

The American Academy of Psychotherapists
NC Triangle Chapter
Invites you to join us for the

2019 Fall Salon
The Ghost within you: Psychotherapy and the Art of Grieving

Loss is integral to the human experience. There is no attachment without the risk and eventuality of loss. The response to loss, however, determines our engagement in the present moment, as unfinished business can exist in a ghostly fashion. The ability (or inability) to navigate loss has a profound impact on the quality and duration of our relationships. Mourning can be a vehicle for, or an obstacle to, growth.

In anticipation of the American Academy of Psychotherapists' 64th Institute and Conference, join us as we will take a deep dive into conscious and unconscious factors that influence how we, as therapists and individuals, metabolize grief and loss.

About the Academy

Since its founding in 1954 by pioneers such as Carl Rogers, Albert Ellis, and Carl Whitaker, the American Academy of Psychotherapists has been committed to understanding and supporting the whole person of the psychotherapist. We are a multi-disciplinary group committed to the art and science of psychotherapy. We value the therapist-client relationship as fundamental to the psychotherapy process and are dedicated to developing ourselves in relationship as authentic human beings. We see this as foundational to healing in therapeutic relationships.

Our mission is to invigorate the psychotherapist's quest for growth and excellence through authentic interpersonal engagement.

NC Triangle Chapter Fall Salon

The Salon will begin with introductions and brief engagement with AAP's history. A fishbowl demonstration of a process group will follow. We will then break into small experiential process groups led by Triangle AAP members. The afternoon will end as we return together for a large group closing experience. We invite you to bring a dish of "finger foods" for others to share.

If you have attended an AAP event in the past and know of other local therapists who may be interested in attending this salon, please contact Hayden Dawes at hcdawes@gmail.com

Please RSVP by 8/11/2019.

For more information about the American Academy of Psychotherapists click here:
<http://www.aapweb.com>

For more information about the **64th AAP Annual Institute and Conference in Savannah, GA October 23-27** click here: <https://www.aapweb.com/aad/ev/ic2019brochure.pdf>

AAP NC Triangle Chapter Committee:

Lauren Gardner & Jonas Horwitz (Co-chairs), Jeff Crumbliss, Hayden Dawes, David Donlon,
Jonathan Farber, & Lori Oshrain