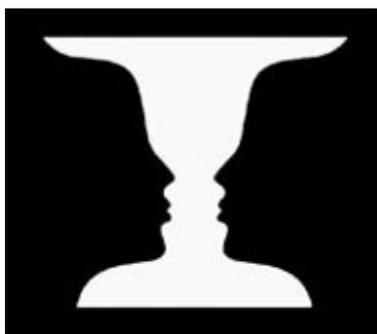


62nd Annual Institute & Conference
American Academy of Psychotherapists

October 18-22, 2017

Santa Fe, New Mexico



Call for Proposals

Theme: [The Psychotherapy Relationship: What Works?](#)

A century of experience and recent research have validated the importance of the relationship in psychotherapy. While research debates the most effective therapy model, the quality of the therapeutic relationship is consistently recognized as most important regardless of modality. What are the qualities present in therapeutic relationships that produce healing connections? We will draw on the expertise of master practitioners and researchers to tease out what makes a relationship therapeutic. The Academy continues to challenge theory and look deeply at practice, and particularly at the person of the psychotherapist, valuing working on ourselves as a key component of the therapeutic process. The centrality of the therapeutic relationship is consistent with Academy focus.

We have lined up three featured speakers who will each explore, demonstrate and discuss their findings on important dynamics in the psychotherapy relationship. Professor Anthony Bateman brings his work on mentalization, which speaks to the interactions between the internal worlds of both client and therapist. Dr. Phillip Shaver will explore the psychotherapy relationship through the lens of attachment, and the interplay of the individual attachment styles of both therapist and client. Our Keynote speaker, John Norcross, has studied the therapeutic relationship and identified common factors that are effective in all psychotherapies. All featured speakers will also offer a smaller workshop following their plenary.

We hope to offer participants many opportunities to refine, refocus and energize their therapy process by highlighting some of what we already do, sharing what experience teaches with the research to back it up.

We invite you to submit a proposal that embodies our theme, whether it is a process group that demonstrates particular aspects of the therapeutic relationship, a training institute or an update on current research on the relationship in psychodynamic psychotherapy. In keeping with the spirit of AAP's mission, we encourage all offerings to include an experiential component.

All Workshops will be held in the afternoon with the exception of training institutes, which can be offered for a full day Tuesday and/or Wednesday.

Learning Objectives: Participants will be able to:

- 1) Demonstrate greater understanding of how the therapist's own relational style impacts the therapeutic relationship
- 2) Identify evidence-based components that support a secure psychotherapeutic relationship
- 3) Discuss the complexities of transference and countertransference and how these factors may contribute or detract from the psychotherapeutic relationship
- 4) Define how the subjective experience of both the client and the therapist impact their relationship
- 5) Identify and explore therapist challenges in maintaining supportive connections with clients
- 6) Demonstrate examples of successful and unsuccessful therapeutic interactions
- 7) Delineate ethical issues related to therapist self disclosure and resulting impacts on the therapeutic relationship
- 8) Demonstrate knowledge of current research on the dynamics that support growth and a healthy therapeutic relationship

Deadline for submissions December 15, 2016

We will be meeting at the [Eldorado Hotel and Spa](#) in lovely Santa Fe, New Mexico, which is a wonderful place to visit on any occasion. Here is a link to the Santa Fe tourism site: <http://santafe.org>.