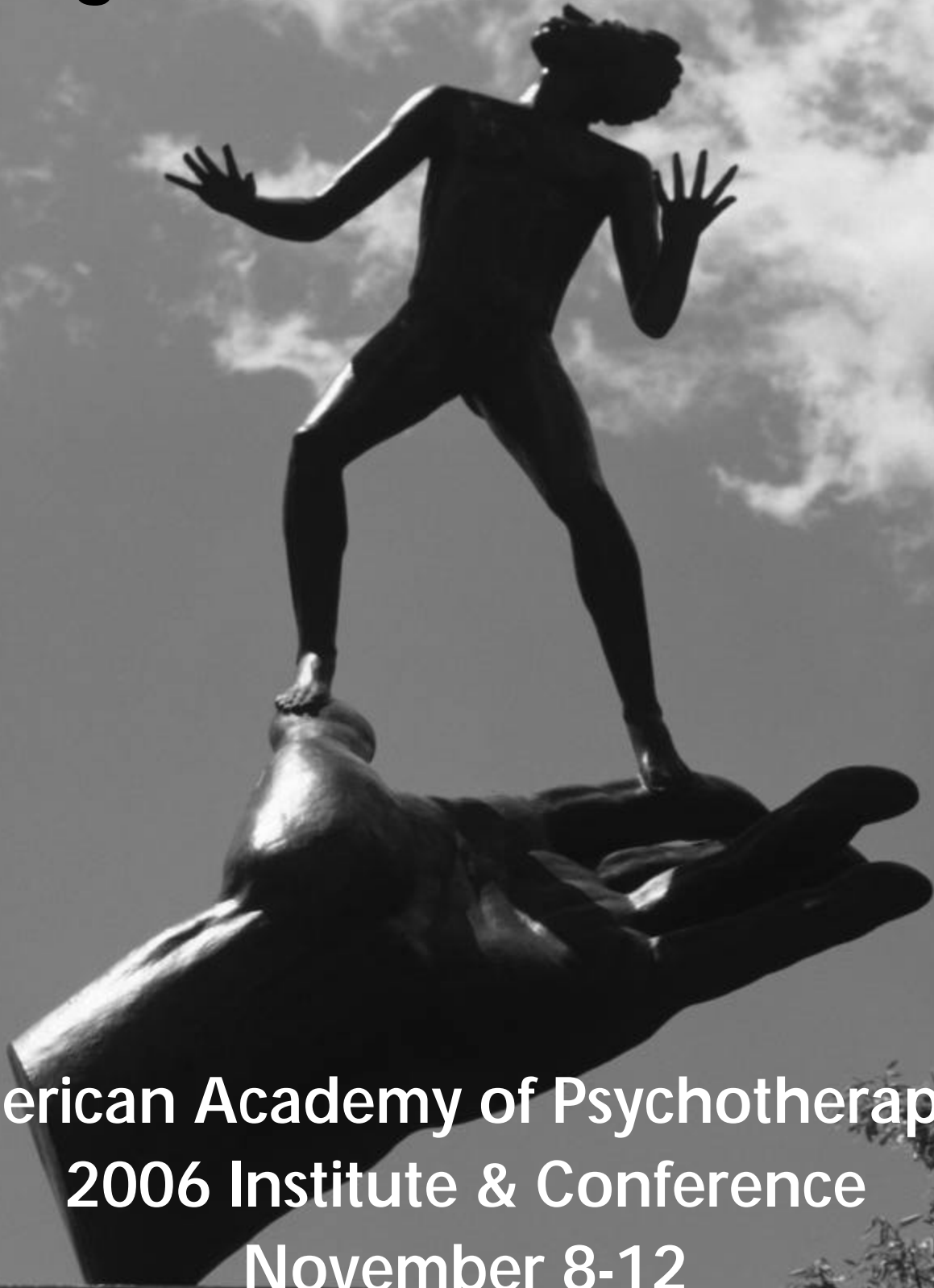


# **“Psychotherapy’s Challenge: Courage in the Face of Uncertainty”**



**American Academy of Psychotherapists  
2006 Institute & Conference  
November 8-12  
Asheville, North Carolina**

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### **American Academy of Psychotherapists**

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Garner, NC 27529

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Dear Colleague,

Welcome to the American Academy of Psychotherapists' annual Institute and Conference! The city of Asheville, with its majestic backdrop of the Blue Ridge Mountains, entertainment and dining, plus antique shops as well as displays from local artists makes this city a wonderful place to visit. Each I&C brings its own unique flavor and contribution to our organization. It provides time and space for you to nurture yourself as a person and a professional. During our days together we hope you will soak up the many opportunities to experience both the familiar and the novel. Spend time with old friends and meet new ones. Relish those concepts in which you are experienced and entertain ideas more foreign. Our theme this year, "Psychotherapy's Challenge: Courage in the Face of Uncertainty" appears to reflect our culture and national mood. We are delighted that you have chosen to attend this conference.

Within your folder you'll find:

- Schedule of Events – lists of time for meals, workshop, & meetings
- Maps – floor plans of the conference rooms to help you find your workshops
- Activities and Attractions – lists a few of the fun things to do in this great city
- There will be a sign up sheet in the lobby for Thursday & Friday night dinner so that you can attend local restaurants with other attendees.
- Workshop locations and when they are scheduled

In addition to your folder, you should have received:

- A name tag
- Meal tickets for Thursday lunch for Nancy Hunt & Saturday night banquet

CEU paperwork – If you plan to receive CEU credits for workshops you need to turn in the appropriate paperwork on Saturday, 5:30 to 7:30pm.

With warmth & excitement,

Your 2006 I&C Committee

**PS:** All complaints are to go directly to Steve Howard, M.D.

# Schedule at a Glance

## Wednesday, November 8

1:00 - 6:00 p.m.	Registration	Main Lobby
1:00 p.m.	Hospitality Suite Opens (24/5)	Suite # 166
4:00 - 5:00 p.m.	Newcomer Gathering	Dogwood # 1
4:30 - 5:30 p.m.	Volunteer Orientation	Dogwood # 2
5:30 p.m.	Cash Bar - Reception	Mt. Pisgah/ Mt. Pilot
6:30 - 8:00 p.m.	Buffet Dinner	Mt. Pisgah/ Mt. Pilot
8:30 - 10:00 p.m.	Opening Experience	Mt. Mitchell/ Mt. Roan

## Thursday, November 9

7:00 - 9:00 a.m.	Breakfast	Overlook
7:30 - 9:00 a.m.	Registration	Main Lobby
9:00 a.m. - 12:00 p.m.	Keynote Presentation	Mt. Mitchell/ Mt. Roan
	<b>What Kind of Courage Now?</b> by Alex Redmountain, PhD, ABPP	
	Panel of Respondents: Rhona Engels, LCSW, ACSW, Steve Howard, MD, Raymond E. Lovett, LCSW, Penelope Penland, EdD	
12:15 - 1:30 p.m.	Luncheon honoring Nancy Hunt	Overlook
	Or lunch on your own	
1:45 - 2:45 p.m.	Community Meeting	Mt. Mitchell/ Mt. Roan
3:00 - 6:00 p.m.	Afternoon Workshops	
	1. <b>Uncertainty and Courage - The Body in Group Therapy:</b>	Mt. Mitchell
	<b>Fishbowl Demonstration Group</b> by Ilana Bar-Levav, MD, and David Fogel, MD	
	2. <b>To Touch or Not to Touch: Psychological, Physical</b>	Dogwood # 1
	<b>and Legal Implications</b> by Natan HarPaz, PhD, ACSW	
	3. <b>The Courage to Love</b> by Steve Howard, MD	Dogwood # 2
	4. <b>Using Courage In the Face of Adversity—</b>	Thomas Wolfe Room # 220
	<b>An Experiential Approach</b> by Arthur Weinfeld, EdD	
	5. <b>Is all Psychotherapy Experiential Psychotherapy?</b>	Mt. Roan
	by Avrum Geurin Weiss, PhD	
	6. <b>Facing the Empty Page: An Experience of Hope in</b>	Magnolia
	<b>Uncertain times</b> by Elizabeth C. Rucker, ATR	
6:30 p.m.	Dinner on your own	

## Friday, November 10

7:00 - 9:00 a.m.	Breakfast	Overlook
All-Day Workshops	7. <b>Practicing Courageous Psychotherapy Under</b>	Thomas Wolfe Room # 220
9:00 a.m. - 12:00 p.m.	<b>Personal Distress</b> by Gary Frankel, PhD	
3:00 p.m. - 6:00 p.m.	8. <b>The Courage to Challenge Excessive Behavior:</b>	Dogwood # 2
	<b>A workshop for women</b> by Susan D. Berlin, LICSW, CASAC, and Loretta Sparks, MA, MFT	
	9. <b>Living What You Love: A Process Group</b>	Swannanoa
	by Sharyn Faro, PhD, and Carole Light, PhD, ABPP	

**Friday All-Day Workshops continued...**

	10. <b>Shadowboxing in the Face of Uncertainty: A Process Group</b>	<i>Board Room</i>
	by David E. Mermelstein, PhD, and Alex Redmountain, PhD	
	11. <b>The Enneagram: A Dynamic Approach to Transformation</b>	<i>Mt. Roan</i>
	by Suzanne Imes, PhD, and Michele Truxillo, MSW	
	12. <b>Experiential Psychotherapy: A focus on Courage and Creativity</b>	<i>Dogwood # 1</i>
	<b>As We Face Uncertainty Within the Therapeutic Container</b>	
	by Jack Mulgrew, PhD, ABPP, CGP, and Marcia Warrant, MSW	
	13. <b>Ethical Process In a Context of Chaos: Life in Psychotherapy</b>	<i>Mt. Mitchell</i>
	by Larry Schor, PhD, and Leonard Schwartzburd, PhD	
	14. <b>The Deeper Psychology of Home: Where We Come From, Where We Live Now</b>	<i>Mt. Pisgah</i>
	by Peter J. Taylor, PhD, CGP	
<b>9:00 a.m. - 12:00 p.m.</b>	Morning Workshops	
	15. <b>Psychotherapy and Psychopharmacology: Who Calls the Shots?</b>	<i>Magnolia</i>
	by Rhona Engels, LCSW, ACSW, and Jeffrey Rubin, MD	
<b>12:00 p.m. - 1:30 p.m.</b>	Lunch on your own; 12 Step Meeting	<i>Magnolia</i>
<b>1:45 - 2:45 p.m.</b>	Community Meeting	<i>Mt. Mitchell/ Mt. Roan</i>
<b>3:00 - 6:00 p.m.</b>	Afternoon Workshops	
	16. <b>The Silent Space: Ethical Dilemmas in Treating Intergenerational Trauma</b>	<i>Magnolia</i>
	by Suzanne Womack Strisik, PhD	
<b>6:00 p.m.</b>	Shabbat Service	<i>Foxfire 1</i>
<b>6:30 p.m.</b>	Dinner on your own	
<b>8:00 - 10:00 p.m.</b>	Cash Bar/ Entertainment with <i>Sandy Hutton &amp; "Songwriters In The Round"</i>	<i>Overlook</i>

**Saturday, November 11**

<b>7:00 - 9:00 a.m.</b>	Breakfast	<i>Overlook</i>
<b>All-Day Workshops</b>	7. <b>Practicing Courageous Psychotherapy Under Personal Distress</b>	<i>Thomas Wolfe Room # 220</i>
	by Gary Frankel, PhD	
<b>9:00 a.m. - 12:00 p.m.</b>	17. <b>Managing Destructive Forces and Finding Courage in the Group</b>	<i>Dogwood # 1</i>
	by David M. Hawkins, MD, CGP, and Adam Klein, PhD	
<b>3:00 p.m. - 6:00 p.m.</b>	18. <b>The Challenge and Excitement of Humanistic-Existential Group Psychotherapy: A Process Group</b>	<i>Dogwood # 2</i>
	by Laurie Michaels, PhD, and Robert G. Rosenblatt, PhD	
	19. <b>The Courage to "Act Out" in Psychotherapy</b>	<i>Magnolia</i>
	by Edward W. L. Smith, PhD, ABPP	
	20. <b>Learning to Love Uncertainty- A Golfing Experience</b>	<i>Pro Shop</i>
	by Eddie Reece, Ms, LPC	
<b>9:00 a.m. - 12:00 p.m.</b>	Morning Workshops	
	T1. <b>Training Institute: The Gentle Art of Psychotherapy</b>	<i>Board Room</i>
	by Murray Scher, PhD	
	21. <b>Creativity, Courage, and Consciousness: Surviving, Living, or Thriving in the Final Phases of Life</b>	<i>Mt. Roan</i>
	by Penelope Penland, EdD	

**Saturday All-Day Workshops continued...**

	<b>22. The Hardware/ Software Dichotomy: Aspects of Psychopharmacology for Psychotherapists</b> by Donald K. Freeman, MD	<i>Mt. Mitchell</i>
<b>12:00 - 1:30 p.m.</b>	Lunch on your own	
<b>1:45 - 2:45 p.m.</b>	Community Meeting	<i>Mt. Mitchell/ Mt. Roan</i>
<b>3:00 - 6:00 p.m.</b>	Afternoon Workshops	
	<b>23. Sexuality and Power: Uncertainties after the Mid-life Transition</b> by Lenore M. Pomerance, MSW, and Pamela Finnerty, PhD	<i>Mt. Roan</i>
	<b>24. Brave New Worlds: The Ethical Challenges in Creating Families Through Adoption &amp; Third Party Reproduction</b> by Lee Kyser, PhD, Leslie Pate Mackinnon, LCSW, and Maureen Gallagher Martin, LCSW	<i>Mt. Pisgah</i>
	<b>25. The Courage To Be Intimate: Who Do You Trust?</b> by Jerome Travers, PhD	<i>Board Room</i>
<b>6:00 - 7:00 p.m.</b>	CE's Accepted	<i>Main Lobby</i>
<b>7:00 p.m.</b>	Cash Bar, Reception	<i>Mt. Pisgah</i>
	Silent Auction Bidding Closes	<i>Main Lobby</i>
<b>7:30 - 9:00 p.m.</b>	Dinner	<i>Mt. Pisgah/ Pilot</i>
	President's Address	<i>Mt. Pisgah/ Pilot</i>
	"Fellow" Awards	<i>Mt. Pisgah/ Pilot</i>
<b>9:00 p.m.</b>	Dance to Atlanta's "Shrink Rap"	<i>Mt. Pisgah/ Pilot</i>
<b>1:00 a.m.</b>	Hospitality Suite Closes	

**Sunday, November 12**

<b>7:00 - 9:00 a.m.</b>	Breakfast	<i>Overlook</i>
<b>9:00 - 10:30 a.m.</b>	Closing Experience	<i>Mt. Roan</i>

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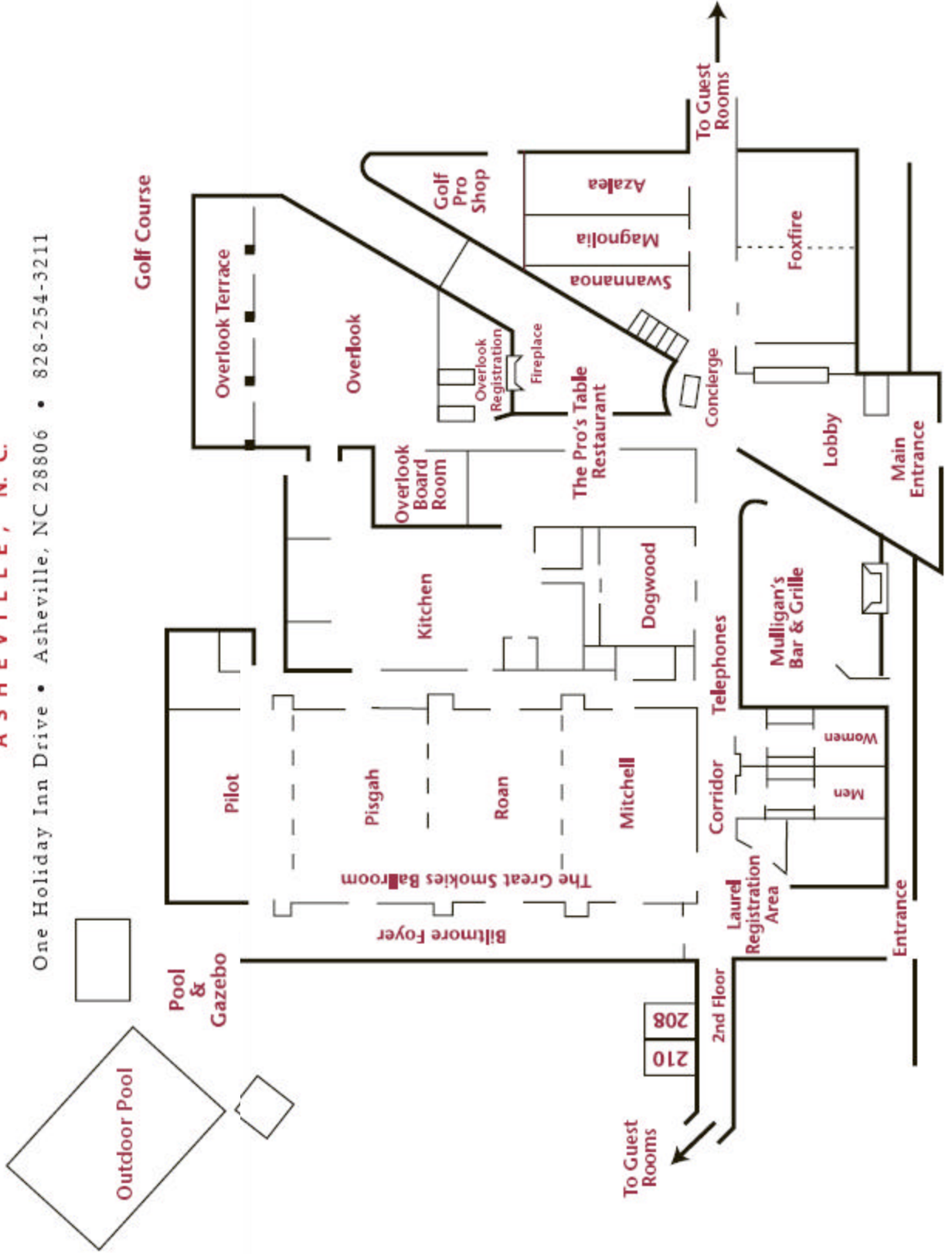
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