

**The Southern Region of
The American Academy of Psychotherapists**

is proud to invite you to an evening salon and pot luck.

Attachment, the Self, and the Therapist

If we believe the self-of-the-therapist is the most important instrument in healing, we emphasize using the human relationship to heal. Attachment styles are, in essence, our habitual relational strategies with others that are based upon our historical "record" regarding significant other's responsiveness to us, and the internalized felt-sense of self that emanated within us as a result. Additionally, there may be certain types of clients who are at either end of the attachment style/strategy spectrum that we may have more issues or challenges with than others based upon our own style. This experience is intended to shine a light on better understanding our attachment style strategies, and the ways that we understand ourselves through our relational experience with self and others.

Please join us for an evening of experience facilitated by renowned EFT trainers **Michael Barnett, LPC** and **Silvina Irwin, PhD**.

Friday, September 6th, 2019 at 7:00 p.m.

The Link Counseling Center, The House Next Door

348 Mount Vernon Highway Sandy Springs, Ga. 30328

Questions: call Meredith Albert, LCSW at 404.334.2423 or see www.aapweb.com