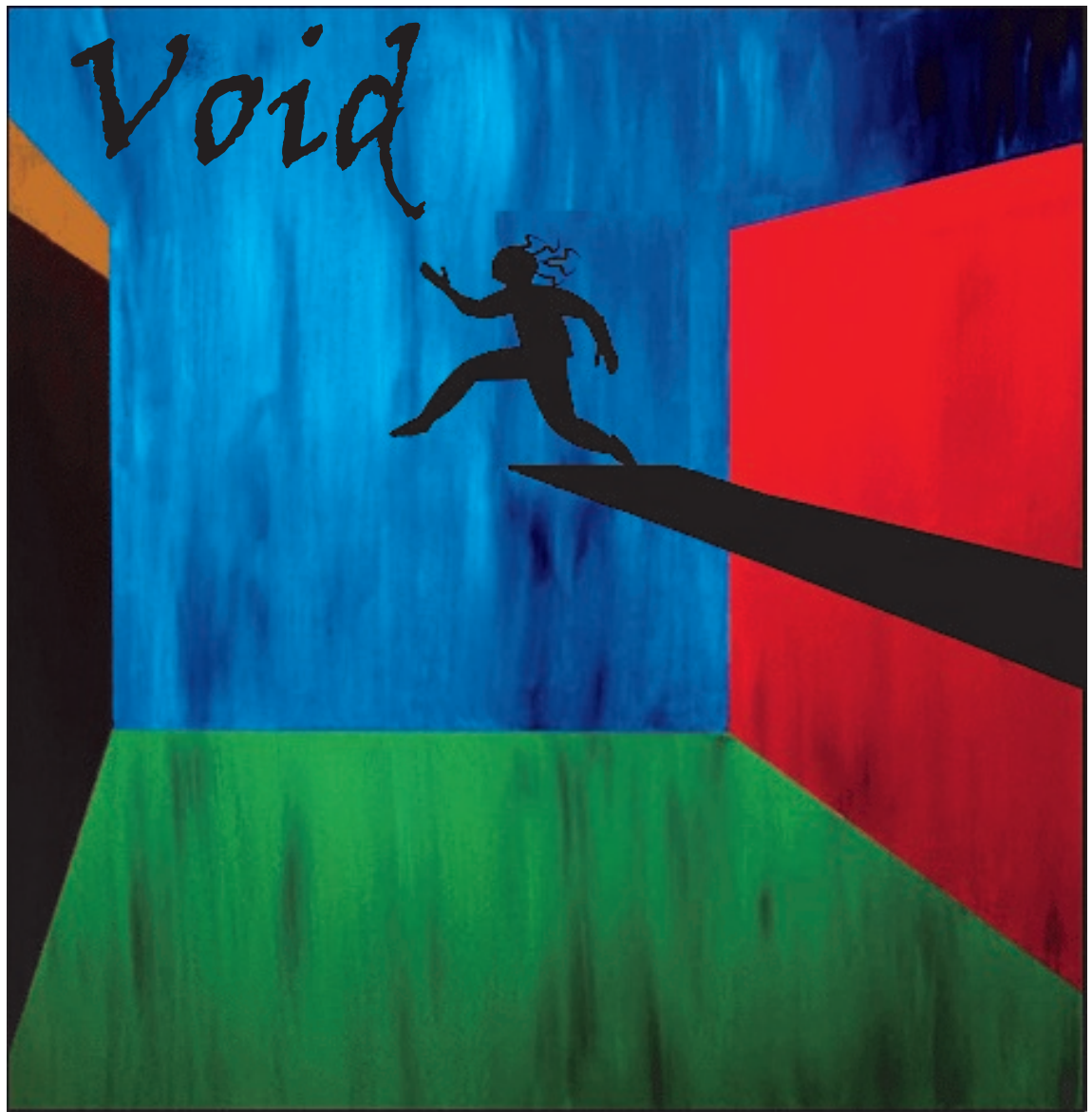


Stepping
Into
The

American Academy of Psychotherapists



Summer Workshop
June 8-12, 2011

The Resort at Glade Springs
Daniels, WV

Welcome

Welcome Dear Colleagues,

Last year when EC urgently needed to find a chair for summer workshop, I volunteered. I wanted to do it for EC and for my beloved community; and unbeknownst to me — for myself. Filled with trepidation and knowing little about what I was getting into, I still was excited by the challenge of *STEPPING INTO THE VOID!*

Inspired by our theme, my committee created the structure for Summer Workshop 2011. When you register, you will note that your workshop assignments will be first communicated

You can't always get
what you want
and if you try some-
time you might find
you get what you
need.

Rolling Stones
*You Can't Always
Get What you Want*

to you on June 8th when you arrive at Glade Springs. Also note that you will be choosing from a large array of two-day workshops. This is by design, in order to challenge participants and leaders alike to risk becoming more intimate, vulnerable, and engaged. You will also get to partake in several whole-group ventures: daily community meetings, late afternoon dance sessions, a large-group project during Friday night dinner, a talent show, and of course our celebratory dance! In short, we will get multiple chances to *step into the void.*

Throughout it all, we'll also reflect upon the ways in which we, as psychotherapists, face voids each day, as we greet the unknowns of what our patients will say and evoke. We step

into the void with the task of being present and focused; our patients step into the void bringing the various twists and turns of their experiences. We both live without assurance of how our journey will progress. What we do know is that the willingness of human beings to take some important risks potentiates new discovery, connection, and fulfillment.

The beauty of Glade Springs, the camaraderie of the Academy, and the richness of our program will offer us all a magnificent space in which to learn and grow. Please come with my committee and me as we step into the void!

Damon Blank

2011 Summer Workshop Chair

The Committee

Damon Blank, LMFT

Conference Chair

Tyler Beach, LCSW

Continuing Education

Sharon Bernstein, LCSW Hospitality

Meredith Frankel, PsyD Activities

Burt Grenell, PhD Hospitality "Flower

Child", Audio-Visual

Doris Jackson, PhD Member At Large

Lori Oshrain, PhD Audio-Visual

Elaine Rubin, LMFT Brochure

Lyn Sommer, PhD Program Chair

Stephanie Spalding LCSW

Transportation

Janet Tyler, PhD Treasurer

Daniel Turetsky, PsyD Activities

Brooke Ugel, LCSW-C

Right-Hand Woman

Special Thanks and Note of Gratitude
for their Guidance and Assistance to:

Lex Baer, DMin Brochure

Pat Coyle, LMFT Artwork Assistance

Ashley McGraw and the staff of

Management Concepts, Inc.

The Resort at Glade Springs

Nestled among the beautiful Appalachian Mountains in southeastern WV, Glade Springs offers an amazing array of leisure pursuits and outdoor adventures. The totally renovated guest lodgings range from traditional hotel rooms to stand-alone villas, affording handicap accessibility and animal-friendly environs.

Like a river that don't
know where it's flowing,
I took a wrong turn and I
just kept going
Bruce Springsteen
Hungry Heart

The multitude of on-campus activities is amazing: 3 golf courses, a beautiful fitness center, indoor and outdoor swimming, basketball, tennis, bowling, fishing, biking and a full-service spa. Nearby, there are spectacular sites for kayaking, hiking, fishing, white-water rafting, mountain biking and shopping.

So, please take advantage of beautiful Glade Springs, and Step into the Void with us as we nourish our minds, bodies, and souls. www.gladesprings.com

Pre-conference Activities

Wednesday Afternoon

Custom Fishing Adventure 1:00-5:30PM - Spend the afternoon with a professional angler who will guide you down the New River. The waterway is among one of the best for fishing for smallmouth bass, walleye and trout. *The two person minimum is \$150/pp and will include equipment, snacks and drinks*

Beckley Exhibition Coal Mine 2:00-5:00PM - Experience a true representation of early 20th century coal camp life. The main attraction is a tour in which you'll be carried along a track that takes you 1,500 feet below ground, under the supervision of an experienced veteran coal miner. Remember to bring a jacket as the mine is always 58°. *Fee \$20*

ATV and/or Zipline Adventure 2:30-5:00PM

- Burning Rock Express Racing Zipline is the longest, fastest dual-racing zipline on the east coast daring you to race. *Cost is \$35/three rides \$75*

- ATV riding is a true adventure activity with the thrill of the ride almost as good as the views of the beautiful secluded landscapes of the Appalachian Mountains. Instructors are provided. *2 hour rentals \$127 for a single and \$147 for a tandem*

Horseback Riding at the Equestrian Center at Glade Springs 4:00-5:00PM Maximum of 10. Giddy up! *Cost is \$47 for a one hour trip*

"Steppin' into the Void" with AAP's own Fred Astaire....Jim Bird 5:30-6:20PM We'll dance off the travel stress on Wednesday and continue on Thursday and Friday in the late afternoons before dinner. Stepping to "world music", plus "Club" and "Hip Hop", we will leave our critical/judging selves behind, breathe and step deeper into ourselves....No pre-registration necessary, just come to The Woodland Room and join in!

Questions? Contact Daniel Turetsky danisaact@aol.com 202-210-5947
or Glade Springs Resort www.gladesprings.com 877-747-5671

Scheduled Conference Activities

Thursday

- Begin your day with a morning movement meditation led by Brian Cross: Enjoy simple, playful, non-rigorous, free movement exercises done with mindfulness and intention. Dress in something that you can move in and that allows you to feel comfortable.
- Strike!!! Your \$13 competition fee secures you shoes and 2 hours of bowling in the Academy's newest tournament.
- Steppin' with Jim Bird
- Bonfire, S'mores and Jammin' at the pit: Come down to the bonfire with your instruments and voices for s'mores and campfire songs!

Friday

- Begin your day with energizing water aerobics led by Sharman Colosetti in the Indoor Pool.
- Steppin' with Jim Bird
- Talent Show.... Jeri Horn brings back her talent show to showcase the fantasies of stardom that inspire our Academy.

Saturday

- Begin your day with Qigong with Susan Levy: Qigong is a practice to benefit body, mind and spirit. Through this ancient Chinese system of movement you will experience increased vitality. Join Susan as you move through the void together.
- Hits and Giggles Mixed Up Doubles Tennis Tournament with Frank Nosek: See sign-up sheet at workshop.
- Dinner Dance featuring the band "Subway": Step onto the floor and rock away our last night together!

You're in control, is there
anywhere you wanna
go? You're in control, is
there anything you
wanna know?

The future's for discover-
ing the space in which
we're traveling from the
top of the first page to
the end of the last day.

Coldplay
Square One

Schedule at a Glance

Wednesday	Thursday	Friday	Saturday	Sunday
	Breakfast 7-9 Morning Movement Meditation Brian Cross 7-8	Breakfast 7-9 Water Aerobics Shar- man Colosetti 7-8	Breakfast 7-9 QiGong Susan Levy 7-8	Breakfast 7-9
	<u>Workshops</u> 9-12:15	<u>Workshops</u> 9-12:15	<u>Workshops</u> 9-12:15	Closing 9-10
Registration 1-5 Pre-conference Activities 1-5:30	Lunch 12:15-1:30	Lunch 12:15-1:30	Lunch 12:15-1:30 Hits and Giggles Mixed Up Doubles Tennis Tournament Frank Nosek (During Lunch)	
Hospitality 2-5	Community Meeting 1:30-2:30	Business Meeting & Community Meeting 1:30-3	Community Meeting 1:30-2:30	
Training Institutes 2-5:15	2:30-6 Hospitality, Family Group, Activity, Free Time Bowling Tourney 3-5 3-6:15 Training Institutes Stone Carving "b"	3-6 Hospitality, Family Group, Activity, Free Time	2:30-6 Hospitality, Family Group, Activity, Free Time	
"Steppin' into The Void" with Jim Bird 5:30 - 6:20	"Steppin' into The Void" with Jim Bird 5:30 - 6:20	"Steppin' into The Void" with Jim Bird 5:30 - 6:20		
Welcome Gathering Honoring Newcom- ers and Returnees (Cash Bar) 5:30-6:30			Reception Honoring Presenters (Cash Bar) 6-6:30	
Dinner 6:30-8	Dinner 6:30-8 Outdoors Weather Permitting	Special Whole Group Activity/ Dinner 6:30-8 (MC Bob Rosenblatt)	Dinner 6:30-8	
Opening Experience 8:15-9:45	Bonfire, S'mores and Jammin at the Pit, Family Group Meet- ing Time 8 - ?	Talent Show 8-9:15 (MC Jeri Horn) Family Group Meet- ing Time	Dance (Subway Band) 8-12 Family Group Meet- ing Time	
Newcomer's Group 10-11 Family Group Meet- ing Time Hospitality 9:45-12	Hospitality 8-12	Hospitality 9-12	Hospitality 9-12	

The time to
hesitate is
through,
No time to
wallow in
the mire
The Doors
Light My Fire

Activities At Your Leisure

Hospitality Suite

Sharon and Burt can hardly wait to welcome you to the Rotunda Hospitality Lounge this summer. Come relax, eat, drink, converse, and fill the void. Eblasts will be coming your way inviting you to share regional and homemade treats and to host. Can't wait? Contact Sharon at sbernstein2000@hotmail.com

The AAP Arts & Crafts Table

Once again we will have our silent auction to raise money for AAP's trust fund. Bring your personally created crafts and art and experience yet another way to bring a little piece of AAP back home with you! Co hosted by Susan Berlin & Ros Fierstein. Contact Susan @ 202-333-1787 or Susan@SusanBerlin.com with any questions.

Alex Redmountain Memorial Golf Tournament

Nine-hole scramble for both beginning and experienced golfers.

E-mail coordinator Karen Swander kswander@msn.com with your partner's name and handicap or see sign-up sheet at workshop.

Spa and Massage Services

Contact Spa Orange at the Resort for a full array of spa services including massages, facials, body treatments, manicures and pedicures.

Call 1-866-264-7571 to schedule.

Fly Fishing Clinics

Two hours with a two person minimum for \$70 each at the resort.

*Other on-site activities include mountain bike rentals, boating, and fishing.
Fees apply.

Whitewater Rafting, Caving, Rappelling, and Paint Ball

are approximately a 45 minute drive from the resort. Also in the area are helicopter and airplane rides, sporting clays and guided hikes.

Would you know my name
if I saw you in heaven?
Would it be the same if I
saw you in heaven?

Eric Clapton
Tears in Heaven



The Program

TRAINING INSTITUTES

Wednesday Afternoon 2:00PM - 5:15PM
and Thursday Afternoon 3:00PM - 6:15PM

TI-1 Such Stuff As Dreams Are Made Of

* This is the FIRST MEETING of a Training Institute which will be completed at SW 2012. Participants must attend all sessions both this summer and next summer:

Dreams make us unwitting artists of our lives, but they are ordinary too. Working with dream-life in psychotherapy is similar to working with other lived experiences. In this Institute, we will learn that working with dreams can be pleasurable, intimate, vulnerable and sometimes powerfully transformative. Our goal: to deepen our comfort with and appreciation for the power of dream life. Appropriate for all levels of experience (6 CE's, Maximum 10)

Rhona Engels, LCSW, has worked with individuals, couples and groups, and she has taught and supervised for 28 years. She has published in clinical journals and VOICES, served on Academy committees, including EC, and presented many workshops. Each time has felt like stepping into the void, leaving her feeling surprised and delighted to survive.

TI-2 Buddhism and Psychotherapy:

Using Buddhist Principles To Work With The Self

* This is a continuation of the Training Institute which began at the Baltimore I&C, and registration is limited to the existing members of that Institute.

This Training Institute addresses the relevance of Buddhist principles and meditation practices to the psychotherapeutic process. Through experiential meditation practice and group discussion, we explore Buddhist approaches to working more skillfully with managing thoughts and emotions, and with tolerating emptiness, uncertainty and finitude. Appropriate for all levels of experience (6 CE's)

Laura June, PhD, is a clinical psychologist with a private practice of individual, couple, and group psychotherapy in Baltimore, Maryland. She has additional certification in Imago Relationship Therapy. She is a certified Sivananda and Kripalu yoga instructor, and has done intensive meditation practice in Buddhist traditions.

Philip Chanin, EdD, ABPP, CGP, is a clinical psychologist with a private practice in individual, couple, and group psychotherapy in Nashville, Tennessee. He is a certified advanced Imago Therapist. He was introduced to Buddhist Vipassana Meditation in 1975 at Naropa in Boulder, Colorado, by Jack Kornfield, Joseph Goldstein, and Sharon Salzberg.

THURSDAY and FRIDAY

Two Morning Workshops 9:00AM - 12:15PM

1a Risking To Change The Relationship: The Courage To Persevere

People often find it hard to try on new behaviors when they feel vulnerable, and therapists are not immune to this anxiety. However we are better equipped to facilitate clients' changes if we have had personal experiences with risk taking. Through didactic presentation and experiential learning, participants will be given the opportunity to enhance their skills. Appropriate for all levels of experience (3 CE's, Maximum 15)

David Loftis, PhD, has been in private practice in Atlanta for over 25 years, specializing in individual, couple and group psychotherapy with adults. Since receiving his doctorate in Clinical Psychology from Georgia State University in 1981, David has supervised graduate students and post-graduate clinicians. He is a recent Past President of AAP.

2a Step Up To The Plate: Into The Leadership Role In Group Therapy

We will conduct a psychotherapy group together, rotating leadership. Each group member will step into the void and take on the role of leader once. With the group's participation and feedback, you will explore your own leadership style. Beginning to work with a new configuration is always exciting/frightening. Beginners and experienced group leaders are welcome: (3 CE's, Maximum 8)

Jon Farber, PhD, first overcame his anxiety about groups in 1983 while getting his doctorate at Duke. He has been leading groups that exhilarate and challenge him – often groups of therapists – ever since, in Chapel Hill and in AAP.

3a Change, Flow, and The Boundary Between Being and Becoming

When we "step into the void," we bump into a basic conflict: the impulse to stay safe versus the desire to experience. Change, creativity, and happiness can potentially flow from our choices on the brink of the unknown. We'll explore this edge and flow, bringing the individual's in/out oscillation into the group awareness. Appropriate for all levels of experience (3 CE's, Maximum 15)

Kristin Staroba, LCSW-C, has been in private practice in Bethesda, MD and Washington, DC since 1996. With a philosophy degree from Hunter College, she pursued writing and editing for several years before completing an MSW at Catholic University. Exploring aspects of change in psychotherapy is a career-long interest.

4a Who Am I When The Rug Is Pulled Out? Losing Our Magic Carpets

When we meet the unexpected, we employ familiar roles and responses. When these fail, the void beckons with its prospect of growth. Leaders, themselves recently rugless, invite you to enter the void by abandoning your customary AAP persona in order to seek the freshness of unpredictable encounters. Appropriate for all levels of experience (3 CE's, Maximum 12)

Roy Clymer, PhD, presently consults to a Department of Defense agency charged with improving the care of Service members suffering from traumatic brain injury and PTSD. For 13 years he ran a program at Walter Reed Army Medical Center treating service members with similar disorders. His private practice is now in Austin, Texas.

Susan Jacobson, MMH, has been in practice in Columbia, Maryland for 34 years, and is enlivened by her work with individuals, couples and long-term psychotherapy groups. She is a Certified Group Psychotherapist and has served as a group leader for DC area professional organizations. She is a frequent presenter at AAP.

5a The Daily Psychotherapist

Therapists encounter voids every day, as we come up against the unknown in our patients' lives. We work with unspoken content, unexpressed affect and secret, protected material, as we move from one client's universe to the next. This process group will allow us to bridge this challenging terrain with each other. Appropriate for experienced therapists (3 CE's, Maximum 15)

Gordon Cohen, PsyD, is a clinical psychologist in Washington, DC where he has practiced for the past twenty years. He is the Co-Director of the Affirmative Psychotherapy Group, specializing in working with couples and adults in group and individual psychotherapy. He serves as chair of AAP's membership committee.

6a Stone Carving: A Catalyst For Moving Into The Unknown In Relationship

Please bring another person with whom you wish to relate. This could be someone with whom you are currently struggling or someone with whom you would like to go deeper. Throughout the workshop you and your partner will have the opportunity to create your own individual sculptures, while processing your experience together. *Please note that this workshop meets for 9 hours: Thursday / Friday Morning plus an extra session (**6B Thursday afternoon 3-6:15PM**). Appropriate for all levels of experience (9 CE's, Maximum 13). Materials fee \$45

Arthur Weinfeld, EdD, and Fern Beu, PhD, are passionate artists, clinical psychologists and treasured Academy members. Arthur has presented his workshop "Trusting the Stone" throughout the United States, including in Park City, Utah and Scottsdale, Arizona where he has established two new residences. When Fern is not painting, taking master classes, or creating shows throughout the US, she is deeply involved in her psychotherapy practice in Washington, DC and Severna Park, Maryland. Since this is the first time Arthur and Fern have presented together, they themselves are "stepping into the void".

THURSDAY

One Morning Workshops

9:00AM – 12:15PM

7 Respecting Our Uncertainties As Support For Enlivening Interpersonal Transactions

This is an experiential workshop open to therapists who welcome the opportunity to stay with, and possibly give voice to, their interpersonal uncertainties as they develop within the time boundaries of this workshop. We will make an effort to evolve the group's understanding of this territory. Appropriate for experienced therapists (3 CE's, Maximum 14)

Jack Mulgrew, PhD, ABPP, CGP, is a full professor in the Marriage and Family Therapy graduate program at Appalachian State University. Jack is a licensed psychologist in North Carolina and is a long term AAP member.

8 Stepping Into The Void: Tolerating Loving

Relationships in childhood are often so painful that we build skills to protect from loving, rather than invite it. As a result, we naturally employ these self-protective mechanisms with our intimates in adulthood. This process group will highlight our habitual defenses as we step into the void of inviting loving. Appropriate for all levels of experience (3 CE's, Maximum 15)

You may say I'm a dreamer
but I'm not the only one,
I hope someday you'll join us
and the world will be as one
John Lennon *Imagine*

Joel H. Marcus, LCSW-C, has been practicing experiential, humanistic psychotherapy for the past 24 years. He has a private practice in Baltimore, MD, offering individual, couples and group psychotherapy, as well as supervision.

9 Facing Death: A Path To A Fuller Life

In this process group we will explore Irvin Yalom's theory of "repressed death anxiety" and his notion that human growth and self-awareness is shadowed by our "wound of mortality". Exploring our often secret thoughts about the void of death can open us to experiencing a fuller life. Appropriate for all levels of experience (3 CE's, Maximum 20)

Frances Compton, PhD, has practiced Psychotherapy for 35 years in Washington, DC. Her background in communication therapy, wedded with her extensive psychotherapy experience, guides her in helping patients explore existential issues and enter into productive healing dialogues in their lives. She is a frequent presenter at AAP and SMPA.

10 Ethics: AGPS for Uncertain Times

Ethical issues arise from stepping into the void of unknown realms of feeling and behavior. In this process group, we will explore the potential ethical dilemmas and boundary crossings that can result when we or our clients step into this uncertain territory of our lives or in our clinical work. Appropriate for all levels of experience (3 CE's, Maximum 15)

Marilyn Schwartz, PhD, is a psychologist in DC providing individual, couples, and group psychotherapy, as well as clinical supervision, and consultation to federal agencies. She created and co-directs the Adult ADD Resource Center of Washington, a treatment center for adults with ADHD. Marilyn is the incoming Ethics Committee Chair.

11 A Healing Walk: Pilgrimage, Spirituality and Eco-Psychology

Stepping into the unknown, this workshop will guide participants through a walking pilgrimage: We will integrate insight, spiritual practice and ecological awareness, while moving gently for 4 hours between the inner and outer journeys of the day, through the trails of New River National Park. Appropriate for all levels of experience (3 CE's, Maximum 15)

*We'll leave the resort at 7:30 AM.

We will go by carpool from the hotel to the trails and back.

Penelope Norton, PhD, practices clinical psychology in Ormond Beach, Florida. A psychology graduate of the Universities of Florida and Rochester, she has dedicated thirty years to the practice of psychotherapy for individuals, families and groups, with clients ranging in age from children through seniors. She has led numerous outdoor psychotherapy experiences.

FRIDAY

Continuation of Thursday-Friday workshops

9:00AM – 12:15PM

1b David Loftis: Risking To Change The Relationship

2b Jon Farber: Step Up To The Plate

3b Kristin Staroba: Change, Flow, Being and Becoming

4b Roy Clymer and Susan Jacobson:

Who Am I When The Rug Is Pulled Out?

5b Gordon Cohen: The Daily Psychotherapist

6c Arthur Weinfeld and Fern Beu: Stone Carving

FRIDAY AND SATURDAY

Two-morning workshops 9:00AM – 12:15PM

12a Dare To Risk, Dare To Be Surprised

To step into the void is to risk fear, danger, surprise, potential, and possibility. To step back from the void is to enjoy safety, security, and the reality of solid ground. In this experiential process group we will explore the relative advantages and limits of these moment-to-moment decisions. Appropriate for all levels of experience (3 CE's, Maximum 12)

Debbara Dingman, PhD, is a psychologist in full-time practice in Atlanta. She is on the adjunct faculty at Georgia State University and the Pine River Psychotherapy Training Institute. She is passionate about AAP, relational psychotherapy, supervision and training, feminist ethics, and the creative possibilities of the void.

13a Who Am I In *This* Group?

Each time we venture membership in a group that is new to us, we encounter new reflections and experiences of ourselves. Some of these we welcome readily, while others we find disconcerting. Members in this group will work to support each other's expanding self-awareness. Appropriate for all levels of experience (3 CE's, Maximum 12)

David M. Hawkins, MD, is a psychiatrist in private practice in Chapel Hill, NC. Since 1986 he has offered training in psychodynamic group psychotherapy to professionals in North Carolina and Atlanta. He is an esteemed Past President and Fellow of the Academy, and Past President and Distinguished Life Fellow of AGPA.

14a Plumbing The Void: Writing From The Unconscious

The Proprioceptive Writing Method, (ala Metcalf and Simon, 1982), shifts the focus from writing to an inner process of listening. In this workshop you will hone your ability to find meaningful words and phrases within your unconscious, and to use them to explore memories, fertile ideas, and important feelings via your writing. Appropriate for all levels of experience (3 CE's, Maximum 15)

Ceil Berlin, LCSW, received her MSW from Fordham University in 1978. Over three decades, she has worked extensively with children and families in a variety of settings, and has established a private practice with adults and groups in New York City. Ceil has also enjoyed practicing Proprioceptive Writing for twenty years.



15a No Act Of Differentiation Goes Unpunished

Individuation is a lifelong process punctuated by defining moments when we step into the void — knowing only that we “can no longer do this” or “we must do that.” In this experiential workshop we will examine the ways in which our responses to those defining moments have shaped our characters, our relationships and our lives. Appropriate for all levels of experience (3 CE’s, Maximum 14)

Melissa Leehan, LMFT, a psychotherapist who practices in Santa Fe, has 40 years of expertise in object relations and Gestalt therapies. Currently, her time is divided between conducting therapy and providing clinical supervision and training. In addition, she consults with family businesses, churches and nonprofit organizations.

16a In The Void: Therapists and The Death of a Client

Throughout a career of therapeutic relationships and terminations, some events – patient deaths, suicides, and catastrophic terminations of relationships – are haunting and exceedingly difficult to metabolize. We will explore ways of dealing with these traumas both didactically and experientially in this two-day group. Appropriate for experienced therapists (3 CE’s, Maximum 15)

Murray Scher, PhD, received his doctorate in Counseling Psychology from the University of Texas at Austin. An honored past president of the Academy, he has presented internationally, published extensively, and practiced as a psychotherapist for almost forty years. In his practice, Murray has experienced the death of a dozen clients.

This is Major Tom to
Ground Control, I'm step-
ping through the door and
I'm floating in a most pecu-
liar way and the stars look
very different today

David Bowie
Space Oddity

17a Time and Space

During this CE-FREE process group, we will explore the spaces between the known and the unknown. Despite inevitable change, we hold on to illusions of sameness to comfort ourselves. Here, we'll open to the uncertainties as we consider the impact on our familiar routines caused by shifts such as empty-nesting, partnering, moving, and retiring. Appropriate for experienced therapists (No CE's, Maximum 12)

Carole S. Light, PhD, has been doing psychotherapy since 1970 in a variety of settings; including a large group private practice, a home practice in urban Atlanta, and her current practice in very rural Scaly Mountain, NC, both at home and in a sliding scale clinic.

SATURDAY

Continuation of Friday-Saturday workshops

9:00AM – 12:15PM

- 12b Debbara Dingman: Dare To Risk, Dare To Be Surprised
- 13b David Hawkins: Who Am I In *This* Group?
- 14b Ceil Berlin: Plumbing The Void
- 15b Melissa Leehan: No Act Of Differentiation Goes Unpunished
- 16b Murray Scher: In The Void
- 17b Carole Light: Time and Space

One Morning Workshops

9:00AM – 12:15PM

18 Easing Into The Void

As psychotherapists, we work to build a trust with each new client who risks being vulnerable with us. In this experiential workshop, we ourselves will focus on building trust as we risk stepping into the relational void through the use of initiative problems and games. Wear comfortable clothes: Weather permitting, we'll be outside. Appropriate for all levels of experience (3 CE's, Maximum 14)

Sharman Colosetti, LCSW, PhD, got her doctorate in Clinical Social Work after completing an internship at Metro State Prison where she has been working for seventeen years. In her private practice in Decatur, GA she sees individuals and couples. Fifteen years ago, she worked with Karl Rohnke of Project Adventure, and her group members have been benefiting ever since. Sharman is an AAP Executive Councilor.

19 Dealing With The Avoid: What We Hesitate To Feel, Think and Do About Sexuality

In this process-oriented workshop we will consider how our sexual "maps" (cultural exposure, family history, experiences, and beliefs) impact our work with sexual issues. We will explore the ways in which our own sexual maps influence our capacities for joy, ecstasy, shame and guilt, as well as our interactions with others, including patients. Appropriate for all levels of experience (3 CE's, Maximum 14)

Anni Tuikka, MA, LPC, has a private practice in Atlanta, conducting individual, couples and sex therapy. She utilizes evolutionary and experiential approaches when working with couples around sexual issues. Anni has two Master's degrees, one in education, earned in her native Finland, and one in psychology, from the Georgia School of Professional Psychology. She serves as Chair of AAP's Website Committee.

Steve Eichel, PhD, ABPP, is a counseling psychologist practicing in Delaware, a certified group psychotherapist and a sex offender treatment provider. He has been in practice since 1980, treating a broad range of clients, employing a trauma-informed, psychodynamic and experiential approach. Steve has presented nationally on sexuality and psychotherapy.

20 Risking Creativity

This experiential workshop will combine working with art and taking part in a process group. We will note our avoidances of creative expression and our fears of judgment and embarrassments. We will explore how creating art and art therapy can bring out unconscious dynamics, build awareness, and lead to growth and change. Appropriate for all levels of experience (3 CE's, Maximum 12)

Kathryn Van der Heiden, MS, LPCC, is a practicing psychotherapist, artist, and licensed Art Therapist in Dayton, Ohio since 1981. She has had extensive training in Gestalt Therapy, Integrative Psychotherapy, Art Therapy and Body Mind Therapies. A valued Past President of AAP, she enjoys working with individuals, couples, and groups.

21 Planning To Step Into The Void? Bring Carry On

Sometimes we enter a void by choice. When we create major life change, we may hope to leave particular baggage behind. Ironically, once in the void, that same baggage may accompany us and even, perhaps, provide safety during free fall. This process group will explore the value of core baggage amid volitional change. Appropriate for all levels of experience (3 CE's, Maximum 15)

Phyllis S. Clymer, LCSW, LCSW-C, CGP, earned her BA from Towson University and her MSW from University of Maryland School of Social Work. Last summer after 30 years in practice and 60 years living in Maryland, Phyllis moved to Austin, Texas, to establish a new life, in which her practice will include psychotherapy, supervision and consultation.

22 Stepping Into Character:

Discovering Aspects Of Self In Dramatic Roles

Stepping into a dramatic role can be an opportunity to express aspects of self that would otherwise remain latent. In this workshop, we will "play with a play" (an actual dramatic script) by trying on different characters and processing the effect on us, as we both enter into and observe the dramatic action. Appropriate for all levels of experience (3 CE's, Maximum 10)

Molly Donovan, PhD, and **Hallie Lovett, PhD**, have participated in many creative ventures together over the past 20 years, including working as co-therapists, founding and directing DC's "Conversation Between the Arts and Psychotherapy" Symposium, taking part in The Red Well Theater Group and guest-editing an issue of VOICES. While maintaining private practices in Washington, DC, they are also on the faculties of George Washington University and Washington School of Psychiatry. Both are long time members of the Academy. Appropriate for all levels of experience (3 CE's, Maximum 10)

To settle back is to settle without knowing the hard edge that you're settling for

Bruce Springsteen
Jackson Cage

23 At a Loss: An Experiential Process Group

Navigating grief, separation, and loneliness is one of the most powerful experiences we have, both as therapists and persons. Even the fear of losing a loved one can bring a life-shattering sense of anxiety and loss. Kay, Bruce and Misha will be there to help explore this profound territory. Appropriate for all levels of experience. (3 CE's, Maximum 12)

Kay Loveland, PhD, a long time AAP member, and psychologist in private practice in Asheville, NC, is a leading innovator on the use of animal-assisted psychotherapy. She has presented and written extensively on the psychological effects of chronic illness, and consults with oncologists. She is the director of Camp Unleashed Asheville, an experiential retreat for dogs and their humans.

Bruce Schell, PhD, is a long time member of AAP who recently retired from teaching at the University of South Carolina School of Medicine. He has written extensively on chronic illness and presented at numerous national conferences. His training over the past three years has been living with gastric cancer.

Misha, a four-year-old goldendoodle, is a Delta Certified Therapy Dog, an active member of Paws with a Purpose, and a therapy dog on the oncology units at the Asheville Hospitals. Misha brings a healing sense of calm to those experiencing loss, stress, attachment problems, and trauma. She has worked in animal-assisted psychotherapy with Kay for three years.

Workshops Overview

Wednesday Afternoon 2-5:15	Thursday Afternoon 3-6:15	
TI-1a Engels	TI1b Engels	
TI-2a June/Chanin	TI-2b June/Chanin	
	6b Weinfeld/Beu	
Thursday Morning	Friday Morning	Saturday Morning
1a Loftis	1b Loftis	18 Colosetti
2a Farber	2b Farber	19 Tuikka/Eichel
3a Staroba	3b Staroba	20 Van der Heiden
4a R. Clymer/Jacobson	4b R. Clymer/Jacobson	21 P. Clymer
5a Cohen	5b Cohen	22 Donovan/Lovett
6a Weinfeld/Beu	6c Weinfeld/Beu	23 Loveland/Schell
7 Mulgrew	12a Dingman	12b Dingman
8 Marcus	13a Hawkins	13b Hawkins
9 Compton	14a Berlin	14b Berlin
10 Schwartz	15a Leehan	15b Leehan
11 Norton	16a Scher	16b Scher
	17a Light	17b Light

Continuing Education

Satisfactory completion: Participants must have paid the tuition fee, attended their chosen sessions in their entirety (you must attend all parts of a multi-part course to get credit for that course.) and completed an online Attendance / Evaluation form in order to receive a Certificate of Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are available immediately after completing the online evaluation form. You must complete the online form by **July 12, 2011** in order to receive your CE certificate. The site will closed after that date and certificates will no longer be available. Full details will be available at the conference.

Psychologists: This course is co-sponsored by Amedco and the American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. Maximum of 15 hours.

Professional Counselors:

Amedco is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of this event/program. Amedco may award NBCC-approved clock hours for events or programs that meet NBCC requirements. Sessions for which NBCC-approved clock hours will be awarded are identified in the program bulletin (or in the catalogue or Web site). The ACEP is solely responsible for all aspects of the program. Maximum of 15 hours. NBCC-ACEP Provider #5633.

California Board of Behavioral Sciences:

The American Academy of Psychotherapists has applied for provider approval through the California Board of Behavioral Sciences. If approved, this activity would provide up to 15 hours of continuing education credit. Please check our website for periodic updates.

Social Workers: This program has been submitted to the National Association of Social Workers in Washington, DC.

Target Audience: This program is specifically designed for psychologists, marriage and family therapists, social workers, and professional counselors and other professionals who are interested in the everyday work of psychotherapy.

Overall Workshop Objectives

Summer Workshop Objective #1: Cite ways for helping the therapist tolerate and appreciate moments of being open to new experiences.

- * The idea of stretching into an unknown experience, while potentially rich and growthful, flies in the face of the ways we live. Even as psychotherapists, we are tempted to measure our worth by what we know, what we do, and how busy our practices are. In session, we too often cling to our roles as experts, specialists, and interpreters of our patients' experiences. However, the longer and more completely we can stay with uncertainty, the deeper the grounds we are opening, and the more energy we can put into stepping into the new territory.

Summer Workshop Objective #2: Discuss how to help patients who are dealing with change, trauma, addiction recovery, and loss to construct a new more adaptive, nourishing life structure.

- * Throughout life, even when trying to hold on to stability and security, irrevocable changes and traumas periodically turn life upside down. As therapists, we need to sometimes resist the omnipresent urge to dictate and prescribe what should be done, in order to *be with* our patients. As we bear witness to the new void, we help them to integrate their unfamiliar, uncomfortable feelings, and to take the risks necessary to create new foundations and relationships. Fertile void sounds like a contradiction, but chaos theory and the stories about creation tell us that a 'created something' inevitably emerges out of an 'empty nothingness'.

Summer Workshop Objective #3: Identify the components of relational process and depth psychotherapy.

- * When sitting with our patients, some moments occur as if in slow motion; we experience the gaps between the patient selecting words, entering feelings, and sharing a new experience with us. We also have sessions in which the patient tells a repetitive story in a patterned fashion; keeping fears and insecurities at bay. However, even a rote communication process, if slowed down enough, may contain moments of discovery and risk. Rare is the work that cannot go deeper. As we embrace awareness of our own wide range of feelings, thoughts and reactions, we help our patients to explore new relational territory both in session and in life.

Transportation

The Resort at Glade Springs

255 Resort Drive, Daniels, West Virginia 25832

We are here to help you as you make your travel plans to The Resort at Glade Springs (www.gladesprings.com). Please communicate your wishes to share an airport sedan or limo or rental car over the AAPNet, the AAP Forum at <http://forums.aapweb.net>, or contact Stephanie Spalding, your Transportation Coordinator, at 718-909-3939 or spaldinglcsw@gmail.com. Here is some information to make your journey smooth and efficient.

By Air:

Yeager Airport in Charleston, WV (CRW) is one hour's drive away and offers direct flights to and from many national airports, including those in Washington, DC, Atlanta, Charlotte, Chicago, New York, and Detroit.

You may rent a car with Enterprise (use the Glade Springs corporate discount plan; see the resort's website for link to Enterprise) or Hertz (1-800-654-3131 or 304-346-0573) and use AAP's corporate discount plan (number # 1787776). Rental cars may be shared with other Academy members; just make your needs known through the aapnet, the AAP Forum at <http://forums.aapweb.net>, or contact Stephanie Spalding, your Transportation Coordinator, at 718-909-3939 or spaldinglcsw@gmail.com.

For Limo Service: Call Jody Pollock at Hickory Limo Service at 304-573-7295 and reference the AAP group rate. Jody can arrange groupings for you. **Sedan** (one way): \$150 (includes tax, toll and tip) Cost may be split between **three passengers**

Double stretch Limousine (one way): \$250 (includes tax, toll and tip) Cost may be split between **8 passengers**

If you prefer to land close by, **Beckley Airport (BKW)** is **ten minutes from the resort**, and offers limited service twice a day to and from Washington Dulles (IAD) arriving at 2PM or 9PM Monday through Friday and leaving Beckley at 9AM on Saturday and Sunday. These planes seat 34 passengers, so getting a seat will require booking ASAP. The resort offers complimentary shuttle service to and from Beckley airport, which can be easily arranged through calling Tara Margiotta at Glade Springs, 304-763-0844.

By Car:

Located in Daniels in Raleigh County, West Virginia, the resort is easily accessible from both Interstate 64 and 77. The complete street address, for GPS purposes, is: 255 Resort Drive, Daniels, WV 25832. Maps and directions may be obtained by going to www.gladesprings.com.

Registration

Name: _____ First Name for Badge: _____

Address: _____ Phone (H) _____

City _____ State ____ Zip _____ (W) _____

Email: _____ (C) _____

Family/Peer Group Meeting rooms will be available. You can sign up for space on-site and rooms will be assigned on a first-come, first-served basis.

WORKSHOP REQUESTS:

Training Institutes: Wednesday 2:00 – 5:15PM TI-1a _____ TI-2a _____
 Thursday 3:00 – 6:15PM TI-1b _____ TI-2b _____ 6b _____
 Workshop Selections: Thursday 1st _____ 2nd _____ 3rd _____
 Friday 1st _____ 2nd _____ 3rd _____
 Saturday 1st _____ 2nd _____ 3rd _____

* **Please note:** Registrations will be processed beginning April 15 on a first-come, first-served basis. You will receive confirmation that your registration and payment have been received. However, you will be informed of your workshop placements only when you arrive at Glade Springs on June 8th. ("The Void" starts early.)

ACTIVITIES: These pre-conference activities require pre-registration due to minimum requirements and limited availability. Fee must be paid with registration.

- The Custom Fishing Adventure Wednesday, June 8 (min 2) \$150/person
- Beckley Exhibition Coal Mine Wednesday, June 8 \$20
- ATV Wednesday, June 8 \$127/single \$147/tandem
- Zipline Adventure Wednesday, June 8 \$35/ride or /3 rides \$75
- Horseback Riding Wednesday, June 8 (max 10) \$47

Subtotal Activities Fee \$ _____

REGISTRATION FEES: Includes workshops, meals and accommodations June 8-12, 2011. Registration for these days will be booked as a block of rooms by AAP. **Early Registration is on or before May 1.**

	Single Room king bed	Shared Double 2 double beds	Shared Triple 1 bdrm suite with sofa bed
Early bird Registration	<input type="checkbox"/> \$1200	<input type="checkbox"/> \$900	<input type="checkbox"/> \$835
Regular Registration	<input type="checkbox"/> \$1240	<input type="checkbox"/> \$940	<input type="checkbox"/> \$875

Please reserve a Manor house. These have a large living room and will be available at the same single or double room rate per person if some or all of your family group would like to reserve a place together. They can hold between eight and sixteen people and are a five minute walk, or a one minute shuttle ride, from the hotel.

Roommates Names (Double/Triple/Manor): _____

*Final housing designations will be made by the resort and our committee based on availability

Questions? Contact
 AAP Central Office at
 919-779-5051 or
aap@mgmt4u.com or look at
www.aapweb.com

Activities Fees subtotal from above	\$ _____
Registration fee	\$ _____
CE Hours \$40	\$ _____
West Coasters/International Travelers Deduct \$50	\$ _____
TOTAL PAYMENT	\$ _____

Special Needs or Vegetarian? _____

*For those who would like to come early or stay late, Glade Springs will be offering rooms at a reduced rate of \$115 per night (food not included) pre-conference June 5-7 and post-conference June 12-15. To book extra nights contact the Resort at 1-877-747-5671 (Be sure to state that you are from AAP).

*A \$75 fee will be charged for cancellation on or before May 9, 2011. No refunds after May 9, 2010. Cancellations must be submitted in writing

*Make checks payable to and mail to: AAP SW 2011, 111 W. Main Street, Garner, NC 27529

*Or FAX registration and credit card information to: 919-779-5642

- VISA Master Card AmEx

Name on Card: _____ Card# _____

Signature: _____ Expiration Date: ____/____/____

PLEASE NOTE: REGISTRATIONS CANNOT BE TAKEN OVER THE PHONE

The American Academy of Psychotherapists
Central Office
111 W. Main Street
Garner, NC 27529



First Class Mail
US Postage
PAID Raleigh,
NC 276 Permit
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