

The I that is We: Being in Community

Mount St. Mary's College, Brentwood, California June 22-26, 2005

THE AAP 2005 SUMMER WORKSHOP THEME

Our theme focuses on how much more we are, individually, when in the presence of another. We go to Summer Workshop seeking more than we experience ourselves to be when we are alone. We go seeking the other's experience of us and we of them. We go seeking a joining and in that community. "I am because we are."

"Scientific evidence—largely from the field of neuroscience, which concerns our basic biology and how our brains develop—shows that the human child is 'hardwired to connect.' We are hardwired to connect to other people, to moral and spiritual meaning, and to openness to the transcendent. Meeting these basic needs for connection is essential to health and human flourishing."

A Report to the Nation from the Commission on Children at Risk:
YMCA of the USA, Dartmouth Medical School, Institute for American Values

THE PROGRAM LEARNING OBJECTIVES

Participants will engage in theme-focused workshops and process groups in which they will have the opportunity to:

- o Learn and expand therapeutic skills to help patients/clients develop community in their lives.
- o To explore and interact with other therapists around personal and professional issues of inclusion and exclusion in community.
- o Increase their knowledge of their personal defenses and professional style when confronted with the demands of community.

THE SITE

In the early days of the AAP, Summer Workshops were held on college campuses. There were many positive aspects of being on a campus, not the least of which was economic. The 2005 Committee is delighted to return to the college venue at Mount St. Mary's College, (MSMC), www.msmc.la.edu.

Mount St. Mary's College has two campuses. AAP will be at their Chalon Campus located in the Santa Monica Mountains with a sweeping view overlooking greater Los Angeles from Downtown to the beach. The campus is in the Brentwood area of Los Angeles near Westwood Village and Santa Monica, about 15 minutes from the coast and a 1/2 hours drive from LAX (freeway conditions willing).

We will have this beautiful campus to ourselves. Plenty of meeting rooms, a proscenium theater for movie screening and the talent show, a great room for the dance and a centrally located hospitality suite. Accommodations, single and double dorm rooms with shared bath, are without frills, but work very well for our needs (there are a few singles with private bath). The site also has a 25 yard heated pool, hiking trails, tennis & basketball courts, and ping-pong tables. Plus plenty of room for other planned activities.

The temperature in coastal Southern California in June is usually in the low to high 70's during the day and cooler in the evening. Bring a sweater or light jacket. Be sure to check the list of things we're recommending you bring with you - think summer camp.

Please do not contact MSMC directly. If you have any questions, contact Nancy Hunt at the AAP Central Office (510-268-1786) or by email - AAPoffice@sbcglobal.net.

SPONTANEOUS WORKSHOPS

AAP Community -- we heard you loud & clear and we are making space for spontaneous non-CE workshops at this Summer Workshop. We hope people come ready to interpret their "I into We" in some spontaneous workshop offerings. There is plenty of space on this college campus and we will have a bulletin board available for postings. The choice of rooms will be posted for you to reserve when you arrive. If you have any questions before then please contact Angela Prideaux (angelainboulder@comcast.net) our Spontaneous Workshop Coordinator.

SUMMER WORKSHOP 2005 SCHEDULE

TUESDAY, June 21st, 2005

10:30 - 3:30 Pre-Conference Tour of Downtown LA

WEDNESDAY, June 22nd, 2005*

9:00 - 4:00 Pre-Conference Tour of Pasadena
9:30 - 1:30 Pre-Conference Tour of Getty Museum
1:00 - 6:00 Registration
2:00 - 5:00 Training Workshops
5:30 - 7:00 New Members Reception
Social Gathering
7:00 - 8:30 Dinner
8:30 - 10:00 Opening Experience
10:00 - on New Members Process Group

THURSDAY, June 23rd, 2005*

7:00 - 8:50 Breakfast
Morning Yoga/Meditation
9:00 - 12:00 Workshops/Trainings
12:00 - 1:30 Lunch
Art Table Opens
1:30 - 3:00 Community Meeting
3:00 - 6:00 Workshop session/Grouping
Summer Camp Activities
6:30 - 8:00 Dinner
8:00 - on Free Time/Grouping
Music Jam Session

FRIDAY, June 24th, 2005*

7:00 - 8:50 Breakfast
Morning Yoga/Meditation
9:00 - 12:00 Workshops
12:00 - 1:30 Lunch
12-Step Meeting
M Scher Training Meeting
1:30 - 3:00 Community Meeting
w/Business Meeting
3:00 - 6:00 Summer Camp Activities
Grouping
6:30 - 8:00 Dinner
8:30 - 10:00 Talent Show

SATURDAY, June 25th, 2005*

7:00 - 8:50 Breakfast
Morning Yoga/Meditation
9:00 - 12:00 Workshops
12:00 - 1:30 Lunch
1:30 - 3:00 Community Meeting
3:00 - 6:00 Summer Camp Activities
Grouping
6:00-7:00 CE's Desk Open
Art Table closes
7:00 - 8:30 Dinner
8:30 - 1:00AM "California Lite" Dance

SUNDAY, June 26th, 2005*

7:00 - 8:30 Breakfast
8:30 - 9:30 Closing Experience

*Hospitality Suite will be open 24/7.

YOUR SUMMER WORKSHOP 2005 COMMITTEE

Ann Spadone Jacobson and Loretta Sparks, Chairpersons,
Leonard Schwartzburd, CE Program,
Diana Woodruff, Continuing Education, Transportation,
Angela Prideaux, Dance/Newcomers/Spontaneous Groups,
Sue Timms & Robbie Green, Pre-Conference Day Trips,
Jeanne Shaw, Ombudsman (i.e. Problem Department),
Nancy Hunt, AAP Premier Event Coordinator

Herb Roth, Mentor,
Muriel Roth, Treasurer/Room Assignments,
Pati Young, Brochure & Signage,
John Wymore, Talent Show,
Anne Pincus, Activities & Recreation,
Anna Williams, Hospitality Suite,

AAP Mission Statement

To provide a meeting ground for trained and experienced practicing psychotherapists of widely differing backgrounds and orientations; to facilitate, planning and researching psychotherapy. To encourage and sponsor significant research into the fundamental problems of psychotherapy, and particularly to aid cooperative research projects in the field; to encourage high standards of training, experience, and ethical practice in psychotherapy, in order to provide maximum service and protection for the public as well as maximum professional growth for the practitioner.

The following information and guidelines are provided in accordance with the accreditation standards set forth by the American College of Forensic Examiners International (ACFEI) for CE workshops:

For All AAP 2005 Summer Workshops Courses: Learning Objective, Fees, CE Credit, and CE Approvals: See course; Level of Knowledge: Advanced; Audience and Prerequisites for Eligibility: AAP Clinical Membership

Minimum standards for membership shall be:

- a. A doctoral or professional degree in one of the following mental health fields: psychiatry, clinical or counseling psychology, social work, pastoral counseling, marriage and family therapy, counseling, or nursing, and the fulfillment of those requirements deemed necessary by the applicant's academic discipline for the independent practice of psychotherapy.
- b. Specific training in psychotherapy with a minimum of 100 hours of supervision.
- c. At least one year of full-time post graduate clinical experience (or the equivalent in part-time experience) for doctoral level applicants, at least two years for others.
- d. A minimum of 100 hours of personal psychotherapy.
- e. Exceptions to these standards may be made for full membership at the discretion of the Executive Council for the following:
 - 1.) A distinguished contributor to the field of psychotherapy, as defined herein, or a person who has achieved a reputation as an outstanding psychotherapist. Or, 2.) A person who does not fulfill the above requirements, but who is able to document a reasonable claim for eligibility. Such applications will be reviewed by a special committee appointed by the Membership Chair. This committee shall be empowered to request additional information from the candidate and/or reference before formulation of its recommendation for the Membership Chair.

o American Psychological Association (APA)

This program is co-sponsored ACFEI by the (American Psychotherapy Association) and AAP. The ACFEI is approved by the APA to offer continuing education for psychologists. The ACFEI maintains responsibility for the program.

o National Board of Certified Counselors (NBCC)

The ACFEI is recognized by the NBCC to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. A maximum of 86 credits are available.

o Association of Social Work Boards (ASWB)

The ACFEI, Provider #1052 is approved as a provider for social work continuing education by the ASWB www.aswb.org, phone: 1-800-225-6880, through the Approved Continuing Education (ACE) program. The ACFEI maintains responsibility for the program. Licensed social workers should contact their individual board to review continuing education requirements for licensure renewal. Social workers will receive 24 continuing education clock hours in participating in this conference.

o California Board of Behavioral Sciences (CBBS)

The ACFEI is an approved provider of the CBBS, approval PCE 1896. This conference meets the qualifications for up to 86 hours of continuing education credit for MFT's and/or LCSW's as required by the CBBS.

o Accreditation Council for Continuing Medical Education (ACCME)

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the ACCME, the ACFEI, and AAP. ACFEI is accredited by the ACCME to provide continuing medical education for physicians. The ACFEI takes responsibility for the content, quality, and scientific integrity of this CME activity.

o The National Association of Alcoholism and Drug Abuse Counselors:

Continuing Education will be accepted toward national credentialing by the NAADAC Certification Commission and many individual State licensing bodies. AAP provider # 328.

The ACFEI further states:

"This program is co-sponsored by the ACFEI (American Psychotherapy Association) and AAP. The ACFEI is approved by the APA to offer continuing education for psychologists. The ACFEI maintains responsibility for the program."

"Each presenter of a workshop for CE Credit at an AAP-sponsored event has agreed to do so without promoting, advertising, or soliciting any training for profit or other personal gain, or which promotes an institution with which the presenter is affiliated, and the presenter agrees that this presentation is intended solely for the advanced training of psychotherapist participants."

"Each presenter of a workshop for CE credit also agrees that material presented at this workshop addresses subject matter described in the brochure printed for this workshop, and that material being presented in this workshop is considered to be within the parameters of standard professional practice, ethical guidelines, and good patient care, and consistent with the mandates of their respective professional affiliations and disciplines. "Unless otherwise stated in the course description, all presenters at this event have signed a statement indicating that they do not have any significant financial relationship which might be perceived as creating a conflict-of interest; that they are not discussing any unapproved / investigative use of a commercial product; and that they do not have any significant financial relationship that could be perceived as creating a conflict-of-interest related to their respective presentations."

THE AAP 2005 SUMMER WORKSHOP PROGRAM

Two-Day TRAINING INSTITUTES

WEDNESDAY, June 22, 2:00 PM to 5:00 PM & THURSDAY, June 23, 9:00 AM to Noon

T1. Body Oriented Psychotherapy

This training will cover basic aspects of how people organize and disorganize their behaviors to form the ongoingness of their lives. As therapists, we can learn to observe and intervene in that somatic process, thus furthering growth and integration. The work will be both didactic and experiential. (Limit 14; 6 CEs) (APA, NBCC, CBBS, NAADAC, ASWB) Fee: None (Closed)

Learning Objectives:

1. Acquaint participants with some principles of body oriented psychotherapy;
2. Alert participants to habitual ways of behaving with possibilities for change, if desired;
3. Teach somatic techniques which can be used with patients to further therapeutic goals.

Vivian Guze, B.A., was a hospital psychologist for 16 years and is in the private practice of psychotherapy for 35 years. She has done graduate work at New York University, is a Certified Bioenergetic Therapist (CBT) and a certified EMDR practitioner. She has served on the Executive Councils of AAP, of the International Institute for Bioenergetic Analysis, and New York State Psychological Association. She teaches internationally for the International Institute for Bioenergetic Analysis (HBA).

T2. The Work and Wisdom of Sheldon Kopp

Sheldon Kopp was an early and powerful Academy presence whose persona and prolific writings impacted several generations of patients and therapists fortunate enough to be in treatment or supervision with him. Through his written material, didactic and experiential processes, participants will be exposed to the insights and creativity of this gifted psychotherapy pioneer. (Limit 15; 6 CEs) (APA, NBCC, CBBS, NAADAC) Fee: None (Closed)

Learning Objectives:

1. Expose participants to the work and thinking of Sheldon Kopp;
2. To facilitate participants in integrating his thinking into their psychotherapy practice;
3. Provide participants with the opportunity to explore their own view on the nature of psychotherapy and the human condition.

David E. Mermelstein, Ph.D., has been in private practice in Bethesda, Maryland for over 30 years. A long-standing member of the Academy, he has offered numerous workshops and trainings in a variety of settings. His views about the nature of the work of psychotherapy have been shaped in part by his experiences as a patient and supervisee of Sheldon Kopp.

"In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit." Albert Schweitzer

THURSDAY, JUNE 23rd, 2005

CONTINUING TRAINING INSTITUTES (9:00 AM to 12:00 noon)

T1. Body Oriented Psychotherapy, Guze

T2. The Work and Wisdom of Sheldon Kopp, Mermelstein

THURSDAY ALL DAY WORKSHOP

3. Art Therapy as a Vehicle for Exploring the Relationship Between the I & the We

What is it about the psychology of the "I and we" when we use our creativity that changes? This issue will be explored in this workshop, in which one therapeutic modality, stone carving, will be used as a vehicle to explore the relationship between art therapy and these concepts. (Limit 16; 6 CEs) (APA, NBCC, CBBS, NAADAC, ASWB) Fee: \$30 (bring to workshop)

Learning Objectives:

1. Introductions, Jungian concepts, explanations and discussion;
2. Experiential, carving and processing through discussion;
3. Interactive group process to discuss how the concepts learned can express the nature of the experience.

Arthur S. Weinfeld, Ph.D., is a clinical psychologist and passionate stone carver. He has combined his extensive clinical training and experience with his passion for stone carving in developing an exciting and transforming workshop "TRUSTING THE STONE, A JOURNEY TO CREATIVE AWAKENING." He has presented this workshop for the Esalen Institute, Big Sur, CA; Omega Institutes, Rhinebeck, NY and Austin, TX; the Haven, Gabriola Island, British Columbia; the Jung Institute of Los Angeles and Evanston. In October of 2004, he presented at the Augustine Center and the Jung Center in Melbourne, Australia.

THURSDAY TWO-DAY WORKSHOPS

4. God: The Primary Relationship

We hold that we all have a primary relationship with God, whether or not God "exists" and whether or not we "believe in" God. Human life is framed at its limits - childhood and death - by this relationship. When left unconscious and not revisited, the relationship with God may function as a powerful organizing assumption about life and all relationships. (Limit 15; 8 CEs) (APA, NBCC, CBBS, NAADAC) Fee: None (**Note: this workshop begins at 7:00 AM, Thursday, and 9:00 AM, Friday, with a third meeting TBA for SW'2006**)

Learning Objectives:

1. How to take a "spiritual developmental history."
2. How to describe a relationship to God in the form of a simple first-person statement and why this is easier to work with.
3. How various assumptions about the relationship with God translate into patterns of interpersonal behavior.
4. What various types of prayer (e.g. petition, non-directive, etc.) consist of and the findings reported in the literature on the psychology of prayer and its effectiveness.
5. How to recognize and approach therapy situations wherein the transference and/or counter transference has become an expression of spiritual longing.

Paul Genova, M.D., is clinical associate professor of psychiatry at the University of Vermont. A graduate of Harvard College, Dartmouth Medical School, and general medical practice in East Kentucky, he has practiced general psychiatry and psychotherapy in Maine for 22 years. He is the author of "The Thaw: Reclaiming the Person for Psychiatry," 2nd ed. (Analytic Press 2002).

John C. Rhead, Ph.D., grew up in Colorado and received his doctoral training in clinical psychology at Stanford. He is currently in private practice and also on the faculty of the University of Maryland School of Medicine. He has published widely in the field of psychotherapy, including the relationship of spirituality to psychotherapy.

5. Capturing the I & the We: A photography workshop to help you capture what you see & see what you capture in life, art & psychotherapy.

This 2-day workshop uses photography to help you explore yourself and your relationship to the world around you. You will learn about how you formulate projections, desires and make decisions based on what you see. This workshop is designed to stimulate the senses that drive your creativity and passion in your life and in your work as a psychotherapist. (Limit 20; 6 CEs) (APA, CBBS, NAADAC) Fee: None (**Note: This workshop is on Thursday & Saturday AM's**)

Learning Objectives:

1. To educate participants regarding how to capture the moment with a person and be in relationship with them, using the camera as a metaphor.
2. To enlighten the participants to the idea that how we are creatively in our life is parallel to how we are in the consulting chair, who we see, how we interpret it and how we work with the information that the client is presenting. To see how we create our own images that get in the way of the image that is actually in front of us.
3. Experientially to explore our creativity versus our projections versus our desire and how they play out in our life and in our work as psychotherapists.

A Note from Susan Berlin: Participants must have a camera of any kind (disposable and digital ok). Have 2 - 3 rolls of film or up to 100 images available for digital prints, and plan to take photos in California from 12p - 6p on Thursday. I will be collecting the film and or digital cards and taking them to be developed Thursday night and bringing them back to the 2nd day of the workshop for Saturday.

Please note: THERE IS A \$15 fee for supplies (payable at time of workshop to me directly)

If you have any questions AT ALL, feel free to call Susan. Her cell number is 202.491.4666

Susan D. Berlin, MSW, has been a photographer for over 20 years and uses her creativity and passion in her work as a psychotherapist. She graduated from VCU in Richmond, VA, with an MSW in 1989 and is licensed in Maryland, Virginia and NY. Susan is also a Certified Alcoholism and Substance Abuse Counselor and also specializes in the treatment of people with eating disorders. She has extensive training in experiential psychotherapy using techniques such as guided imagery and psychodrama. Susan currently practices in Georgetown, Washington, DC.

6. The I that is We - Accessing our Creative Capacity to Heal in the Group Process

This group seeks the creative, imaginative, unconscious potentials of its participants (I). As the group (we) evolves, the leaders will maintain awareness of the paradox of safety. As the members trust one another more, the safety of the group leads to more personal conflict laden material emerging. We will explore the way in which we become disconnected from ourselves when we move away from tending to our emotional wounds. (Limit 15; 6 CEs) (APA, NBCC, CBBS, NAADAC, ASWB) Fee: None

Learning Objectives:

1. To deepen insight into the essential factors that create trust & safety in the group process.
2. To offer a perspective on how language is used to construct realities in the group.
3. To work toward healing through mining unconscious potentials in the individual and collective in group process.

Adam Klein, Ph.D., is in full-time practice in Bethesda and Annapolis, Maryland. He has increasingly become fascinated by the healing potentials of the group process. He attempts to offer his participants a perspective that lends insight into how any given moment in the group can be superimposed upon the participants' private lives.

Lisa McPherson Robinson, MSW, LCSW-C, is a Board Certified Diplomate in Clinical Social Work. She conducts a clinical private practice in psychotherapy in Bethesda, Maryland. She works with individuals, couples, families and co-leads psychotherapy groups.

7. The Group Experience as a Forum for Healing and Integration

How do you see yourself on "self-actualization" and "relational capacity"? Do you "play well with others" or "waste time in oppositional defiance or projections of your less savory traits?" We will explore the tension between self and other demanded of us as therapists and human beings. Particular attention will be paid to disowned affects. Consider coming with an Academy member you find troublesome or attractive. (Limit 14; 6 CEs) (APA, NBCC, CBBS, NAADAC, CME) Fee: None

Learning Objectives:

1. Increased awareness of core relational patterns.
2. Experiential learning of the power of group process to elicit primitive/enduring self-states.
3. First-hand experiential learning of the potential for integration of self-experience.

David Loftis, Ph.D., has served in various levels of leadership in AAP during the past 16 years. Since receiving his Ph.D. in Clinical Psychology in 1981, he has been in private practice in Atlanta working with adults in individual, group and couples therapy. He has supervised graduate students and post-graduate therapists in individual and group psychotherapy for several years. He is President Elect of AAP.

Hallie Lovett, Ph.D., practices and teaches psychotherapy in Washington, D.C. A long-time Academy member, she treasures the winnowing of self that occurs in her ongoing (20 years) D.C. peer supervision group and her AAP "family" group of 15 years. A licensed psychologist in Washington and Vermont, she received her Ph.D. in Clinical Psychology from the George Washington University. She is a member of the American Group Psychotherapy Association and a Certified Group Psychotherapist. Her clinical interests include Women's Issues, Group and Couple Therapy and Spirituality.

8. Live Exploration of Between I-ness & We-ness: A Developmental View

This workshop provides an opportunity to engage in the process of I-ness moving into We-ness. Experiencing ourselves and others as we sit back or speak, losing and finding ourselves in interactions with others. At the end of our time together, we may find we have coalesced into a nascent community. (Limit 15; 6 hrs; **Non-CE Workshop**)

Fee: None

Jo League, Ph.D., has been a psychotherapist for over 42 years. She holds certificates in Psychoanalysis and Psychotherapy and Bioenergetics. She practices in New York City. A vital part of her development has been 32 years of membership in this most nourishing and sometimes buffeting community.

Jack Mulgrew, Ph.D., ABPP, has been a member of the Academy for over 30 years and considers his own evolution as psychotherapist to be significantly impacted by the relationships fostered within this community of peers.

THURSDAY MORNING WORKSHOPS

9. Escape from Intimacy: The Lonely Dance of Sexual Compulsion/Addiction

Sex is a powerful force for connection and pleasure. However, when it is used to escape pain it can become compulsive/addictive. Psychotherapy, especially group therapy, provides the opportunity for self-revelation and confronting the pain. We will use both didactic presentation and group process. (Open; 3 CEs) (APA, NBCC, CBBS, NAADAC, CBRN, CME) Fee: None

Learning Objectives:

1. Familiarity with the common neural pathways of all addictions.
2. Familiarity with methods of diagnosing sexual compulsion/addiction.
3. Familiarity with individual and group process approaches to decreasing compulsive sex and increasing intimacy.

Lee Blackwell, Ph.D., is a licensed psychologist and licensed Marriage and Family Therapist in Huntington Beach and Santa Monica, California, with over 30 years experience. He was Co-Director of the Human Sexuality Program at the UCLA Neuropsychiatric Institute from 1983-93, and specializes in sexual issues, including sexual dysfunctions, sexual trauma, and sexual compulsion/addiction. He is a Past-President of the AAP.

10. The Paternal Legacy of Fathers, a Process Group for Women Only

Using group process, we will focus on the primitive innate longing for fatherly love and its influence on shaping character. To prepare, reflect and come prepared to introduce him in the first person. (Limit 12 women; 3 CEs) (APA, NBCC, CBBS, NAADAC, ASWB) Fee: None

Learning Objectives:

1. To present the primordial longing for paternal love as seen in human nature's animal and rational and historical experience.
2. To use group dynamics to teach each woman a deeper insight into how her experience with her father is operating in her unconscious and conscious life.
3. To suggest specific and concrete ideas that may help heal the emotional wounds from her father.

Ray Lovett, MSW, has been a psychotherapist in full-time private practice in Washington, D.C., from 1976 until the present. He was a Catholic priest for ten years. He is married to a clinical psychologist and has two sons. He is a widely published writer. He has conducted numerous workshops throughout the country, usually for psychotherapists, on the emotional legacy of father and other topics. He is a member of the American Academy of Psychotherapists and has been awarded a Diplomate in Clinical Social Work.

Don Murphy, Ph.D., has been a practicing psychotherapist for 30 plus years, and his 23 years in the Academy has been the best of those years. The females in his life have concomitantly been among his best trainers in the art of understanding. He credits his wife, Barbara, his daughters, Deana and Jodi, and his granddaughters, Molly and Emma, in that regard. The rich learnings with them are a constant for which he is grateful.

"Thee lift me and I'll lift thee and we'll ascend together." Quaker Proverb

11. The Somatic Aspects of Intimacy with Oneself & the Community

Participants in this experiential workshop will deepen their potential for intimacy. Using breath and movement, we will discover a deeper knowing of biological aliveness. We will evolve from moving alone, to moving as a group; unearthing our somatic patterns and identifying how, using those patterns, we relate to ourselves and the world.

(Limit 25; **Non-CE Workshop**) Fee: None

Tamara R. Greenberg, ADTR, was a pioneering dance therapist even before the specialty was certified. From her dance and academic training at the Julliard School for Dance and at Columbia University, she went on to focus on the psycho-physical approach which deepened her understanding that movement is potentially both a valuable diagnostic tool and a life enhancing process. Her work has been confirmed in psychiatric hospitals, studios and for the past 25 years in private and group practice at Stanley Keleman's Center for Energetic Studies in Berkeley. She has authored articles and the book "Move and be Moved" (with Anne Lief Barlin).

FRIDAY, JUNE 24th, 2005

CONTINUING WORKSHOPS

4. **God: The Primary Relationship**, Genova & Rhead
6. **Accessing our Creative Capacity to Heal in the Group Process**, Klein & Robinson
7. **The Group Experience as a Forum for Healing and Integration**, Loftis & H Lovett
8. **Live Exploration Between I-ness & We-ness**, League & Mulgrew

FRIDAY TWO-DAY WORKSHOPS

12. The I that is We Goes to the Movies: The Uses of Film in Psychotherapy

Movies can have a profound effect on us, not only in the moment but hours, days, and months later. This workshop will spend the first session viewing and discussing the movie *Swimming Pool*. The second session, a process group will be used to discuss how movies are used in treatment. (Limit 18; 6 CEs) (APA, NBCC, CBBS, NAADAC) Fee: None

Learning Objectives:

1. To understand the use of movies in psychotherapy
2. To experience the power of metaphor through the use of film.
3. To expand the arsenal of tools in practicing psychotherapy.

Ceil Berlin, CSW, has had over 25 years of clinical social work experience. She has worked with teens developing a peer co-counseling program, held workshops for teachers and parents, and was an adjunct supervisor for the School Psychologists program with NYU. From 1979 to the present, she has worked in private practice with individuals, groups and couples. She is also trained as a biofeedback practitioner.

Murray Scher, Ph.D., past president of the Academy, holds a Ph.D. in Counseling Psychology. He has independently practiced psychotherapy for more than 30 years. He is extensively published, has presented internationally and loves movies.

13. The I that Is We "The I that Was We - Re-entering the Community as a Widow/Widower"

The time after the loss of a spouse is overwhelming and disorienting. Finding the I separate from the We is an arduous task. We will explore the attachment, the loss, the re-defining of the relationship with the lost person and re-defining our own relationship with our community. (Please bring a photo of your loved one to share.) (Limit 18; 6 CEs) (APA, NBCC, CBBS, NAADAC, ASWB) Fee: None

Learning Objectives:

1. To share the grief process.
2. To re-define the relationship with the lost person.
3. To re-define one's own new relationship in their community

Lynne Faust Cohen, LCSW, M.A., is in private practice and works in the school system in Nashville, Tennessee. She specializes in women's groups, trauma and grief work utilizing EMDR. She lost her husband 3 ½ years ago to cancer. She has three children in their mid to early twenties. She is an adjunct professor at The University of Tennessee.

Angela Prideaux, Ph.D., is a therapist of 27 years, widowed 7 ½ years ago and remarried within the last year. She is in private practice in Boulder, CO and has been a volunteer at Hospice of Boulder County running newly bereaved groups for six years.

FRIDAY MORNING WORKSHOPS

14. "The Sibling Journey: I/We for the Long Haul"

Siblings, Barry Sternfeld and Phyllis Clymer, look forward to meeting with those interested in exploring sibling relationships. You need not have a biological sibling in AAP to attend this process group. We will explore and experience some of the many dimensions of sibling dynamics as they impact on other I/We relationships including patients, and partners (mates, co-therapists, friends...). (Limit 15; 3 CEs) (APA, NBCC, CBBS, NAADAC, ASWB) Fee: None

Learning Objectives:

1. Participants will gain understanding of the sibling dynamics in their family of origin and its subsequent influence on their attitudes, judgments and behaviors.
2. Participants will gain knowledge regarding the influence of their own personal sibling dynamics on their therapeutic work, including counter-transference issues as they impact patients and supervisees.
3. Participants will gain understanding of their inter-sibling dynamics and its influence on their relationships with significant others including spouses, partners, co-therapists and others.

Phyllis S. Clymer, LCSW-C, received her MSW and LCSW-C in 1977 and 1979 respectively from University of Maryland School of Social Work. She has been in private practice in Columbia, Maryland, for nearly 25 years and is expanding her practice to include supervision and consultation. She and Barry have been journeying as sister and brother for 56 years.

Barry S. Sternfeld, Ph.D., received his Ph.D. from the University of Maryland in Clinical Psychology in 1972. He is in private practice in Silver Spring, Maryland where he has also been training and supervising psychotherapists for nearly 30 years. Dr. Sternfeld has been an oldest sibling for all of Phyllis's life. For almost 4 years prior to that, he was an only child.

15. From I to We Using Comedy Improv

Even in comedy improv, there are rules the performer adheres to. The rules are applicable to life, enhance the enjoyment of life and move a person to relate to others and "we." Participants of this workshop will learn the rules and play with them as they do improvisational comedy. The rules will be conceptualized through lecture followed by integration of the rules with spontaneous improvisation of life situations. (Limit 20; 3 CEs) (APA, NBCC, CBBS, NAADAC) Fee: None

Learning Objectives:

1. Learn the rules of improv and experience how applicable they are to daily living.
2. See and experience improved connection with self and others
3. Rid self of critic

Betty Calame, Ph.D., has been a practicing psychologist since 1974, when she graduated from the University of Southern California - you know, the band wears helmets with a funny red plume! She's been doing comedy improv for five years, along with local theater. Come play with her.

16. The Therapist That is We

Psychotherapy is a relationship with us as one pole. Who are we? What do we bring to the therapy? How do our lives and our profession relate? How do we help when our own lives are imperfect? When do we reveal ourselves; what are the dangers, opportunities and boundaries in doing so? (Limit 25; 3 CEs) (APA, NBCC, CBBS, NAADAC, CME) Fee: None

Learning Objectives:

1. To gain a close understanding of the person of the therapist and his/her place in the healing relationship. Both transference and reality aspects of therapeutic relationships will be considered.
2. To examine deeply the effects on the therapist of endlessly entering relationships, and to explore ways of caring for oneself within that relational context.
3. To examine the dangers, opportunities, and boundaries in revealing oneself and being genuinely in the "we" of the relationship.

Stephen Howard, M.D., is a psychiatrist, psychotherapist, family therapist and teacher. He has presented many times for the Academy.

17. Blending Our Voices: Choral singing as an Analogue of Psychotherapy

Successful psychotherapy and choral singing require similar skills from their participants. They must listen carefully to one another, make utterances that are supportive and corrective without being overwhelming and resolve disagreements so that harmony is achieved. The conclusion is a masterpiece that is impossible for any one person to have produced alone. (Limit 50; 3 CEs) (APA, NBCC, CBBS, NAADAC) Fee: None

Learning Objectives:

1. Listening more effectively to yourself and others.
2. Assess the impact of your verbal behavior on others.
3. Learn how to bring yourself into harmony with others.

Margaret Nichols, Ph.D., has been practicing as a clinical psychologist for 30 years and singing in choirs for 50 years, 42 as an alto. She received her Ph.D., from the University of Connecticut, is licensed in Georgia and works with adolescents and adults with moderate and severe emotions disorders, including substance abuse and participation in domestic violence. She sang with the Atlanta Bach Choir from January 1983 - April 1995.

18. The Foundation of Ethics: The I-Thou-We in Psychotherapy

There are various kinds of ethical codes. Some are personal, some are created and held by various kinds of groups. We will examine the foundations of ethics in psychotherapy. Rather than looking at ethics as a mere set of rules, we will look at the values underlying our ethics and apply this analysis to ethical issues presented by the participants. (Open; 3 CEs) (APA, NBCC, CBBS, NAADAC, CBRN, CME, ASWB) Fee: None

Learning Objectives:

1. To identify the moral and value precursors of our system of ethics.
2. To learn how these morals and values directly relate to your ethical codes.
3. To apply these principles to actual ethical problems.

Lenny Schwartzburd, Ph.D., is a psychologist in private practice in Berkeley, CA, and consults in Atlanta, GA. He has an interest in and has written about ethical issues as living and evolving areas of inquiry rather than as a static and rigid set of rules.

SATURDAY, JUNE 25th, 2005

SATURDAY CONTINUING WORKSHOPS

5. **Capturing the I That is We: Photography in Art, Life and Psychotherapy**, SBerlin
12. **The Uses of Film in Psychotherapy**, CBerlin & Scher
13. **Re-Entering the Community as a Widow/Widower**, Faust Cohen & Prideaux

SATURDAY MORNING WORKSHOPS

19. **Experiential Psychotherapy: A Focus on the Present Interpersonal Exchanges Within a Time Limited Community of Peers**

By focusing on the symbolic interpersonal experiences that occur within the limited parameters of this workshop, each participant will be asked to contend with an emergent increasingly complex reality. (Limit 16; 3 CEs) (APA, NBCC, CBBS, NAADAC,) Fee: None

Learning Objectives:

1. To demonstrate the therapeutic value of a focus on the current experience within a time limited container.
2. To demonstrate how each individual participant effects the group as a whole.
3. To demonstrate the value of a therapeutic focus on interpersonal issues that develop within this experience as a means of intrapsychic development.

Jack Mulgrew, Ph.D., ABPP, CGP, is a professor in the Marriage and Family Therapy Program at Appalachian State University. He is presently interested in a systematic focus within a community of peers.

20. **The Getting of Wisdom: A Process Group for Women of a "Certain Age"**

If I am not for myself, Who will be for me?,
If I am only for myself, What am I? If not now, when? -- Rabbi Hillel

In the beginning, in utero, is The I that is We - or the We that is I. As human beings, we are individuals, always living embedded in the matrix (Latin, matrix, womb; from mater, mother) of all that surrounds us. Exploring this living paradox is the focus of this process group. (Open to women age 50+ or so; 3 CEs) (APA, NBCC, CBBS, NAADAC) Fee: None

Learning Objectives:

1. Participants will/may learn cognitively, emotionally, and viscerally in the workshop itself.
2. Integrated learning will/may carry over to the participant's work settings, enhancing their lives both personally and professionally.
3. The leader will nurture a climate which encourages the development of greater wisdom and compassion with the hope that participants will "play it forward."

Penelope Penland, Ed.D., is a 29-year AAP member, holding a Doctorate in Counseling Psychology from Boston University, who practices as psychotherapist, mediator, and business coach in Santa Fe, NM. In her work, she focuses on offering innovative approaches to complex problems, creative options in relationships, and ethical guidelines for conflict resolution.

21. **How People Change (In Therapy & Out in the Real World)**

A discussion of the contexts which make change possible, the motivators which impel us toward change, and the rare instances of apparently sudden change. Through imagery both guided and unguided, participants may re-experience critical change points in their own lives. (Limit 15; 3 CEs) (APA, NBCC, CBBS, NAADAC, ASWB, CME) Fee: None

Learning Objectives:

1. To become familiar with the varieties of change, therapeutic as well as other.
2. To experience several types of change affectively and cognitively.

3. To leave the workshop with added techniques which facilitate change.

Alex Redmountain, Ph.D., is a retired clinical psychologist. He was licensed in Tennessee, New York, the District of Columbia and Georgia, working with groups and individuals in the latter two states for over 20 years. He has trained extensively in body therapies, hypnosis, imagery, and encounter groups. He lives in Scaly Mountain, NC, with his wife Carole Light, a practicing clinical psychologist, writes poetry, tutors math and ESOL pupils, and is grateful each and every day to be alive.

22. Maintaining Self in Community When the "I" Wants to (Semi-)Retire & the "We" Wants the Professional Connection?

The strong pull to AAP community and psychotherapy, a "We" feeling of deep connections, is as great for me as the attraction to nonprofessional activities focusing on the "I." A struggle between working and working very little or retiring, can be persistent. Participants will be invited to share ideas, experience, concerns, and questions. (Open; 3 CE's) (APA, NBCC, CBBS, NAADAC) Fee: None

Learning Objectives:

1. Prepare for the emotional realities of leaving patients and professional community to travel, do something else, or retire.
2. Share experiences of the struggle between balancing and not balancing love of work ("we") and love of play ("I").
3. Support each other in the struggle, regardless of personal preference.

Jeanne Shaw, Ph.D., is a Clinical Nurse Specialist as well as a Clinical Psychologist. Degrees from Emory University, GA State University, and the Fielding Institute guided her to AASECT certification as Sex Therapist. For the past six years, she sees couples only, and not often. Traveling alone in a motor home is her best continuing education.

23. The I That Was We: A Divorce Workshop

In this workshop, we will explore our attitudes and feelings about moving from a couple to a single in a coupled world. Through didactic and experiential techniques and ritual, we will look at what role the therapist and the community plays in the healing process of this life-altering event. (Limit 15; 3 CEs) (APA, NBCC, CBBS, NAADAC, CME) Fee: None

Learning Objectives:

1. Recognizing one's own attitudes, feelings and myths about divorce and how this affects transference and counter-transference.
2. Exploring the role that community may play in clients healing process.
3. Learning skills for working with clients in this life transition.

Gail Cohon Stein, M.A., had a private psychotherapy practice in the Chicago area for over 20 years. She works with people in the areas of life transitions and has been facilitating Divorce, Mid-life, Bereavement and Intergenerational Dialogue groups in the San Francisco area since 1991. She is passionate about the importance of community in ones life.

24. The Process of "I" Becoming "We"

You will be one of a group of 10, experiencing a guided meditation that leads to a deeper connection with your own center, solid and calm. From there, moving out to the other, beyond defenses, beyond fears, beyond the superficial layer, we consider the theme of our group. (Limit 20; 3 hrs; **Non-CE Workshop**) Fee: None

Natasha Mann, M.S., is a classically trained psychoanalyst as well as a gestalt therapist (trained by Fritz Perls). She has led a number of 3-year training workshops for professionals both here and in Europe. She has been a member of AAP for 50 years and currently lives in a rain forest in Maui.

*"Two are better than one;
Because they have a good reward for their labor.
For if they fall, the one will lift up his fellow,*

*But woe to him that is alone when he falls,
And if two lie together than they have warmth,
but how can one be warm alone?
And if one prevail against him
two shall with stand him." (Ecclesiastes, I: 9-12)*

PRE-CONFERENCE ACTIVITIES

Art and Architecture in Downtown Los Angeles **Tuesday, June 21. 10:30am - 3:30pm**
 We will transport you to the new Walt Disney Concert Hall designed by architect Frank Gehry. The building is a stunning piece of sculpture of flowing curves and sharp edges. For \$10 they have a highly recommended audio tour. Next door is the Dorothy Chandler Pavilion and the Mark Taper Forum. Within a block is the Museum of Contemporary Art and the striking Cathedral of Our Lady of the Angels. Also within walking distance are the beautiful Los Angeles Central Library build in 1926 and the Los Angeles City Hall - a longtime symbol of the city and the back drop for many movies and TV shows. Lunch and museum fees are on your own. Cost for transportation \$20.00. Inquiries contact: SWtimms@aol.com

The Gems of Pasadena: An Art and Architecture Tour **Wednesday, June 22 9:00am-4:00pm**
 _The day begins with a private tour of the Greene & Greene Craftsman masterpiece, The Gamble House. We then visit the treasures at the Norton Simon Museum, followed by a catered lunch in a private garden overlooking the Arroyo Seco. In the afternoon we tour The Huntington Library, Art Collections and Botanical Gardens. Cost: \$50/per person with minimum of 15 people; \$60 per person with 10-15. Price includes bus transport, admission tickets, tours & lunch. (See newsletter for tour specifics.) Inquires robbiegreen@charter.net

More Art and Architecture - The Getty Museum **Wednesday, June 22 9:30am-1:30pm**
 This beautiful building designed by Richard Meier and its gardens in the foothills of the Santa Monica Mountains are stunning. There is a nice cafe for lunch. Cost for transportation \$20.00. Inquiries contact: SWtimms@aol.com

SUMMER CAMP 2005 ACTIVITIES

Activity Board in registration area will have more information.
 (Remember to bring rackets, paddles, jacks, games etc)

Meditation/Yoga	Mornings	7:00 AM - 8:00 AM
Tennis: Mixed Doubles Tournament	Saturday	Noon
Open Clinic: Frank & Todd Nozak	To Be Arranged	
Golf at Griffith Park: Frances Compton	To Be Arranged	
Water Aerobics: Sharman Colosetti	Thursday	3:30 PM - 4:30 PM
Super Silly Swim Meet: Anne Pincus	Friday	3:30 PM - 5:00 PM
Crafts: Create Decorations for the Dance	Saturday	3:30 PM - 5:30 PM
Hiking (maps provided at registration)	Open	
Ping-Pong Tournament	To Be Arranged	
Camp Games: Basketball, croquet, jacks, etc.	Afternoons	3:00 PM - 6:00 PM
AAP Summer Workshop Film Festival	Afternoons	3:00 PM - 6:00 PM
Music Jam w/Susan Berlin & David Fogel (Bring Your Instruments)	Thursday night	8:00 PM on
Movie: "What the Bleep Do We Know"	Thursday night	8:00 PM
Talent Show: John Wymore	Friday night	8:30 PM - 10:00 PM
"California Lite" Dance (Dance Attire: Lite and airy: sundresses, floral shirts, shorts, etc.)	Saturday night	8:30 PM - 1:00 AM

ARTS & CRAFTS AUCTION

Arts and Crafts take many forms! We invite you to be creative and bring your work to be auctioned at this year's table. It will be open from Noon Thursday to 10:00 PM Friday and close Saturday at 6:00 PM. Proceeds go to the Academy. If you have any questions contact Arthur Weinfeld or Susan Berlin.

REGISTRATION FORM SUMMER WORKSHOP

Mount St. Mary's College/Brentwood, California June 22-26, 2005

Please Print Clearly

Name: _____

Address: _____

City: _____ State _____

Zip: _____ Phone: _____

New Member: Yes

Workshop Choices: (1st, 2nd & 3rd choices)

Wednesday T1: _____ T2: _____

Thursday: 1) _____ 2) _____ 3) _____

Friday: 1) _____ 2) _____ 3) _____

Saturday: 1) _____ 2) _____ 3) _____

Special Needs

The College is disabled accessible though not disabled friendly, since it is located on a hill/mountain.

Yes, I have special assistance needs. Please specify on separate sheet and attach to this form.

Vegetarian meals: YES NO

I have other special dietary needs. Please specify on separate sheet & attach to this form.

Accommodations

Roommate(s): _____

_____ I need to reserve a **Peer Meeting Room** for approximately _____ persons.

Workshop Fee(s):

(Includes room, meals, workshops, hospitality suite & dance)

Single room with private bath \$795 \$ _____

Single room with shared bath \$695 \$ _____

Double room with shared bath \$595 \$ _____

Continuing Education Fee (\$40) \$ _____

Extra room nights are available at \$60/single and \$50/double (per person) Cafeteria meals available.

Yes I want to book extra room nights in a:

single double room

Dates: _____

_____ of nights x \$ _____ per night = \$ _____

For more information contact:

Muriel Roth @ 858-792-2396 or Murielr@san.rr.com

AAP Logo Baseball Caps (black) \$10.00 _____

AAP Logo Visors (beige) \$10.00 _____

SW '05 Pins \$ 3.00 _____

Total \$ _____

Downtown Los Angeles Excursion \$20.00 _____

Pasadena Excursion \$60.00 _____

Getty Museum Excursion \$20.00 _____

Total Amount Due** : \$ _____

Make checks payable & mail to:

American Academy of Psychotherapists

P.O. Box 10589,

Oakland, California 94610

Or Fax registration & credit card++ information to:

510-268-1787

Visa Master Card AMX (circle one)

Card # _____

Name on card: _____

(*if different from Registrant's name^) Exp Date: __/20__

Signature: _____

++ If paying by credit card, please consider donating the cost of credit card fees to the Academy (AMEX 2.5%; or VISA/MC 3.13%)

**** 75% refund for cancellations before May 31
No refunds after May 31, 2005.**

TRANSPORTATION & DIRECTIONS to MOUNT ST. MARY'S COLLEGE

Take the 405 Freeway (North from LAX, Long Beach Airport) (South from Burbank) - Exit at Sunset Boulevard, go west for two miles and turn right on Bundy Drive. Travel 1.5 miles to Norman Place and turn right. Turn left at the end of Norman onto Chalon Road. The driveway for the College will be on the right.

NOTE: When exiting the College, please turn right out of the driveway onto Chalon Road, then south (left) on Bundy. This circular route has been established in agreement with the Brentwood Homeowners Association in order to divide College traffic between the two streets that lead to campus.

Transportation: The most cost effective and convenient transportation to MSMC is Super Shuttle. **YOU MUST BOOK RESERVATIONS** for pick-up and return: CALL: 800-258-3826 Super Shuttle or www.supershuttle.com. Pay by credit card or pay driver on-site. Pick-ups are available from the following airports:

Los Angeles: \$23 one-way, \$46 round-trip. Go to baggage claim, outside cross median to Super Shuttle orange sign

Burbank: \$25 one-way, \$50 round-trip. Go to Ground Transportation, outside to Super Shuttle vans

Long Beach: \$37 one-way, \$74 round-trip. Baggage Claim, outside to Super Shuttle vans

For more information: Contact Nancy Hunt at the AAP Office @ 510-268-1786 or AAPoffice@sbcglobal.net

AMERICAN ACADEMY OF PSYCHOTHERAPISTS
P.O. Box 10589,
Oakland California 94610

^postage^



~Addressee~

"The I that is We: Being in Community"
2005 Summer Workshop
June 22 - 26
Brentwood, California