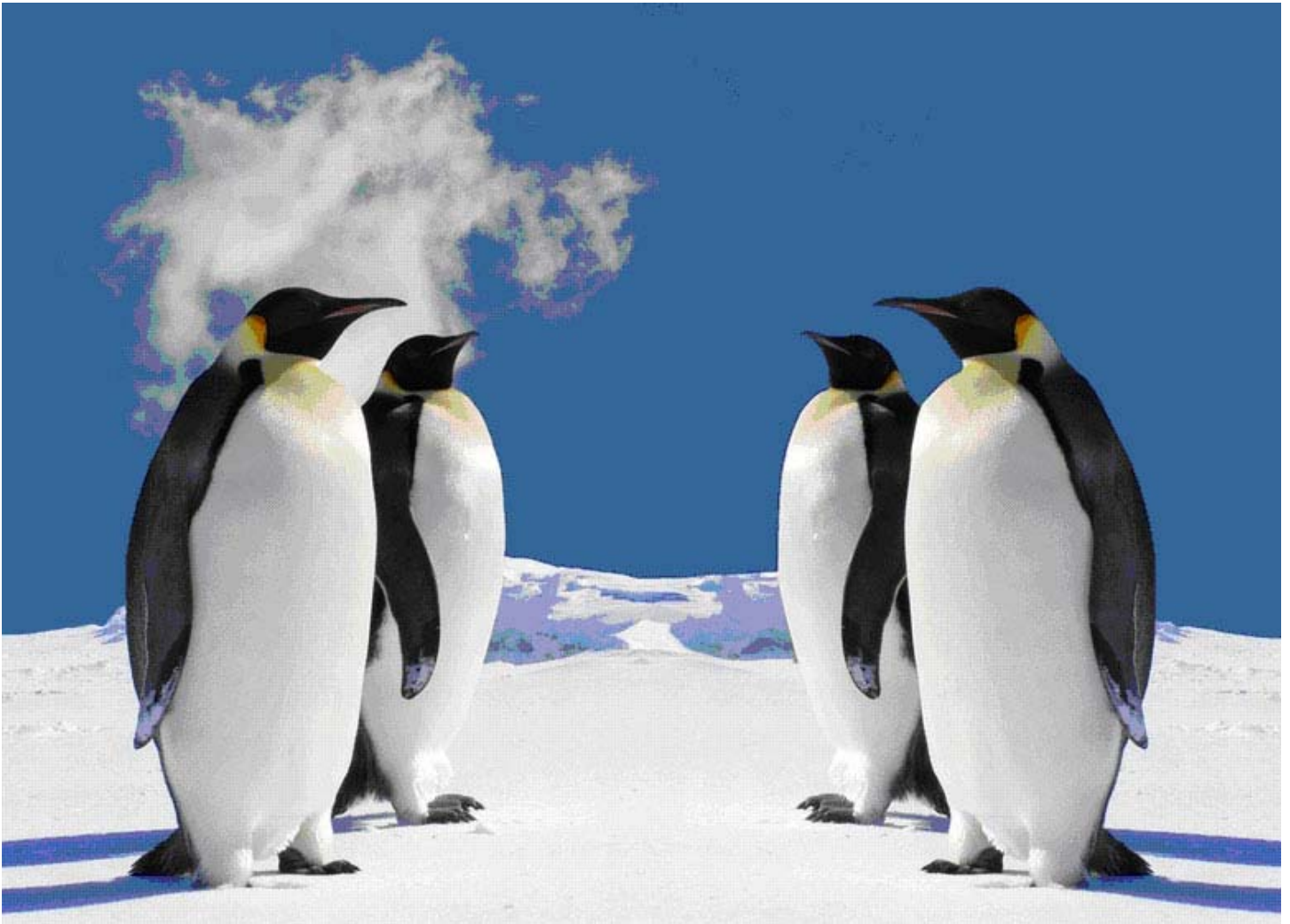


# *Discrimination: Inclusion and Exclusion*



*2007 Summer Workshop*

*June 20 - 24*

*Callaway Gardens,  
Pine Mountain, GA*



# *Discrimination: Inclusion/Exclusion*

*Callaway Gardens, Pine Mountain, GA June 20-24, 2007*

When I was a preschooler, I visited my cousins in the neighboring town of Akron. We played a game of shouting names at a little African-American girl. I had never seen an African-American. I was confused but wanted to be accepted by my cousins, so I played. Acceptable because I was a child? Maybe. But how many more times during my/our lives have we made conscious decisions to exclude another on the basis of class, ethnicity, gender, race, or sexual orientation? What consequence is there to us and to the Other?

Our beloved Alex Redmountain suggested that we be less judgmental and more curious. But, how do we move beyond the edicts of our childhood training? How do we make the unconscious conscious? What encourages us to open our minds to new options and surprises? What are our fears in stepping into the shoes of the Other?

We've also been on the receiving end of exclusion. We've stood with our faces pressed against the glass, hoping to be included in a party, church, job, club, or group. We've experienced the fear of going out in public, knowing that we may be harmed emotionally and/or physically. How many times do we knock at the door and are turned away? How do we maintain our resilience in the face of disgust, of hatred?

At this Summer Workshop, you will have many opportunities to explore these questions and more. As you peruse this brochure, you will notice many workshops that will help you explore your personal issues of inclusion and exclusion. You will also notice film summaries ([www.hkflix.com](http://www.hkflix.com)) that may help open you to your conscious and unconscious issues of discrimination. It is our hope that you come away with new insights and useful information about yourself and the Other, that you will be an instrument for building bridges instead of walls.

Sharman Colosetti, Chairwoman, Summer Workshop 2007

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## **Your Summer Workshop 2007 Committee**

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Sharman Colosetti, Chairwoman	Rosa Ashe, Transportation
Kirven Weekley, Program Chair	Z Rosenzweig/Barbara Nama, Hospitality Suite
Anna Williams, Registration and Room Assignments	Jim Bird, Treasurer
Nancy Cahir, Continuing Education	Jerri Bonner, Activities & Recreation
Pat Coyle, Brochure & Signage	Nick Kirsch, Newcomers Group
Debora Steenson, Management Concepts	Mary Condon, Helms Briscoe, Contract Negotiation

## **AAP Mission Statement**

*The purpose of the American Academy of Psychotherapists is:*

- To enhance the person of the psychotherapist.
- To challenge the experienced psychotherapist to professional excellence.
- To explore the relationship of person and process to psychotherapy

## THE SITE

### Callaway Gardens

Callaway Gardens is the centerpiece of 13,000 acres nestled in the southernmost foothills of the Appalachians. Founder Cason Jewell Callaway longed for a place where man and nature could abide together for the good of both, and now, more than half a century later, his retreat continues to offer solace, inspiration and discovery for all who come here. The natural woodlands and shimmering lakes accented by wildlife and plants set the tone for a quiet experience to relax and inspire you, and at the same time, provide a stunning background for a wonderful AAP experience. AAP has reserved a block of rooms, which will include a roof top garden suite for our AAP southern hospitality gatherings. Our room rates include admission to Callaway Gardens, use of the Resort Fitness Center and admission to Robin Lake Beach.

Callaway Gardens has a new luxurious spa. They offer a variety of services from head to toe. This facility features such amenities as a fully equipped exercise, weight & cardiovascular studio, sauna, steam, and relaxation lounges. For spa appointments, call 1-800-CALLAWAY (225-5292).

Check out Callaway's web site at [www.callawaygardens.com](http://www.callawaygardens.com) or call 1-800-CALLAWAY (225-5292) for more information or reservations.

Cover Photograph:  
"Penguins"  
By Jan Martin Will

## SCHEDULE AT A GLANCE

### Wednesday, June 20th

12:00 pm	Hospitality Suite Opens
9:00 - 4:00 pm	Enjoy Callaway Gardens
1:00 - 6:00 pm	Registration
2:00 - 5:15 pm	Pre Conference Workshops: 1) T1 -Fogel/Pomerence, 2) Red Cross Defibrillation
5:30 - 6:30 pm	Newcomers' Reception & Social Gathering
6:30 - 8:30 pm	Dinner
8:30 - 10:00 pm	Opening Experience
10:00 pm - on	New Members Process Group Grouping, Free time

### Thursday, June 21st

7:00 - 9:00 am	Breakfast
8:00 - 8:30 am	Morning Meditation/Qi Gong
9:00 - 12:15 pm	Workshops & Training Groups
12:15 - 1:30 pm	Lunch & Art Table opens
1:30 - 3:00 pm	Community Meeting
3:00 - 6:30 pm	Free time or grouping
6:30 - 8:00 pm	Dinner
8:00 - on	Free time

### Friday, June 22nd

7:00 - 9:00 am	Breakfast
8:00 - 8:30 am	Morning Meditation/Qi Gong
9:00 - 12:15 pm	Workshops & Training Group
12:15 - 1:30 pm	Lunch/12 Step Meeting
1:30 - 2:30 pm	Business meeting
2:30 - 3:30 pm	Community meeting
3:30 - 6:30 pm	Free time or grouping
6:30 - 8:00 pm	Dinner
8:30 - 10:00 pm	Sing Along, bring instruments

### Saturday, June 23rd

7:00 - 9:00 am	Breakfast
8:00 - 8:30 am	Morning Meditation/Qi Gong
9:00 - 12:15 pm	Workshops & Training Group
12:00 - 1:30 pm	Lunch
1:30 - 3:00 pm	Community meeting
	Tennis mixed doubles
3:00 - 6:00 pm	Free time or grouping
5:30 - 6:30 pm	C.E. Form Return, Arts and Crafts table closes
7:00 - 8:30 pm	Dinner
8:30 - 12:00 am	Dance

### Sunday, June 24th

6:30 - 8:00 am	Breakfast
8:00 - 9:30 am	Closing

\* Hospitality Suite will be open 24 hours

# **THE AAP 2007 SUMMER WORKSHOP PROGRAM**

## **TWO-DAY TRAINING INSTITUTES**

T1. Lenore Pomerance/David Fogel (Wednesday 2-5:15 pm and Thursday 9-12:15 pm, over two summers)

T2. Murray Scher (Friday and Saturday Closed)

## **WEDNESDAY JUNE 20th , 2-5:15 pm**

### **RED CROSS AND DEFIBRILLATOR TRAINING**

Learn how to recognize and care for breathing and cardiac emergencies until advanced medical personnel arrive. (*extra cost \$55.00, no CE*)

### **T1a. SEXUAL DESIRE – IS THERE SUCH A THING AS NORMAL?**

Join us as we delve into the complex, emotionally charged and medically misunderstood world of sexual desire. Is there such a thing as normal or abnormal desire? Is desire different physiologically or emotionally for men and women? We will explore the emotional, biological, psychotherapeutic, and political “ins and outs” of this exciting, frequently avoided part of our practices and our lives. (*6 hr. Training Group, waiting list availability only*)

#### **Learning Objectives:**

1. Compare therapeutic approaches to desire-related sexual problems.
2. Examine the current medical, psychological and social definitions of normal sexual desire.
3. Examine the clinical relevance of current DSM-IV designations of sexual desire disorders.

*David Fogel, M.D.*, is a graduate of George Washington University, School of Medicine. His practice integrates bodywork into a long-term psychotherapy model. He is Director of The Fogel Foundation’s Human Sexuality Division and has a private practice in Bethesda, MD.

*Lenore M. Pomerance, M.S.W.*, a graduate of the University of California, Berkeley, and Catholic University School of Social Work, has been a Menopause Educator through North American Menopause Society. She wrote the sexuality chapter for *Our Bodies, Ourselves: Menopause* (October 2006) and specializes in menopause, sexuality and mid-life issues. She has a private practice in Washington, D.C.

## **THURSDAY JUNE 21st , 2-DAY WORKSHOPS**

*T1b. David Fogel, and Lenore M. Pomerance, (continued from Wednesday)*

### **1a. THE COALITIONAL ENFORCEMENT HYPOTHESIS: THE PRE-HISTORIC ORIGIN OF INCLUSION/EXCLUSION?**

I will present a theory which states that human uniqueness (thought, language, etc.) is a consequence of our ability to kill cheaters. We will see how this produced our anatomy, as well as behaviors that we consider uniquely human, such as altruism, war and discrimination. Not for the intellectually faint of heart! (*6 hrs., no limit, 2 days-Thursday and Friday*)

## **THURSDAY, 2-DAY WORKSHOPS continued**

### ***Learning Objectives:***

1. Describe the biological bar to the development of intra-species cooperation.
2. Demonstrate that non-kin altruism is a consequence of the ability to kill at a distance.
3. Trace the bio-behavioral consequences of this process on human grouping.

**Roy Clymer, Ph.D.**, graduated from the U.S. Naval Academy and received an M.S.W. from the University of Maryland, School of Social Work. He has a Ph.D. in Medical Psychology from the Uniformed Services University of Health Services. He is a licensed Psychologist in Maryland and directs two programs at Walter Reed Army Medical Center that treat service members suffering from medically unexplained physical symptoms or PTSD as a result of combat exposure.

### **2a. A FOCUS ON INCLUSION/EXCLUSION: A PROCESS GROUP**

This workshop will explore the themes of inclusion/exclusion theoretically, didactically and experientially in a group process setting. Participants in this workshop will be encouraged to address intrapsychic experiences relating to inclusion/exclusion within the peer-group process setting. The workshop will conclude with a dialogue of the group interaction, particularly in terms of didactic versus process issues. **(6hrs., limit 15, 2 days-Thursday and Friday)**

### ***Learning Objectives:***

1. Explore the usefulness of dialogue to address intrapsychic thoughts and feelings.
2. Describe the value of being able to consciously join and separate from interpersonal issues that develop within this group experience.
3. Describe the usefulness of a focus on the dance of inclusion/exclusion within this community of peers.

**Jack P. Mulgrew, Ph.D., ABPP, CGP**, is a professor in the Marriage and Family Therapy Program at Appalachian State University. He has been conducting experiential psychotherapy workshops for professionals for the last 30+ years.

**Adam Klein, Ph.D.**, is in full-time private practice and splits his time between his offices in Bethesda and Annapolis. He works with adults, couples, families and groups.

### **3a. THE GAY PERSONA IN CINEMA: AN EVOLVING PORTRAYAL OF DISCRIMINATION/HOMOPHOBIA.**

A 100-year film retrospective of the portrayal of homosexuals reflects the changing attitudes of Hollywood and gay people's sense of themselves. The closet mentality, invisibility, fear and loathing of the homosexual and the contribution of these to societal discrimination and homophobia will be explored. Participants are asked to view a contemporary film a month prior to the conference. **(6 hrs., limit 18, 2 days-Thursday and Friday)**

### ***Learning Objectives:***

1. Describe the societal shift in the treatment of gay men and lesbians.
2. Compare discrimination/homophobia with racism, sexism and anti-Semitism as expressed in film and personally.
3. Define closet mentality, invisibility and fear/loathing of gay people and issues of disenfranchisement and disempowerment.

**Gordon Cohen, Ph.D.**, is a Clinical Psychologist whose practice is located in Washington DC. He is the co-director of the Affirmative Psychotherapy Group, which specializes in working with gay men and lesbians.

## **THURSDAY, 2-DAY WORKSHOPS continued**

### **4a. TAKING IN AND GIVING OUT: THERAPEUTIC GROUP PROCESS**

Our capacity as therapists to give is intimately connected with our understanding of the process of taking in from others. Psychotherapists are professional givers and, frequently, reflexively defend against and limit what is offered from others. This process group will challenge participants to get as good as they give, moment to moment.

**(6hrs., limit 18, 2 days-Thursday and Friday)**

#### **Learning Objectives:**

1. Examine defensive and self-limiting responses to therapeutic process.
2. Explore personal tolerances and capacities for giving, as well as receiving, accurate empathy.
3. Demonstrate how to move outside of dependency on a leader in the context of a group and into the more powerful participatory, reparative, emotional realm of group level exchange

**Lyn Sommer, Ph.D.**, graduated from Georgia State University where group process and experiential psychotherapy were emphasized. Over the past two decades, she has conducted therapy groups as primary modes of treatment. She currently enjoys leading four therapy groups in her private practice in Westport, CT.

### **5a. BELONGING AND NOT: EXPERIENCES AND PERSONAL CHOICES**

In this process group, we will utilize the personal sharing of group members and the 'here and now' experience in the group to explore the issues of belonging, exclusion, inclusion and discrimination that we carry within us and the ways these issues play out in our professional and personal lives.

**(6hrs., limit 15, 2 days-Thursday and Friday)**

#### **Learning Objectives:**

1. Identify personal character issues related to the topics of discrimination, inclusion and exclusion.
2. Identify relationship issues that occur in a group that arise around the topics of discrimination, inclusion and exclusion.
3. Identify how personal character and relationship issues associated with the topics of discrimination, inclusion and exclusion may affect one's work as a psychotherapist.

**Douglas L. Cohen, Ph.D.**, provides couples, group, and individual psychotherapy for adults. He has been practicing for over 20 years as a licensed Psychologist in Washington, DC. and holds degrees from Dartmouth College, Marquette University and Temple University. He has presented workshops previously on Passionate Sex, Parenting, Marriage, Men's Issues, Deafness, and Coaching Boys.

### **THE GIRLIE BAR**

**A Chinese widower forces his three beautiful daughters to work in his seedy bar and do what they are told no matter what.**

## **THURSDAY MORNING WORKSHOPS**

### **6. WHAT WILL YOU DO WITH YOUR OWN WILD AND PRECIOUS LIFE?**

In this theme-focused process group, we will focus on discriminating between merely growing older and growing, as we get older. How do we move toward generativity and ego integrity versus stagnation and despair (Erik Erikson)? What does the world offer/impose? What do we choose to include in or exclude from our own lives? **(3 hrs., no limit)**

#### ***Learning Objectives:***

1. Contrast the difference between growing older and growing as we get older.
2. Define the differences between "generativity and ego integrity" and "stagnation and despair."
3. Describe what we include and exclude from our lives.

**Penelope Penland, Ed.D.**, a 30-year AAP member, holds a doctorate in Counseling Psychology from Boston University, practices as a workshop leader, collaborative divorce coach and psychotherapist in Santa Fe, NM. Dr. Penland offers innovative approaches to complex problems, creative options in relationships, and ethical guidelines for conflict resolution.

### **A FOND KISS**

**Casim's devout Muslim parents plan for him to marry his cousin. But their plans go awry when Casim falls in love with Roisin, a white, Catholic girl**

### **7. TURNING FROM DISCRIMINATION AND EXCLUSION TO ACCEPTANCE AND INCLUSION.**

Issues of the many multi-cultural differences that enter our consultation room daily will be experienced through a cross-cultural simulation. Attendees will confront stereotypes that are exclusionary and explore ways to react to cultural differences that are inclusive and affirming. The debriefing discussion will identify implications for psychotherapeutic treatment with a diverse population. **(3hrs., limit 48)**

#### ***Learning Objectives:***

1. Discuss the role of cultural assumptions in group interactions.
2. Explore personal judgments about unfamiliar groups.
3. Process ways of resolving differences.

**Robert G. Rosenblatt, Ph.D.**, has been providing Humanistic-Existential psychotherapy in Washington, DC for over 25 years. He received his doctorate from the University of Southern California in 1983. In addition, he has been offering practice management consultation seminars in Washington, DC, and Atlanta, GA, as well as AAP for over 15 years.

**Rosa McDaniel Ashe, Ph.D.**, is in private practice at, and is a founding partner of, the Pathway Center for Psychotherapy in Norcross, GA. She completed her undergraduate studies at Spelman College in Atlanta and received her Ph.D. from Clark Atlanta University. She provides individual, couple, group and family therapy.

**Lorrie Hallman, Ph.D.**, has practiced depth psychotherapy with a diverse population for over 32 years. As an open lesbian, she has presented workshops to community mental health groups and experienced private practitioners on such issues as homophobia, lesbian and gay couples' therapy, and professional ethics with lesbian, gay and transgender patients.

## **THURSDAY MORNING WORKSHOPS continued**

### **8. THE CHRONICALLY HOMELESS: PEOPLE WHO ARE INCLUDED AND PUSHED AWAY AT THE SAME TIME**

This workshop will explore different issues about getting to know and treating chronically homeless men. Participants will develop awareness of their feelings about homeless people and discuss crucial issues we have encountered in our work with chronically homeless men and brainstorm about what will work to improve treatment, aftercare and housing.

**(3 hrs., limit 30)**

#### ***Learning Objectives:***

1. Discuss personal feelings about chronically homeless people.
2. Identify obstacles to treating the chronically homeless population.
3. Describe what works for treating chronically homeless men.

**Philip Guinsburg, Ph.D.**, has been doing psychotherapy for 34 years. He is currently Past President of AAP. He and Toby Abrams have been practicing together on and off since 1974. They currently are working under a grant from the Barrett-Bateman Foundation to explore new ways to treat alcoholism.

**Toby Abrams, M.A.**, began practicing psychotherapy in 1974. She currently works privately with individuals and couples. For the past three years, Toby Abrams and Phil Guinsburg have worked together at the Campus for Human Development exploring new ways to treat alcohol and drug addiction. Weekly they conduct individual therapy and several therapy groups.

#### **BORN TO LIVE**

**17-year-old Chan, afflicted with a severe facial swelling, is called "Elephant Man."  
25-year-old Lee's extremely brittle bones earned him the nickname of  
"Glass Bones Man." Constantly at the hospital, the pair shares a bond of friendship.**

### **9. INSIDE THE CIRCLE, OUTSIDE THE CIRCLE: A PROCESS GROUP**

This workshop will explore the phenomenology of inclusion and exclusion as experienced in a process group. Participants are invited to bring stories about their experiences of being excluded or included throughout their lives. The group will include a fishbowl experience offering the opportunity to be on the inside or outside and to experiment with what happens.

**(3 hrs., limit 15)**

#### ***Learning Objectives:***

1. Discuss the phenomenology of exclusion and inclusion in the group process.
2. Describe the use of the fishbowl in group therapy.
3. Describe the experience of interpersonal and intrapersonal dynamics in group therapy

**Stephanie Ezust, Ph.D.**, received her Ph.D. from Georgia State University and has practiced psychotherapy for 30 years. She is in private practice in Decatur, GA and works with adults, individuals, couples and groups. She has been a member of the Academy for 10 years and is currently the Chair of the Southern Region.

## **THURSDAY MORNING WORKSHOPS continued**

### **10. STIGMA: THE GATEWAY TO INCLUSION**

To “stigmatize” means to “place a mark.” Yet, stigma is a dynamic, not a static phenomenon that occurs between people. The driving force of stigma is anxiety. This workshop will be a process group in which we will explore the effect of stigma in our lives. We will explore the difference between the words stigma, discernment, discrimination and prejudice. *(3 hrs., limit 30)*

#### ***Learning Objectives:***

1. Explore the effect of stigma in our lives.
2. Define the difference between stigma, discernment, discrimination and prejudice.
3. Describe how stigma leads to inclusion or promotes exclusion.

**Steven A. Ingram, D. Min., P.C.C.**, is a Pastoral Psychotherapist in Dayton, Ohio. His primary training has been in Experiential Psychotherapy, Self-psychology and Object Relations. He is a Professional Clinical Counselor and Licensed Social Worker in the state of Ohio and is an adjunct faculty member at the University of Dayton and United Theological Seminary in Dayton. He works mainly with individuals and couples.

### **11. THE INS AND OUTS OF FEMINIST/RELATIONAL ETHICS IN PSYCHOTHERAPY**

During this theme-centered group, participants will learn about feminist/relational theories as they apply to ethics and psychotherapy. Members will be challenged to explore feelings about the content of these theories and share experiences in both personal and professional settings. Particular focus will be on the immediate experience of members within the group, authenticity and group process. *(3 hrs., limit 18)*

#### ***Learning Objectives:***

1. Identify therapists' ethical struggles in terms of feminist/relational theories.
2. Examine the challenges we face as we strive toward an ideal of ethical behavior.
3. Describe the use of theme-centered experiential group process.

**Debbara J. Dingman, Ph.D.**, is a Clinical Psychologist in private practice. She is an adjunct professor and clinical supervisor in the Psychology Department at Georgia State University and a faculty member at the Pine River Psychotherapy Training Institute, all in Atlanta. Her professional passions are feminism, ethics, co-therapy, training, and the subtleties of the therapeutic relationship.

**Avrum Geurin Weiss, Ph.D.**, is a Clinical Psychologist in private practice. He is the Director of the Pine River Psychotherapy Training Institute and an adjunct faculty member in the Department of Psychology at Georgia State University. His professional interests include the process of change in psychotherapy and everyday life, psychotherapy training and supervision.

### **EUROPA EUROPA**

**A young German Jew poses as a fervent Stalinist and becomes an accepted member of the Nazi Youth, burying his true background in a desperate bid for survival.**

## FRIDAY, JUNE 22nd, CONTINUING 2-DAY WORKSHOPS

- 1b. Roy Clymer
- 2b. Jack Mulgrew/Adam Klein
- 3b. Gordon Cohen
- 4b. Lyn Sommer
- 5b. Doug Cohen

### FRIDAY 2-DAY WORKSHOPS

#### T2a. THE GENTLE ART OF PSYCHOTHERAPY

This is the final meeting of a two-year training group. Through case presentation, discussion and critique, participants will learn how to reconcile results-based psychotherapy with the principles of psychotherapy as a gentle art. (*6hr., closed, 2 days- Friday and Saturday*)

#### **Learning Objectives:**

1. Describe the aggressive parts of psychotherapy.
2. Describe the gentle parts of psychotherapy.
3. Synthesize the aggressive and gentle parts of psychotherapy.

**Murray Scher, Ph.D.**, past President of the Academy, holds a Ph.D. in Counseling Psychology. He has independently practiced psychotherapy for more than 30 years. He is extensively published and has presented internationally.

#### 12a TRANSFORMING SEPARATENESS-AN EXPERIENTIAL WORKSHOP

“To those of us who knew the pain  
Of valentines that never came  
And those whose names were never called  
When choosing sides for basketball”  
(Lyrics: *At Seventeen*, Janis Ian)

Feeling included or excluded can make all the difference in your life. How do you express your anxiety about belonging? Do you push your way in, or stay on the sidelines? How do you act out feelings of separateness, inferiority, or superiority? This workshop will provide a context in which to explore what we discriminate against, in ourselves and others, and our vulnerabilities around inclusion and exclusion. (*6hrs., limit 20, 2 days- Friday and Saturday*)

#### **Learning objectives:**

1. Discuss the inclusion phase in the formation of a group, and the major emotional tasks associated with this developmental stage of group process.
2. Explore participant's own vulnerabilities around inclusion and exclusion in order to enhance clinical understanding and practice.
3. Describe the experience of the fear, confusion, and sometimes hatred of differences, and enter into a process of transforming separateness into understanding and acceptance.

**Dairlyn Chelette, L.C.S.W.**, has been a psychotherapist for 20 yrs. and is a founding partner of the Pathway Center for Psychotherapy in Atlanta. She has been a member of AAP since 1992. In a world gone mad with escalating acts of violence spawned by intolerance and hatred, she is deeply interested in the potential group psychotherapy holds for social transformation through appreciation of diversity.

## **FRIDAY 2-DAY WORKSHOPS continued**

**Barry Selman, L.C.S.W.**, is a Psychodynamic, Existential, body-centered Gestalt therapist who has been in private practice since 1988 in NYC and Chapel Hill, NC. His training has been an ongoing process. His present interest is in embodiment, mindfulness practice and the deepening of spiritual experience. He has a B.S. and M.S.W. from Columbia University.

### **13a. EROS IN GROUPS**

This experiential workshop will explore erotic feelings as they arise in the context of group therapy. We will explore our multiple roles as patients, therapists, supervisors, supervisees, and as member of this workshop. Tensions and dynamics centering on love, caring and eroticism, as they pertain to group dynamics, will be highlighted.

**(6hrs., limit 25, 2 days-Friday and Saturday)**

#### **Learning Objectives:**

1. Explore how erotic feelings manifest themselves in group.
2. Develop a better understanding of contemporary theories of desire and sexuality in groups.
3. Explore the role of erotic transference and counter-transference in group psychotherapy.

**Scott Conkright, Psy.D.**, received his Doctorate from the Illinois School of Professional Psychology. He is in private practice in Atlanta and presents frequently on issues of sexual orientation, sexuality and desire as they relate to group psychotherapy.

### **14a. THE LANGUAGE OF INCLUSION**

In the development of any psychotherapy group there is the evolution of a language unique to that group. Knowing this language is essential to belonging. The more intense the involvement, the more depth to the sharing, the longer the association, the more this meta-language defines the group identity and the code of membership. This can also become the basis of group discrimination. These are the linguistic dynamics we will explore both as our experience being a group and by didactic reflection on the experience of being included and excluded. **(6hrs., limit 18, 2 days-Friday and Saturday)**

#### **Learning Objectives:**

1. Discuss the linguistic dynamics of group cohesion.
2. Explore how words can hold the meanings of a group and can create a special and unique language.
3. Develop leadership skills in framing the importance of some works in the evolution of groups.

**Grover Criswell, M.Div.**, has long been a student of the power of groups to heal and to hurt. He has been conducting groups and teaching about group leadership for 30 years. He is a Pastoral Psychotherapist in private practice in Dayton, OH. He has conducted workshops both nationally and internationally on psychotherapy groups. He is past President of the Academy.

### **METROPOLIS**

**A female humanoid doesn't know she's a robot but must try to bridge the gap between humans and humanoid robots.**

## **FRIDAY 2 DAY WORKSHOPS continued**

### **15a Relating to a "Special" Population: Parents of Children with Disabilities**

A workshop/guided group experience exploring the general and specific psychodynamic issues, including explicit and implicit exclusion that parents of children with special needs face. (6 hrs., limit 12, 2 days-Friday and Saturday)

#### **Learning Objectives:**

1. Describe the unique grieving process that parents of children with disabilities experience.
2. Discuss a process for therapeutically engaging parents of children with disabilities.
3. Describe a process where participants have first-hand experience with the dynamics and model detailed in objectives 1 and 2.

**Ken Moses, Ph.D.**, is a Psychologist/psychotherapist in full-time private practice who has focused for over 35 years on the existential dilemmas brought on by profound life-changing losses. He has presented throughout North America, been a consultant to special education cooperatives, mental health centers, universities, medical schools, and hospices, and has offered over 20 AAP workshops. Dr. Moses is the parent of a disabled offspring.

## **FRIDAY MORNING WORKSHOPS**

### **16. THE GOLDBLOCKS SYNDROME – AM I TOO BIG OR TOO SMALL, TOO SHORT OR TOO TALL, OR JUST RIGHT?**

Since birth we try mightily to fit in – into our families, marriage, society, religion, politics, social status, etc. Why do we try so hard? What are the forces which push us to belong, to succeed? What are the forces which push us to expel the "other?" (3 hrs, limit 25)

#### **Learning Objectives:**

1. List the natural/primitive motivations that force us to belong to a group.
2. List the powerful forces which operate in a group to expel the "other."
3. Identify the processes which help participants accept the "other" in themselves.

**Natan HarPaz, Ph.D.**, is a Psychotherapist in Southfield, MI. He is a Fellow of the American Group Psychotherapy Association and a past President of the Michigan Group Psychotherapy Society. He is the Director of Training of the Institute for Group and Individual Psychotherapy. Dr. HarPaz is a clinical supervisor and presents clinical workshops and theoretical papers on psychotherapy both nationally and internationally.

### **17. VOLUNTARY EXILE: LEAVING WHAT WE KNOW TO FIND OUT WHO WE ARE.**

In the reinvention of Self, we often let go of many attachments and relationships. We become, in some senses, an exile. We work to be included in new social groups while leaving our identification with other groups behind. Discrimination can occur in this process. Through didactic presentation, experiential exercises and group process, we will explore the processes of voluntary life transitions. (3 hrs., limit 20)

## **FRIDAY MORNING WORKSHOPS continued**

### ***Learning Objectives:***

1. Describe life transitions, role and identity loss and change, and the attendant psychological, social and physiological processes with an emphasis on the particular changes which accompany retirement.
2. Explore the therapeutic techniques of guided imagery, dyadic sharing, and group process as they explore their own voluntary life transitions.
3. Explain the means of applying specific techniques and knowledge to the people with whom they work.

**Pamela Finnerty, Ph.D.**, has been helping people with life transitions for over 30 years. Previously holding assistant professorships at George Washington University in Counseling and Research, she currently has a private psychotherapy practice in Washington, D.C. where she sees individuals, couples and groups. She has long held an interest in helping people make those transitions they find essential for living a more soulful and joyous life.

### **DAY OF WRATH**

**Set in 17th century Denmark, a dark and powerful tale of love and betrayal  
and a community obsessed with the fear of witchcraft.**

## **SATURDAY JUNE 23rd, CONTINUING 2-Day WORKSHOPS**

***T2b. Murray Scher (Training group CLOSED)***

***12b. Barry Selman/Dairlyn Chelette (cont from Friday)***

***13b. Scott Conkright (cont from Friday)***

***14b. Grover Criswell (cont from Friday)***

***15b Ken Moses (cont from Friday)***

### **18. LONGING TO BELONG: THE SEARCH FOR CONNECTION**

The desire to belong is a deep and primal yearning that ensures our very survival. We are born into groups and, throughout our lives, may thrive or despair in the circles that surround us. This experiential workshop will explore the inevitable longings that emerge in the tender human experience of seeking to belong. **(3 hrs., limit 20)**

### ***Learning Objectives:***

1. Explain primal needs and risks of belonging.
2. Discuss therapist's own experiences of inclusion and exclusion with an emphasis on the here and now.
3. Compare the reactions and resistances to belonging as an aspect of self that has unique meaning and implications for group experience.

**Jennifer Harp, Ph.D., C.G.P.**, is a Licensed Psychologist and Certified Group Psychotherapist in full-time independent practice in State College, PA. A Board Member of APA's Division 49, she currently edits the Consultation Corner column in the division's newsletter, The Group Psychologist. Her clinical interests include depth work, psychodynamic psychotherapy, group psychotherapy and training/supervision for graduate psychology programs at Penn State.

## **SATURDAY MORNING WORKSHOPS**

### **19. INCLUSION AND EXCLUSION: HOW WE DEAL WITH OPPOSITES**

In this experiential workshop, participants will be encouraged to work through both personal and group dynamics which emerge as we explore the “wonderful world of opposites.” It is in this place that magic happens. Group members will have an opportunity to explore and experience inclusive and exclusive processes within themselves and with others in a group of psychotherapists. *(3hrs.Limit 15)*

#### ***Learning Objectives:***

1. Identify specific factors related to the resolution of personal and group issues.
2. Discuss the nature and relationship between inclusion and exclusion.
3. Summarize the group dynamic as it relates to inclusion and exclusion

**Arthur Weinfeld, Ed.D.**, has been a practicing clinician for 35 years. A long time Academy member, he has led workshops throughout the United States, as well as Canada and Australia. He is a certified Psychodramatist.

#### **SILENCE**

**In 1500s Japan, two Portugese missionaries come to spread the gospel just as the Japanese government is doing everything it can to prevent the spread of Christianity.**

### **20. YEARNING TO BELONG**

As social beings, we desire to belong to a larger group. This yearning may grow out of not being seen in our families of origin or other important contexts. We will explore people’s feelings about choosing between fitting in, maintaining integrity and the psychological harm experienced by trying to belong. Please journal for 2 weeks prior to the workshop on related personal experiences. *(3hrs., limit 20)*

#### ***Learning Objectives:***

1. Identify experiences that lead people to feel like they do not belong, and the affects that early experiences with not belonging stimulate.
2. Identify destructive relationship patterns that people engage in to try to compensate for early experiences of not belonging.
3. Identify how the experiences with belonging impact their work with clients.

**Matthew S. Burgess Leary, Ph.D.**, is an Asst. Professor of Graduate Psychology at Immaculata University and practices psychotherapy at the Council for Relationships. The Academy is one of the places he feels that he truly belongs.

#### **BELOVED SON OF GOD**

**Despite bringing joy to his family and friends, a jovial, mentally retarded man fears discrimination and the hurtful prejudices of others.**

#### **GOODBYE UNCLE TOM**

**An epic and controversial depiction of the American slave trade.**

## **SATURDAY MORNING WORKSHOPS continued**

### **21. DISCRIMINATION, DISCERNMENT, AND WISDOM**

Discriminatory skills are often the first line of awareness in working with patients that touch us in difficult or concerning ways. By listening to our internal discrimination, we may develop the discernment that can lead to wisdom. Utilizing group process, we will explore circumstances that prevented us from being aware of our discriminatory processes that resulted in harm to our patients or ourselves. **(3 hrs., limit 15)**

#### ***Learning Objectives:***

1. Describe the positive impact of clinical discrimination in working with new patients or clients.
2. Identify one's discernment when making clinical decisions.
3. Explain the wisdom in utilizing our clinical discrimination in providing appropriate care for patients and clients.

**Robert P. Roney, D. Min.**, is a founding partner of the Pathway Center of Psychotherapy in suburban Atlanta where he practices individual, couple and group psychotherapy. Bob holds a Doctorate in Pastoral Counseling from Louisville Presbyterian Seminary and is a Licensed Professional Counselor in Georgia. Bob is credentialed as a Clinical Supervisor and Marriage and Family Therapy supervisor.

#### **CRIMSON GOLD**

**An intimate and absorbing drama about the ways in which the hypocrisies and slights of daily life can push otherwise reasonable people over the edge.**

### **22. WHAT TO INCLUDE AND WHAT TO EXCLUDE....THAT IS THE QUESTION**

Characterological analysis entails the study of one's reaction to Self. Characterological patterns include idiosyncratic reactions to internal feelings, somatic stirrings and historical experiences along with conscious and unconscious decisions to include or exclude parts of self. This process group will highlight those characterological processes along with their interpersonal and intrapersonal ramifications. **( 3 hrs., limit 10)**

#### ***Learning Objectives:***

1. Discuss the concept of characterological analysis.
2. Identify therapist's characterological reactions and discuss how to make themselves less vulnerable to distorting patient material.
3. Cite interpersonal and intrapersonal ramifications for different characterological patterns and decisions.

**Joel H. Marcus L.C.S.W.**, has been practicing Experiential, Humanistic psychotherapy for the past 19 years. He has a private practice in Baltimore, MD, offering individual, couples and group psychotherapy.

#### **MARATHON**

**A touching and poignant story of a 20 year old autistic boy whose mother has ambitions for him to take part in a three-hour marathon.**

## **SATURDAY MORNING WORKSHOPS continued**

### **23. THE PROBLEM OF EVIL: INCLUSION AND EXCLUSION FROM THE HUMAN CONDITION**

Therapists attend to issues of alienation and fidelity to one's self. We can see this problem through consideration of evil, leading to inclusion and exclusion from the human condition. We will explore violence, cruelty and other "sins" in an attempt to understand and appreciate our inner evil as essential to wholeness in life and psychotherapy. (3hrs., limit 25)

#### ***Learning Objectives:***

1. Discuss the problem of human evil as approached in literature, art, theology and psychology.
2. Identify and explore the evil in every patient and therapist, and connect this with our everyday work.
3. Discuss our understanding of evil as it affects transference and counter-transference.

**Steve Howard, M.D.**, is a psychiatrist and Experiential psychotherapist. He teaches, supervises, and practices in Atlanta, with special interests in the spiritual dimensions of psychotherapy and the dynamics of marriage and other intimate relationships. He is completing a book entitled *Intimate Healing: Psychotherapy and the Person of the Therapist*.

#### **EAST PALACE, WEST PALACE**

**In a time when homosexuals are persecuted and arrested by police in China, a young gay writer finds himself being attracted to the policeman interrogating him.**

### **24. ETHICAL ISSUES FOR THE 21ST CENTURY, DISCRIMINATION: INCLUSION/EXCLUSION, A PROCESS GROUP.**

Ethics for the psychotherapist are a fluid process. The U.S. is a melting pot of people from all parts of the world with unique customs and religious beliefs. Discrimination, both inclusionary and exclusionary, is ubiquitous. This phenomenon challenges psychotherapists to be aware of discrimination on a personal level and in practice. This group encourages dialogue between therapists to appreciate complexities of discrimination and develop new insights.

(3hrs., limit 20)

#### ***Learning Objectives:***

1. Explain psychotherapists' perspective as it relate to diverse populations of service.
2. Integrate issues of diversity into one's theoretical reference and ethics.
3. Develop an awareness of the complexities of working with diverse religious and multicultural populations.

**Steven J. Feierstein, M.Ed.**, is a licensed Marriage and Family Therapist practicing in Ashland, KY in a private psychiatric practice, Tri-State Psychological Services, PLLC. He shares a practice with his wife and fellow AAP member, Rosalyn Feierstein, Ph.D.. Steven specializes in relational issues for individuals, couples, families, businesses and organizations.

#### **THE FINAL COMEDOWN**

**In the midst of the violent rebellion against racism, a black militant is betrayed by a group of two-faced white radicals who fail to back him up when the chips are down.**

## **AAP 2007 SUMMER CONFERENCE CE GUIDELINES**

**Satisfactory completion:** Participants must have paid the tuition fee, attended their chosen sessions in their entirety and completed an online Attendance / Evaluation form in order to receive a Certificate of Completion/Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are available immediately after completing the online evaluation form. You must complete the online form by July 31, 2007 in order to receive your CE certificate. The site will close after that date and certificates will no longer be available.

**ADA Statement:** ADA accommodations will be made in accordance with the law. AAP has made arrangements prior to this meeting for those indicating a need. If you require ADA accommodations, please visit the registration desk.

**Full Disclosure Policy:** All faculty participating in the Continuing Medical Education programs are expected to disclose to the program audience any real or apparent conflicts(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made available at the meeting.

**Psychologists:** This course is co-sponsored by Amedco and the American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. Maximum of 12 hours.

**Professional Counselors:** This course is co-sponsored by Amedco and the American Academy of Psychotherapists. Amedco is recognized by the National Board for Certified Counselors to offer continuing education for certified counselors. We adhere to NBCC continuing education guidelines. Provider #5633. Maximum of 12 hours.

**California Board of Behavioral Sciences:** This course is co-sponsored by Amedco and the American Academy of Psychotherapists. Course meets the qualifications for up to 12 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider #PCE875.

**Social Workers:** This course is co-sponsored by R. Cassidy Seminars and the American Academy of Psychotherapists. R. Cassidy Seminars, ASWB provider #1082, is approved as a provider for continuing education by the Association of Social Work Boards, ([www.aswb.org](http://www.aswb.org), phone: 1- 800-225-6880) through the Approved Continuing Education (ACE) program. R. Cassidy Seminars maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. Social workers will receive up to 12 continuing education clock hours for participating in this course.

### **OSAMA**

**With her father and brother dead, a 12 year old Afgani girl disguises herself as a boy and embarks on a terrifying journey.**

## ***SPONTANEOUS ACTIVITIES***

Looking for a tennis or golf partner? Want to tag along with someone who is going to the beach for a swim? Want to share a spa date? Interested in visiting the Little White House with others? Check the bulletin boarding in the registration area. We'll have sign up sheets to help you coordinate your spontaneous activities. If you're all stirred up and want to group with others to talk about your experience, you can use any available workshop room in the afternoon or evening. Sign-up sheets will be available on the bulletin board.

Don't forget the Golf Tournament, organized by Frances Compton and Lorrie Hallman, or the 'Hit & Giggle, Mixed Up Doubles Round Robin' organized by Frank Nosek on Saturday. Bring your musical talents and instruments for a sing along Friday night and your dancing shoes for 'Gwen Hughes & the Retro Jazz Kats' Saturday night.

## ***HOSPITALITY SUITE:***

In the spirit of inclusion, the Hospitality Suite will be open for the duration of the Summer Workshop as a place to gather, to nourish, and to get nourished. This year we are planning a Cooking Contest complete with awards and ribbons and public recognition and thanks. Please bring your dish to the Hospitality Suite at your earliest convenience so that it is at its freshest and brightest (before the opening dinner). Our select panel will be ready to make selections – members will be free to cast votes as well. We are asking that everyone pitch in to keep the area tidied up. This is inclusion in its truest form. If there are any questions in advance, please contact Z Rosenzweig (404.261.9669) or Barbara Nama (404.231.2339).

## ***ARTS & CRAFTS AUCTION***

Arts and Crafts take many forms! We invite you to be creative and bring your work to be auctioned at this year's table. It will be open from Noon Thursday to Saturday at 6:00 PM. Proceeds go to the Academy. If you have any questions contact Arthur Weinfeld or Susan Berlin.

## ***TRANSPORTATION***

**Prepaid Shuttle Service:** For reservations email [peachlimo@bellsouth.net](mailto:peachlimo@bellsouth.net) or call 800-848-2520 or 770-948-2520. Be sure to identify yourself as AAP to get the group rate. Give your airline and flight information. Return transportation is scheduled 3 hours prior to departure flight time. You will be met at the top of the escalator next to the Budget Rental Car desk. Look for someone holding a sign 'AAP'. If you are coming in on American Airlines and arriving at the T Concourse, proceed to the Budget Rental Car desk between the North and South Terminals and look for the person holding the 'AAP' sign.

**Rental Cars:** We suggest that you consider renting a car or sharing a cab. You can go online now and make reservations or call the rental car companies directly; Avis (404) 530-2700, Budget (404) 530-3000, Hertz (404) 530-2925, National and Alamo (404) 530-2800, Thrifty (770) 996-2350. **Taxis** are available from the Hartsfield Jackson International Airport to Callaway Gardens. For more information you call ground transportation at (404) 530-6679.

**Transportation around Callaway Gardens:** Once on the Callaway Gardens property, when transportation is needed, simply dial # 1234 from your room, and the bellman will help you. For 24-hour information, call (706) 663-2281, extension 5619.

***If you have questions concerning transportation you can contact Dr. Rosa Ashe at [drrosa@comcast.net](mailto:drrosa@comcast.net) or at 770-417-2762.***

# REGISTRATION: SUMMER WORKSHOP 2007

Name: \_\_\_\_\_ New Member? \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email: \_\_\_\_\_

Phone: (work) \_\_\_\_\_ (home) \_\_\_\_\_ (fax) \_\_\_\_\_

I am in a Family Group \_\_\_\_\_ YES \_\_\_\_\_ NO

**SPECIAL NEEDS:** \_\_\_\_\_ Yes, I have special assistance needs. Please specify on separate sheet and attach to this form.

**Training Groups:** Wednesday T1 \_\_\_\_\_ Red Cross \_\_\_\_\_

**Workshop Choices:** Thursday 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

Friday 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

Saturday 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

**Accommodations:** Roommate \_\_\_\_\_

Extra room nights are available at a reduced rate for 3 days prior to the conference and 3 days after. \$125/single or double, Restaurants are available on site for meals. For more information contact: Callaway Gardens registration at 1-800-Callaway

\_\_\_\_\_ I need to reserve a Peer Meeting Room for approximately \_\_\_\_ persons.

For questions concerning room assignments contact: Anna Williams, phone: (864)710-3325 or email: apwill@netscape.com

**Shuttle Transportation to and from Callaway:** Please pay with registration and contact peachlimo@bellsouth.net or call 800-848-2520 with your flight information.

Date & time of arrival \_\_\_\_\_ Airline \_\_\_\_\_ FLT # \_\_\_\_\_

Date & time of departure \_\_\_\_\_ Airline \_\_\_\_\_ FLT# \_\_\_\_\_

**Workshop Fees:** includes room, meals, workshops, hospitality, dance, and entrance to the Gardens

Single Room \$1010.00 \$ \_\_\_\_\_ (Date of Arrival \_\_\_\_\_ Date of Departure \_\_\_\_\_)

Double Room \$765.00 \$ \_\_\_\_\_ (Date of Arrival \_\_\_\_\_ Date of Departure \_\_\_\_\_)

Continuing Education Fee (\$45.00) \$ \_\_\_\_\_

Redcross/Defib. Training (\$55.00) \$ \_\_\_\_\_

Shuttle from ATL airport round trip (\$150.00) \$ \_\_\_\_\_

**TOTAL DUE** ..... \$ \_\_\_\_\_

Make checks payable & mail to: **American Academy of Psychotherapists**  
**605 Poole Drive, Garner, NC 27529**

Or Fax registration & credit card information to: **Fax: 919/779-5642**

Visa Master Card AMEX (circle one) Card # \_\_\_\_\_

Print Name on card: \_\_\_\_\_ Exp Date: \_\_\_\_/\_\_\_\_/20\_\_\_\_

Signature: \_\_\_\_\_

++ If paying by credit card, please consider donating the cost of credit card fees to the Academy (AMEX 2.5%; or VISA/MC 3.13%)

\*\* 75% refund for cancellations before May 15, 2007 No refunds after May 15, 2007.

## **DRIVING DIRECTIONS to Callaway Gardens, Pine Mountain, GA**

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Callaway Gardens is located in Pine Mountain, Georgia, 70 minutes southwest of Atlanta and 30 minutes north of Columbus, GA.

To the Mountain Creek Inn on Hwy. 27, refer to the directions below. Note: There is road construction on Hwy. 27, so you will need to detour through the gardens. Heading south on Hwy. 27, turn right into the Beach Entrance. Take the first left onto the golf course drive. After about ½ mile, turn left. Continue another ½ mile and take the left-hand fork of the road. Continue another 1 ½ mile, and turn left to go OUT of the Gardens Entrance. Now you will be back on Hwy. 27. Turn left (north) and take the next right into the Mountain Creek Inn complex.

If you are traveling from:

**Atlanta (70 miles)** – Take Interstate 85 south to Interstate 185 southbound (exit 21). From Interstate 185, exit at U.S. Hwy. 27 (exit 42). Follow Hwy. 27 south, cross Hwy. 18, and follow the directions above.

**Birmingham, Alabama (150 miles)** – Take U.S. Hwy. 280 east to Opelika and take Interstate 85 north to Georgia Hwy. 18 (exit 2). Go east on Hwy. 18 to Hwy. 27. Turn right (south) on Hwy. 27 and follow the directions above.

^postage^



AMERICAN ACADEMY OF PSYCHOTHERAPISTS  
605 Poole Drive  
Garner, NC 27529

*Discrimination: Inclusion/Exclusion*  
*2007 Summer Workshop*  
*June 20 – 24*  
*Callaway Gardens*  
*Pine Mountain, GA*

ADDRESS LABEL