



Message from Host

The American Academy of Psychotherapists
NC Triangle Chapter
Invites you to join us for the

2020 Spring Salon:

Taking A Seat At The Table

About the Academy

Since its founding in 1954 by pioneers such as Carl Rogers, Albert Ellis, and Carl Whitaker, the American Academy of Psychotherapists has been committed to understanding and supporting the whole person of the psychotherapist. We are a multi-disciplinary group committed to the art and science of psychotherapy. We value the therapist-client relationship as fundamental to the psychotherapy process and are dedicated to developing ourselves in relationship as authentic human beings. We see this as foundational to healing in therapeutic relationships.

Our mission is to invigorate the psychotherapist's quest for growth and excellence through authentic interpersonal engagement.

NC Triangle Chapter Spring Salon

The event will include a potluck, a brief orientation to the mission and values of AAP, a fishbowl demonstration group, small process groups, and an open community meeting. Regional "Salon" meetings such as these are intended to provide a taste of AAP for newcomers and create space for local members of the AAP community to reconnect.

The theme of this Salon is, ***"Taking a Seat at the Table."*** To that end, expect to see an exploration of such themes as: how we compete for space, how we include or exclude others, what "tables" we might want to take seats at, and more around related topics.

Note to new attendees: *Due to the unique and sometimes delicate nature of group process, we have a few expectations for this salon. We expect that attendees will arrive on time (before the end of potluck). We also expect you to plan to stay for the whole event, including fishbowls, community meetings, and small group meetings. Other expectations will be discussed as part of the experiential groups.*

If you have attended an AAP event in the past and know of other local therapists who may be interested in attending this salon, please contact Lauren Gardner at laurengardnerphd@gmail.com.

Please RSVP by **March 28, 2020**.

For more information about the American Academy of Psychotherapists click

here: <https://www.aapweb.com>

AAP NC Triangle Chapter Committee:

Lauren Gardner & Jonas Horwitz (Co-chairs), Jeff Crumbliss, Hayden Dawes, David Donlon, Jonathan Farber, & Lori Oshrain