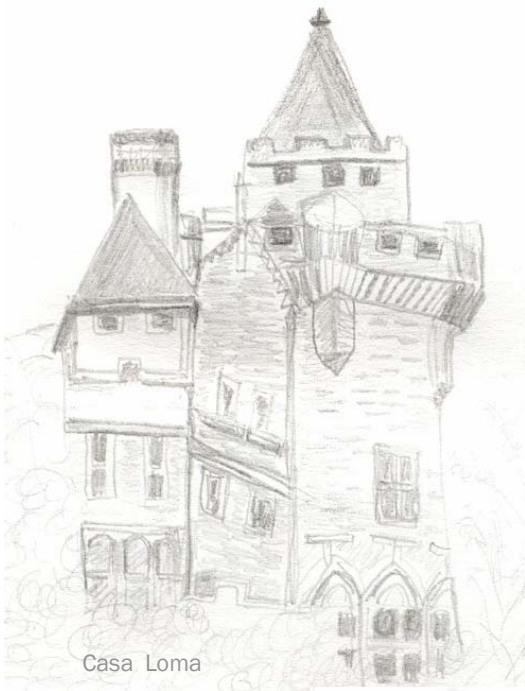


AMERICAN ACADEMY OF
PSYCHOTHERAPISTS

**BRIDGING THE
OLD AND NEW IN
PSYCHOTHERAPY**

**2005 INSTITUTE AND
CONFERENCE**



Casa Loma



Bridge to Centre Island



CN Tower



**FOUR SEASONS
HOTEL**

Toronto, Ontario

NOVEMBER 9-13, 2005



2005 INSTITUTE AND CONFERENCE

INVITATION TO TORONTO:

We invite you to share with us the old and new in Toronto. A city with its own history and new life is the perfect place for you to explore what is old and new for you in psychotherapy. Our committee has worked hard to put together this program which involves the psychotherapist in his or her own journey to learn and explore more about the self of the psychotherapist and the profession. We are proud to be returning to a format used in the early years of the Academy, by offering, in addition to workshops, 7 two-day process groups with co-leaders representing senior and less experienced psychotherapists. (See "Our Vision", p. 4.)

Toronto, Canada's largest city and the 5th largest city in North America, blends the old and new in its many sites and attractions. Toronto is home to more than 100 distinct cultures and boasts an energetic LGBT community located right in the heart of downtown. Toronto is also one of the safest large cities in the world. November is the season for world class theater offerings and the National Ballet. Other attractions of interest include the Art Gallery of Ontario, one of North America's largest public art museums; The Royal Ontario Museum; Casa Loma, a castle in the middle of the modern city; and the CN Tower, the world's tallest free-standing structure with a glass floor and revolving restaurant. Metropolitan Toronto maintains more than 8,700 acres of parkland.

We hope that you will join us in Toronto. The American Academy of Psychotherapists is about the self of the therapist. Come join other therapists who share in this ideology as we look at our past and our future.

*Jenny Savitz-Smith and Ruth Witters-Green,
Co-Chairs 2005 I&C*

THE FOUR SEASONS HOTEL:

The Four Seasons Hotel, Toronto, (800) 819-5053
21 Avenue Rd. Toronto, Ontario, Canada, M5R 2G1
(<http://www.fourseasons.com/toronto/>)

The Four Seasons is located downtown, in the heart of Yorkville, Toronto's fashionable shopping, dining, and entertainment quarter. The 32-story hotel offers 380 guest rooms, including 150 suites, all featuring large bay windows overlooking the neighboring streets of Yorkville.

The hotel welcomes families, and children under 12 can share their parents' room at no extra charge. There are childproofed rooms available upon request, and the hotel can help arrange babysitters and provide special amenities for babies and children. Rooms and floors for non-smokers are available, as well as wheelchair-accessible rooms. Please contact the hotel directly with special requests.

Other hotel amenities include an indoor pool which is open year round, whirlpool, sauna, fitness center, and spa services, including massage. In house dining include the hotel's five-diamond/four star restaurant, *Truffles*, a café, a bar, and lounge.

The Four Season's awards include: The Condé Nast Traveler 2003: Top 50 North American Hotels; Institutional Investor 2003: Top 75 World's Best Hotels; #1 Hotel in Toronto; Meetings & Incentive Travel 2004: Reader's Choice award for "Best Meeting Facility in Canada"; and Andrew Harper's Hideaway Report: Top Hotel in Toronto.

*"We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time"*

T.S. Eliot

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TRAVEL TO TORONTO

The Four Seasons Hotel is located only 22 miles / 35 kilometers from Pearson International Airport. Rental car, taxi, and limousine services are readily available, and complimentary limousine service from the hotel is offered in the morning, within the downtown area. VIA Rail and AMTRAK bring visitors into Toronto’s Union Station, located centrally downtown and connecting to the underground subway. Several highways, including 2, 401, 407 and the Queen Elizabeth Way, link surrounding cities to Toronto. Nearest Canada-U.S. border crossings are at Niagara Falls, Fort Erie and Windsor.

Air Canada AAP Discount: Fly Air Canada! They have offered a 10% discount for conference attendees. You must book by telephone: 1-800-361-7585 (no web booking) and give the following code when booking your reservations: **CV054040**

Entry into Canada

From the United States: U.S.-born citizens should carry a passport or a birth certificate plus photo I.D.; naturalized citizens need naturalization certificates with photo I.D.; permanent residents (who are not citizens) need an alien-registration card.

From Countries Other Than the United States: In general, passports are required however visitors from countries other than the U.S. should call for further information: from outside Canada, 1-800-992-7037.

Average **temperatures** in Toronto in November are high of 46 and low of 35 degrees Fahrenheit.

VOLUNTEERS: Receive free registration for this conference by volunteering to help. Volunteers are needed to serve as monitors and registration desk volunteers. Please send your name, address and phone number, along with your completed registration form to:

Nancy Hunt, AAP, PO Box 10589, Oakland, CA 94610. Phone: (510) 268-1786

WEDNESDAY NOVEMBER 9	THURSDAY NOVEMBER 10	FRIDAY NOVEMBER 11	SATURDAY NOVEMBER 12	SUNDAY NOVEMBER 13	S C H E D U L E O F E V E N T S
1:00 p.m. – 6:00 p.m. Registration	7:30 a.m. – 9:00 a.m. Breakfast	7:30 a.m. – 9:00 a.m. Breakfast	7:30 a.m. – 9:00 a.m. Breakfast	7:30 a.m. – 9:00 a.m. Breakfast	
1:00 p.m. – 5:00 p.m. Hospitality Suite	7:30 a.m. – 9:00 a.m. Registration	7:30 a.m. – 9:00 a.m. Registration	8:00 a.m. – 9:00 a.m. Registration	9:00a.m. – 10:30a.m. Closing Experience	
2:00 p.m. – 5:00 p.m. Training Group (Guze)	9:00 a.m. – 11:00 a.m. Process Groups or Work- shops	9:00 a.m. – 11:00 a.m. Process Groups, Work- shops, or Training Group (Scher)	9:00 a.m. – 12:00p.m. Morning Workshops or Training Group (Guze)		
4:30 p.m. – 5:30 p.m. Gatherings for New- comers/Prospective Members/Mentors & Mentees	11:15 a.m. – 12:15 p.m. Community Meeting	11:15 a.m. – 12:15 p.m. Community Meeting	12:00p.m. – 1:30 p.m. Lunch <i>on your own</i>		
5:30 p.m. – 6:30 p.m. Volunteer Meeting	12:15 p.m. – 2:45 p.m. Lunch <i>on your own</i>	12:15 p.m. – 2:45 p.m. Lunch <i>on your own</i>	1:30 p.m. – 2:30 p.m. Community Meeting	<i>At times our own light goes out and is rekindled by a spark from another person.</i>	
5:30 p.m. – cash bar Reception	2:45 p.m. – 4:45 p.m. Process Groups or Work- shops	2:45 p.m. – 4:45 p.m. Process Groups, Work- shops, or Training Group (Scher)	2:45 p.m. – 5:45 p.m. Afternoon Workshops or Training Group (Scher)		
6:30 p.m. – 8:00 p.m. Buffet Dinner	5:00 p.m. – 6:00 p.m. Community Meeting	5:00 p.m. – 6:00 p.m. Community Meeting	6:00 p.m. – 7:00 p.m. all CEU’s accepted	<i>Each of us has cause to think with deep gratitude of those who have lighted the flame within us.</i> Albert Schweitzer	
8:00 p.m. – 10:00pm Opening Experience	Dinner <i>on your own</i>	Dinner <i>on your own</i>	6:30 p.m. – cash bar Presidential Reception (honoring past pres.)		
10:00pm – 2:00am Hospitality Suite	8:00 p.m. – 12:00 a.m. Hospitality Suite	8:00 p.m. – 12:00 a.m. Hospitality Suite	7:30 p.m. – 9:00 p.m. Dinner		
			9:00 p.m. Dance		
			9:00p.m. – 1:00 a.m. Hospitality Suite		



TRAINING GROUPS:

(These on-going training workshops are already filled and closed to non-members)

BODY ORIENTED PSYCHOTHERAPY

T1 This training will cover basic aspects of how people organize and disorganize their behaviors to form the ongoingness of their lives. As therapists we can learn to observe and intervene in that somatic process, thus furthering growth and integration. The work will be both didactic and experiential. (CEU approved: APA, NBCC, CME)

Vivian Guze, BA, was a hospital psychologist for sixteen years and has been in the private practice of psychotherapy for 36 years. She has done graduate work at New York University, is a Certified Bioenergetic Therapist (CBT) and a certified EMDR practitioner. She has served on the Executive Council of AAP, of the International Institute for Bioenergetic Analysis, and New York State Psychological Association. She teaches internationally for the International Institute for Bioenergetic Analysis (IIBA).

Meets: Wednesday, 11/9, 2:00 p.m.—5:00 p.m. and Saturday, 11/12, 9:00 a.m.—12:00 p.m.

THE GENTLE ART OF PSYCHOTHERAPY

T2 In this training we will hone our skills and ourselves to find enduring ways to offer more than we have up to now and always with an eye to the gentle art. (CEU approved: APA, NBCC)

Murray Scher, Ph.D., Past President of the Academy, holds a Ph.D. in Counseling Psychology. He has independently practiced psychotherapy for more than 30 years. He is extensively published and has presented internationally.

Meets: Friday, 11/11, 9:00—11:00 a.m. & 2:45—4:45 and Saturday, 11/12, 2:45 p.m.—5:45 p.m.

BOOKSTORE

The 2005 I&C bookstore in Toronto will be sponsored by **Indigo Books**, a well known bookstore near the Four Seasons Hotel. The bookstore will be located in the hotel, near the I&C registration desk.

Authors are invited to have their books at the bookstore. Please contact:

David Slack, Indigo Books

05sfm@indigo.ca (write “David Slack” in subject line.)

(416) 925-3536

If you have questions, you may also contact Nancy Hunt, aapoffice@sbcglobal.net (510) 268-1786

OUR VISION:

In this Toronto meeting of the American Academy of Psychotherapists, we are planning to honor the experience, wisdom, and groundedness of those members of our profession and of the Academy whom we view as the very foundation of our field. Newer members (to the profession and to the Academy) will work collaboratively with our “parents” and “grandparents” in the field by co-leading seven separate experiential process groups. We want to make time for meaningful interaction between generations of therapists so that we can begin to decide as a community, and as individuals, what we hope to keep from the past, what we hope to change in the future, and what we treasure about the current day.

In a deliberate effort to go back to the past, we will utilize a format for this I & C which more closely resembles those used by our foremothers and forefathers in the early years of the Academy. It emphasizes trusting ourselves, each other, and most of all trusting the process. We believe this format will provide a context in which people will be stirred up, which we hope leads to growth and resolution around our individual and collective level of satisfaction with both the Academy and the field. Our hope is that the vitality, enthusiasm, and challenges of those therapists that are new to the profession will get woven into the strong foundational fabric created by those long-time Academy members we admire, creating a bridge upon which the Academy and the profession can grow. This new bridge will be able to adapt to the demands of our times such as managed care, diminished funding, the computer age, availability of many more psychotropic medications, and aging baby boomers.

We, the 2005 I & C Planning Committee, hope that you will join us on our collaborative journey with long-time Academy members. Together we will continue the courageous struggle begun by some of the earliest Academy members such as Virginia Satir, Carl Rogers, Ruth Cohn, Fritz Perls, Laura Perls, Carl Whitaker, Miriam Polster, Irving Polster, and many others. Like them, we will accept the challenge of intimacy, vulnerability, and peer review. We will take a hard look at what gets in our way for change in ourselves and in the Academy, and rediscover together what we always want to embrace about each other, our profession, and the Academy. Our hope is that the 2005 I & C will help to create a greater sense of individual ownership in the field, a greater sense of purpose, and a *revitalized collective vision* for the Academy and its future, including a greater respect for its rarity and necessity in this ever-changing field. We want others to be able to continue to experience AAP and to see it as the valuable resource we do. Together in Toronto, we will join hearts and minds and put that connection into action when we honor and celebrate the words of Sheldon Kopp, “In the long run we get no more than we have been willing to risk giving.”

BRIDGING THE OLD AND NEW: PROCESS GROUPS

Thursday-Friday 9:00-11:00 a.m. & 2:45-4:45 p.m., each day

(8 CEU's Total — APA, NBCC, ASWB, CBBS, CME; Limit 14-25 per group, at discretion of group leaders) These two day process groups invite participants to learn more and explore deeply the old and new in psychotherapy technique. We have paired senior psychotherapists with fairly new psychotherapists so that the attendees can get a perspective on what has changed in psychotherapy over the last forty years. Not only will participants be exposed to these multiple techniques, but they will be allowed to share their own experiences as well. For physicians, we will talk about the physical symptoms inherent with mental illness and the evolving treatments. For psychologists, social workers, counselors and marriage and family therapists, we will talk about the non-medical treatments that have evolved. Participants at all levels of experience will:

- A. Witness differences in old and new techniques used in the current practice of psychotherapy.
- B. Participate in a process designed to bridge older and newer solutions to facilitating mental health.
- C. Ascertain which of the many techniques presented have become standard practice for experiential psychotherapy.

Participants are asked to choose one of the following process groups and participate from beginning to end. Biographical information of group leaders is below and on the next page. Other Thursday and Friday workshops follow.

GROUP 1: DAVID M. HAWKINS, MD, CGP & ADAM KLEIN, PH.D. (LIMIT 16)

David M. Hawkins, MD, CGP is a psychiatrist in private practice in Chapel Hill, N.C. He is a Past President of the Academy and of the American Group Psychotherapy Association, and is also a Distinguished Fellow of AGPA.

Adam Klein, Ph.D. is a licensed Psychologist in full-time private practice. He splits his time between offices in Bethesda and Annapolis where he works with adults, couples, and families. Recently he has been focusing on gaining deeper access to his clients through the group process. He believes that the group process mirrors our personal lives in that most of us enact in the group setting the exact drama that leaves us entangled, stuck, ensnared and in crisis in our lives. The group process allows us to slow down the process and examine how we get ourselves in a jam and hopefully how to work through the stuckness and how to prevent future psychic pain. From this we can re-organize our efforts so that we can be more honest and direct with ourselves about what we need or want and how to get that in the group and our lives.

GROUP 2: DAVID LOFTUS, PH.D. & KRISTIN STAROBA, MSW (LIMIT 15)

David Loftus, Ph.D. has served in various levels of leadership in AAP during the past 17 years. Since receiving his Ph.D. in Clinical Psychology in 1981, he has been in private practice in Atlanta. He has supervised graduate students and post-graduate therapists in individual and group psychotherapy for the past 14 years. He is President Elect of AAP.

Kristin Staroba, MSW has been a member of AAP since 2002. She practices in Bethesda, Maryland, where she sees adults, adolescents, couples, and groups. This is her first AAP workshop presentation.

GROUP 3: RAY LOVETT, MSW & JENNY SAVITZ-SMITH, PH.D. (LIMIT 14)

Ray Lovett, MSW, is a seasoned therapist, who has run over 40 workshops for AAP, and he is a widely published writer.

Jenny Savitz-Smith, Ph.D. has been interested in the Academy for her lifetime as she is a second generation member. She is in private practice in Columbia, South Carolina. Her modalities include play therapy, experiential and family therapy. She is excited to have this opportunity to run a group with a more experienced member of the Academy.

GROUP 4: JOHN P. MULGREW, PH.D. & GRACE ROIG, M.A., NCC (LIMIT 16)

John P. Mulgrew, Ph.D. is a full professor in the Marriage and Family Therapy program at Appalachian State University. Jack is currently interested in a systemic focus within the present moments of the group process.

Grace Roig, M.A., NCC is currently doing outpatient psychotherapy in a community agency setting in upstate NY. She has also worked in residential treatment. Her work involves counseling a wide variety of clients. She especially enjoys working with sexual abuse survivors, couple's work, and family therapy. She considers herself to be a feminist post-modern experiential therapist. In her spare time she enjoys cross-country skiing, kayaking, exploring new places, and spending every minute she can with her 13 year old daughter Olivia.

**"Age is opportunity no less
Than youth itself, though in another dress,
And as the evening twilight fades away
The sky is filled with stars, invisible by day."**

Henry Wadsworth Longfellow

BRIDGING THE OLD AND NEW IN PSYCHOTHERAPY



BRIDGING THE OLD AND NEW: PROCESS GROUPS (THURSDAY–FRIDAY, SEE PAGE 5)

GROUP 5: PENELOPE PENLAND, ED.D. & MATTHEW LEARY, PH.D. (LIMIT 25)

Penelope Penland, Ed.D. is a 29 year AAP member holding a Doctorate in Counseling Psychology from Boston University who practices as a psychotherapist, mediator, and business coach in Santa Fe, NM. In her work, she focuses on offering innovative approaches to complex problems, creative options in relationships, and ethical guidelines for conflict resolution. Architecturally speaking, she greatly prefers bridges to walls.

Matthew Leary, Ph.D. is an Assistant Professor of Graduate Psychology at Immaculata University, and a Post-Doctoral Psychology Resident at the Council for Relationships, where he practices individual, marital and family therapy and facilitates psychoeducational groups on anger management and communication skills. He holds a doctoral degree in Clinical Psychology from the University of North Carolina at Chapel Hill. He has been attending AAP functions for four years and was one of the first student members of the Academy. He is proud to be a bridge to future generations of the Academy, as two students of his have begun attending AAP workshops and one has already become a student member.

GROUP 6: JENNIFER SAVITZ, PH.D. & BROOKE SITZMANN-MCLOUGHLIN, MA (LIMIT 15)

Jennifer has been a member of the Academy for over 20 years. She has presented at a number of workshops and I&C's for the Academy. She has been on and chaired Workshops and I&C Committees. Jennifer has practiced over 24 years as a private psychotherapist. She is currently Membership Chair for AAP. She is a Psychiatric Nurse Specialist in Mental Health and has her doctorate in counseling.

Brooke Sitzmann-McLoughlin, M.A. has been trained in psychotherapy working primarily in college counseling centers, but much of her most relevant growth has occurred within the workings of AAP. She will graduate with her doctoral degree in clinical psychology July 2005 and begin private practice in the Atlanta area. She is currently focused on balancing her roles as woman, wife, mother, and therapist.

GROUP 7: EDWARD W.L. SMITH, PH.D. & RUTH WITTERS-GREEN, PH.D. (LIMIT 15)

Edward W. L. Smith is a Board Certified (ABPP), licensed psychologist. Currently he is a tenured Full Professor of Psychology and Coordinator of Clinical Training at Georgia Southern University. He graduated Phi Beta Kappa from Drake University and then attended the University of Kentucky for his M.S. in experimental psychology and his Ph.D. in clinical psychology. Edward is a Fellow of the Georgia Psychological Association, the American Psychological Association, and the Academy of Clinical Psychology. A past Chair of the Training Committee of AAP, he has served on the editorial board of *Voices* since 1976. He has offered over 175 sponsored workshops throughout the United States and internationally. Edward has published seven books and more than a hundred chapters, articles and comments. From time to time he writes poetry.

Ruth Witters-Green, Ph.D. is a new member of the Academy and a licensed clinical psychologist with a doctorate in Clinical-Community Psychology from the University of South Carolina. In group practice in Virginia's Shenandoah Valley, she works with individuals of all ages, couples, families, and groups. She is an adjunct professor in graduate programs at James Madison University and Argosy University. She teaches group and individual counseling/psychotherapy and developmental and health psychology. Ruth

COMMUNITY MEETINGS

Thursday & Friday **Two Meetings:** 11:15-12:15 & 5:00–6:00 p.m., Saturday: 1:30 –2:30 p.m

(1 CEU per Community Meeting, APA, NBCC; Open) The community meeting is a methodology for the attendees of various disciplines to share their experiences from all seven different process groups. This is a way that people can gain additional knowledge as they share their experiences from their own process groups. This will also allow the conference attendees who went to workshops other than the process groups to gain some of the learning that occurred in the process groups. This meeting is appropriate for all attending professionals at all levels of experience and will:

- A. Facilitate interaction among all attendees regarding various aspects of the old and new in psychotherapy.
- B. Encourage sharing information and experiences from the various process groups and workshops among all attendees.
- C. Enhance the process of community building among psychotherapists from various disciplines, i.e. MDSs, LPCs, LCSWs, Psychologists, etc..

**THURSDAY OFFERINGS:
(CONTINUED)**

THURSDAY ALL DAY:

8A (a.m.) & 8B (p.m.): DBT SKILLS: BRIDGING THE EAST AND THE WEST, SYNTHESIS OF NEW FROM OLD

Laura Fleming, LCSW

(4 CEU's, APA, NBCC, ASWB, CBBS, CME; Limit 30) DBT Skills groups, once mainly used as part of a comprehensive treatment program for Borderline Personality Disorder have been proven an effective adjunct to therapy in the treatment of anxiety and depression. Participants will learn about the structure of DBT skills groups and experience being in a Skills Group, learning skills from the *Mindfulness, Interpersonal Skills, Emotion Regulation and Distress Tolerance* units. There will be time for process and discussion of experience. This program is acceptable for physicians as we will address collaborative concerns between physicians and DBT group leaders. A new way to diagnosis with this framework will also be discussed. This group will cover skills needed by social workers, counselors, and psychologists. This workshop is open to up to 20 therapists at any level of experience who will:

- A. Learn at least three mindfulness techniques and goals of mindfulness in therapy.
- B. Learn how to explain to clients the functions of emotions and at least one skill for regulating emotions.
- C. Learn one skill in distress tolerance.

Laura Fleming, LCSW has been a member of AAP for 12 years. Originally she was trained in DBT as part of an effort by the RIT Counseling Center to respond to the increasing level of disturbance that students were bringing to the college campus. She has gradually found this training, particularly the area of Skills Groups, creeping into her work and her life. She currently leads a Skills Group in her private practice (as well as one on campus). As a result of Skills Group, she can confidently state that her **Road Rage** is almost a thing of the past, and waiting on line at the grocery store is now just a pleasant interlude in her busy life.

THURSDAY MORNING:

#9: ADDICTION: AN OLD PROBLEM SEEKING NEW UNDERSTANDING

Loretta Sparks, LMFT

(2 CEU's, APA, NBCC, ASWB, CBBS, CME; Open) This workshop introduces a provocative perspective on addiction and treatment. A comprehensive orientation to the basics of recovery in a down-to-earth, clear manner is included. The 12 Steps to recovery and other recovery basics will be presented. Also a simple and effective technique to stop cravings will be taught. This program will present physiological aspects of addiction and treatment suitable for physicians.

"Only those who have helped themselves know how to help others, and to respect their right to help themselves."

George Bernard Shaw

"As we grow old, the beauty steals inward."

Bronson Alcott

Social workers, marriage and family counselors, psychologists and counselors will also develop skills and new knowledge for their clientele. This workshop is open to therapists of all levels who will gain:

- A. An introduction to a comprehensive orientation program for recovery.
- B. An increased understanding of the connection between stress and cravings.
- C. The ability to differentiate between addiction and addictive disease.

Loretta Sparks, M.A., MFT(#7936) is a licensed psychotherapist in Southern California. She is the Director of the Center for Energy Psychotherapy and TAAP Training Institute. Ms. Sparks has specialized in the treatment of addiction for over 25 years. She has a particular interest in the application of energy therapies to addiction. She is a Certified Addiction Specialist (CAS), an Advanced Certified Relapse Prevention Specialist (Cenaps), and a member of the American Academy of Psychotherapists.

THURSDAY AFTERNOON:

#10: REVISITING THE NEUROTIC: A HOLISTIC THEORY AND TREATMENT

Jerome Travers, Ph.D., C.Psych.

(2 CEU's, APA, NBCC, ASWB, CBBS, CME; Open) In this "Decade of Behavior", being "dysfunctional" has been replaced with being "neurotic". This didactic presentation, with fluid Q&A, emphasizes the importance of working from a solid theoretical vision: knowing the personality we are working with, and having a realistic outcome for the patient. Experiential psychotherapy focuses on process, often without a rationale. Specific treatment of neurotics flows from an understanding of their character structure. The content here will engage the interest of both beginning and seasoned therapists and is appropriate for psychologists, social workers, and counselors. The workshop will:

- A. Provide information about understanding "neurosis" from a holistic view.
- B. Increase techniques for treatment of "neurotic personality".
- C. Heighten understanding of the goals of treatment autonomy and homogeneity.

Jerome Travers, Ph.D., C.Psych. was raised in Toronto and now works in New Jersey, being credentialed as a psychologist in both places. He is a Fellow of APA in Psychotherapy, and Psychology of Religion; in full time solo private practice, and a member of AAP for thirty years. He has been a National Endowment of the Humanities Scholar in Medieval Mysticism; honored with a medal by the US Army War College, and is a Fellow of the Warsaw (Poland) Psychotherapy Society. He has edited eight books and over 100 articles on understanding the problematic patient and his work is cited in 28 foreign countries.



FRIDAY OFFERINGS: (CONTINUED)

FRIDAY ALL DAY:

#11A (a.m.) & 11B (p.m.): THE BRAIN AND PSYCHOTHERAPY: WHAT'S LOVE GOT TO DO WITH IT?

Bruce Schell, Ph.D. & Kristie J. Nies, Ph.D.

(4 CEU's, APA, NBCC, ASWB, CBBS, CME; Limit 16) Love's light does not randomly shine. Our memory of early love forms the basis of adult love and attachment. We will explore the impact of the caregiver/infant relationship on our brain's development as well as adult love and the healing power of psychotherapy. There will be didactic and experiential components. This presentation will cover neurophysiological aspects of attachment as they relate to needs for physicians. Therapists, social workers and psychologists will also be given ways to translate the information into practice. This workshop is geared toward experienced therapists who will learn to:

- A. Describe the ways attachment influences the brain.
- B. Name the three neural faces of love.
- C. Understand why "in some important ways people can't be stable on their own - not should or shouldn't be - but can't be."

Bruce Schell, Ph.D. is a clinical psychologist who has practiced psychotherapy for over thirty years. He is a professor of family and preventive medicine at the University of South Carolina School of Medicine. The working of brain and mind, the consequences of injury to either, and psychotherapy's healing roles continue to remind him of life's blessings.

Dr. Nies is board certified in Clinical Neuropsychology and recently attained fellow status in the National Academy of Neuropsychology. She has published on topics ranging from clinical issues such as brain injury and malingering to practice issues such as Neuropsychology in rural and small communities. Two thirds of her practice is devoted to psychotherapy.

FRIDAY MORNING:

#12: USING OLD STORIES IN HEALING NEW TRAUMAS

Karen J. Smith, Ph.D.

(2 CEU's, APA, NBCC, ASWB, CBBS, CME; Open) The participants will be introduced to a technique of using stories from the Bible and guided meditation to facilitate healing the emotional and spiritual pain of trauma. This process has been particularly healing for those suffering from post abortion trauma. This is an open workshop intended for therapists from various disciplines and all levels of experience. The objects of this presentation are to:

"A moment's insight is sometimes worth a life's experience"

- A. Familiarize participants with the current literature and research regarding healing trauma with guided imagery.
- B. Introduce participants to a program for post abortion healing.
- C. Provide an experience of the specific process utilized in a post-Abortion healing program.

Dr. Karen Smith is a psychotherapist in private practice in the Washington, DC area. She is trained as a therapist facilitator in the Project Rachel program for post abortion healing. Dr. Smith utilizes this program with individuals, support groups and on weekend retreats. Dr. Smith's practice also includes post trauma work with survivors of the 9/11 attack on The Pentagon.

FRIDAY AFTERNOON:

#13: HEALING YOUR WOUNDS OF DISCRIMINATION

Rosa McDaniel-Ashe, Ph.D., LPC

(2 CEU's, APA, NBCC, ASWB, CBBS; Open) We will explore some of the reasons why discrimination wounding is often over looked as a significant part of how the individual views self and consequently how she perceives the wound. Participants will identify personal wounding experiences and process them in the group. Therapists from all disciplines and of all experience levels will:

- A. Explore discrimination experience as significant to the individual's self perception.
- B. Distinguish between primary and secondary wounding.
- C. Identify shame, fear and anger and how these emotions are manifested..

Dr. McDaniel-Ashe practices in the Atlanta Area. Her practice is a hearty stew of traditional and non-traditional concepts always with respect towards spirituality. She is one of 4 founding partners of Pathways Center for Psychotherapy. She is a graduate of Spelman College and completed her Doctor of Philosophy at the Atlanta University.

Presenter's Agreement

Workshop Presenters at this I&C have agreed that their presentation is intended solely for the advanced training of psychotherapist participants. Presenters have agreed to present without promotion, advertising, or soliciting any training for profit or other personal gain, or for the promotion of an institution with which the presenter is affiliated. Presenters have agreed that the material which they are presenting reflects subject matter described in this brochure and that material being presented in this workshop is considered to be within the parameters of standard professional practice, ethical guidelines and good patient care consistent with the mandates of their respective professional disciplines.

SATURDAY OFFERINGS:

SATURDAY ALL DAY:

#14A (a.m.) & 14B (p.m.): BRIDGING THE OLD AND NEW IN PSYCHOTHERAPY: THE ETHICAL ISSUES AND THE EFFECT OF CHEMICAL DEPENDENCY ON COUPLES THERAPY

Philip F. Guinsburg, Ph.D. and Toby Abrams, M.A.

(6 CEU's, APA, NBCC, ASWB, CBBS, CME; Limit 20) This workshop is targeted toward psychiatrists, social workers, psychologists and counselors with an intermediate skill level and will receive 6 CE credits. This six hour workshop will focus on our experience in doing this over 33 years, what the effects have been, and the prognosis for couples who have a chemical dependence problem. It will also look very carefully at ethical issues from the past and ethical issues that we face now in dealing with couples. The three primary objectives of the workshop are:

- A. To freely ascertain how chemical dependency effects couples therapy outcome,
- B. Examine the ethical issues of couples therapy.
- C. Explore techniques to deal with chemical dependency and ethical issues.

Philip Guinsburg has been doing couples therapy in workshops for heterosexual and gay male couples for approximately 28 years. He is currently President of the American Academy of Psychotherapists. Toby Abrams and Dr. Guinsburg practiced together in 1974 and 1975. Ms. Abrams started practicing again with Dr. Guinsburg in 2004. Although they did not practice together for 29 years, during that time Dr. Guinsburg and Ms. Abrams have done various workshops for multiple organizations.

#15A (a.m.) & 15B (p.m.): RECONCILING PRACTICE AND PROFITS: PRACTICE MANAGEMENT AS A REFLECTION OF CHARACTER

Robert G. Rosenblatt, Ph.D.

(6 CEU's, APA, NBCC, ASWB, CBBS, CME; Limit 36— a.m.; 18 p.m.) In today's complicated psychotherapeutic marketplace, many intrapersonal issues confront private practitioners. One arises from the seeming dissonance between "helping" and "profiting." Another is the reality that our practices are always a manifestation of the best and worst of who we are. This workshop aims to initiate an in-depth examination, both didactically and experientially, of the obstacles we construct that are impediments to a successful practice. Both medical practices and counseling, social work and psychology practices will be covered. Attendance in the morning session is open; participants in the afternoon session should have attended the morning portion. This workshop is open to participants of all experience levels who will:

- A. Begin to understand the therapist's relationship with money.
- B. Begin to understand the relationship between one's character and the style by which you engage in your private practice.
- C. Begin to understand the complicated relationship between being in the helping professions with the fact that you are running a for profit enterprise.

Robert G. Rosenblatt, Ph.D. has been providing individual, couples, and group psychotherapy in Washington, DC for over 25 years. He completed his graduate work in 1983 at the University of Southern California. In addition, he has been offering practice management consultation seminars in Washington, DC, Atlanta, GA, and for AAP for over 15 years. His theoretical orientation is Humanistic-Existential, and his workshops tend to be enlivening and engaging.

SATURDAY MORNING:

#16: THE NOT SO PRIVATE PRACTICE

Fern Loos Beu, Ph.D., Frances Compton, Ph.D., Gary C. Frankel, Ph.D., & Marc Feldman, Ph.D.

(3 CEU's, APA, NBCC, CME; Open) Fern, Frances, Gary, and Marc have been practicing psychotherapy together and helping each other analyze their respective countertransference issues for over twenty-five years. Having endured the inevitable stresses and conflicts which tend to dissolve partnerships and co-therapy relationships they have a lot to say about the benefits and pitfalls of co-therapy in group practice. Panel members will share their thoughts and experiences about this rich and profitable model. Participants will then be encouraged to share their own experiences and questions about practice structure. Novice to experienced therapists from various disciplines will:

- A. Gain understanding of the role that practicing under a co-therapy model plays in enhancing a long term therapeutic partnership.
- B. Gain understanding of the role personal, individual and group therapy for the therapist plays in enhancing the ability to have a large group practice.
- C. Gain understanding of the importance of a psychological community in guarding against burn-out and malpractice.

Dr. Beu's early training as a Behaviorist, and subsequent training as a clinician with Psychoanalytic, Psychodynamic, Bion Group Process Training and a Post Doctorate in Family Systems Therapy, have enabled her to fill many roles as a private practitioner. She has practiced for 25 years, with her four co-therapists, using a co-therapy model for running singles and couple's groups. She also does intensive adult, long term psychotherapy and clinical supervision at her Washington, DC and Annapolis offices.

Frances Compton, Ph.D., AAP member and psychotherapist has conducted private practice for thirty years in the Washington, DC area. She is an experienced teacher and workshop presenter. Through her 20 plus years of sharing a suite with colleagues Dr. Frankel, Dr. Feldman, and Dr. Beu, the old and the new are richly illuminated in these valuable relationships.

Gary C. Frankel, Ph.D. has worked in private practice in Washington, DC for over 25 years. Dr. Frankel's practice consists of individuals, groups, couple psychotherapy and clinical supervision. Dr. Frankel has conducted numerous workshops for the Academy over the years with an emphasis on the person of the therapist.

Marc Feldman has been a psychotherapist in Washington DC since the late 70s. He works with individuals, couples and groups and is grateful to have fabulous colleagues. Years of focusing on psychic process, human striving and conflict have enhanced Marc's personal well-being.

A short tribute to AAP's late **Jim Guinan**, who had agreed to present at this conference, suggesting the title for his workshop be "Having Fun While Doing Therapy". Jim, we remember your words: "Be personal, be emotional, be now." You are loved and missed.



SATURDAY OFFERINGS: (CONTINUED)

SATURDAY MORNING: (CONTINUED)

#17: NOT JUST YOUR MOTHER'S DIESEL DYKE: NEW DIRECTIONS IN LESBIAN THERAPY

Lorrie Hallman, Ph.D.

(3 CEU's, APA, NBCC; Open) Cultural and personal conceptualizations of lesbian identity have undergone a sea change since the 1950's stereotype of butch and femme. Effective psychotherapy with this diverse minority population must be informed consistently by fresh experience which challenges our outdated beliefs and attitudes about lesbian individuals and couples. This workshop is appropriate for psychologists, social workers, and counselors at all levels of experience and will:

- A. Provide information about recent developments in lesbian self and relationship conceptions.
- B. Stimulate therapists' desire to change old attitudes and expectations regarding the minority group.
- C. Encourage understanding of the range of lesbian experience as it is informed by the cultural shifts of the past six decades and the differential impact of these events as covaried with age, location, and racial and religious identification.

Lorrie Hallman, Ph.D., has been a licensed clinical psychologist practicing in Atlanta, Georgia, for 30 years. With an undergraduate major in English Literature and a graduate degree in Psychology, her interest has long been the relationship between the psyche and the behavior of the individual as expressed in fiction or in reality. Since coming out as a lesbian at 22 years old, she has had the fortunate experience of both learning and teaching in the area of homosexuality in these last decades since Stonewall. Alone or with colleagues, she has presented on many topics such as Coming Out, Homophobia in the Therapist, Internalized Homophobia in the Client, and Couples Therapy with Gay and Lesbian Clients.

#18: PSYCHOTHERAPY & THE MARTIAL ARTS: BRIDGING TRADITIONAL PSYCHOTHERAPY PRINCIPLES WITH MARTIAL ARTS TECHNIQUES

Natan HarPaz, Ph.D., A.C.S.W.

(3 CEU's, APA, NBCC, ASWB, CBBS; Limit 25) When faced with a crisis or an impasse in our personal life or in our work with patients, applying martial arts techniques may be beneficial. Participants will be exposed to martial arts techniques which address problems with focus, grounding, balance, movement, breathing, fear of contact, and other psyche/body issues. (Wear loose-fitting clothing). For physicians in the group, physiological aspects of martial arts and healing will be explained. For psychologists, social workers, and counselors there will be discussion regarding how to take the techniques and learning into the consulting room. This workshop is limited to up to 25 experienced psychotherapists who will:

- A. Learn to assess certain limits of verbal psychotherapy.
- B. Learn to assess some benefits of limited martial arts techniques.
- C. Learn to assess when and when not to incorporate martial arts techniques in on-going therapy.

Dr. Natan HarPaz is a psychotherapist in private practice in Southfield, Michigan. He is a Fellow of the American Group Psychotherapy Association and a past president of the Michigan Group Psychotherapy Society. He is the Dean of the Bar-Levav Educational Association—a post graduate psychotherapy training institute. He has been practicing martial arts for the past nine years and has a Black Belt in Isshinryu Karate. Dr. HarPaz has presented clinical workshops and theoretical papers on psychotherapy nationally and internationally.

#19: HAS THE USE OF TOUCH IN PSYCHOTHERAPY TOTALLY DISAPPEARED?

Carole Light, Ph.D. & Grover E. Criswell, M.Div.

(3 CEU's, APA, NBCC, ASWB, CBBS; Limit 20) Presenters will discuss their experience and training in the use of touch in the '60's, '70's, and early '80's and how they currently utilize the sense of touch. They will invite discussion and sharing about participants' experiences with touch and body awareness in psychotherapy. Recognition of the power of touch and the impact on the therapy process of withholding touch will be noted. The role of ethics and legal constraints will be covered but not emphasized. Some experiential exercises will be used to illustrate the power of touch in a group setting. This workshop is appropriate for social workers, counselors and psychologists at all levels of experience who will:

- A. Learn the different way touch was viewed and utilized in the sixties, seventies and eighties and more recently.
- B. Be allowed to express their concerns about the use or failure to utilize touch in psychotherapy.
- C. Be provided transitional methods of including the body in psychotherapy given the more restrictive ethos about the role of touch in psychotherapy that prevails today.

Dr. Carole Light received her Ph.D. in Clinical Psychology from Teachers College, Columbia University in 1970. Her first experience in private practice was in a group that included Tom Malone and Dick Felder and other practitioners of Experiential Psychotherapy. Her psychotherapy practice was also greatly influenced by training in Gestalt and Bio-energetics, leading her to work in an interpersonal, intensive, integrative style. Dr. Light currently works some in Atlanta, GA, and lives and works in the mountains of North Carolina.

Grover E. Criswell, M.Div. Grover is a pastoral psychotherapist in practice in Dayton, Ohio since 1968. He graduated from Phillips University (B.A.) and Yale University (M.Div.) and has had extensive training in body work and other forms of integrative psychotherapy. He has presented numerous workshops both nationally and internationally. He is Past President of the Academy.

"From the earliest times the old have rubbed it into the young that they are wiser than they, and before the young had discovered what nonsense this was they were old too, and it profited them to carry on the imposture."

W. Somerset Maugham

SATURDAY OFFERINGS: (CONTINUED)

SATURDAY MORNING: (CONTINUED)

#20: INTERGENERATIONAL FEAR AND LONGING: BRIDGES AND CHASMS IN FAMILIES AND OTHER IMPORTANT RELATIONSHIPS

Hallie S. Lovett, Ph.D., Elaine L. Levin, Ph.D., and Cynthia L. Galinski, Ph.D.

(3 CEU's, APA, NBCC; Limit 20) This primarily experiential workshop, led by three women of different generations, will focus on the attraction-fear axis of important familial and friendship relationships. Consider attending with someone of another generation with whom you have an important connection that you wish to understand better or deepen. The workshop is open to men and women of all ages. Physician therapists will be able to take the information from this program back to their work with women in their practices. Diagnostic biases as they apply to women will be addressed. Social workers, counselors and psychologists will address the non-medical aspects of treating women. Some prior group experience may be helpful to participants, but not necessary. Participants will gain:

- A. Increased awareness of core relational patterns, both positive and those more negative or limiting.
- B. Experiential learning of the power of group process to elicit primitive, enduring self-states.
- C. Increased awareness of the potential for growth and healing between individuals from different generations.

Hallie Lovett, Ph.D. is in private practice in Washington, DC where she works with individuals, groups and couples. A long time member of AAP, she is also Assistant Professor of Psychology at The George Washington University in the Clinical Psychology Program and co-founder of the symposium series "The Conversation Between the Arts and Psychotherapy."

Elaine Levin, Ph.D., is a psychologist in private practice in Atlanta and works with individuals, groups and couples. A member of AAP since 1980, she is Professor Emerita, Georgia State University; Fellow, Georgia Psychological Association; and a Diplomate in Counseling Psychology, American Board of Professional Psychology.

Cynthia L. Galinski, Ph.D., is a clinical psychologist in private practice in Falls Church, Virginia. Her work focuses on child/adolescent development, parent-child relationships, and individual therapy with adults.

#21: BRIDGING THE PERSONAL TO THE PROFESSIONAL IN PSYCHOTHERAPY

Robert P. Roney, D.Min.

(3 CEU's, APA, NBCC, ASWB, CBBS, CME; Limit 20) As psychotherapists we all have many facets of our personal lives. There are births, deaths, marriages, divorces, celebrations, accomplishments, failures and traumas. We live in families where parents, children, spouses or partners all impact us in our daily living. Yet, at the same time, we are committed to being present with our patients aiding them along their life experience. It is with this understanding that participants in this workshop will look at the bridge between our personal experiences and the professional demands of our work. We will pay attention to the times when

the drawbridge must be raised, and the occasions when it may be down. Participants will be invited to share from their own experience and learn from each other in a group process format. This workshop is appropriate for physicians and will discuss ways that physicians handle the personal and professional. In addition, social workers, psychologists, and counselor's needs will also be included. Therapists with a diversity of experiences are invited to attend. These are the objectives:

- A. To help participants be aware of personal situations that might impact their work.
- B. To help participants be able to protect their patients from the therapist's personal issues.
- C. To help participants be clear about which issues might be appropriate to share, and which issues are not appropriate to bring in the consulting room.

Robert Roney, D.Min., is a pastoral psychotherapist practicing in suburban Atlanta. In addition to his doctorate from Louisville Presbyterian Seminary, he also holds a Master's in theology from Princeton. Dr. Roney has been in practice for over 18 years, working with individuals, couples, families, and groups. Bob particularly enjoys providing supervision and working in co-therapy with his colleagues at Pathway Center for Psychotherapy. He has also published on the interface between spirituality and psychotherapy.

SATURDAY AFTERNOON:

#22: CROSSING BRIDGES: A PROCESS GROUP

Peggy R. Brooks, Ph.D.

(3 CEU's, APA, NBCC, ASWB, CBBS; Limit 14) How do we cross over a bridge spanning from territory we know into hoped-for but unknown destinations? In what ways have you been able to bridge disparate aspects of your life to reach a new place? What conveyances helped you? In this experiential group, we will focus on these questions, while also using breath and meditation to move into and out of our stories. During the two weeks prior to the workshop, please focus daily on a hoped-for bridge in your life. This workshop is suitable for social workers, counselors and psychologists at all levels of training and aims to:

- A. Create a space wherein we can explore bodily meanings as they relate to the psychotherapy process.
- B. Use breath and meditation to open up new bridges between body memory/process and current awareness/process.
- C. Utilize group process to enhance and support individual work.

Peggy Brooks is a member of AAP, a clinical psychologist and professor at Massachusetts College of Liberal Arts.

American Academy of Psychotherapists - Contact Information

Contact: Nancy Hunt	aapoffice@sbcglobal.net
PO Box 10589	www.aapweb.com
Oakland, CA 94610	(510) 268-1786

"Children have never been very good at listening to their elders, but they have never failed to imitate them."



SATURDAY OFFERINGS: (CONTINUED)

SATURDAY AFTERNOON: (CONTINUED)

#23: EVOLVING WITHIN A RELATIONSHIP

Karen Hammond Brown, M.A. & Ty Brown

(3 CEU's, APA, NBCC; Open) A couple discussing the twists and turns of their partnership. . . how do we evolve to our fullest within the context of a relationship? This workshop is appropriate for psychologists, social workers, and counselors at all levels of experience who will:

- Explore the intricacies of relationship and the impact of professional lives on our primary relationships.
- Focus on the importance of the therapeutic concept of each person within the relationship evolving to their fullest.
- Have opportunities to practice these skills within the context of this workshop.

Karen is an experiential/expressive arts therapist in private practice teaching as adjunct faculty at Appalachian State University, Boone, NC. She has an MA in Counseling from Appalachian State University and CAGS in Gestalt Therapy, Expressive Arts.

Ty publishes a magazine and is a fine art photographer. He has a BS in Journalism, Kansas University. He and Karen Hammond Brown have been married for 23 years and have three young adult children.

#24: EXPERIENTIAL PSYCHOTHERAPY: NOW AND THEN, AND BACK AGAIN

Richard E. Felder, MD & Avrum Geurin Weiss, Ph.D.

(3 CEU's, , APA, NBCC, ASWB, CBBS, CME; Open) Experiential Psychotherapy is best known for its ground-breaking work on the therapist's use of self. More recently, the foundational role of experience in the process of change has emerged. Like most "new" developments, this focus on the role of experience is actually a return to the original roots of experiential psychotherapy. This workshop is appropriate for physicians, psychologists, social workers, and counselors at all levels of experience beyond the novice who will:

- Become thoroughly familiar with the use of the self in psychotherapy and of its effectiveness.
- Understand the foundational role of experience as the powerful phenomenon in the process of change in psychotherapy.
- Participate in an exercise using the self and evaluating experience in psychotherapy.

Richard Felder, AB, MD, FACP is one of the founders of Experiential Psychotherapy and the Atlanta Psychiatric Clinic where he practiced psychotherapy with Carl Whitaker, Tom Malone, John Warkentin and others for 50 years. He is well known for his work on the use of the self in psychotherapy. His practice is now limited to supervision and consultation of psychotherapy in Atlanta, Georgia.

*Avrum Geurin Weiss, Ph.D., is a psychotherapist in private practice in Atlanta, GA. He is the director of the Pine River Psychotherapy Training Institute. Dr. Weiss's work the past few years has focused on understanding the process and experience of change in psychotherapy. Dr. Weiss and Dr. Richard Felder are the co-authors of **Experiential Psychotherapy: A Symphony of Selves.***

#25: ETHICAL CHALLENGES FOR THERAPISTS OF GAYS AND LESBIANS

Lorrie Hallman, Ph.D.

(3 CEU's, APA, NBCC; Open) This workshop will offer both new and seasoned therapists the opportunity to explore their current understanding of the ethical codes regarding the treatment of people of diverse sexual orientations. We will discuss issues of homophobia, heterosexism, shame, titillation, avoidance and complacency in the psychotherapist. This workshop is appropriate for psychologists, social workers, and counselors at all levels of experience and will:

- Provide information about treating persons of diverse sexual orientation as written in the current Code of Ethics of the American Psychological Association and in feminist ethics.
- Increase competence in the ethical treatment of gay and lesbian clients.
- Heighten participants' awareness of any discomfort regarding these clients and assist in formulating a plan to alleviate negative symptoms.

Lorrie Hallman, Ph.D., has been a licensed clinical psychologist practicing in Atlanta, Georgia, for 30 years. With an undergraduate major in English Literature and a graduate degree in Psychology, her interest has long been the relationship between the psyche and the behavior of the individual as expressed in fiction or in reality. Since coming out as a lesbian at 22 years old, she has had the fortunate experience of both learning and teaching in the area of homosexuality in these last decades since Stonewall. Alone or with colleagues, she has presented on many topics such as Coming Out, Homophobia in the Therapist, Internalized Homophobia in the Client, and Couples Therapy with Gay and Lesbian Clients.

#26: BRIDGE OVER TROUBLED WATER: MAKING SUCCESSFUL CONNECTIONS WITH NEW PATIENTS

Lyn Sommer, Ph.D.

(3 CEU's, APA, NBCC, ASWB, CBBS, CME; Limit 15) Patients enter therapy with anticipatory hope and dread about being understood and helped. Therapists' training in conducting initial diagnostic interviewing and history taking sometimes thwarts our efforts to successfully engage with patients. Here we will focus on the initial encounters with each other to discern the valuable elements of connecting with new patients. Diagnostic information will be appropriate for physicians as well as social workers, counselors and psychologists. This presentation is appropriate for all levels of therapists who will:

- Learn the importance of allowing patients to tell their story, or a meaningful part of their story, in the initial session without interruption.
- Learn ways of communicating accurate empathy and attunement to the individual's particular struggle and suffering.
- Learn the relative importance of the authentic empathy in establishing a therapeutic relationship through a role-play component.

Lyn Sommer has been a licensed clinical psychologist for twenty years, most recently working with couples, groups, adolescents, and other challenging populations in her Westport Connecticut office. She has taught group leadership courses at Georgia State University and participated for decades in peer supervision groups in AAP and her community.

CONTINUING EDUCATION

The purpose of the American Academy of Psychotherapists is

- To enhance the person of the psychotherapist.
- To challenge the experienced psychotherapist to professional excellence.
- To explore the relationship of person and process to psychotherapy.

Unless otherwise stated in the course description, presenters at this event have signed a statement indicating that they do not have any significant financial relationship which might be perceived as creating a conflict of interest; that they are not discussing any unapproved/investigative use of a commercial product; and that they do not have any significant financial relationship that could be perceived as creating a conflict of interest related to their respective presentations. Workshop presenters at this I&C have agreed that their presentation is intended solely for the advanced training of psychotherapist participants. Presenters have agreed to present without promoting, advertising, or soliciting any training for profit or other personal gain, or for the promotion of an institution with which the presenter is affiliated. Presenters have agreed that the material which they are presenting reflects subject matter described in this brochure and that material being presented in workshops is considered to be within the parameters of standard professional practice, ethical guidelines and good patient care consistent with the mandates of their respective professional disciplines.

American Psychological Association (APA) This program is co-sponsored by the American College of Forensic Examiners International (ACFEI, American Psychotherapy Association) and the American Academy of Psychotherapists. The American College of Forensic Examiners International is approved by APA to offer continuing education for psychologists. The American College of Forensic Examiners maintains responsibility for the program. ACFEI maintains its continuing education accreditations according to the applicable standards and policies. ACFEI also retains all records regarding continuing education granted through this conference.

National Board of Certified Counselors (NBCC) The American College of Forensic Examiners International is recognized by NBCC to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Board of Education Guidelines. A maximum of 2.2 CEUs are available. (1 CEU = 10 contact hours.)

Association of Social Work Boards (ASWB) The American College of Forensic Examiners International, Provider #1052 is approved as a provider for social work continuing education by AWSB www.aswb.org, phone: 1-800-225-6880, through the Approved Continuing Education (ACE) program. The ACFEI maintains responsibility for the program. Licensed social workers should contact their individual board to review continuing education requirements for licensure renewal. Social workers will receive up to 17 continuing education clock hours in participating in this course.

Accreditation Council for Continuing Medical Education (CME) This activity has been planned and implemented in accordance with the Essential Areas and Policies of CME through the joint sponsorship of the ACFEI and AAP. The ACFEI is accredited by CME to provide continuing medical education for physicians. The ACFEI designates this educational activity for a maximum of 17 hour(s) in category 1 credit towards the AMA Physicians Recognition Award. Each physician should claim only the number of hours he or she actually spent in the activity.

The American College of Forensic Examiners International is an approved provider of the **National Association of Addiction Counselors**, provider #328. This conference meets the qualifications for up to 18 hours of continuing education credits.

The American College of Forensic Examiners International is an approved provider of the **California Board of Behavioral Sciences**, approval PCE 1896. This conference meets the qualifications for up to 18 hours of continuing education credits for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.

** participants already enrolled in a training workshop can receive up to 21 CE's

Full attendance at each program is required to receive CEU credit; partial credits will not be allowed. All participants will be required to sign in and out of each program in order to receive CEU credits.

AMERICAN ACADEMY OF PSYCHOTHERAPISTS

2005 AAP EXECUTIVE COUNCIL

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Jack Mulgrew, Ph.D.

Lyn Sommer, Ph.D.

Rhona Engels, MSW, CSW, ACSW

Roy Clymer, Ph.D.

Bob Witchel, Ed.D.

Susan Jacobson, LCSW-C

Sherry Sabo, Ph.D.

Marilyn Schwartz, Ph.D.

"Grow old along with me!

The best is yet to be,

The last of life,

For which the first was made."

Robert Browning

I&C COMMITTEE

Jenny Savitz-Smith, Ph.D.
Conference Co-Chair, Banquets, Activities

Ruth Witters-Green, Ph.D.
Conference Co-Chair, Brochure & Artwork, Opening Experience

Karen Smith, Ph.D.
Program Chair, Continuing Education

Elizabeth Echeverria, M.A.
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Matthew Burgess Leary, Ph.D.
Publicity, Newcomers

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Grace Roig, M.A., NCC
Band, Volunteers

Brooke D. Sitzmann-McLoughlin, M.A.
Registration, Volunteers

Phil Guinsburg, Ph.D.
AAP President, Consultant to Committee

Nancy Hunt, M.A.
Consultant to Committee

Sharon Bernstein, LCSW
Consultant to Committee

Gordon Cohen, Psy.D.
Consultant to Committee

MEETING POLICIES

- Registration for workshops with limited places will be done on a first come, first served basis. Please make 2nd and 3rd choices on your registration form.
- Workshops will start on time and latecomers may be refused entry.
- Workshops are smoke free and may not be recorded by participants.
- Confidentiality regarding personal material is expected from everyone.

Your observance of these policies helps us create the most productive experience for all participants. Thank you.

"Now this is not the end. It is not even the beginning of the end. But it is perhaps, the end of the beginning."

Winston Churchill

BRIDGING THE OLD AND NEW IN PSYCHOTHERAPY

CONFERENCE REGISTRATION: INSTITUTE & CONFERENCE, NOVEMBER 9-13, 2005

(PLEASE PRINT CLEARLY - this form must be sent to AAP and not to the hotel)

First Name _____ Last Name _____ Degree _____

Address _____

City _____ State _____ Zip _____

Email _____ Phone (work) _____ (home) _____ (fax) _____

Pre-registration: Processed until 10/24/05 **On-site registration:** At the Four Seasons for those who want to register after 10/24/05.

All registrations except Single Day include Wednesday Night Banquet and Breakfast Daily

Members:

___ \$375 Regular Registration pre 10/24/05

Discount: For bringing someone who has never attended an AAP national or regional conference, a \$75 rebate will be given, post-conference, to the first 16 members who refer someone who attends. One rebate per member/new person. Write name of person invited: _____

Non-members:

___ \$395 Regular Registration pre 10/24/05

Who referred you to this conference? If applicable, please write the name of AAP person who invited you: _____

Students:

___ \$175 Student Registration (please enclose copy of student ID)

Single Day(s) Registration (for non-AAP members only)

___ \$150 per day, Regular Registration *Circle day(s)* Thursday Friday Saturday

___ \$75 per day, Student (enclose copy of student ID) *Circle day(s)* Thursday Friday Saturday

Optional Fees

___ \$40 Optional CEU Processing Fee (for course accreditation)

___ \$65 Optional Saturday Night Dinner Dance

TOTAL FEE: _____

Payment in full must accompany this form (please indicated check or credit card)

___ Check Enclosed (payable to **AAP 2005 I&C**; IF POSSIBLE PLEASE PAY BY CHECK TO SAVE FEES)

Credit Card: ___ VISA ___ MasterCard ___ American Express

Credit Card ----- Exp Date -- / -- Signature _____

YOUR GROUP/WORKSHOP SELECTIONS

Please indicate your 1st, 2nd, and 3rd choices by writing the workshop number in the space provided. For multi-session workshops, repeat the workshop number in the appropriate spaces. We will do our best to accommodate your top choices:

Thursday morning 1st _____ 2nd _____ 3rd _____

Thursday afternoon 1st _____ 2nd _____ 3rd _____

Friday morning 1st _____ 2nd _____ 3rd _____

Friday afternoon 1st _____ 2nd _____ 3rd _____

Saturday morning 1st _____ 2nd _____ 3rd _____

Saturday afternoon 1st _____ 2nd _____ 3rd _____

To Mail: Enclose this I&C Registration form and mail by **10/24/05**

with payment to:

AAP I&C 2005,
Attn: Nancy Hunt
PO Box 10589
Oakland, CA 94610

Telephone:
(510) 268-1786

To Fax: Pay by credit card and fax to: 510-268-1787

To email: Pay by credit card and send to:

aapoffice@sbcglobal.net

A \$75.00 fee will be charged for cancellation. There will be no refunds after 10/24/05.

**FOUR SEASONS HOTEL REGISTRATION: INSTITUTE & CONFERENCE, TORONTO
(PLEASE PRINT CLEARLY - THIS FORM MUST BE SENT TO THE HOTEL AND NOT TO AAP)**

The Four Seasons Hotel, Toronto, phone: (800) 819-5053 , fax: 461-964-2301

21 Avenue Rd. Toronto, Ontario, Canada, M5R 2G1

<http://www.fourseasons.com/toronto/>

Group Rate Per Night*

Run of House Rooms []

Four Seasons Executive Suites** []

Rate: \$142 USD (\$199.00 CDN)

Rate: \$214 USD (\$299 CDN)

* Rates are based on double occupancy.

** Maximum Three People per room. There is a \$30.00 charge for an additional guest per room.

Dates Required :

Check-in _____ Check-out _____

Name _____

Address _____

City _____ Province/State _____ Zip / Postal Code _____

Special Requests: _____

Sharing With _____

Please do not send cash. Please make Cheque or Money Order Payable to :

Four Seasons Hotel Toronto

PLEASE NOTE:

- * Reservations are required by the cut-off date of: **October 7, 2005**
After this date, rooms are subject to availability.
- * Should a room not be available at the rate requested, the next available rate will be assigned
- * Check-in time: 3:00 p.m. Check-out time: 12:00 p.m.
- * To guarantee a reservation, please enclose one of the following:
First Night's Deposit or Major Credit Card Number

Credit Card Number

Exp Date

Signature _____

Date _____

The American Academy of Psychotherapists: Our Mission

The American Academy of Psychotherapists was founded in 1954 by a group of pioneering psychotherapists who sought a meeting ground for practitioners from different disciplines where live experience and demonstrations of psychotherapy would help to create open discourse. Out of the same spirit came the 1957 training film, *Gloria*, in which three distinguished psychotherapists – Carl Rogers, Albert Ellis, and Fritz Perls – documented first sessions with the same patient in order to show their different approaches. Not coincidentally, all three were members of the American Academy of Psychotherapists, as were, through the years, other well-known members of our profession such as Virginia Satir, Carl Whitaker, Henry Guze, Rollo May, Irving and Miriam Polster, Bob and Mary Goulding, Jim Bugental, and Sheldon Kopp.

The Academy remains committed to an exchange of ideas among psychotherapists, in an atmosphere which values the phenomenological and experiential as well as the distilled descriptions, research and analyses which are more commonly offered at professional meetings. Our goal is to make room for both kinds of learning.

Since 1895, when Freud first realized that the analyst's emotional process played a role in analysis, our profession has needed to find ways to focus on the person of the psychotherapist; that is the mission of the Academy. In the service of this mission, AAP has two yearly meetings – the Fall Institute and Conference, open to any interested professionals, and the Summer Workshop, for members only. At both meetings, we offer approved CE workshops and cross-disciplinary training experiences, as well as access to a dedicated community of professionals.

We invite you to attend AAP's 51st Institute and Conference, in Toronto, and to sample our rich and varied program offerings.

AMERICAN ACADEMY OF PSYCHOTHERAPISTS

PO Box 10589
Oakland, CA 94610



Telephone: Nancy Hunt: (510) 268-1786

Fax: (510) 268-1787

www.aapweb.com