Friday Afternoon**

**[5A]
I AM WHO I AM—OR AM I?**

Together, we will focus on the theme of self-identity—its origins, its role in our lives, and the role others have had in its evolution. Is our sense of ourselves solid in the face of the chaos of our interpersonal world? Is it crumbling in the face of the now? Is it in transformation?

Dr. Mermelstein received his Doctorate in Clinical Psychology from Catholic University of America. With over 40 years of experience, he is currently licensed as a Psychologist in Charlotte, North Carolina, where he maintains his private psychotherapy practice. He works with individuals, couples, and groups, and is Senior Clinical Consultant to Presbyterian Psychological Services. He has conducted clinical training and supervision in a variety of settings and is a long-standing member of AAP and a former member of its Executive Council.

**6 CEs; Maximum 15;
Continues Friday MORNING**

[6A]

FEELING THE I, WE,
AND OTHER, FROM WITHIN

Can our identity as agents of transformation be enhanced by stepping into the healing postures of our common ancestors, the Hunter-Gatherers? This workshop will offer conscious exploration of the neuro-physiological mechanisms of integration that stretch, ground, balance and renew body, mind, and spirit. Please dress comfortably and bring a yoga mat.

Judy Lazarus, LCSW-C, has practiced psychotherapy since 1977 in the Annapolis, Maryland area. Her interest in ancient forms of standing prayer led her to become a certified instructor for the Cuyamungue Institute in 1997. Clinical practice has deepened her interest in noticing the habitual ways we all assume stances and hold ourselves in relationship with others.

Jenny Otto is an innovative and dedicated yoga teacher and teacher trainer. She has been teaching wellness/exercise programs nationally since 1980. As a Structural Integration Practitioner since 2007, Jenny has developed a deep understanding of anatomy and therapeutics in the domain of functional rehabilitation, biomechanics and the nervous system.

6 CEs; Maximum 15; Continues Friday MORNING

TO BE
NOBODY-BUT-YOURSELF
IN A WORLD WHICH IS
DOING ITS BEST, NIGHT
AND DAY, TO MAKE YOU
JUST LIKE EVERYBODY
ELSE MEANS TO FIGHT
THE HARDEST BATTLE
ANY HUMAN BEING CAN
FIGHT; AND NEVER STOP
FIGHTING.

.....
— e.e.cummings

[7]

CONTENDING WITH
THE PROBLEM OF BEING A
WOUNDED HEALER: HOW
THE THERAPIST'S
ATTACHMENT-BASED
VULNERABILITIES CAN
(SOMETIMES) BE TURNED TO
THE PATIENT'S ADVANTAGE

In this afternoon workshop, participants will be helped to clarify and work with their particular resources and vulnerabilities—often including the vulnerability to shame—that are the legacy of an attachment history marked by trauma. Using group discussions, participants with such a history will discuss common enactments in which they have become ensnared.

David Wallin, PhD, see biography on page 4.

3 CEs; Maximum 24

[8]

TRANSFORMATION OF
OUR IDENTITY IN THE
DIGITAL ERA: COMING TO
GRIPS WITH NEW CLINICAL,
ETHICAL, AND RISK
MANAGEMENT ISSUES

Our panel of psychotherapists will discuss the ways in which our professional practices have been impacted by inventions of the new digital era: texting, email, social media, therapist websites, Googling, and therapy via video conferencing. We will address the clinical, ethical and risk management issues that arise as our professional lives and identities co-exist in cyberspace.

Marilyn Schwartz, PhD, is a psychologist in Washington, DC, providing individual, couples, and group psychotherapy, clinical supervision, and consultation to federal agencies. She created and co-directs the Adult ADD Resource Center of Washington, a treatment center for adults with ADHD. She is Chair of the AAP Ethics Committee and serves on the Ethics Committee of the DC Psychological Association.

Linda Tillman, PhD, is a clinical psychologist in private practice since 1986 in Atlanta. She is very interested in boundaries and their impact on the work of therapy. Her degrees are from Vanderbilt University before computers were in daily use (1978, 1980). She has had a web page since the early 90s and uses the computer regularly, including using Skype for therapy sessions. When not doing therapy, she is a beekeeper and learns many life/boundary lessons in the beehive.

Brooke Bralove, MSW, is a licensed clinical social worker in Bethesda, MD providing individual, couples, and group psychotherapy. She is a graduate of Columbia University's School of Social Work and has received certificates from the Washington School of Psychiatry's Clinical Program on Psychotherapy Practice and the National Group Psychotherapy Institute. She is also a Certified Daring Way™ Facilitator, based on Brené Brown's research on vulnerability, courage, shame, and worthiness.

3 Ethics CEs; Maximum 40

[9]

NARRATIVE THERAPY AS
ADVOCACY: PROMOTING
THE RIGHT TO SELF-IDENTIFY

This presentation explores the intersection of psychotherapy, professional values/ethics, universal human rights, and self-identity. Therapists need to feel empowered to view their clinical work as a form of advocacy—on an individual to an international scale. Dr. Hawkins will relate her perspective through narrating a case example of rapprochement between a transgendered teenager and her Christian fundamentalist mother.

Catherine A. Hawkins, PhD, MSSW, LCSW is a Professor of Social Work at Texas State University in San Marcos. She has been a university professor for over twenty years and has won numerous teaching awards. Prior to entering academia, she practiced as a psychiatric social worker in multiple treatment settings. Her teaching and scholarship focus on clinical practice, addiction, international social

work, spirituality, and human rights. She has published and presented extensively in these areas.

Dorinda N. Noble, PhD, MSW, LCSW, is Professor and Director of the School of Social Work at Texas State University. She previously taught at Texas Tech and Louisiana State University. She practiced as a social worker for over ten years and is a nationally recognized expert on social work values/ethics and supervision. She has served four terms on both the Texas and Louisiana social work regulatory boards and is currently the president of the International Association of Social Work Boards.

3 CEs; Maximum 20

[10]

**THE LONELY THERAPIST:
CULTIVATING IDENTITY
FROM A PLACE OF LONGING
AND BELONGING**

Many of us practicing in areas without like-minded colleagues experience loneliness and deprivation in our professional lives, particularly in contrast to the richness of an AAP community. Participants in this process group will explore connectedness, how it is impacted by isolation, and the ways in which it informs our identity both within and outside of this group.

Dr. Bruce Ellman is a clinical psychologist, organizational consultant, and former Wall Street executive. Father of three, Bruce is a graduate of Brown University and holds advanced degrees from Yale (MBA) and Pepperdine Universities (PsyD). His most recent essay, *God of My Father*, appears in the anthology, *The Good Men Project*.

Meredith Frankel, PsyD, is a licensed clinical psychologist in private practice in Naples, FL. She received her doctorate from the George Washington University and has been practicing psychoanalytic psychotherapy with individuals, couples and groups since 1999. She holds licenses in Virginia and Florida and is affiliated with FPA and FPI.

3 CEs; Maximum 12

[11]

**EXPERIENTIAL
PSYCHOTHERAPY
AND THE RELATIONAL SELF**

Change is most powerfully facilitated in the crucible of relationships because identity is formed and developed relationally. We become who we are as we respond to a variety of relational invitations. Participants will learn how to help others be more fully themselves in relationship.

Avrum Weiss received his PhD in Psychology from Georgia State University in 1986. Since that time he has worked primarily in the independent practice of psychotherapy, but has also served as faculty at Georgia State University and the Pine River Psychotherapy Training Institute. He currently serves as the psychological consultant for the Atlanta Jewish Family and Career Services, and has served as a consultant for the Atlanta Catholic Archdiocese, the Atlanta Veterans Outreach Center, and the St. Joseph's Cancer Center.

3 CEs; Maximum 15

[12]

WHO IS YOUR PRACTICE?

This workshop will address the irrational transference forces that underlie the therapist's most basic relationship to his/her work. There are many familiar surface narratives; this workshop is an opportunity to explore the issues beneath those. It would be helpful for participants to have read the article "Who Is Your Practice?" (*Voices*, Winter 2013).

Steve Shere, PhD, received his Doctorate in Clinical Psychology from George Washington University in 1972 and has been an Academy member since 1975. His Washington, DC clinical practice emphasizes character oriented psychotherapy and supervision, particularly in groups. He also maintains a consulting practice to a wide range of businesses and organizations.

3 CEs; Maximum 12

Friday Morning

9:00 a.m. – 12:15 p.m.

Workshops continued from Thursday:

5b Mermelstein

6b Lazurus/Otto

[13]

**TRANSFORMING
SUPERVISION:
AN EXPERIENTIAL APPROACH**

Even the most experienced therapists can run into impasses in psychotherapy. Often these impasses involve some engagement between the therapist's and the patient's unconscious.

It can be very difficult for a therapist to untangle these snags without help. This workshop will discuss supervision and then demonstrate a method in which a group process can be clarifying and transformative. Case presentation: Melissa Leehan, MA.

Barry Wepman received his PhD in psychology from the University of Houston. He has been on the faculties of NYU, The University of Medicine and Dentistry of New Jersey, and Georgetown University, where he is clinical associate professor of psychiatry. He teaches in three postgraduate programs at the Washington School of Psychiatry, and is the founding chairman of its Supervision Training Program. He practices in Washington, DC, providing individual, group and couple psychotherapy, and supervision.

Melissa J. Leehan, MA, LMFT, practices her craft of psychodynamic psychotherapy and clinical supervision in Santa Fe, New Mexico. A member of the Academy for 35 years, Melissa served two terms on the Executive Council and co-chaired three national Institutes and Conferences. She is a Clinical Fellow in the American Association of Marriage and Family Therapists and also an Approved Supervisor. A graduate of Ball State University, Melissa was a founding member of the Indianapolis Gestalt.

3 CEs; Unlimited

[14A]

SELF AND NO-SELF

IN PSYCHOTHERAPY

The development of a robust sense of self is central to human health and happiness, yet in Buddhist practice we come to see the evanescent nature of this self. How can we integrate these two views and how can the concept of no-self inform the practice of contemporary psychotherapy?

Flint Sparks holds a PhD in Clinical Psychology and is an ordained Zen Priest. He has over 35 years experience as a practicing psychotherapist and continues to teach and lead meditation retreats worldwide. He has specialized training and certification in group psychotherapy and has spent many years working with people with life-threatening illnesses. In addition, he has extensive training in mindfulness based therapies including Hakomi and Internal Family Systems. His specialty is the integration of Buddhist practices and Psychotherapy.

6 CEs; Maximum 24

Continues FRIDAY AFTERNOON

[15]

THE EVOLUTIONARY

JOURNEY OF THE SEASONED

THERAPIST

As we continue the lifelong process of individuation, how does our work as therapists stimulate our evolutionary process? Is our vitality intensified or diminished? Are we freer to be ourselves? Together we will explore possibilities for further discoveries about ourselves as therapists.

Pamela Finnerty, PhD, has been practicing individual, couple and group psychotherapy in Washington, DC for 30 years, specializing in relationship and sexuality issues. As Associate Professor of Counseling and Psychiatry at GWU, she directed the Counseling Laboratory, directed and led numerous research projects, and presented and published extensively.

3 CEs; Maximum 15

Friday Afternoon

3:00 – 6:15 p.m

Workshops continued from Thursday:

3b D. Hawkins

4b Scher

Workshop continuing from Friday

Morning:

14b F. Sparks

[16A]

UNITY:

THE PRIMARY IDENTITY

This workshop will explore, both didactically and experientially, the hypothesis that each of us is unconsciously identified with all other life forms. Methods for becoming aware of these identifications, as well as their therapeutic value, will be examined. Suggested readings: *One Mind* by Dossey and *Facets of Unity* by Almaas.

John Rhead earned a BA from Dartmouth, and a PhD from Stanford. He has been a research psychologist, a medical school faculty member, a consultant in a prison, as well as a clinician in a private psychiatric hospital, a school for emotionally disturbed children, and private practice. His publications and presentations tend to focus on the intersection of psychotherapy and spirituality and include a workshop entitled “God—The Primary Relationship.”

6 CEs; Maximum 15;

Continues Saturday Afternoon

[17A]

WHEN IS ‘OLD’

AN ACCEPTABLE IDENTITY?

In our youth-oriented culture it has become the norm to say, “Fifty is the new forty,” etc. By redefining “old,” we seem to be postponing it. How do we choose to keep our libidinal energy going in our work, relationships, sexuality, and new ventures? Join me in an experiential workshop exploring aging and identity inspired by Joan and Erik Erikson, George Vaillant, and Gloria Steinem.

Lenore Pomerance graduated from UC Berkeley and received an MSW from The Catholic University of America in Washington, DC where she has a private

practice of psychotherapy. She has extensive experience working with chronic and terminal illness and mid-life issues of menopause, sexuality, and aging. She is on the faculty of The Washington School of Psychiatry Study of Aging Certificate Program. Lenore has led workshops reflecting all of these interests, and recently started a conversation group for women in their seventies.

6 CEs; Maximum 12;

Continues Saturday Afternoon

[18A]

THE SEXUAL IDENTITIES OF

THE THERAPIST:

AN EXPERIENTIAL

EXPLORATION OF COUNTER-

TRANSFERENTIAL ISSUES

USING BODY PSYCHOTHERAPY

& GROUP PROCESS

This is an experiential 6-hour workshop that integrates various types of meditation and movement as well as written material. The goal is to assist seasoned and new therapists as they lean into the discomfort, excitement, fear, and pleasure of identifying their own sexual identities. This awareness of our sexual selves can illuminate some of the more hidden parts of clinical work. We will explore the spoken word, I-Thou encounter, dance and expressive movement.

Brian Cross, PhD, is a licensed clinical psychologist who has been in private practice for the past 20 years in Washington, DC, where he lives with his wife and two daughters. He has extensive training and sensitivities in body-psychotherapy and sexual health. Brian completed an intensive 5-year training in the Core Energetics in New York (2006). Additionally, he has recently been certified by AASECT as a Sex Therapist.

6 CEs; Maximum 14; Continues

Saturday Afternoon

[19A]

IDENTITY CRISIS: HOW LOSS, TRAUMA AND RESILIENCY INFORM IDENTITY SHIFTS.

Loss and trauma can inform shifts in identity. A patient may ask, "Who am I, where have I gone and what's next for me?" With help and resiliency, they may reinvent themselves. In this group we will explore what we know, individually and collectively, about loss, trauma, resiliency, and transformation—for our patients and ourselves.

Bradley Lake, MSW, has been in private practice in Washington, DC for 23 years, working with individuals, couples and groups and has been enjoying providing supervision for local clinicians. In addition, Bradley has a private practice in Chestertown and Annapolis, MD. He provides group therapy for college students at Washington College (Chestertown, MD) and will begin teaching at the college as an adjunct professor in Fall 2014. Bradley is still getting used to the phrase, "My husband..."

6 CEs; Maximum 14;
Continues Saturday Afternoon

[20A]

MANDALA: THE DANCE OF LIGHT AND DARK

This two day process group will explore life's natural evolving tensions between our inner light and dark forces. Individual expression will be maximally encouraged in order to heighten our awareness of emerging transformative potentials. We will seek integration and a unifying experience within the contained structure of the group.

Adam Klein, PhD is a Licensed Psychologist in full-time private practice in Bethesda and Annapolis, MD. He enjoys laughing with his children, walking his dog in the forest, and playing soccer on the weekends.

Lisa Makstein, LCSW-C, LICSW is a Licensed Certified Clinical Social Worker in full-time private practice in Maryland and Washington, DC. She works with couples, individual adults and older adolescents, as well as facilitates groups. She

AT THE CENTER OF
YOUR BEING YOU HAVE
THE ANSWER;
YOU KNOW WHO YOU
ARE AND YOU KNOW
WHAT YOU WANT.

.....
— Lao Tzu

is also trained as a Collaborative Divorce Coach. For the past 30 years, she has felt truly privileged to be able to join clients in their journeys toward more authenticity in their relationships and their lives.

6 CEs; Maximum 16;
Continues Saturday Afternoon

[21]

BECOMING A MAN

Growing into manhood takes a lot of living. We accomplish developmental tasks in our own way while passing through various stages. We grapple with polarities: strong/weak, vibrant/muted, vital/stagnant. Following an introduction to adult development and recent research in biology and psychology, we will engage in open conversation and group process.

Z Rosenzweig, PhD, was educated at the University of Virginia, Emory University, and Harvard University and has maintained a private practice in Atlanta for 40 years. In working with people of all ages, he has focused on development through the life cycle and has centered on attachment and relationship as the core of personality and character. He considers himself still a work in progress and anticipates the unfolding journey ahead.

3 CEs; Maximum 25 Men Only

[22]

TRANSCENDING I, ME, MINE:
SUPPORTING
INTERDEPENDENCE
WITH COUPLES

Wisdom traditions emphasize that holding on to fixed identities increases suffering and isolation. Gently stepping back from these beliefs potential-

ly deepens love and connection with partners. We'll explore pathways to strengthening the "we" through gentle movement, breathing practices, and meditation. Case examples and discussion will promote clinical application.

Debra Alvis, PhD, licensed psychologist, mindfulness teacher, and therapeutic yoga educator, practices in Georgia. She maintains a private practice serving adults and couples. As a professor, Debra offers psychology courses and conducts research emphasizing the contemplative sciences. She presents clinical training seminars and retreats internationally and across the United States.

Debra has been engaged in contemplative practices for over twenty-five years studying with Integral Yoga's senior teachers. She has completed training in Mindfulness Based Stress Reduction and multiple yoga trainings.

3 CEs; Maximum 30

[23]

WE DON'T KNOW WHAT
WE DON'T KNOW

The longer we've practiced, the more we unconsciously default to our familiar psychotherapeutic styles. Vitality, creativity, and risk-taking may be replaced with a reliance on practiced responses. This workshop focuses on the therapist's moment-to-moment self-awareness of more subtle feelings and thoughts, and how these translate into powerfully creative therapeutic interventions.

Barry Sternfeld was 27 years old when he received his PhD in Clinical Psychology, 28 when he opened his private practice, and has been seeing patients as well as training/supervising psychotherapists ever since. Thirty-five years later, in 2008, he decided it was time for change. He closed his office, moved to California, and began a new practice with a new focus. It is this new focus that will be the centerpiece of his workshop.

3 CEs; Maximum 15

Saturday Afternoon 2:15 – 5:30 p.m

Workshops continued from Friday:

16b Rhead

17b Pomerance

18b Cross

19b Lake

20b Klein/Makestein

[24]

UNPACKING OUR CULTURAL IDENTITIES: CONTEXT AND CULTURE IN THE PSYCHOTHERAPEUTIC RELATIONSHIP

Culture and context are central to developing, maintaining and transforming our individual and group identities. Psychotherapists need to recognize their own and their patients' "situatedness" in the contexts of their differing cultures. Through didactic and interactive group dialogue, participants will enhance their efficacy working with "difference" in the consulting room.

Cherian Verghese, a 1988 graduate of Temple University's Counseling Psychology PhD Program, is a Licensed Psychologist whose private practice is in Washington, DC. He is a Faculty member at the Washington School of Psychiatry and at the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP&P), where he coordinated the Psychotherapy Training Program. Born and raised, till age 20, in India, Dr. Verghese founded SAMHA - South Asian Mental Health Association, and Co-Directed ICP&P's 2013 Annual Conference: Psychotherapy Contextualized: Culture, Reality, Self & Other.

3 CEs; Maximum 30. May qualify as Diversity CEs.

[25]

UNDERSTANDING AND TRANSFORMING IDENTITY IN GROUP THERAPY

The therapy group provides a rich environment for the exploration and transformation of identity. Modern Analytic Group Theory emphasizes expression of the full range of emotions by members and the leader's

BE WHO YOU ARE AND
SAY WHAT YOU FEEL
BECAUSE THOSE WHO
MIND DON'T MATTER
AND THOSE WHO
MATTER DON'T MIND
.....
— Dr. Seuss

emotional availability. This workshop will examine the impact of personal history and countertransference on psychotherapists, utilizing a demonstration group, clinical examples, and group discussion.

A Certified Group Psychotherapist, **Jeff Hudson** has practiced group therapy for over twenty years. He is a Fellow of the American Group Psychotherapy Association (AGPA) and frequent presenter at the national level. Jeff leads and co-leads both therapy and training groups. He holds a Bachelor of Music, University of North Carolina-Chapel Hill; Master of Music, Peabody Conservatory; and a M.Ed. in Counseling, Texas State University. Jeff has completed extensive group training through AGPA and the Center for Group Studies-New York.

3 CEs; Maximum 30

[26]

LIVING THE TWO-PERSON LIFE

People with histories of early developmental trauma live in two distinct identities: an inner chaotic maelstrom and a related exterior. We will explore the subjective reality of this life and will consider the therapeutic challenges. Therapy centers upon helping to connect these two lives with one another. New versions of oneself can be supported and new possibilities can be explored.

Scott Baum received his B.S. in Psychology at the University of Pittsburgh in 1971 and his PhD in Psychology from the City University of New York in 1977. He is a diplomat of ABPP. Since 1978 he has been in private practice as a clinical psychologist and bioenergetic therapist living and practicing in New York City.

3 CEs; Maximum 20

[27]

INTIMACY AND TRANSFORMATION: A MODERN ANALYTIC APPROACH TO GROUP THERAPY

Dr. Morris will set the stage for intimacy to develop in a group through the use of immediacy, bridging, emotional education, awareness of countertransference, and resistance exploration. Through didactic and experiential learning, this group will explore the ways transformation develops as members soften their protective strategies and deepen their connections.

Jan Morris holds a PhD in Counseling Psychology from The University of Texas at Austin. She earned a certificate in Modern Group Leadership from the Center for Group Studies in New York, and is credentialed in Group Psychology by the American Board of Professional Psychology. Dr. Morris has led training groups for AGPA and in several cities in the US. Dr. Morris is an individual and group therapist in private practice in Austin.

3 CEs; Maximum 25

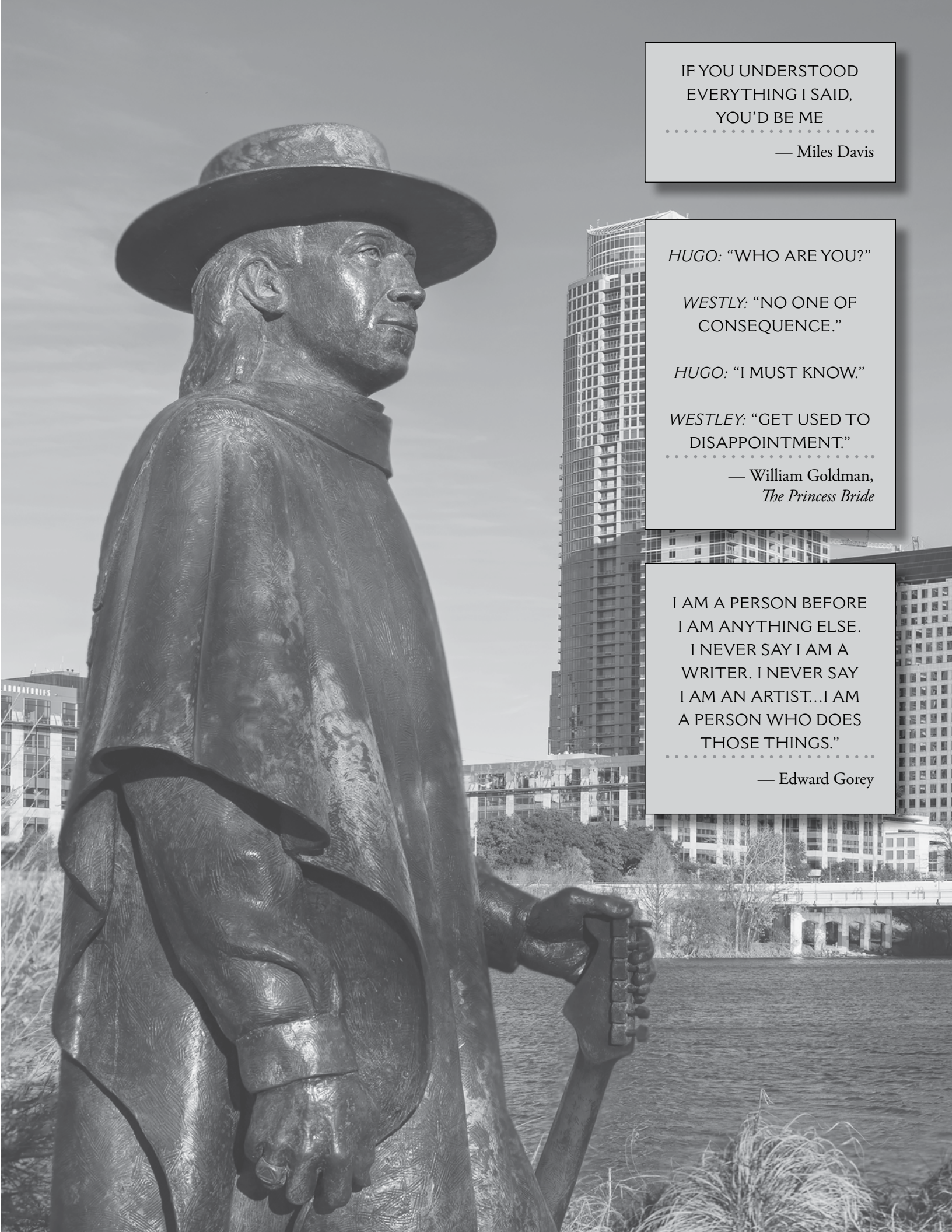
[28]

OUR VOICES: REVITALIZING IDENTITY THROUGH SELF EXPRESSION IN AAP'S VOICES

Participants will explore personal identity through various forms included in *Voices*: narrative, poetry, art, photography. Opportunities to express aspects of self through these arts enhance the vitality of the therapist, mitigating the possible erosion of self from clinical work. Participants will experience the use of cognitive and experiential tools important for the maintenance of the healthy self.

Penelope Norton, PhD, is a licensed psychologist practicing in Ormond Beach, Florida. A psychology graduate of the Universities of Florida and Rochester, she has dedicated thirty years to the practice of psychotherapy for individuals, families and groups, aged from children through seniors. She has been co-editor of the Academy journal, *Voices*, for six years.

3 CEs; Maximum 14



IF YOU UNDERSTOOD
EVERYTHING I SAID,
YOU'D BE ME

.....
— Miles Davis

HUGO: "WHO ARE YOU?"

WESTLY: "NO ONE OF
CONSEQUENCE."

HUGO: "I MUST KNOW."

WESTLEY: "GET USED TO
DISAPPOINTMENT."

.....
— William Goldman,
The Princess Bride

I AM A PERSON BEFORE
I AM ANYTHING ELSE.
I NEVER SAY I AM A
WRITER. I NEVER SAY
I AM AN ARTIST...I AM
A PERSON WHO DOES
THOSE THINGS."

.....
— Edward Gorey

The 2014 Institute and Conference of the American Academy of Psychotherapists:
Identity and Transformation: I, We, and Other

Workshops will be assigned on a first come first served basis.

AAP REGISTRATION & RESERVATIONS

Full Name (for badge):

Degree(s):

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City, State, Zip:

eMail:

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Home ()

Mobile ()

If you are not an AAP member, how did you hear about the conference?

Special Diet?

Special Needs?

Would you like to be assigned an AAP "Ambassador" to help you navigate the conference? (See page 2) Yes No

May we share your contact information with your Ambassador? Yes No

TO MAKE YOUR ROOM RESERVATIONS AT THE HYATT

Please use this link: <https://aws.passkey.com/event/10891251/owner/16557/home>.
 It will take you to our conference site and you may choose from available rooms.
 You can also call a reservation agent at (888) 421-1442; be sure to mention you are with the American Academy of Psychotherapists.

Single or Double \$199 plus tax • **Triple** \$224 plus tax • **Quad** \$249 plus tax
Rates and availability not guaranteed after 9/1/14. It's a football weekend!

MAKE YOUR RESERVATIONS BEFORE 9/1/14!

REGISTRATION FEES

*AAP will refund all but \$50 of the total registration to registrants who notify Central Office of their cancellation on or before October 1, 2014.
 Notification must be submitted in writing with a valid postmark or by email.*

	Through 9/1/2014	After 9/1/2014	Your TOTAL
Member	\$420	\$450	
Non-Member	\$470	\$500	
Student	\$200	\$200	
Scholars	\$200	\$200	

OPTIONAL FEES

CE Processing Fee		<input type="checkbox"/> \$25.00	
Wednesday Evening Buffet (For guest only. Included in Full Registration)		<input type="checkbox"/> \$70.00	
Saturday Night Banquet and Dance (Indicate meal choice) <input type="checkbox"/> fish <input type="checkbox"/> beef <input type="checkbox"/> chicken <input type="checkbox"/> vegetarian		<input type="checkbox"/> \$65.00	
Single Day(s)		\$165.00 per day	
Total Due (Payment must accompany this form)			

TRAINING INSTITUTES

Wednesday T1a
 Thursday T1b

WORKSHOP PREFERENCES

THURSDAY

1st 2nd 3rd

FRIDAY MORNING

1st 2nd 3rd

FRIDAY AFTERNOON

1st 2nd 3rd

SATURDAY

1st 2nd 3rd

REGISTRATION / INFO

You can register online, by mail, or by fax. Visit **aapweb.com** to see dates for online registration which will offer live selection and confirmation of your workshop choices.

By mail: Make checks payable to American Academy of Psychotherapists and please mail your registration to:

**1450 Western Avenue, Suite 101
 Albany, New York 12203**

or fax: Send your registration with credit card information to:

518.463.8656

Questions? Email aap@caphill.com or call 518.694.5360.

PAYMENT INFORMATION

Check enclosed (Payable to American Academy of Psychotherapists. Take a **\$10 discount** if paying by check.)

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COVER ARTWORK
“IDENTITY” BY FERN BEU

Our cover artwork by Fern Beu, PhD, invites us to look beyond our tightly held view of who we are and become open to the not yet known and unexpected dimensions of ourselves and of others. Fern, a long time member of AAP, is as gifted a psychotherapist as she is an artist.



WORKSHOP PLANNER

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Registration 8:00 – 9:00 AM			
	7:00 – 9:00 a.m.	7:00 – 9:00 a.m.	7:00 – 9:00 a.m.	7:00 – 9:00 a.m.
	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
	9:00 a.m. – 12:15 p.m.	9:00 a.m. – 12:15 p.m.	9:00 a.m. – 12:15 p.m.	8:00 – 9:00 a.m.
	Plenary 1 Dr. Wallin	13 Wepman	Plenary II Dr. Volkan	Scholars' Breakfast Mtg
		5b Mermelstein		9:00–10:30 a.m.
		6b Lazurus/Otto		Closing Experience
		14a F. Sparks		
		15 Finnerty		
	Scholars' Process Group	Scholars' Process Group		
12:00 – 6:00 p.m.	12:15 – 2:15 p.m.	12:15 – 1:45 p.m.	12:15 – 2:15 p.m.	
Registration	Lunch (<i>on your own</i>)	Lunch (<i>on your own</i>)	Lunch (<i>on your own</i>)	
		1:45 – 2:45 p.m.		
		Community Meeting		
2:00 – 5:15 p.m.	2:15 – 5:30 p.m.	3:00 – 6:15 p.m.	2:15 – 5:30 p.m.	
T1a L. Sparks/Danzig	T1b L. Sparks/Danzig	14b F. Sparks	24 Verghese	
	3a D. Hawkins	3b D. Hawkins	25 Hudson	
	4a Scher	4b Scher	26 Baum	
	5a Mermelstein	16a Rhead	16b Rhead	
	6a Lazurus/Otto	17a Pomerance	17b Pomerance	
	7 Wallin	18a Cross	18b Cross	
5:30 – 6:30 p.m.	8 Schwartz/Tillman/ Bralove	19a Lake	19b Lake	
Welcome Reception/ Cash Bar	9 C. Hawkins/Nobel	20a Klein/Makstein	20b Klein/Makstein	
6:30 – 8:00 p.m.	10 Ellman/Frankel	21 Rosenzweig	27 Morris	
Opening Dinner/ Cash Bar	11 Weiss	22 Alvis	28 Norton	
8:00 – 9:30 p.m.	12 Shere	23 Sternfeld	Scholars' Process Group	
Opening Experience/ Community Meeting				
9:40 – 10:30 p.m.	7:00 – 9:00 p.m.	7:00 – 9:00 p.m.	7:00 – 8:30 p.m.	
Scholars' Process Group	Hosted Dinners	Hosted Dinners	Banquet Dinner/ Cash Bar	
			8:30 p.m. – Midnight	
			Dance	



**AMERICAN ACADEMY OF
PSYCHOTHERAPISTS**

1450 Western Avenue Suite 101
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