# Accountability Boundaries Compassion

THE AMERICAN ACADEMY OF PSYCHOTHERAPISTS 58TH ANNUAL INSTITUTE & CONFERENCE October 23-27, 2013 THE HYATT AT PENN'S LANDING • PHILADELPHIA The ABCs of the Psychotherapy Process: Accountability, Boundaries + Compassion THE AMERICAN ACADEMY OF PSYCHOTHERAPISTS 58TH ANNUAL INSTITUTE & CONFERENCE October 23-27, 2013 • PHILADELPHIA, PA

# WELCOME TO PHILADELPHIA

The 2013 Institute and Conference Committee of the American Academy of Psychotherapists (AAP) is pleased to be hosting our meeting in Philadelphia, Pennsylvania. This historically rich location is the perfect setting for our unique profession. Stroll thorough time with a visit to the nearby Liberty Bell Center, Betsy Ross House, Declaration House, and many other historic attractions that have made the City of Brotherly Love such a treasured destination.

# THE HYATT AT PENN'S LANDING

Hyatt Regency Philadelphia at Penn's Landing offers a unique waterfront location. All rooms have spectacular views of the Delaware River waterfront or the downtown Philadelphia skyline. The hotel features the Hyatt Stay Fit gym with sauna and Yoga Away, glassenclosed indoor pool with skylight and attached sundeck, and jogging and walking paths along the riverfront. We are pleased to offer complimentary in-room internet service to conference participants. For reservations, contact directly: Hyatt Regency Philadelphia at Penn's Landing 201 South Columbus Blvd.

Philadelphia, PA 19106 Tel: +1 215 928 1234 Fax: +1 215 521 6600 hyattregencyphiladelphia.com

#### TRAVEL INFORMATION

#### **ARRIVAL BY AIR**

Philadelphia International Airport (PHL) is the main airport of Philadelphia and is 11.7 miles from the hotel. It is served by most major airlines.

Transportation to the Hyatt at Penn's Landing from PHL:

#### TAXI

The fair between the airport and the hotel is approximately \$30.

#### SUV SERVICE

Up to 6 guests for \$83 each way; reservations must be made through the Hyatt Regency Concierge Desk at 215-521-6529.

#### SHUTTLE

Lady Liberty Shuttle Service offers service from PHL to the Hyatt for \$11 per person. Proceed to a phone in baggage claim area and dial 27. Or call 215-724-8888. Pickup is at Ground Transportation and the shuttle leaves every 20 minutes from 5:30a.m. - 12:00a.m. This shuttle makes multiple stops.

#### RAIL

Septa's Regional Rail offers service on the Airport Line from PHL to Market East Station for \$7 per person. Taxi from Market East to the Hyatt is approximately \$10 (or a 20 minute walk). THE AMERICAN ACADEMY OF PSYCHOTHERAN BETH ANNUAL INSTITUTE & CONFERN HE HYATT AT PENNS

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#### **ARRIVAL BY TRAIN**

#### AMTRAK

Contact for 1-800-USA-RAIL for reservations. The Amtrak station is approximately 4 miles from the hotel and a 12 - 15 taxi ride.

#### ARRIVAL BY CAR

DRIVING DIRECTIONS The Hyatt is conveniently located close to the I-95 freeway.

#### FROM THE NORTH (NY/ NJ):

Take I-78 W/Holland Tunnel to I-95 South and continue on to New Jersey Turnpike South. Take Exit 4 for NJ 73 North. Continue on to NJ 90 West/Betsy Ross Bridge and then to I – 95 South to Exit 20 (Washington Avenue/ Columbus Boulevard). Make a left onto Columbus Boulevard. The hotel is located one mile north on the right. (Please consult Google Maps for specific directions from your location.)

#### FROM THE SOUTH:

Take I-95 north to Exit 20 (Washington Avenue/Columbus Boulevard). Make a left onto Columbus Boulevard. The hotel is located one mile north on the right.

#### PARKING:

The Hyatt offers on-site selfparking for \$25 per day and valet parking for \$32 per day. Both include "in and out" privileges.

#### INTRODUCTORY NOTE

Any fool can make things bigger, more complex, and more violent. It takes a touch of genius – and a lot of courage – to move in the opposite direction. — Albert Einstein

What follows are ABCs for therapists, standing for aspirations that we hold to year after year in our consultation rooms. These words guide us but also reflect, undoubtedly, particular enthusiasms and limitations regarding psychotherapy.

A • designates beginnings and possibilities and could stand for many things relevant to the psychotherapy process: authenticity, awareness, or attachment. *Accountability*, however, encompasses these sentiments and emphasizes the obligation or willingness to own our behavior. Accountability cautions us that using one's voice comes with responsibility.

6 • could represent behavior, balance, or even barriers, all of which are operative in life and in the consulting room. Boundaries, however, imply limits, and as such, an edge. A growing edge is often a reference to a personal goal marked by discomfort or ambivalence. When behavior is unconsciously motivated by, and rooted in, past experiences in ways not understood, we broach this frontier of interpersonal growth to create new options. Whether it is the hourly business of building rapport and trust, or a conflict that results in rupture and ultimate repair, boundaries serve to define and contain the experience.

**C** • might signify commitment, connection, or courage. But *compassion* captures the meat of sympathy and sorrow for another's misfortune and offers a side dish, a longing to alleviate the distress. Compassion embodies consideration, grace, and kindness.

#### TARGET AUDIENCE AND INSTRUCTIONAL LEVEL

The Institute and Conference is intended for psychologists, social workers, counselors, marriage and family therapists, psychiatrists and other interested mental health professionals as well as graduate students in mental health related disciplines. The instructional level in all workshops and plenary sessions is appropriate for introductory, intermediate and advanced practitioners.

#### EDUCATIONAL OBJECTIVES

#### 1.

To demonstrate the centrality of the role of Accountability in psychotherapy and psychotherapeutic relationships.

To raise the participants' awareness of how relational Boundaries create positive and negative effects on the therapeutic process.

#### 3.

To describe, observe and demonstrate how Compassion impacts, catalyzes, creates, and/or empowers the process in psychotherapy.

#### 4.

To create healthy conversation about ways to maximize the positives and minimize the negatives in therapeutic encounters.

# 5.

To create opportunities for empathic connection and to explore means of repair when empathic failures occur in psychotherapy.

# 6.

To explore ways in which space is created or limited in therapeutic relationships.

# 7.

To open up healthy dialogue and debate among professional peers about how therapeutic techniques, tactics and strategies may differ depending on one's theoretical perspectives.

#### MISSION STATEMENT

No matter the theoretical orientation, psychotherapy values include holding oneself and others accountable in creating respectful space, defined by boundaries, to promote compassion toward self and others. The mission of this Institute and Conference is to use this simple formula to explore the very complicated nuances of the psychotherapy relationship.

# The ABCs of the Psychotherapy Process: Accountability, Boundaries + Compassion

It is the goal of our conference to initiate thoughtful participation around the topic of the psychotherapy process. We are honored to have clinicians, from multiple disciplines and multiple geographical regions, who will offer their unique perspective on the theme. Our plenary sessions will showcase the talents of Nancy McWilliams, Ph.D. and Paul Wachtel, Ph.D. in live and video presentations as well as smaller workshops. Please join us as our speakers and participants use their genius and courage to move us toward understanding the psychotherapy relationship.

Warmly, Kristie Nies, *Conference Chair* 

# SPECIAL THANKS TO THE 2013 I & C COMMITTEE:

Adam Klein, Program Co-Chair Lisa Makstein, Program Co-Chair Tom Burns, CEU Co-Chair Susan Diamond, CEU Co-Chair Stephanie Spalding, Hospitality Co-Chair David Donlon, Hospitality Co-Chair Denise Castro, Bookstore Bradley Lake, Newcomers Bruce Ellman, Transportation Diane Schaffer, Marketing Jenny Savitz Smith, Hosted Dinners Janet Tyler, Treasurer Mary deWit, Graphic Design

#### WEDNESDAY, OCTOBER 23, 2013

12:00 – 5:00 PM	Registration
2:15 – 5:30 PM	Training Institute
4:00 – 5:00 PM	Scholars/Newcomers Reception
6:00 – 7:30 PM	Opening Experience
7:30 – 9:00 PM	Dinner/Cash Bar
9:00 – 10:00 PM	Scholars Process Group
9:00 – 10:15 PM	Newcomers Group

#### THURSDAY, OCTOBER 24, 2013

7:00 – 9:00 AM	Contine
9:00 – 12:15 AM	Mornin
9:00 AM – 12:15 PM	Scholar
12:15 – 1:45 PM	Lunch
1:45 – 2:45 PM	Commu
3:00 – 6:15 PM	Afterno
6:15 – 8:00 PM	Hosted

Continental Breakfast Morning Workshops Scholar's Process Group Lunch Community Meeting Afternoon Workshops Hosted Dinners

# SCHEDULE AT A GLANCE

#### FRIDAY, OCTOBER 25, 2013

9: 12

7:00 – 9:00 AM	Continental Breakfast
:00 – 12:15 PM	Plenary I McWilliams
2:15 – 1:45 PM	Lunch
1:45 – 2:45 PM	Community Meeting
3:00 – 6:15 PM	Scholar's Process Group
3:00 – 6:15 PM	Afternoon Workshops
6:15 – 8:00 PM	Hosted Dinners

#### SATURDAY, OCTOBER 26, 2013

7:00 – 9:00 AM	Continental Breakfast
9:00 – 12:15 PM	Plenary II Wachtel
9:00 – 12:15 PM	Scholar's Process Group
12:15 – 1:45 PM	Lunch
1:45 – 2:45 PM	Community Meeting
3:00 – 6:15 PM	Afternoon Workshops
7:00 – 8:30 PM	Dinner/Cash Bar
8:30 – 12:00AM	Dance

SUNDAY, OCTOBER 27, 2013

7:00 – 9:00 AM Conti 9:00 – 10:30 AM Closin

#### Continental Breakfast Closing Experience

#### **CONFERENCE EVENTS**

#### HOSPITALITY SUITE

All conference participants are invited to spend time in the AAP Hospitality Suite. Whether side by side watching the Delaware River flow or face to face watching the chocolate vanish, visiting in the Hospitality Suite allows a more relaxed setting for extending the connections of the day. A great place to wind down...or wind up.

#### HOSTED DINNERS

Meet other attendees and sample Philadelphia's finest cuisine. We will offer a number of hosted dinners on Thursday and Friday. Interested participants will find a sign-up sheet on the bulletin board located at the I&C registration desk.

#### NEWCOMERS

A newcomers process group will be offered for new members and visitors to explore desires and any apprehensions about this conference and the AAP community.

#### **12 STEP MEETING**

AAP offers a 12 Step Meeting at lunch on Friday. Participants from all 12 step programs are welcome. Information will be available at the registration desk on the bulletin board.

#### BOOK STORE

The conference bookstore will offer books relevant to the practice of psychotherapy, including those written by several of our presenters. Our books will be sold by Penn Book Center, one of Philadelphia's best independent bookstores, whose motto is "Scholars' choice since 1962."

#### RECEPTION TO WELCOME AAP SCHOLARS AND NEWCOMERS WEDNESDAY 4:00 – 5:00 PM

Every year a number of scholars are awarded stipends to attend the I&C. Please join us in welcoming them to our community. Newcomers and those returning to AAP are also invited. AAP leaders will be present to meet and greet and answer questions you might have.

#### AMBASSADOR PROGRAM

Is this your first AAP Conference? The Ambassador Program pairs seasoned AAP members with non-member, first-time attendees at AAP events. The aim is to provide a friendly face and designated source of information to enhance people's welcome to the Academy. If you're interested in meeting with an Ambassador, please so indicate on your registration form.

#### AAP SCHOLARSHIP PROGRAM

AAP offers a unique training opportunity for beginning psychotherapists of every discipline (visit www. aapweb.com to apply). Need-blind scholarships of \$1000 enable advanced graduate students and new practitioners to attend the Academy's I&C. Up to twenty Scholarship recipients will participate in workshops and community activities, as well as a daily intensive experiential 10-person process group facilitated by two AAP leaders. The Scholarship Program invites participants to learn about therapeutic process in action and to develop a commitment to their own personal and professional development.

#### SATURDAY NIGHT DANCE

This event is legendary. We are excited to have Philadelphia's premier dance band Dejagroove perform at our Saturday night dance. Please join us for a great evening of music, dance, and celebration.

# SUNDAY MORNING CLOSING EXPERIENCE

The closing experience is a unique opportunity to review and integrate the week's experiences. This AAP tradition helps to ease the transition back to family, friends, and work.



# The ABCs of the Psychotherapy Process: Accountability, Boundaries + Compassion

#### SCHOLAR'S PROCESS GROUP

A 4-DAY EXPERIENTIAL GROUP FOR BEGINNING PROFESSIONALS

This group is for Scholars only.

# Wednesday 9:00 - 10:00 PM / Thursday 9:00 AM – 12:15 PM /Friday 3:00 – 6:15 PM / Saturday 9:00 AM – 12:15 PM

This component of the Scholar's experience will explore the fundamentals of establishing responsible and responsive therapeutic relationships. The participants for this four-day (10-hour) process-oriented group facilitated by two AAP co-leaders are selected by the AAP Scholarship Committee in September. **10 CEs** 

**Lyn Sommer, PhD, ABPP, CGP,** has participated in AAP since 1980. She maintains a long-term practice in Westport, CT with specialties in couples and group work. She is a certified group therapist (CGP), and is board certified in group by the American Board of Professional Psychology (ABPP) as well, proving that she is a group enthusiast.

**Marc Feldman, PhD,** maintains a long-term private practice in Washington, DC. He has conducted individual and couples psychotherapy, supervision, and numerous psychotherapy groups. He has participated in a peer group within the Academy for over three decades, and he is pleased to be co-leading the Scholars' process group for the second year.

Hallie Lovett, PhD, has been a practicing psychotherapist since 1977 and has always included the co-therapy of groups in her practice. This abiding interest in group process has led to the co-founding of the symposium series The Conversation Between the Arts and Psychotherapy, membership in The Redwell Theater Group, and 25 years' membership in two peer process groups.

**David Loftis PhD**, has served in various levels of in AAP leadership the past 20 years. Since receiving his Ph.D. in Clinical Psychology in 1981, he has been in private practice in Atlanta, GA. He has supervised graduate students and post-graduate therapists in individual and group psychotherapy for the past 14 years.

# **THE PROGRAM**

#### WEDNESDAY AFTERNOON 2:15-5:30pm

#### TI 1A

#### EFFECTIVE PSYCHOTHERAPY RELATIONSHIPS: INTEGRATING THE RESEARCH

Research showing the effectiveness of psychotherapy relationships is abundant. Evidence is beginning to accumulate linking particular intervention styles to particular clients. Through presentation, discussion and group process, we will refine our ability to assert that evidence and apply the research to our practice. We will focus on adapting therapy to such factors as reactance level, coping style and attachment style.

Note: This is part III of this Training Institute; however, attendance at previous parts is not a prerequisite. Also, this TI is open to non-members. 6 CES; OPEN; TI 1B CONTINUES ON THURSDAY MORNING

Leonard Schwartzburd, PhD, a psychotherapist with 45 years of professional experience in a variety of settings with different populations, has been in private practice since 1976. He is Chair of the Research and Advancement of Psychotherapy Committee of AAP and is working on a book about a 20-year psychotherapy relationship.

**David Donlon, LCSW,** has been a psychotherapist for 30 years in Chapel Hill, North Carolina where he works with adults individually and with couples in both private practice and public clinic settings.

#### THURSDAY MORNING 6-HOUR WORKSHOPS 9AM-12:15PM

#### TI 2A

#### REMOVING BARRIERS TO LOVING

When earliest intimate relationships are painful, we build skills to protect from the love we desperately need. As adults, we unconsciously employ the same protection with loved ones, erecting barriers to the love we desire. The presenter will highlight this relational process while sharing approaches to overcoming barriers to loving.

Note: This is part I of this Training Institute; participants must be committed to attending Part II of this Institute at Summer Workshop 2014. 6 CES; MAXIMUM 15; T2B CONTINUES ON THURSDAY AFTERNOON

Joel H. Marcus, LCSW-C, has been practicing experiential, humanistic psychotherapy for 25 years. He offers individual, couples and group psychotherapy as well as clinical supervision, at the Village of Cross Keys in Baltimore Maryland. He has previously presented workshops for the American Academy of Psychotherapists on various therapeutic topics.

#### **3A**

#### FOUR WEEKS ONE SPRING: LONG-TERM DYNAMIC TREATMENT IN TODAY'S WORLD OF MANAGED COST

Listen to four continuous therapy sessions and discuss: boundaries and transferential issues related to Winnicott's ideas of "good enough mothering," "the facilitating environment" for working through of trauma experiences and self-ruptures, and how the therapeutic alliance results in being a "good enough mother" for the patient's true self to appear. 6 CES; OPEN; 3B CONTINUES ON FRIDAY AFTERNOON

Lance Laurence, PhD, is an Associate Professor in the Department of Psychology at the University of Tennessee. He The point of true generosity is the sublimation of one's desire for reciprocity.

— John Maeda

teaches the required Clinical Psychopathology & Advanced Psychological Assessment courses required for the doctoral training program in Clinical Psychology, and provides supervision of students treating those with structural and characterological disorders from analytic-existential perspectives.

#### **4A** THE ART AND PRACTICE OF GROUP PSYCHOTHERAPY

This full day in vivo group experience will allow participants to experience a six hour process group. Based on the eleven therapeutic factors of Yalom's theory and practice of group psychotherapy, special attention will be focused on A: Activation and Illumination of the here and now B: Boundaries and C: Cohesion. 6 CES; MAXIMUM 16; 4B CONTIN-UES ON THURSDAY AFTERNOON

**Gordon Cohen, PhD,** is a Clinical Psychologist and co-director of the Affirmative Psychotherapy Group, a private practice in Washington DC. Chosen by his peers in the Washingtonian magazine for both his expertise in LGBT work and couples therapy, he has been running groups for twenty-five years. He is currently the President Elect of the Academy.

#### 5A ENCOUNTERING PSYCHOPATHY IN THE THERAPEUTIC RELATIONSHIP

Psychopathy is an unavoidable part of personal, interpersonal and social reality, yet stigma associated with the term have rendered it unusable. Addressing therapeutic failures and abusive perpetrations, committed by



both patient and therapist, facilitates insight into the underlying processes. This workshop will explore those processes in an immediate way. 6 CES; MAXIMUM 15; 5B CONTIN-UES ON THURSDAY AFTERNOON

**Scott Baum, PhD, ABPP,** is a clinical psychologist and bioenergetic therapist living and working in NYC. He is the current president of the International Institute for Bioenergetic Analysis. He has published extensively on the dynamics of soul murder, narcissistic deformations, and the effects of malignant fathering, all of which bear on this presentation.

WE LIKE TO PRETEND THAT OUR GENEROUS IMPULSES come naturally. But THE REALITY IS WE OFTEN BECOME OUR KINDEST, MOST ETHICAL SELVES ONLY BY SEEING WHAT IT FEELS LIKE TO BE A SELFISH JACKASS FIRST. IT'S THE REASON ... WE HAVE TO GET BURNED BEFORE WE UNDERSTAND THE POWER OF FIRE; THE REASON OUR MOST MEANINGFUL **RELATIONSHIPS ARE** SO OFTEN THOSE THAT CONTINUED BEYOND THE VERY JUNCTURE AT WHICH THEY CAME THE CLOSEST TO ENDING.

— Cheryl Strayed



#### THURSDAY MORNING 3-HOUR WORKSHOPS 9AM-12:15PM

#### **TI 1B**

EFFECTIVE PSYCHOTHERAPY RELATIONSHIPS: INTEGRATING THE RESEARCH Leonard Schwartzburd & David Donlon (Continued from Wednesday)

#### 6

#### NECESSARY LOSSES: THE WORK OF ACTIVATING THE REAL SELF

Positive growth decisions to invest in the real self may lead to unexpected feelings of sadness and depression, possibly inviting defensive retreat. Understanding and support can help us tolerate these feelings of loss and allow us to continue along our developmental path.

3 CEs; maximum 24

**David Hawkins, MD, CGP,** is a board certified psychiatrist in private practice in Chapel Hill, NC. He is a Past President and Distinguished Life Fellow of AGPA and Past President and Fellow of AAP. His special interests include consultation with group therapists, and working with developmental stages of adult life.

#### 7

#### AGING:

# THE BASICS OF CARING

This workshop will address the ABCs of working with aged including: Accountability of our own ageism and our clients' and the impact on therapy along aging continuum, The Basics of the relationship and process building (dynamics of boundaries depending on clients' aging related conditions), and Caring and compassion in guiding the completion of the aging stages. 3 CES; OPEN

Aleksandra Parpura, MD, PhD, is an expert on aging and dementia with broad experience teaching caregivers, professionals and ancillary staff. Through Aging Perspectives, Inc. she translates evidencebased treatment into everyday care for elderly. She's a faculty member of the Washington School of Psychiatry.

Venus S. Masselam PhD, MS, CGP, LMFT, is in private practice in Bethesda, MD. She's a faculty member for the Center for Aging, the Washington School of Psychiatry. She helped create a certificate program for graduates working with the aging population and has presented at the national level on this topic.

## COMPASSION: COOPERATING WITH THE REALITY OF OUR INTERCONNECTEDNESS

8

After a multi-media presentation introducing some varied (and sometimes radical) definitions and examples of "compassion," we will explore what compassion (for self and others) means to each of us. Simple methods for intentionally cultivating this most quintessential aspect of our humanity will also be introduced.

3 CEs; OPEN

**Tony Rooney, PhD,** is in private practice in Atlanta, GA. One of his passionate interests is the interface of the "spiritual" and "psychological" aspects of our being – and the continued (potential) evolution of our species.

#### THURSDAY AFTERNOON 6-HOUR WORKSHOPS 3:00-6:15 PM

Workshops continued from the morning:

#### TI 2B

REMOVING BARRIERS TO LOVING Joel Marcus (Training Institute)

#### **4**B

THE ART AND PRACTICE OF GROUP PSYCHOTHERAPY Gordon Cohen

#### 5 B

ENCOUNTERING PSYCHOPATHY IN THE THERAPEUTIC RELATIONSHIP Scott Baum

#### **9A**

#### IN FREEDOM BEGINS RESPONSIBILITY: A TWO DAY PROCESS GROUP

We will grapple with the challenge of saying what we really think and feel in the moment, while trying to hold ourselves accountable, attend to boundaries, and be compassionate. We're hoping for and would especially welcome a diverse group of visitors, veteran AAP members and Scholars. 6 CES; MAXIMUM 15; 9B CONTIN-UES ON SATURDAY AFTERNOON

#### Rhona Engels, LCSW, ACSW,

is a psychotherapist in NYC whose 30 years in private practice includes extensive teaching experience and providing supervision. She has published frequently in clinical journals, led numerous workshops, and holds dear the honor of Fellow of the Academy. She counts herself incredibly lucky to so love her work and get paid for it too.

Neil Makstein, PhD, is a graduate of the University of Maryland and is a practicing psychologist in Virginia and Maryland. His 25 years in private practice include supervision and consultation to numerous professionals and treatment programs. "My endless curiosity about relationships and life keeps me excited about what each day and each new group, like this one, will open up."

#### THURSDAY AFTERNOON 3-HOUR WORKSHOPS 3:00-6:15PM

#### 10

#### TREATING THE PERSON, NOT JUST THE "DISORDER": ACCOUNTABILITY, BOUND-ARIES, AND COMPASSION IN THE ERA OF INDUSTRIAL-IZED PSYCHOTHERAPY

This workshop is a prequel to, but not a prerequisite for, Thursday's Plenary session. In this workshop, Dr. McWilliams will address the social and economic pressure on therapists to perform as technicians rather than healers. She will promote the role of therapist as facilitator of overall change with an emphasis on client's individual differences.

3 CES; OPEN

Nancy McWilliams, PhD, is one of our plenary speakers. She teaches clinical psychology at Rutgers University and practices in Flemington, New Jersey.

#### 11

THE HUMAN MOMENT IN GROUP PROCESS—USING AC-COUNTABILITY, BOUNDAR-IES, AND COMPASSION TO CONNECT AND THRIVE

Human connection is largely the determining factor in surviving, in thriving, and in bringing meaning to our lives. In this workshop we will provide a group experience to examine how accountability, boundaries and compassion within group process foster growth and wellness through connection.

3CEs; maximum 15

Elizabeth (Puma) Cornick, LCSW,

has been a psychotherapist practicing in the Washington, DC metropolitan area since 1997. She currently practices in Arlington, Virginia where she works with individuals, couples, and groups, and enjoys a long-standing co-therapy relationship with colleague and co-presenter, Dean Chelpon, LCSW.

**Constantine (Dean) Chelpon, LCSW,** has been a psychotherapist practicing in

the Washington, DC metropolitan area since 1998 and has been in private practice since 2000. He currently practices in Arlington, Virginia where he works with individuals, couples, groups, children, and families. He enjoys a long-standing co-therapy relationship with colleague and co-presenter, Puma Cornick, LCSW.

#### 12

#### WORKING HARD AT WORKING LESS: THE ABC'S OF WORKAHOLISM

Freud recognized that "Love and work are the cornerstones of our humanness." He did not address the consequences of compulsive working. This seminar will encourage an examination of workaholism and its harmful impact on ourselves and others. The ABC's of extreme working, assessment, and recovery will be explored and processed.

3 CEs; maximum 60

**Carol Ann Coyle, PhD,** avowed workaholic's wife, is a clinical psychologist in private practice in Knoxville, TN. She completed her doctorate in counseling psychology at Texas Tech University, internship at Duke University, and residency in clinical psychology and post-doctorate in Behavioral Health at Wilford Hall Medical Center, San Antonio, Texas

**Brent Coyle, MD,** a self-diagnosed workaholic, is a University of Minnesota Medical School and USAF psychiatry residency graduate. He is former training director for the psychiatry residency program at East Tennessee State University and current Medical Director of the Emotional Health and Recovery Center, Blount Memorial Hospital, Maryville, TN.

#### 13

#### CREATIVE WRITING AND GROUP PROCESS TO ACCESS UNCONSCIOUS BLOCKS TO HEALING THE SELF

Research reveals that creative writing, aided by silent meditation, can open blocked pain and offer insight and enlightenment. Group process magnifies the result. Vulnerability shared is the most useful tool in seeking self-knowledge.

#### 3 CEs; maximum 15

**Ray Lovett, LCSW,** has been a psychotherapist for over 40 years. He is a widely published essayist and a veteran workshop presenter. He will use his passion for creative writing and pursuit of the unconscious in this workshop. He has presented over 50 professional workshops.

#### 14

#### THE BUSINESS OF FAMILIES: THE ABC'S OF CONSULTING TO FAMILY ORGANIZATIONS

Families are complicated, intense systems. The unwitting enactment of unresolved family dynamics within a business environment can tear firms apart. Family members are left confused and businesses suffer. Through case study, we will explore ways of working with family businesses and attend to emotional dynamics that interfere with organizational efficiency. 3 CES; MAXIMUM 20

**Bruce Ellman, PsyD,** is a clinical psychologist, organizational consultant, and former Wall Street executive. Father of three, Bruce is a graduate of Brown University and holds advanced degrees from Yale (MBA) and Pepperdine Universities (PsyD). His most recent essay, God of My Father, appears in the anthology, The Good Men Project. His favorite tee-shirt reads "Real Men Marry Rabbis."

#### 15

#### THE COMPLEX SHAPE OF RELATIONAL BOUNDARIES: AN EXPERIENTIAL / DIDACTIC EXPLORATION OF THE GEOMETRY OF THE REAL WORLD

We exist only at the boundary; at that complex and poetic edge between other and self, body and mind, time and space and between metaphor and meaning. Using concepts derived from the study of complex phenomena, this workshop explores the shape of these boundaries and aims to enrich both the clinical and the personal. 3 CES; MAXIMUM 30 **Philip M. Spiro, MD,** is a psychiatrist in Chapel Hill, NC. He received his medical degree from Yale University (1983) and psychiatric training at Duke University (1990). Active in the training and supervision of psychiatric residents at Duke, he teaches a course in psychodynamic theory which emphasizes his interest in intrapsychic structure and how it informs the clinical process.



Nancy McWilliams, PhD

#### FRIDAY MORNING PLENARY SESSION I 9:00 AM -1 2:15 PM

TREATING THE PERSON, NOT JUST THE "DISORDER": ACCOUNTABILITY, BOUND-ARIES & COMPASSION IN THE ERA OF INDUSTRIALIZED PSYCHOTHERAPY

This lecture will provide an overview on the transformation of the mental health field over the past thirty years, in response to changes in health care financing, academia, psychopharmacology, diagnosis, and paradigm shifts in the mental health disciplines. Empirical data on psychotherapy outcome, individual difference, attachment, and emotion will be referenced as supporting a less technocratic definition of psychotherapy than is currently prevalent. Participants will learn about how the conceptualization of both individual differences and broad treatment goals can facilitate meaningful therapy and restore the values that

originally infused our field. Note: Two academy members have each graciously agreed to present a case for live supervision with Dr. McWilliams. 3 CES; OPEN

**Nancy McWilliams, PhD,** teaches clinical psychology at Rutgers University and practices in Flemington, New Jersey. She is author of Psychoanalytic Diagnosis (1994, 2011), Psychoanalytic Case Formulation (1999), and Psychoanalytic Psychotherapy (2004), associate editor of the Psychodynamic Diagnostic Manual (2006), and former president of the Division of Psychoanalysis of the American Psychological Association.

#### FRIDAY AFTERNOON 6-HOUR WORKSHOPS

**3B** 

FOUR WEEKS ONE SPRING: LONG-TERM DYNAMIC TREATMENT IN TODAY'S WORLD OF MANAGED COST

Lance Laurence (continued from Thursday morning)

#### 16A

THE REBEL AND THE SAINT

This two-day process group will focus on how we create more or less freedom in our relationships and lives. We all have our limitations, and reactive moments in life. Group members will be encouraged to utilize the uniquely human assets of selfawareness, compassion, and reason in the group as a means to deepening connections to ourselves and others. 6 CES; MAXIMUM 16; 16B CON-TINUES ON SATURDAY AFTERNOON

Adam Klein, PhD, is a Licensed Psychologist in full-time private practice in Bethesda and Annapolis, MD. As much as possible he is home with his three children and wife loving the fact that he plays such a big part in their lives.

Lisa Makstein, LCSW-C, LICSW, is a Licensed Certified Clinical Social Worker in full-time private practice in Maryland and Washington, DC. For the past 30 years, she has felt truly privileged LIKE ALL WALLS IT WAS AMBIGUOUS, TWO-FACED. WHAT WAS INSIDE IT AND WHAT WAS OUTSIDE IT DEPENDED UPON WHICH SIDE OF IT YOU WERE ON.

— Ursula K. Le Guin

to be able to join clients in their journeys toward more authenticity in their lives and relationships.

#### **17A** ACCOUNTABILITY VS. SHAME: HOPE FOR GROWTH, FREEDOM AND COMPASSION

The movement from shame toward accountability is not an easy journey, but a necessary one for greater pathways of growth. In this process group we will explore that journey, to better understand the shallow and cavernous pot holes, as obstacles, in the pursuit, for you, the clinician, of greater accountability, less shame, enhanced boundaries and self-and-other directed compassion. 6 CES; MAXIMUM 15; 17B CON-TINUES ON SATURDAY AFTERNOON

**Bradley Lake, LICSW,** has been in private practice in Washington, DC for 22 years, working with individuals, couples and groups and recently has been enjoying providing supervision for local clinicians. He is an adjunct professor at George Washington University providing group supervision to graduate students. While maintaining his practice in DC, Bradley has moved to Chestertown, MD and plans to open up an additional practice on the Eastern Shore of Maryland.

I WONDERED IF THAT WAS HOW FORGIVENESS BUDDED, NOT WITH THE FANFARE OF EPIPHANY, BUT WITH PAIN GATHERING ITS THINGS, PACKING UP AND SLIPPING AWAY UNANNOUNCED IN THE MIDDLE OF THE NIGHT.

— Khaled Hosseini

#### **18A**

#### RESPECTFULLY EXPLORING THE FUNDAMENTALS OF EXPERIENTIAL PSYCHO-THERAPY WITHIN THE BOUNDARIES OF A SIX HOUR PROCESS GROUP

This will be an experiential workshop open to therapists who are willing to explore their accountability to, and compassion for, others within the time limits of this group. 6 CES; MAXIMUM 16; 18B CON-

tinues on Saturday after-Noon

#### Jack Mulgrew, PhD, ABPP, CGP,

is a Professor Emeritus in the Marriage and Family Therapy graduate program at Appalachian State University. He is a licensed psychologist in North Carolina and is a Fellow in the American Academy of Psychotherapists.

#### **19A**

#### EMBRACING EXPERIENCE: THE CORE PROCESS OF CHANGE IN PSYCHOTHERAPY

Embracing experience is the core process underlying the process of change across various theoretical approaches. After a brief theoretical introduction, participants will have the opportunity to both observe and practice the process of helping others change by helping them to more fully embrace their experience. (6 CEs; open; 19b continues on Saturday afternoon)

**Avrum G. Weiss, PhD,** is a licensed psychologist in independent practice. He is the director of the Pine River Psychotherapy Training Institute, adjunct faculty in the department of psychology at Georgia State University, and the consultant psychologist for the Atlanta Jewish Family and Career Services. He is the author of over a dozen professional articles and book chapters and has given over 100 professional presentations. His second book is *Change Happens: When to Try Harder and when to Stop Trying So Hard.* 

#### 20A

#### COMPASSION AND WISDOM: CREATING AN EFFECTIVE BALANCE WITH SELF AND OTHERS

The Dalai Lama describes compassion and wisdom as "two wings of a bird." In this process group members will learn to differentiate between compassion and wisdom, recognize when they're flying in circles, and right the imbalance so as to fly with purpose.

6 CE's; maximum 12; 20b continues on Saturday afternoon

Melinda Mecham Jensen, MA, has been practicing as a Licensed Professional Counselor in private practice in Arlington, Virginia for 20 years. She received her Masters in Counseling from George Washington University. Ms. Mecham treats individuals and couples, provides supervision, and co-leads several ongoing psychotherapy groups.

#### FRIDAY AFTERNOON 3-HOUR WORKSHOPS 3:00-6:15PM

#### 21

#### GIFTED COMPASSIONATE THERAPY: INTENTIONAL GUIDED EVOLUTION

Gifted Compassionate Therapy (GCT) is an integrative model for cognitive, behavioral, psychodynamic, humanistic, and transpersonal orientations. GCT introduces navigational functions that represent a human positioning system (HPS) that gives the mental health community an unobstructed line of sight to a psychospiritual understanding of dis-ease. 3 CES; MAXIMUM 75

**Ernie L. Vecchio, MA**, Rehabilitation Psychologist and graduate of West Virginia University introduces new wisdom on human suffering. His career spans three decades and includes treatment of thousands of individuals who have experienced severe trauma. Gifted Compassionate Therapy, a functional analysis of soul, spirit, ego, and heart reveals a symbiotic inner system that, once activated, is intentional, guiding and evolving.

#### 22

# TRANS-GENERATIONAL CULTURAL SHAME IN THE COUNSELING RELATIONSHIP

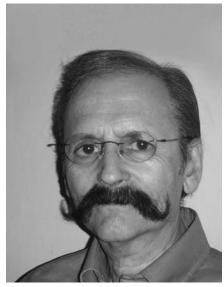
This experiential presentation involves audience participation and explores issues related to psychotherapy which addresses a client's struggle with bi-racial heritage. It features a brief didactic presentation defining generational cultural shame followed by an in-depth case presentation including audio from sessions. The client is a White/Asian bi-racial male who initially expresses hostility in the therapeutic relationship in relation to his and the therapist's cultural heritage. 3 CES; MAXIMUM 50

**Kim Grant, PhD,** received her PhD in Psychology from the University of South Carolina in 1983. Dr. Grant has practiced psychology in a variety of settings, including medical centers, VA hospitals, nursing homes, and private practice. She has worked with the chronically mentally ill, sexual trauma, cancer survivors, and most recently, young adults in college.

Heejin Kim, PhD, earned a PhD in Clinical Psychology at Bryn Mawr College in 2011. She is currently a PA licensed psychologist and certified school psychologist. She is working with young adults at Swarthmore College's Counseling and Psychological Services. She is involved in individual and group therapy, supervision of psychological testing, and consultations.

LEARN YOUR THEORIES WELL BUT PUT THEM ASIDE WHEN YOU CONFRONT THE MYSTERY OF THE LIVING SOUL.

— Carl G. Jung



Paul L. Wachtel, PhD

#### SATURDAY MORNING PLENARY SESSION II 9:00 AM -12:15 PM

#### ACCEPTANCE BEGETS CHANGE: AN ABC FOR DEEP AND LASTING THERAPEUTIC CHANGE

The presentation will provide a comprehensive illustration of the cyclical psychodynamic point of view that integrates relational psychoanalytic, humanistic-experiential, systemic, and cognitive-behavioral points of view. It will describe how the differing strengths of these perspectives can be coherently combined to create a more effective and comprehensive therapeutic approach. Multiple clinical illustrations and a video will offer attendees an opportunity for a full and detailed understanding of the way this integrative clinical approach is actually implemented and how it can be employed from any original theoretical starting point. Particular attention will be paid to what the therapist actually says or should say.

**Paul L. Wachtel, PhD,** is CUNY Distinguished Professor in the doctoral program in clinical psychology at CUNY. He did his undergraduate studies at Columbia, received his doctorate in clinical psychology at Yale, and is a graduate of the NYU postdoctoral program in psychoanalysis and psychotherapy. He was a cofounder of the Society for the Exploration of Psychotherapy Integration (SEPI) and is the author or editor of 12 books. He has won the Hans H. Strupp Award for Psychoanalytic Writing, Teaching, and Research, the Distinguished Psychologist Award from Division 29 (Psychotherapy) of APA, and the Scholarship and Research Award from Division 39 (Psychoanalysis) of APA.

#### SATURDAY AFTERNOON 6-HOUR WORKSHOPS 3:00 - 6:15 PM

#### **9**B

IN FREEDOM BEGINS RESPONSIBILITY: A TWO DAY PROCESS GROUP Engels/Makstein (Continued from Thursday afternoon)

# 16B

THE REBEL AND THE SAINT Klein/Makstein

(Continued from Friday afternoon)

## 17B

ACCOUNTABILITY VS. SHAME: HOPE FOR GROWTH, FREEDOM AND COMPASSION Lake

(Continued from Friday afternoon)

#### **18**B

RESPECTFULLY EXPLORING THE FUNDAMENTALS OF EXPERIENTIAL PSYCHO-THERAPY WITHIN THE BOUNDARIES OF A SIX HOUR PROCESS GROUP Mulgrew

(Continued from Friday afternoon)

#### 19B

EMBRACING EXPERIENCE: THE CORE PROCESS OF CHANGE IN PSYCHOTHERAPY Weiss

(Continued from Friday afternoon)



#### **20**B

COMPASSION AND WISDOM: CREATING AN EFFECTIVE BALANCE WITH SELF AND OTHERS Mecham Jensen (Continued from Friday afternoon)

#### SATURDAY AFTERNOON 3-HOUR WORKSHOPS 3:00 - 6:15 PM

23

COMPASSION IS THE KEY: HOW FAMILY CONSTELLATION WORK CAN HELP TO CLARIFY AND RESOLVE UNCONSCIOUS FAMILY DYNAMICS

We inherit family patterns that are shaped by significant life events of the past. The participants of this experiential group will experience, in a warm and non-judgmental atmosphere, how compassion and reconciliation guide healing of pain and resentment in families.

3 CEs; maximum 15

**Sabine Tewes, MD,** received her medical degree from RWTH University Aachen, Germany in 1995 and family therapy training in 1998. She is in private practice and works with individuals, couples, families, and groups. She was trained by the principal developers of family constellation therapy and has been a passionate facilitator for family constellation work for more than 15 years.

#### SATURDAY AFTERNOON 3-HOUR WORKSHOPS 3:00 - 6:15 pm

#### 24

#### WHEN THE THERAPIST MOURNS: ACCOUNTABILITY, BOUNDARIES AND COMPAS-SION IN THE THERAPIST'S EXPERIENCE OF LOSS

This presentation examines the therapist's experience of loss and loneliness in psychotherapy. When a therapist sustains a loss; whether a patient's death, a personal loss or a large-scale event such as war or global catastrophe, the result can be extraordinary solitude. Such loss demands accountability, challenges boundaries and deepens compassion. 3 CES; MAXIMUM 40

Anne Adelman, PhD, is a licensed Clinical Psychologist. Trained at CUNY, she is currently in full-time practice in Chevy Chase, MD. A graduate analyst of Baltimore Washington Institute for Psychoanalysis, she is co-author of *Wearing My Tutu to Analysis: Learning Psychodynamic Concepts from Life* and co-editor of the forthcoming volume, *The Therapist in Mourning: From the FarAway Nearby.* 

Kerry Malawista, PhD, received her PhD from the Clinical Social Work Institute. She is a Training and Supervising Analyst for the Contemporary Freudian Society. In private practice in Potomac, MD, she is co-author of *Wearing My Tutu to Analysis: Learning Psychodynamic Concepts from Life* and co-editor of the forthcoming volume, *The Therapist in Mourning: From the FarAway Nearby.* 

#### 25

#### AFFECT, ATTACHMENT, BEHAVIOR, COGNITION: TRANSCENDING THE GAP BETWEEN DEPTH AND ACTIVE INTERVENTION

Dr. Wachtel will present an integrative therapeutic approach, rooted in attention both to the ways that adaptations to early attachment relationships can set in motion problematic lifelong patterns and to the ways that the perpetuation of those patterns is not simply a product of "internalization" but requires (and, unfortunately, usually elicits) the active participation of others throughout life. 3 CES; OPEN

**Paul L. Wachtel, PhD,** is one of our plenary speakers. He is a CUNY Distinguished Professor in the doctoral program in clinical psychology at CUNY.

#### **26** The ethics of boundaries and intimacy in psychotherapy

"Using our voices comes with responsibility." When do we responsibly use touch in psychotherapy, or do we at all? When do we self-disclose, or not? When is being "overly-boundaried" unethical? When is not being appropriately boundaried unethical? How do we practice situational ethics: does this vary from client to client? 3 ETHICS CES; MAXIMUM 14

**Pat Webster, PhD,** received her doctorate in clinical psychology from the Union Institute. She practices psychotherapy in Durham and New Bern, North Carolina. She was Chair of the Ethics Committee for the American Academy of Psychotherapists for twelve years. She is a Fellow in the Academy.

**Grover Criswell, MDiv,** has had a lifetime investment in ethical issues in psychotherapy. He has served on the ethics committees of every professional organization to which he has belonged, and has been the Chair of three of those, including AAP, and the International Association of Integrative Psychotherapy. In addition to being Chair of the Ethics Committee of AAP, he has also served as President of the Academy.

# CONTINUING EDUCATION

#### SATISFACTORY COMPLETION

Participants must have paid the tuition fee, attended their chosen sessions in their entirety (you must attend all parts of a multi-part course to get credit for that course) and completed an online Attendance / Evaluation form in order to receive a Certificate of Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are available immediately after completing the online evaluation form. You must complete the online form by 11/30/2013 in order to receive your CE certificate. The site will close after that date and certificates will no longer be available. Full details will be available at the conference.

**Psychologists:** This course is co-sponsored by Amedco and the American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 22 hours

Professional and National Certified Counselors, Marriage and Family Therapists (NBCC): Amedco is an NBCC-Approved Continuing Education Provider (ACEPTM) and a co- sponsor of this event/program. Amedco may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. NBCC-ACEP Provider #5633. 22 hours

**California Board of Behavioral Sciences (CABBS):** Course meets the qualifications for 22 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider #PCE4956. 22 hours

#### **Social Workers**

This course has been submitted for review to NASW in Washington, DC.

There is a crack in everything. That's how the light gets in.

— Leonard Cohen

# **AREA ATTRACTIONS**

Waterfront attractions include Dave and Buster's Independence Seaport Museum, Adventure Aquarium, Susquehanna Bank Center, and Battleship U.S.S. New Jersey. A variety of nightclubs are also within walking distance of the hotel.

Historic District attractions include the Liberty Bell, Franklin Court, Carpenter's Hall, Elfreth's Alley, Betsy Ross House, Headhouse Square, Washington Square, Constitution Center, and Independence Hall.

**Nearby museums** include African American Museum of Philadelphia, National Museum of Jewish History, Philadelphia Museum of Art, Franklin Institute of Science Museum, Rodin Museum, Please Touch Museum, and Pennsylvania Academy of Fine Arts.

**Nearby theatres** include the Walnut Street Theatre, Forrest Theatre, Merriam Theater, Academy of Music, and Kimmel Center for the performing Arts.

OUR FIRMEST CONVICTIONS ARE APT TO BE THE MOST SUSPECT, THEY MARK OUR LIMITATIONS AND OUR BOUNDS. LIFE IS A PETTY THING UNLESS IT IS MOVED BY THE INDOMITABLE URGE TO EXTEND ITS BOUNDARIES.

— Jose Ortega y Gasset

11

# The ABCs of the Psychotherapy Process: Accountability, Boundaries + Compassion AAP REGISTRATION & RESERVATIONS

	Degree:
Address	
City:	
	Home:
E	

If you are not an AAP member, how did you hear about the conference?

•••••••••••••••••••••••••••••••••••••••	• • • • • • • • • • • • • •
Special Diet?	
Special Needs?	

Is this your first AAP conference? 🖵 Yes 🖵 No

Would you like to be be assigned an AAP "Ambassador" to help you navigate the conference? (See page 4) u Yes No

May we share your contact information with this your Ambassador? 🖵 Yes 🖵 No

# WORKSHOP REQUESTS

TRAINING INSTITUTE Wednesday 2:15-5:30 TI1a Thursday 9:00-12:15 TI1b TI2a Thursday 3:00-6:15 TI2b

#### WORKSHOP PREFERENCES THURSDAY

1st 2nd 3rd

# FRIDAY

1st 2nd 3rd

# SATURDAY

1st 2nd 3rd

Workshops will be assigned on a first come first served basis after 09/01/2013 **FOR INFORMATION** EMAIL AAP@CAPHILL.COM

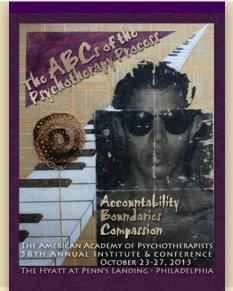
OR CALL 518.694.5360

<b>REGISTRATION FEES</b> \$75 fee for cancellation. No refunds after 9/16/2013	Before 9/1/2013	9/1/2013 to 10/11/2013	Your TOTAL	Your Choice
Members, Full Registration	\$400	\$450		
Non-Members, Full Registration	\$450	\$500		
Students, Full Registration	\$200	\$200		
Scholars, Full Registration	\$200	\$200		
CEU Processing Fee			\$25	
Subtotal				
Pay By Check Discount			(-\$10)	
FULL REGISTRATION TOTAL				
One Day Only	\$165	\$165	\$165	🗅 Thurs. 🗅 Fri. 🗅 Sat.
Pay By Check Discount			(- \$5)	
CEU Processing Fee			\$25	
<b>1-DAY REGISTRATION TOTAL</b>				]
*Wednesday Dinner, Guests:	\$70	\$70		🖵 Fish 🖵 Beef 🖵 Veg
*Saturday Dinner, per person. Number:	\$65	\$65		🖵 Fish 🖵 Beef 🖵 Veg
(*Full registrations include Wednesday dinner. Sa	turday Dinner /	Dance is a per pe	rson fee, not inc	luded in registration fee.)
TOTAL REGISTRATION, CEU PROCESSING FEE, DINNER(S)				
Make checks payable 1450 Western Ave Or fax registration at VISA I MC AMEX Card #:	nue, Suite 101 nd credit card i	• Albany, New Y nformation to: 5	Cork 12203 518.463.8656	
Name on Card:	Sign	ature:		
MAKE YOUR RESERVATIONS BEFORE Call The Hyatt at Penn's Landing 1-888- Reservations must be made prior to	<b>421-1442 to re</b> 9/16/13. Rates	eserve your room or availability not	t guaranteed afte	er this date.

ROOM RATES: Single / Double \$199 plus tax • Triple \$224 plus tax • Quad \$249 plus tax

#### **COVER ARTWORK** SELF-PORTRAIT BY RICK A. MULA

This work is about the process of signaling identity to others and was featured at The Art of Knoxville exhibit (11/2009). Rick, a second-year law student at the University of Pennsylvania and the son of Kristie Nies, has graciously donated the image for the brochure and our conference Tshirts or other objets d'art.



#### T-SHIRTS AND MORE: ORDER EXACTLY WHAT YOU WANT!

We're trying something new this year. We are making the conference image available to you to put on any type of shirt or object you want: Vnecks, coffee mugs, water bottles, etc. Place your order, have it shipped to yourself, and show it off at the I&C! THE AAP STORE IS OPEN TO

YOU! LOG IN & SHOP AT WWW.ZAZZLE.COM/AAPFALL2013

WEDNESDAY	THURSDAY	THURSDAY FRIDAY SATURDAY SU				
		Continental Breakfast 7:00 – 9:00 AM				
	9:00 AM – 12:15 PM	9:00 AM – 12:15 PM	9:00 AM – 12:15 PM	9:00 AM - 10:30 AM		
	Scholar's Group		Scholar's Group	Closing		
	TI 1a Schwarzburd / Donlon	Plenary I McWilliams	Plenary II Wachtel	Experience		
	2 TI 2a Marcus					
	3a Laurence					
	4a Cohen					
	5a Baum					
	6 Hawkins					
	7 Parpura / Mesalam)					
	8 Rooney					
12:00 – 5:00 PM	12:15 –1:45 PM Lunch (on your own)					
Registration	1:45 – 2:45 PM Community Meeting					
2:15 – 5:30 PM	3:00 – 6:15 PM	3:00 – 6:15 PM	3:00 – 6:15 PM			
TI1a Schwarzsburd /		Scholar's Group				
Donlon	TI 2b Marcus	3b Laurence	9b Engels / Makstein			
	4b Cohen	16a Klein / Makstein	16b Klein / Makstein			
4:00 – 5:00 PM	5b Baum	17a Lake	17b Lake			
Scholars & Newcomers	9a Engles / Makstein	18a Mulgrew	18b Mulgrew			
Reception	10 McWilliams	19a Weiss	19b Weiss			
6:00 – 7:30 PM	11 Cornick / Chelpon	20a Mechum Jensen	20b Mechum Jensen			
Opening Experience	12 Coyle	21 Vecchio	23 Tewes			
	12 Ellman	22 Kim / Grant	24 Adelman / Malawista			
7:30 – 9:00 PM	13 Lovett		25 Wachtel			
D	14 Spiro		26 Webster / Criswell			
Dinner						
9:00 – 10:00 PM	6:15 – 8:00 PM	6:15 – 8:00 PM	7:00 PM – Midnight			
<b>9:00 – 10:00 PM</b> Scholar's Group	<b>6:15 – 8:00 PM</b> Hosted Dinners	6:15 – 8:00 PM Hosted Dinners	7:00 PM – Midnight Dinner / Dance			
9:00 – 10:00 PM						

# SCHEDULE OVERVIEW



# AMERICAN ACADEMY OF PSYCHOTHERAPISTS

1450 WESTERN AVENUE SUITE 101 ALBANY, NY 12203

